

# Sons of Norway District 5 - Friendly Fifth Friday News

## September 27, 2024

*A District Weekly Newsletter to Keep Us Up to Date!*

---

### Sons of Norway Membership Benefits you should try!

There are many membership benefits that most of us either aren't aware of, don't take advantage of, or don't know where to find them. Having time at meetings to show them **how to log-in** is a big first step as that opens up so many resources for members! Here is the video on how to do that:

<https://youtu.be/4q-7Mxuww5Q?si=BNgdhKdlv2V687DT>

**#13- Christmas Traditions-** Sons of Norway has created guides to help you get in touch with your Norwegian heritage. We believe the history of a nation and the nature of its culture are best described through the stories of its people. Learn more about Norway's captivating Christmas customs with this 16-page guide, exclusively for members.

This is a large, interactive pdf file, it may take a while to download depending on your internet service.

<https://www.sofn.com/wp-content/uploads/2021/09/Christmas-Traditions-2021-Web.pdf>



#### Christmas Traditions of Norway

How to add festive Nordic fun  
to your family celebration

- Learn about the unique Christmas customs of Norway
- Discover sweet and savory dishes you can make for Christmas



# It's that time of year again- officer election reporting time!



## **D63 Officer Updates for 2025**

🔗 **Online:** Your Lodge Officer Roster and lodge meeting information must be updated online at [www.sonsofnorway.com](http://www.sonsofnorway.com). Detailed instructions are on the reverse of this sheet.

Both Sons of Norway Headquarters and your district secretary are able to access your information from the website.

😊 **No Changes?** Please still visit the Officer Update section on our website and confirm the no changes option.

📅 **Deadline - December 31st:** Timely reporting of this information to Fraternal assures that your lodge's information will be correct in the Sons of Norway Headquarters database and in the online directory. Also, lodges meeting this deadline will score points towards the Lodge of the Year and Gold/Silver/Bronze merit awards.

If the deadline is approaching and your lodge hasn't reported its new officer roster, please submit the information you have and/or contact Fraternal. Changes made after the 12/31 deadline should still be reported, though these updates may not be reflected in the new district directories.

👁️ **NOTE:** Your 2025 officer roster and lodge location changes will not appear in the online lodge directory or be active in the Sons of Norway Headquarters system until 1/15/2025. Year-end reports and forms from Headquarters will be sent to 2024 officers.

😊 **Questions:** Contact Fraternal at Sons of Norway Headquarters by phone at 1-800-945-8851 extension 4643 or by email at [fraternal@sofn.com](mailto:fraternal@sofn.com).



## Officer Updates Online

### To Update Your Officer Roster:

Sign on to [www.sofn.com](http://www.sofn.com) with your username and password.

Click "Lodge Officer Updates" on the menu to the left of your name on your Profile Page.

To register your 2025 Officer Roster, click on the "Officers" button.

- **No changes?** Click the "No Changes for Upcoming Year" button at the top of the page.
- Adding a completely **new officer position** in 2025? Click "Add a new position" and then enter the title and member number of the person filling the office. Hit "Submit." Then hit "Save the Changes."
- To record a **change in officer**, delete the member number of the outgoing officer and type in the member number of the incoming officer. (The names will NOT change on the screen at this point.)
- If your lodge is **eliminating a position**, click the "Remove this position" button for that entry.
- Once you have made ALL your changes, click the "SUBMIT CHANGES" button at the bottom of the page.
- You will see a list of your changes. If they are correct, click "Save the Changes." Both Sons of Norway Headquarters and the District Secretary will receive a notification email.
- Your 2025 roster of officers has been recorded!

### To Update Your Meeting Information:

Click "Lodge Officer Updates" from the menu to the left of your name on your Profile Page:

- Click the "Change Meeting Information" button.
- Make your changes and click the "Save" button.

All lodges should affirm or change their lodge officer rosters by December 31.

Please contact Fraternal at 612-821-4643 or [fraternal@sofn.com](mailto:fraternal@sofn.com) with any questions.

