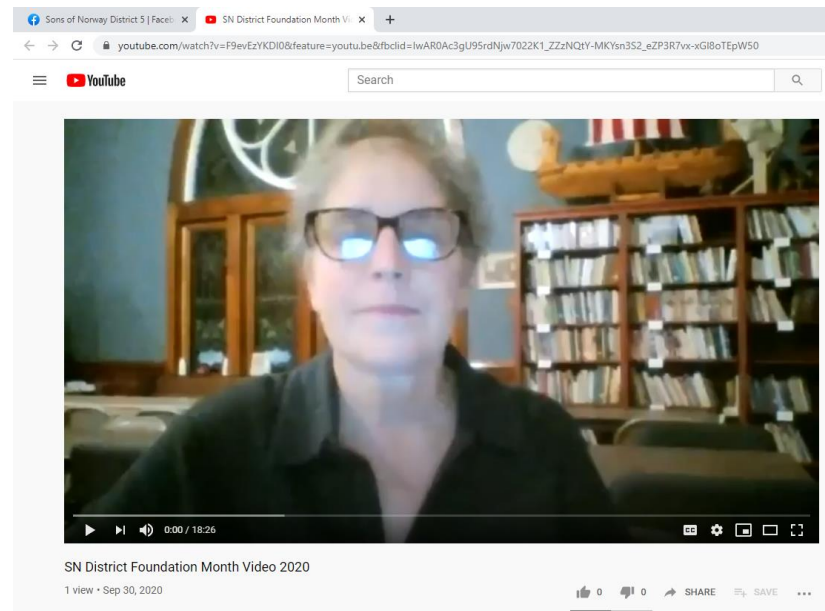
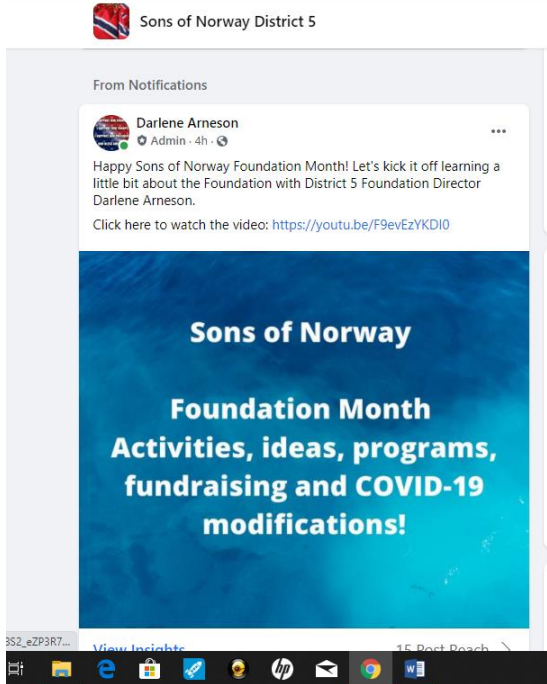


# Friendly Fifth Friday News October 2, 2020

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)

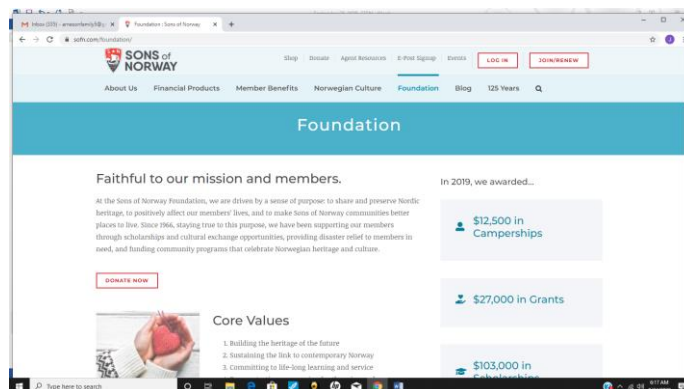
**Happy Foundation Month from District Foundation Director Darlene Arneson**  
**Daily Facebook Posts-** I will be celebrating the Foundation Month by doing daily posts on our District 5 Facebook Page. Feel free to share these on your lodge's page and with members to help increase awareness of the Foundation, its offerings, and how members can support it.



