

## Friendly Fifth Friday News September 2, 2022

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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### From Our Members

I could use some new ideas for fall programming and lodge gatherings. What is happening around D5?

Here are some neat ideas from District 5 newsletters!

Louise Giles at Nordkap Lodge in Farmington Hills, MI, reports a fall steak and corn roast dinner will welcome her members back in September. A torsk (codfish) dinner is on the docket in October. In addition, they will be taking a beautiful fall nature hike. Finally, in December, opportunities to buy Nordic gifts for Christmas abound at the lodge's Scandinavian Market.

President Jean Busker from Østestaden Lodge, Monroe, WI, suggests hiring a folk band or showing the *Stavig Letters* movie. Next, see a Norwegian settlement church. Ask a local historian to tell about the immigrant experience and building of the church. , Reconvene, or start a book club. Next, visit a local cheese factory or another business with ties to Norsk foods. Finally, plan to celebrate the winter solstice with a bonfire-a meal is optional, but s'mores could hit the spot!

Wergeland Lodge, La Crosse, WI-President Ramona Johnson's members will transition to fall with the following activities: a guest visit from Chris Johnson, CEO of Vesterheim Norwegian American Museum, a local author visit, and attendance at the Adult Heritage Weekend in Spring Grove, MN.

Corlene Bartels led her members from Norsemen of the Lakes in Walworth County, WI, to participate in two new ventures this summer. First, they met shoppers with their presence at a local farmer's market. Hundreds of marketing brochures were shared, providing them with new names for future events and members! The lodge organized and planned an open house for its 25<sup>th</sup> Anniversary.

There are more juicy ideas to come!

Please add my email address if I am not included on your lodge's newsletter list!

Beste,

Cheryl Wille-Schlesser  
D5 President  
[cwschlesser200bc@gmail.com](mailto:cwschlesser200bc@gmail.com)  
608-219-4464

# It's Time!

The 5<sup>th</sup> District's Adult Heritage Weekend will be here soon, October 7-9, 2022. Have you returned your registration materials? The deadline is September 15<sup>th</sup>. This long-awaited event is in Spring Grove, MN.

I have had tremendous help from *the Giants of the Earth Center* staff. In addition, the center's outreach coordinator, Rachel Storlie, has performed magic to give our members an outstanding experience.

The District 5 Board has supported the project and will help me balance expenses. If our experiment is successful, it would be great to continue the tradition next year in a new locale.

Thank you,

Cheryl Wille-Schlesser  
District 5 President  
[cwschlesser200bc@gmail.com](mailto:cwschlesser200bc@gmail.com)  
608-219-4464

## Schedule of Events: District 5 Adult Heritage Weekend (updated Aug 21, 2022)

### Friday, October 7, 2022

**3:00—Arrival in Spring Grove, Registration at Giants of the Earth Heritage Center**

**3:30—Intro to Giants with Community Outreach Coordinator Rachel Storlie**

**4:00-5:30--Norwegian Revy (Variety Show) at the Cinema, featuring Robin Fossum on Hardanger Fiddle, violin, and talented members of District 5, plus short sets by the Luren Singers and Rachel Storlie.**

**5:30-7:00—Mingling, Cash Bar, and Dinner catered by Rosie's Catering, at Giants Immigrant Hall**

**7:00--Reader's Theater—History of Spring Grove: the stars are YOU plus members of Ye Olde Opera House**

**7:30--All aboard hayride, tour downtown and rural Spring Grove**

**8:30--Movie: Lutefisk Wars, the Birkebeiners, Heroes of Telemark, Bring your favorite!**

**9:30--Uff-da Fest revels**

### Saturday, October 8:

**8-9 AM—Continental Breakfast at Giants of the Earth Heritage Center**

**9:00—Johnathan Storlie and Bill and Karen Fried will kick off your morning with their presentations.**

**9:00 AM Johnathan Storlie presents on DNA in genealogy and public health**

**9:45 AM—Bill and Karen Fried present on relative Peter J. Rosendahl, Spring Grove author and creator of the historic, Norwegian-American famed comic strip “Ola and Per”**

**10:30 AM—Stretch your legs on a Spring Grove walking tour, including visits at the Sculpture Park featuring “Ola and Per,” the signature Viking, our Spring Grove Lion, and more! Shop along Main Street and take in the Uff Da Fest fun until noon lunch.**