**\*Please note that changes will not be live on the website until 1/15/2025**

## 2024 Lutefisk Dinners

### Haven't seen information yet from:

- Wind Lake Lutheran Church- last year their dinner was in February

This list is compiled by Sons of Norway District 5 Secretary, Darlene Arneson, and please send any dinners/updates/edits to her at [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)

### October 19, 2024

Annual Utica Lutheran Church Lutefisk Dinner

Event Date: October 19th, 2024

Meal served 11:00 am to 4:00 pm

Location: Utica Lutheran Church, 14974 State Hwy 27, Ferryville, WI, 2 miles north of Mt. Sterling

Cost: Tickets: \$22.00 per person

9 and under \$11.00

Menu includes lutefisk, lefsa, meatballs, potatoes, gravy, rutabagas, cranberries, coffee, milk, pastries, and rømmegrøt, .

Contact: [mtsterlingutica@gmail.com](mailto:mtsterlingutica@gmail.com) or Jerry at (608) 874-4494



Annual Utica Lutheran Church Lutefisk Dinner  
14974 State Hwy 27  
Ferryville, WI 54628  
2 miles north of Mt. Sterling



Saturday October 19th, 2024  
11:00am - 4:00pm  
Tickets: \$22.00 per person  
9 and under \$11.00

Menu includes lutefisk, lefse, meatballs, potatoes,  
gravy, rutabagas, cranberries, coffee, milk,  
pastries, and rommegrot. Handicap & Share Fair.  
Contact information -  
Jerry Anderson 608-874-4494

## October 19, 2024

Northland Lutheran Church  
N9880 State Road 49 - Iola, WI 54945

**Information:** 715-445-2956

Email: northlandchurch@hotmail.com

### Event Date Detail

October 19, 2024. 12:30-6:30pm.

[https://www.northlandchurchiola.com/norwegian\\_heritage\\_supper](https://www.northlandchurchiola.com/norwegian_heritage_supper)



**Northland Lutheran Church, LCMC**  
"A place to worship God, spread his word, and be a witness for Christ. We welcome all to help grow a community of believers through the power of the Holy Spirit."  
N9880 State Highway 49, Iola, WI 54945  
Office Phone: 715-445-2956  
email: northlandchurch@hotmail.com

Home Services Giving Youth Norwegian Heritage Supper About Us Newsletter

We will be holding our Norwegian Heritage Supper for 2024 on October 19, 2024.  
Hope to see you.

A traditionally prepared Norwegian Heritage Supper. Served Family Style.

**Featuring:**

- Lutefisk



**OCT 19 2024**  
106th Annual  
**LUTEFISK SUPPER & Bake/Craft Sale**  
12:30 TO 6:30 PM  
*Lets Eat!*  
Sponsored by Gagas Farms

ALL YOU CAN EAT, SERVED FAMILY STYLE!  
LUTEFISK - TORSK - LEFSE - MEATBALLS  
MASHED POTATOES & GRAVY - CARROTS  
COLE SLAW - CRANBERRIES - DESSERT  
ROSETTES - BRUNSKAKES - SANDBAKKELS  
FATTIGMANN COOKIES

TICKETS @ THE DOOR:  
\$22+AGES 13+ / \$10+KIDS 6-12

**NORTHLAND LUTHERAN CHURCH**  
N9880 STATE RD 49,  
IOLA, WI 54945  
715-445-2956

**October 24, 2024**

Lutefisk Dinner : Our Savior's Lutheran Church, Beldenville, WI

N6450 530th Street, Beldenville, WI 54003

Serving 2-7 p.m.

Lutefisk & Meatballs, riced potatoes, coleslaw, lefse, grøt, Norwegian cookies

[www.oursaviorschurch.info](http://www.oursaviorschurch.info)



**Velkommen**

**Our Savior's 76<sup>th</sup> Annual  
Lutefisk Supper  
Thursday, Oct 24<sup>th</sup>, 2024**

MENU: Lutefisk with Butter and Cream Sauce  
Meatballs and Gravy  
Riced Potatoes, Coleslaw, Rolls  
Grot, Norwegian Delicacies, Coffee, Milk  
Serving 2:00 – 6:30PM

Cost: \$20 adult ~ \$12 youth ~ \$7 child ~ 5 & under free

.....