## Foundation Video

I also did a video about the Foundation that you can share with your members and use at lodge meetings (virtual or in person). <https://youtu.be/F9evEzYKD10>

**Lots of resources available on <https://www.sofn.com/foundation/>**



If your lodge has an event where everyone's donations are collected by the lodge and then one check is turned into the lodge (i.e. cash donations, money paid for raffle tickets, silent auction), there is a way to share information with the SN Foundation to recognize how many members were a part of that event. This is a new form for 2020 that the District Foundation Directors had requested so that even if one check comes in from the lodge, they know how many members were supporting that event. I will post the form in its entirety on the District website.



**SONS of  
NORWAY  
FOUNDATION**

## Lodge Donation Form

Lodge Name (ex. Draxten): \_\_\_\_\_ District and Lodge # \_\_\_\_\_

Contact Name/Title \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Enclosed is my lodge's donation to the Sons of Norway Foundation for \$ \_\_\_\_\_**

How funds were raised (ex. Silent auction, bake sale, etc.) and any other comments:

**Member Donations:** (Note: member donations are only tax deductible if paid directly to Sons of Norway Foundation. Member and/or lodge donations of \$100 or more will be recognized in the Sons of Norway Foundation annual report.)

<u>Member Name</u>	<u>Member #</u>	<u>\$ Amount</u>

Please use additional sheets if necessary. Return form along with checks made out to:  
Sons of Norway Foundation, Attn: Foundation Director, 1455 W Lake St., Minneapolis MN 55408  
or email to [foundation@sofn.com](mailto:foundation@sofn.com) and give online at [www.sofn.com/foundation](http://www.sofn.com/foundation)

**Thank you for your support of the Sons of Norway Foundation!**



### **Engaging New Members in Your Lodge**

**Cheryl Wille-Schlesser**  
**District 5 Vice President**  
[rogcher@mhtc.net](mailto:rogcher@mhtc.net)

- As soon as you learn about a new member's registration, send them a welcome letter providing basic information about your lodge. Place a personal phone call to the new member and offer to answer any questions they may have. Include the date of your next meeting or event.
- It is not necessary for new members to participate fully! Sometimes, it is better for a new member to observe an event or to view lodge procedures to gain a more complete perspective and an understanding of how your lodge operates.
- Provide nametags for your entire lodge, so the new person can blend in among all others.
- Set aside a "game night" on your lodge calendar when members are not working or listening, but rather are enjoying fellowship together.
- Organize a potluck meal to begin a meeting so members have a chance to share recipes and simply converse.
- Play a "getting to know you" game at one of your meetings and learn something amazing!
- Introduce your new members at a Lodge meeting and add their "bio" to an upcoming newsletter.
- Share good news from your member families.
- Recognize those families with new births to report and those who have a birthday or anniversary celebration.
- Assign a lodge mentor who can answer questions or provide feedback.
- Organize a new member breakfast which gives your officers the opportunity to share information about your lodge. Explain how a new member can make a difference in your community through service projects.
- Ask your new member to participate in your Adopt-a-School Program or another project working with youth.
- Schedule a social gathering that allows members to converse with one another:

- Plan an outing such as a trip to: Door County, Høstfest, the Viking Ship, or Vesterheim Norwegian American Museum in Decorah, IA, or ultimately a trip to Norway.
  - Find a restaurant close to you and enjoy lunch or dinner together.
  - Travel to MECCA-The new International Office of the Sons of Norway! Explore the sites of Minneapolis and St. Paul.
  - Attend a holiday concert or play together.
  - Adopt a project such as highway or bike trail clean-up.
  - Form a competitive Kubb Club.
  - Encourage student exchanges between your city and one in Norway.
  - Invite culture experts to teach a class locally in your lodge.
  - Participate in a local Syttende Mai parade or celebration of cultures.
- Celebrate Nordic holidays: Constitution Day-May 17<sup>th</sup>, Midsummer, Leif Erikson Day, Christmas, St. Stephen's Day
  - Determine the reason the new member joined Sons of Norway. If it is genealogy, connect them with resources to continue their search. Ask a local specialist to speak with your lodge. In Southern Wisconsin, the Norwegian American Genealogical Center and Naeseth Library is close by. They also provide on-line services and hourly services to members [www.nagcnl.org](http://www.nagcnl.org). Their executive Director, Dana Kelly can also provide a virtual presentation for a lodge meeting.
  - Station greeters at the entry to your meeting area. Record the names of the visitors and share these with the Lodge President so the guests can be welcomed.
  - Encourage your veteran members to intermingle with the new members. A welcoming friendly atmosphere will reap rewards, and the word will spread that coming to a meeting is enjoyable.
  - Focus on new members as their renewal month approaches and reinforce why their membership is important.