**11:15—Rebecca Hanna Presentation on Woodcarving: Ale Bowls and Decorative Techniques**

**Rebecca Hanna is a Vesterheim gold medalist. She has produced works of many kinds, including ale bowls, dragonstil, kubbestols, acanthus pieces, and figures. In addition, she has honed her skills using svidekor, kolrosing, and kroting. Rebecca will showcase examples of ale bowls and her decorative techniques at this presentation.**

**Noon—Return to Giants for a traditional Norwegian Smorgasbord: Rachel and Jill Storlie speak about Norwegian Food Customs and demonstrate open-faced sandwiches. Participants will make their own masterpiece for lunch with items provided.**

**1:00 PM—Jim Skree will speak about the “Red River Girl” book and local Norwegian settlement history.**

**2:00 PM—Choose Your Own Adventure!**

- **View the Red River Girl exhibit at the Caledonia Historical Society (donation requested)**
- **Research ancestors in the Genealogy Room**
- **Take a hike! At the Norwegian Ridge Birding & Nature Trail**
- **Record your family oral history in our Professional Recording Studio (extra fees)**
- **Nordic Stamping Class with Connie Aiello (extra fees)**
- **David and Lynn Susag demonstration of bowl turning on Viking-Era lathe**
- **“Julekurver: They’re Not Just for Christmas Anymore!” with Cheryl Miller**
- **Krumkake King: Shipping Krumkake across the US without breakage with Mark Storsteen**

**5 PM—Historical re-enactment of the first local Sons of Norway Convention by “Lanesboro History Alive!”**

**5:30 PM--Cash Bar and Catered Dinner, Fat Pat’s Barbecue, with live entertainment by Rachel Storlie and Luther College Students, and local accordion player Audrey Almo**

**7 PM—Spring Grove Nordic Roots concert by renowned fiddle/guitar duo Beth and John Rotto**

**Sunday, October 9**

**9 AM—Fresh muffins, fruit, yogurt, coffee, juice, water served at the Blackhammer Church!**

**9:30 AM Church and Graveyard History Tours**

**10 AM--Old-fashioned Norwegian Church Service with guest bi-lingual Pastor Rolf Svanoe**

10:30 AM Departure Lunch offered by the Wilmington WELCA

11AM—Depart for Vesterheim Norwegian-American Museum in Decorah, IA for private behind the scenes tour with Chief Curator Laurann Gilbertson. (Vesterheim admission and tour fees apply)

Other Lodging Nearby—

Lodging for group [You can find it here](#) (and a printable version as well)

<https://houstoncountymn.com/stay>

Other sources to utilize: AirB&B, VRBO (both available to peruse for free after signing up online)

[Black Hammer Hus - A Norwegian experience - Farm stays for Rent in Spring Grove, Minnesota, United States - Airbnb](#)

[Koselig Hus \(Cozy House\) - Houses for Rent in Spring Grove, Minnesota, United States - Airbnb](#)

[The Barn Loft - Barns for Rent in Dorchester, Iowa, United States - Airbnb](#)

[Lynnhaven - Houses for Rent in Spring Grove, Minnesota, United States - Airbnb](#)

[Prairie Song Farm - Trout fish, hike, unwind! - Houses for Rent in Dorchester, Iowa, United States - Airbnb](#)

[Bear Creek Lodge - Houses for Rent in Dorchester, Iowa, United States - Airbnb](#)

[Hunters Hollow log cabin - Cabins for Rent in Dorchester, Iowa, United States - Airbnb](#)

[The Eitzen Inn - Houses for Rent in Eitzen, Minnesota, United States - Airbnb](#)

[Cozy 3 bedroom cabin with fireplace - Cabins for Rent in Dorchester, Iowa, United States - Airbnb](#)

Decorah High Point Cabins—different sizes, good pricing: [www.decorahhighpoint.com](http://www.decorahhighpoint.com)

Highlandville Cabins\*: [www.bearcreekcabinsia.com](http://www.bearcreekcabinsia.com)

\*Calling Highland General Store at 563-546-7722 is the only way to book a cabin here.

