

Friendly Fifth Friday News
September 10, 2021

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

Lutefisk dinner season ahead and the calls are coming!



If your lodge has a lutefisk dinner or there are ones in your area, please send me the information so we can share it.

I need the: name, date, time, street address, price, phone number of who to call, and if they need reservations. Please email me the information at arnesonfamily5@gmail.com

I do NOT want all the other event flyers for other types of events and dinners. Please post that on the District calendar. I just have time to do the lutefisk dinners! We'll post them on our Facebook page, District calendar, and in this document!

Please send all flyers for the District Website Calendar of Events to inputd5@sonsofnorway5.com



Viking Photos Due!

September 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

Photo Guidelines for Viking Magazine Submission

Digital photos must have a resolution of 300 dpi (dots per inch) or greater with no visible pixelation or blur and at least 3" x 5" physical size. (a minimum of 1 to 10 megabytes (MB)

Printed photos must be a minimum of 3" X 5" in physical size and reflect the same quality as professional processed photos. There must be no visible ink dots, stripes or patterns from the printing process.

Please DO NOT write caption information on the back of the photo as the pen pressure damages the printed photo.

Photos should be crisp and clear, a blurry or grainy photo cannot be used .

The photo must contain Sons of Norway members and caption information must relate directly to the content of the photograph.

Photos of only inanimate objects (handcrafts, food items, murals, etc.) will not be used.

Photos must be visually interesting, well lit and of good composition. It is best to avoid photos containing distracting items in the foreground.

Composite or digitally altered images will not be used.

When emailing a photo from a tablet or smart phone, be sure to send the largest possible file size offered.

Manually attach digital photos to your email via the attachment button(often denoted by a paperclip icon) in your email program.

Photos obtained from the internet or social media sites like Facebook & Twitter usually do not reflect the image size and resolution quality needed for printing in the Viking magazine.

Do Not color correct or use filters and special effects.

It is always best to send in the original unaltered digital file or photo.

Photos sent in via PicMonkey should be avoided if possible as the program automatically reduces the image size prior to being sent.

For more information on how to submit photos for the Viking Magazine when using your digital camera, IPAD or iPhone download the current copy of "***Viking Magazine District and Photo Guideline***" found under the "About us" Tab and District 5 Documents.

Viking Chest and Immigrant Trunk Schedule

The Viking Chest rotation will resume in October at the D5 Board meeting. The Immigrant Trunk will be included and will make it possible to reach all zones in three rotations. If your lodge would like to use the chest or trunk for a special event, please contact Cultural Director, Judy Ghaslin, to make arrangements. Please note that the zone assigned to the time slot has first claim to use it during their assignment unless notified ahead of time.

*Oct 2021 to Apr 2022:
Chest--zone 3
Trunk--zone 4

**Apr 2022 to Oct 2022:
Chest--zone 5
Trunk--zone 6

Oct 2022 to Apr 2023:
Chest--zone 1
Trunk--zone 2

Apr 2023 to Oct 2023:
Chest--zone 4
Trunk--zone 3

Oct 2023 to Apr 2024:
Chest--zone 6
Trunk--zone 5

Apr 2024 to Oct 2024
Chest--zone 2
Trunk--zone 1

BE SURE EVERYTHING IS RETURNED TO THE COLLECTION AFTER YOUR LODGE USES IT. Lodges which have not had a chance to donate something to the collection are invited to donate something that has meaning for your lodge. Please include printed information about the item, including the maker (when appropriate), the lodge name, number, location and date of the donation. PLEASE ALSO EMAIL DONATION INFORMATION TO THE CULTURAL DIRECTOR. judy62ghastin@gmail.com

* Two requests for specific use within the assigned zones.

**The Chest and trunk will be displayed at the D5 convention.

D5 Sons of Norway Nordic Legacy Foundation

The purpose of the Sons of Norway Fifth District Nordic Legacy Foundation (NLF) is to support youth, heritage, culture, and education through presentations, programs, and foundation grants. It is a 501(c)(3).

Masse Moro, District 5's youth camp, is a primary project which the Nordic Legacy Foundation supports. Persons interested in making donations to support this youth camp's heritage activities can donate through NLF. Donations have been used to support this summer camp's curriculum, purchase needed equipment and provide tuition assistance. Tuition assistance is provided through campership programs conducted by the D5 Youth Director.

NLF supports other Fifth District heritage, culture and education programs, recommended by the Sons of Norway Fifth District board of directors.

For more information on the Nordic Legacy Foundation, contact Mike Palecek, D5 Treasurer, email: mikep@sonsofnorwayracine.com

To view the merchandise that supports the Nordic Legacy Foundation - https://sonsofnorway5.com/financial/district_5_merchandise.php

To download donation forms and flyers about the D5 SN Nordic Legacy Foundation - https://sonsofnorway5.com/financial/district_5_sofn_nordic_legacy_foundation.php

Have events coming up? Post them on the District calendar!!

Send an E-mail and flyer directly to: inputd5@sonsofnorway5.com

They will be posted at: <https://sonsofnorway5.com/events/>

Deadlines and Dates! Changes in red!

September 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

Weekend of October 8-10, 2021

- District Board Meeting – **Madison, WI**

October 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

November 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

December 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31th to Sept 1st 2022, with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

<https://youtu.be/S7TljinVCU>- Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com