*Source: Adapted from SBI Association Membership, 2017*

## For Lodge Secretaries or others filling out the D63 Officer Updates for 2021

Your lodge's Officer Roster for 2021 should be reported online via a current lodge officer's profile page on [www.sofn.com](http://www.sofn.com). These changes are typically registered by the Lodge Secretary. Please indicate your 2021 officers even if there have been no changes.

To notify Sons of Norway Headquarters of your 2021 officers:

- Sign on with your username and password to [www.sonsofnorway.com](http://www.sonsofnorway.com).
- As a lodge officer, you will immediately land on your Profile Page.
- Click 'Lodge Officer Updates' from the menu to the left of your name.
- Need to change your meeting place or times? Click the gray 'Change Meeting Information' button, enter your changes and then select 'Save'. Your changes will be recorded, but won't be reflected on the website until 1/15/2021.
- To register your 2021 Officer Roster, click on the light gray 'Officers' button.
  - No changes? Click the gray 'No Changes for Upcoming Year' button at the top of the page.
  - Adding a completely new officer position in 2021? Click 'Add a new position' and then enter the title and member number of the person filling the office. Hit Submit. Then hit 'Save the Changes'.
  - To indicate the change in officer, delete the member number of the 2020 officer in a position and type in the member number of the 2021 officer. The names will NOT change on the screen at this point.
  - If your lodge will no longer have a certain position in 2021, click the 'Remove this position' button for that entry.
  - Once you have made ALL your changes, click the 'SUBMIT CHANGES' button at the bottom of the page.
  - You will see a list of your changes. If they are correct, click 'Save the Changes'.
  - Your 2021 roster of offices has been recorded! Any changes will not be live on the website until 1/15/2021.

Even though not all lodges will be holding elections this November due to social distancing restrictions, all lodges should affirm or change their lodge officer rosters by 12/31/2020.

There will be no paper D63 Lodge Officer update forms mailed out this year.

Please contact Sherry Gorse at 612-821-4643 or [Fraternal@sofn.com](mailto:Fraternal@sofn.com) with any questions.

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**NOTE:** Darlene Arneson did a video demonstration on how to fill out the D63. Click on <https://youtu.be/G1zUTRpGtGc> to view it. Share with whichever officer does your D63.

**Please note that they aren't sending the paper D63 Lodge Officer Update forms this year- it can only be done online! If your officer who does this annual report doesn't use the website, another officer will need to work with him/her to get it completed by December 31!**

## Sports and Recreation Update from former director Cheryl Wille-Schlesser



In preparation for the fall District 5 Board meeting, the Sports and Recreation Committee recently reviewed the guidelines in place for the *Virtual Walk to Norway* which was organized in recognition of the 125<sup>th</sup> Anniversary of the Sons of Norway.

I am aware of eight participating lodges. I ask that lodge presidents or their sports and recreation directors submit pictures of their members who are exercising. Due to the cancellation of the 2020 Convention, the Power Point slide show of this activity will now be placed on the District 5 webpage. I will begin working on that document soon, but some lodges have not sent the list of participants nor the photos of members exercising.

District 5 Lodge Presidents or the lodge's sports and recreation director are reminded to share the number of miles their lodge has exercised to date. I will share this information as it arrives. The District 5 website will reflect the accomplishments of each participating lodge.

As the challenge draws to a close, I will prepare participation certificates for lodge members, and these will be forwarded to D5 Lodge Presidents for distribution. Please send your lodge's *Virtual Walk* information to former Sports and Recreation Director, Cheryl Wille-Schlesser at [rogcher@mhtc.net](mailto:rogcher@mhtc.net).

The names of participants along with the names of participating lodges will be posted on the District 5 webpage. There is plenty of time for your lodge members to complete this challenge before December 15, 2020. Go for it! It is a pandemic-safe activity, and your members' stamina will improve while participating.

Checks of support should be directed to District 5 Treasurer Mike Palecek by December 31, 2020. The \$50.00 entry fee per Lodge will be deposited in the Masse Moro account for use with the next session of campers.

It would be great to know how many members have earned sports medals during this challenge. Feel free to send that information when your lodge completes the challenge. All components of this challenge will be finalized in December 2020.

### **BIRDING**

The migration of songbirds and waterfowl from northern nesting grounds is now in progress. Please send any bird photos you have taken directly to Richard and Christina Fairchild, our webmasters, for posting on the D5 webpage.