# District 5 Sons of Norway Adult Heritage Weekend Registration Form

October 7, 8, and 9, 2022

Spring Grove, MN



Print Name(s) for badges \_\_\_\_\_

Phone \_\_\_\_\_ ( ) Cell ( ) Landline Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Adult Heritage Weekend Registration** (covers space rental, speakers, entertainment, genealogy, hospitality, printing, and advertising costs)

\$35/person x \_\_\_\_\_ = \_\_\_\_\_

*We recommend you take advantage of the catered meals below, as there are limited options in the area.*

**Friday Evening** –Meatballs/Ham dinner, Mashed Potatoes, Mixed Vegetable, Tossed Salad, Bars, and Beverage by Rosie’s Catering

\$16/person x \_\_\_\_\_ = \_\_\_\_\_

**Saturday Breakfast** –Continental Breakfast: Yogurt, Fruit, Juices, Coffee, O&H Kringle

\$7/person x \_\_\_\_\_ = \_\_\_\_\_

**Saturday Lunch** –DIY Open-Faced Sandwich Smorgasbord including Lefse, Salads, Chips, Breads, Meats, Cheeses, Fresh and Pickled Veggies and Herring, Spreads, and Beverage

\$14/person x \_\_\_\_\_ = \_\_\_\_\_

**Saturday Evening** –Texas Style Bar-BQ catered by Fat Pat’s Restaurant and Red’s Hometown Market, including Pulled Pork, Beef Brisket, Smoked Pinto Beans, Mac & Cheese, Cornbread.

\$18/person x \_\_\_\_\_ = \_\_\_\_\_

**Sunday Breakfast** –Continental breakfast at Blackhammer Church: Yogurt, Fruit, Coffee, Water plus O&H Kringle

\$7/person x \_\_\_\_\_ = \_\_\_\_\_

**Total Amount Enclosed \$** \_\_\_\_\_

Please indicate the name of your local lodge and how many years you have been involved:

Have you or a family member done DNA testing? \_\_\_\_\_ Company(ies) used: \_\_\_\_\_

Other sites where you have uploaded your data: \_\_\_\_\_

*There is no admission charge for the Houston County Historical Society to see the Red River Girl Exhibit, or to tour the museum. The Society does, however, welcome your donations at the door.*

**Hotel reservations are on your own.** A list of places to stay in the area can be found in the information packet, on the Giants of the Earth website, and online at [www.springgrovemn.com/lodging-dining-shopping](http://www.springgrovemn.com/lodging-dining-shopping).

**Mail this completed form along with your check not later than Sept. 15 to:**  
Giants of the Earth Heritage Center, PO Box 223, Spring Grove, MN, 55974

You can also register online and pay via PayPal at our website [www.giantsoftheearth.org](http://www.giantsoftheearth.org).  
There is an additional fee of \$3 per registration to cover PayPal transaction fees.



## **Tusen Takk!**

I extend a huge thank you to the following people for their willingness to serve as an International Convention delegate this week. One prerequisite to this service is holding a Sons of Norway insurance product. Our company was founded as a fraternal organization in 1895 by 18 Norwegian immigrants to support families in need following a catastrophic illness or the death of a breadwinner. Its mission remains true today.

- Robin Fossum-Dovre Lodge
- Darlene Arneson-Mandt Lodge
- La Vonne Wier-Fagernes Lodge
- Peggy Schroeder-Grønnevik Lodge
- Duane Kittleson-Vennelag Lodge
- Phyllis Skora-Nordkap Lodge
- Carol Anderson-Norsemen of the Lakes Lodge
- Curtis Cleveland-Askeladden Lodge
- Karen Broadhead-Wergeland Lodge
- Nancy Andersen-Circle City Lodge
- Jean Busker -Østestaden Lodge
- Connie Kross-Cleng Peerson Lodge
- Deloris Bumpers-Vikings of the Smokies Lodge
- Everis Engstrom-Vikings of the Smokies Lodge
- Sandy Olson-Valkyrien Lodge
- Jim Herman-Edvard Grieg Lodge
- Karen Eberhardt-Vennelag Lodge
- Donna Corcoran-Vennelag Lodge
- Cheryl Wille-Schlesser-Vennelag Lodge



## ***Update! D5 Hurtigruten Excursion 2024***

God dag, D5 Members,

It has been challenging to reach U.S. staff for the Hurtigruten coastal ferry, but there was a breakthrough last week! I have learned that the company's staffing has undergone significant changes recently.