**Limited tickets – Order early**

Take-Out option: Call Gina at 1-715-441-9086

Deadline for take-out orders is Friday October 18<sup>th</sup>, 2024

Dine-In time reservations required:  
Online Link: [www.oursaviorschurch.info](http://www.oursaviorschurch.info)  
Church Office Phone: 715-273-4570  
Email: [office.osbeldenville@gmail.com](mailto:office.osbeldenville@gmail.com)

.....

Our Savior's Lutheran Church  
N6450 530<sup>th</sup> St  
Beldenville, WI 54003

October 26, 2024

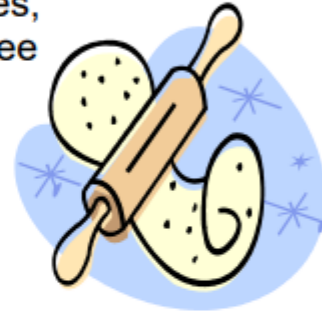


# NORWEGIAN DINNER

Lutfisk, Lefse, Meatballs, Mashed Potatoes,  
Cranberries, Coleslaw, Rolls, Pie and Coffee

Saturday, October 26, 2024

11:00 a.m. – 2:00 p.m.



ORFORDVILLE LUTHERAN CHURCH

210 N Main Street

Orfordville, WI 53576

[www.orfordvillelutheran.org](http://www.orfordvillelutheran.org)

608-879-2575

Email: [office@orfordvillelutheran.org](mailto:office@orfordvillelutheran.org)

COME - ENJOY A HOMECOOKED MEAL

## PRICE

Adults \$20.00

Children 5 - 12 \$5.00

Under 5 FREE

Carry outs available

Church is fully handicapped accessible!

## Bake Sale



## October 27, 2024

Location: North Beaver Creek Lutheran Church - W10767 County Rd C, Ettrick, WI 54627

Contact: <http://www.northbeavercreek.com/>

<http://www.northbeavercreek.com/>



**North Beaver Creek Lutheran Church**  
Invites you to their annual  
**LUTEFISK DINNER**

Our **86th** Year Since 1938

Join us downstairs ... for a real home-cooked Norwegian meal!

**Sunday, October 27**  
**11:00am-4:00pm**

**ALL YOU CAN EAT:**  
LUTEFISK • MEATBALLS  
RUTABAGAS • POTATOES • GRAVY  
LEFSE • CRANBERRIES • PIE  
CARRYOUTS AVAILABLE

**\$20**  
Kids 6-12: \$15  
Under 6: Free

**BAKE SALE**

W10767 County Rd. C, Ettrick, 4.5 miles east of Beaches Corner

## October 27, 2024

Glenwood Lutheran Church Lutefisk & Meatball Dinner with Silent Auction

Event Date: Sunday, October 27, 2024

Meal served 12:00 to 3:00 pm

Location: 1197 Old Stage Rd, Decorah, IA

Cost: (Advance tickets only): \$25 per adult

Children 6-12 \$10, Children under 5 free

Menu includes lutefisk, meatballs, mashed potatoes & gravy, corn, lefse, rolls, rømmegrøt, desserts

Tickets can be purchased at Waukon State Bank, Viking State Bank, Highland General Store.

Contact church at 63-382-2747 or Alyce at 563-379-2151

All proceeds go towards church organ repair



**Glenwood Lutheran  
Church Lutefisk &  
Meatball Dinner with  
Silent Auction**

When: Sunday,  
October 27, 2024  
Noon-3pm

Where: 1197 Old Stage Rd  
Decorah, Iowa

**Advance tickets only**  
\$25 per adult  
\$10 ages 6-12  
5 and under free

**Menu:**  
Lutefisk  
Meatballs  
Mashed potatoes & gravy  
Corn  
Lefse  
Rolls  
Romegrot  
Desserts

**Best day to purchase tickets  
will be 10/22/24**

Tickets can be purchased at:  
Waukon State Bank  
Viking State Bank  
Highland General Store

All proceeds will go towards  
the church organ repair!

For questions contact:  
Church office: 563-382-2747  
Alyce Schaller: 563-379-2151

## **November 2, 2024**

### **LYSTER LUTHERAN CHURCH LUTEFISK DINNER — SATURDAY, NOVEMBER 2, 2024**

<https://lysterchurch.wordpress.com/lutefisk-dinner/>

No other details about it- only the date!