[inputD5@sonsofnorway5.com](mailto:inputD5@sonsofnorway5.com)



# Order your D5 Scandinavian Photo Contest playing cards today



Deal yourself a great hand with the District 5 Scandinavian Photo Contest playing cards. Enjoy the best, beautiful Scandinavian scenes from our 2020 contest, submitted by Sons of Norway members from 25 lodges in District 5. The cards will be available on or before October 1 and will ship to your home. What a great Christmas stocking stuffer for your friends, relatives and lovers of all things Scandinavian! Proceeds will support District 5 Nordic Legacy Foundation projects including Masse Moro Norwegian cultural youth camp.

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## ORDER FORM (WITH SHIPPING) - SCANDINAVIAN PHOTO CONTEST

- |                    |                    |                      |
|--------------------|--------------------|----------------------|
| ___ \$14 (1 deck)  | ___ \$46 (4 decks) | ___ \$100 (10 decks) |
| ___ \$25 (2 decks) | ___ \$56 (5 decks) | ___ \$250 (30 decks) |
| ___ \$36 (3 decks) | ___ \$75 (7 decks) |                      |

*Want more than 10 decks, one ship-to? Order at \$10/deck.*

Make checks out to "**D5 Nordic Legacy Foundation**"

*Checks will not be cashed until orders ship to you.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Lodge: \_\_\_\_\_

**Send your order to:** Mike Palecek, SofN D5 treasurer, 5747 Sandy Lane, Racine WI 53406

Questions: email: [mikep@sonsofnorwayracine.com](mailto:mikep@sonsofnorwayracine.com)

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## 2020 District 5 and International Calendar and Deadlines

### Changes in red!

#### October 2020

- Lodge Officer Update/D63 form and instructions is mailed to lodge secretaries.
- The Sons of Norway Foundation portal is available for lodges and individuals to apply for grants and scholarships.
- Lodge Achievement, Family Lodge of the Year and AFA Year-end report forms and instructions is mailed to lodge secretaries.
- Lodge Barneløpet Coordinators are encouraged to contact Sons of Norway Headquarters to discuss plans for anticipated events.

#### October is Foundation Month

- Help support our grant and scholarship recipients and share your Nordic values by celebrating Foundation month! Please consider a donation directly to the Foundation or plan a fundraising event through your lodge.
- October 1 Grant applications open – Our lodge grants award amounts go up to \$500-\$1,500 depending on a lodge's project.
- October 1 Scholarship applications open – Scholarship opportunities start at \$1,000 with an average scholarship of \$3,000.

#### October 9-10, 2020

- District 5 Board Meeting ~~in Illinois~~

#### October 10, 2020

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

#### October 15, 2020

- Lodge liability premium is due to Sons of Norway Headquarters.

#### November 10, 2020

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

#### December 2020

- D17 and D18 forms, instructions and timeline sent to lodge treasurers.

#### December 10, 2020

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

#### December 15, 2020

- District 5 Sports Challenge ends

#### December 16, 2020

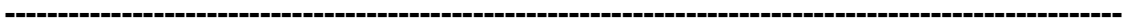
- Application deadline for:



- Community Partnership Grant applications are due to Sons of Norway Foundation.
- Date that new member applications (paper forms) must be **received** at HQ to ensure processing in time for end-of-year delegate calculation and recruitment challenge recognition. (Online applications may be submitted through December 31.)

**December 31, 2020**

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Last day to enter new membership applications into the database for delegate calculations and 2019 recruitment challenge recognition. (**Paper applications should be received at headquarters by December 15** to ensure adequate time for processing.)
- Application deadline for:
  - - Lodge Helping Hands to Children Grant\*
    - Lodge Culture and Heritage Grant\*
    - Lodge Vitality Grant\*
- Deadline to order Barneløpet supplies.



**DISTRICT FIVE LODGE MEETING**

Idun Lodge will host the meeting in 2022 in Madison, Wisconsin. Hotel and dates to be determined.

**INTERNATIONAL LODGE MEETING**

The International Lodge Meeting will be held in 2022 in Minneapolis, MN.

**Viking Chest Rotation**

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

<b>Time period</b>	<b>Zone with chest</b>
October 2019-April 2020	5
April 2020-October 2020	2
October 2020-April 2021	4
April 2021-October 2021	6
October 2021 – April 2022	1
April 2022 – October 2022	3

**Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.

- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

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## **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)** With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by Wednesday night. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com