At this time, the Hurtigruten staff are completing bookings for 2022 and have begun taking reservations for 2023. The pricing for a potential District 5 trip in 2024 will be rolled out in February 2023 (an estimate) from the company.

To be considered a group excursion, we must register a minimum of 15 travel participants, which should not pose an issue. Members following our Facebook page indicated they would like to experience the southern passage.

It is impossible to fly into Tromsø and connect to Kirkenes, the port of embarkation. Flights to Bergen or Oslo are options requiring an overnight stay. The following day, a connecting flight to Kirkenes will occur.

If one chooses, an excursion including a roundtrip passage is possible. Additional information will be shared in the FFFNews and on the Facebook page when available.

Tusen takk,

Cheryl Wille-Schlesser

District 5 President

608-219-4464

[cwschlesser200bc@gmail.com](mailto:cwschlesser200bc@gmail.com)

# **Cultural Arts Procedures**

## Cultural Arts Awards

District 5 Leaders and Members:

This is important information to share with members of your lodge. Please pass this on to new officers as they are elected this fall.

There is still some confusion about reporting cultural skills accomplishments and receiving awards. Contact information online in the cultural skills directions is out of date.

In April of 2021 the procedure for reporting completion of cultural Skills changed. The announcement was in a taped interview of Jana Velo, editor of the Viking magazine. In August of 2022--over a year later--the original directions are still on line, so people are still sending reports to Minneapolis and getting no reply.

Please spread the word in your lodge that a new procedure is in place.

Note that if your lodge does not have a cultural or sports Director, another officer needs to verify the reports and arrange for awards.

Following is the procedure for reporting cultural skills accomplishments. A similar method is used for sports reports given to the lodge sports director.

### **Steps for obtaining rewards for the Cultural Arts Programs**

*Steps for obtaining rewards for the Cultural Arts Programs* as explained in the video of David Crabb interviewing Jana Velo on April 22, 2021:

1. member completes requirements for a given cultural skill.
2. member submits completed project including written work and photos to local lodge cultural director or other lodge officer if there is no cultural director.
3. local cultural director or officer confirms that the project is complete.
4. local cultural director or officer orders reward pin, medal or bar.
5. award is presented at a lodge meeting.

It is suggested that several pins or bars be ordered at the same time since the cost of shipping and handling is the same for one pin or a dozen. Cultural pins and sports pins can be ordered at the same time.

If a lodge or individual prefers not to use pins/bars as rewards, a recognition certificate can be downloaded from the [sofn.com](http://sofn.com) site as a substitute.

District 5 will reimburse up to two shipping charges per year. Directions for applying are at [sonsofnorway5.com](http://sonsofnorway5.com) menu District 5 Cultural Grants

Tusen takk for your help spreading the word.

Judy Ghastin  
D5 Cultural Director



# Advance Notice

Monday, October 3, 2022 at 7:00 p.m.

Historic Barrymore Theater Madison WI

Idun Lodge 5-074 Sons of Norway presents:

# JOHN DEN SISTE NORSKE COWBOY

John The Last Norwegian Cowboy

A Frode Fimland Film

Nominated for a 2022 Amanda Award as Best Norwegian Documentary.

**Tickets: \$12.00 Advance/\$15.00 Day of Show**

This is a unique opportunity to view the documentary film about 94-year old Norwegian-American John Hoiland living alone on his family ranch in Montana and the lifestyle he chooses to maintain. Award-winning director, Frode Fimland will introduce the film and answer questions afterward.

Advance tickets: [leghastin@gmail.com](mailto:leghastin@gmail.com) or [josommers4@gmail.com](mailto:josommers4@gmail.com)

Please use subject line "The Last Norwegian Cowboy"

## Deadlines and Dates! Changes in red!

- September 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- **September 15- Adult Camp Registrations due**
- October 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- October 28-29- District 5 Board Meeting- **Eau Claire, WI**
- November 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- December 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- January 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- February 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- March 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- April 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- May 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- June 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)

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### Viking Chest / Immigrant Trunk Schedule

Apr 2022 to Oct 2022:

Chest--zone 5

Trunk--zone 6

Oct 2022 to Apr 2023:

Chest--zone 1

Trunk--zone 2

Apr 2023 to Oct 2023:

Chest--zone 4

Trunk--zone 3

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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**FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)