## **November 2, 2024**

Norwegian Supper and Bake Sale- Our Saviors Lutheran Church

Event Date: November 2nd, 2024

Meal served 3:30 to 6:30 pm, Ticket sales start at 3pm

Location: 359 North Leonard, West Salem, WI

Cost: Lutefisk and Meatballs \$20.00. Meatballs only \$16.00. Children 4-12 \$8.00; Children under 4 free

Plated meal serving Lutefisk, meatballs, lefse, boiled potatoes, rutabagas, cranberry sauce, sweet treats, coffee, milk and water. All proceeds given to missions

## **November 9- Christ Lutheran Church- DeForest, WI LUTEFISK & MEATBALL DINNER 2024**

Fall is in the air...a sure sign that it's time for the annual Lutefisk and Meatball Dinner at Christ Lutheran Church! We expect about 1,300 members, friends and neighbors to come to enjoy this wonderful meal, which includes the area's best-tasting lutefisk, homemade meatballs, the best potato lefse around, as well as rutabagas, mashed potatoes and gravy, coleslaw, cranberries and delicious pies.

**Date:** Saturday, November 9, 2024

**Time:** Seatings begin at 11:00am, and continue every hour until 5:00pm

**Cost:** Adults = \$25.00, Children (Ages 4-12 yrs) = \$12.00, Children (0-3 yrs) = Free

### **Reservations:**

End date: **Monday, November 4, 2024 at NOON**

There are 2 ways to make a reservation:

**1. Online** – Use Sign Up Genius to make your reservation using the link shown below:

[Sign Up Genius – Lutefisk Reservations](#)

**2. Call** the Church Office at (608) 846-4718 or stop in the office. Office hours are Monday-Thursday – 9:00 am – 2:00 pm.

**3. Confirmation:** Reservation confirmations are being handled via email. Reminders will be sent 4 days prior and should be brought to the dinner. You must include an email address to receive the reminder.

**Payment:** Those making reservations must pay for their spots ahead of time. ***Payments must be received by Thursday, November 7 at Noon.*** There are 3 ways to submit payments:

**Mail:** Checks and cash can be mailed to Christ Lutheran Church at 220 S Main St, DeForest WI 53532

**Office:** Checks and cash can be dropped off in the office or in the outside box located by the office door facing Sunset Dr.

**Online:** When making your reservations online, there is also an option to pay for your reservations right in the same spot. One-stop shopping! There is a small convenience fee when paying online

**Walk-ins and carry out meals are also welcome! Please share this information with your family and friends!**

# November 10, 2024 Norse Valley's Dinner



## Reservation for Norse Valley Lodge Lutefisk and Meatball Dinner



Sunday, November 10, 2024  
4:30 pm social (cash bar)/5:00 pm meal

LaSure's Banquet Hall 3125 S. Washburn St. Oshkosh, WI

### Reservations required.

This delicious meal includes lutefisk, Norwegian meatballs, potatoes, rutabaga casserole, coleslaw, lefse, and other Norwegian goodies.

Name	Phone	E-Mail
------	-------	--------

	Number	Cost	= Total
SofN Member Adult and Adult guests*	_____ x	\$30	\$ _____
Non-member Adults	_____ x	\$33	\$ _____
Children (7 - 12)	_____ x	\$15	\$ _____
Children (6 and under are free)	_____		N/A
<b>Total</b>	_____		\$ _____

\* Sons of Norway Member price applies to all adult reservations included on this form.

Registering member please indicate your Lodge name below for verification of membership.

Lodge Name : \_\_\_\_\_

Please mail completed form **postmarked by Monday, October 21<sup>st</sup>** to:

Norse Valley Lodge c/o Corey Olson W5907 Sweet William Dr. Appleton, WI 54915

Reservations are not confirmed until payment is received. Please enclose a check made out to Norse Valley Lodge with your registration form.

Questions? Email [norsevalley@gmail.com](mailto:norsevalley@gmail.com) or call 920-858-7642

We are again offering Norwegian themed Christmas card packs for sale at the dinner. **\*NEW Designs for 2024\*** Limited number of packs available. **Get yours before we run out!**



The packs will consist of 8 cards and envelopes (2 each of the 4 designs) for \$12 per pack. They are roughly 5.5" x 4.25". There is a holiday greeting inside in Norwegian with English translation. The designs were created and painted by Norse Valley Lodge members!

**Lefse and assorted Norwegian Baked Goods will also be available for sale**  
**We will also have a silent auction of various Norwegian items (e.g. Sweaters, Farmers Rose china, Rosemaling)**

Cash and Check only payment

# November 12, 2024- Myrmarken Lodge

Norwegian dinner @ 6 at the Eagles Club in Marshfield—Nov. 12, 2024 details to come!

# December 7, 2024- St. Olaf Church

**St. Olaf's Annual  
Lutefisk Dinner, Bake Sale and Butik**  
(Including delicious Swedish meatballs)

**Saturday  
December 7, 2024  
Serving from 11:00 a.m. to 4:00 p.m.**

St. Olaf has been serving Lutefisk with all the trimmings (Including Norwegian cookies) for more than 70 years. Come check out our Butik for interesting, fun, and unique items (gifts, decor, and clothing)

**Adults: \$20.00  
Children 5-10: \$ 8.00  
Under 5: Free**

**"TO GO" ORDERS AVAILABLE: ADD \$2.00 PER DINNER**

St. Olaf Lutheran Church  
W553 Roosevelt Road  
Located East of Alderly  
Dodge County, Town of Ashippun

\*\*\*RESERVATIONS PREFERRED AND MAY BE MADE BY VISITING [www.st-olaf.org](http://www.st-olaf.org) FOR ON-LINE TICKET SALES AND OTHER INFORMATION

\*\*\*RESERVATIONS ALSO AVAILABLE BY CALLING ELAINE MONIS AT (414) 840-4629

\*\*\*Tickets also sold at the door (Visa, Mastercard, Check, or Cash accepted)

Everyone is welcome to attend St. Olaf's Saturday 5 p.m. worship service

# **Please make sure you are using the current Mission Statement!**

## **1. Mission and vision statements**

### **General provisions**

#### **1.1 Mission statement**

The mission of SON is to provide quality insurance and financial products to our members, to promote and preserve the heritage and culture of Norway, and to celebrate our relationship with Scandinavian and other countries.

---

### **Other Dates to Note (changes in red)**

September 30- Voting will close at 5:00 p.m. ET for International Directors

October 20- Viking Photos due to LaVonne Wier

November 8-9- District 5 Board Meeting- northern IL (Chicago area)

November 15- Lodge Liability Payment Due

November 20- Viking Photos due to LaVonne Wier

December 20- Viking Photos due to LaVonne Wier

December 31- D63 Officer Election Reports Due

### **2025 Calendar**

January 20- Viking Photos due to LaVonne Wier

February 20- Viking Photos due to LaVonne Wier

February 20- Barnebirkie Race in Hayward, WI

March 20- Viking Photos due to LaVonne Wier

April 20- Viking Photos due to LaVonne Wier

May 17- Masse Moro Lodge Supporting Grants Due

May 17- Masse Moro Registrations Due

May 20- Viking Photos due to LaVonne Wier

June 20- Viking Photos due to LaVonne Wier

July 13-26- Masse Moro- Youth Heritage Camp in Fall Creek, WI

July 20- Viking Photos due to LaVonne Wier

August 20- Viking Photos due to LaVonne Wier

September 20- Viking Photos due to LaVonne Wier

October 20- Viking Photos due to LaVonne Wier

November 20- Viking Photos due to LaVonne Wier

December 20- Viking Photos due to LaVonne Wier

---

### **Who to contact at the home office when you need help**

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- **Foundation, Scholarships & Grants- Amy Tuchenhagen**  
[foundation@sofn.com](mailto:foundation@sofn.com), [atuchenhagen@sofn.com](mailto:atuchenhagen@sofn.com), (612) 821-4655
- **Fraternal & Membership- Connie O'Brien and Kirsten Lehman**  
[fraternal@sofn.com](mailto:fraternal@sofn.com), (612) 821-4643
- **Culture, Viking & Language: Jana Velo**  
[jvelo@sofn.com](mailto:jvelo@sofn.com)
- **Insurance Sales: Michael Godbout**  
[sonsofnorwaysales@sofn.com](mailto:sonsofnorwaysales@sofn.com), (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).
- The 800 number to call in for member support is 800-945-8851

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

---

#### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

#### **Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.