

Friendly Fifth Friday News November 5, 2021

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

Don't forget! Zone 6 Virtual Meeting on Saturday!

Dear Sons of Norway Zone Six Members.

We are happy to announce that there will be a Zone 6 zoom meeting on Saturday November 6, starting at 9 a.m. CST and 10:00 a.m. EST. After introductions our District Vice President Cheryl Wille-Schlesser will give a report concerning membership issues that relate to our District. Mike Palecek, our District Treasurer, will give a presentation on the Manistee, Michigan Norwegian Colony. After Mike's presentation Dee Bumpers and I will speak. To conclude the meeting everyone will have a chance to voice any issues and/or concerns related to the Sons of Norway. Hopefully as leaders in the Sons of Norway you will get this message out to your publicity directors and to your lodge membership.

Med beste hilsen,
Andrew Johnsen, District Five President and Dee Bumpers, Zone 6 Director

Zoom meeting:

Topic: SofN D5 Zone 6 meeting

Time: Sat. Nov 6, 2021 09:00 AM Central Time (US and Canada) / 10:00 AM Eastern Time

Join Zoom Meeting

<https://us06web.zoom.us/j/86072335124?pwd=cGIFYjV1VTg1eWtsWmdycWtjV0tDQT09>

Meeting ID: 860 7233 5124

Passcode: SofN-D5

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Phone in only:

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 860 7233 5124

Passcode: 0281505

Find your local number: <https://us06web.zoom.us/j/kVOwgXX4C>



District 5

Trolls Rule with SoN District 5 Playing Cards from Karen Eberhardt

Yes they do, especially when you try your hand at winning with the SoN District 5 Playing Cards and these card games. Perfect for young and old to play together. Are you going to be the Troll Master Story Teller; the Old Troll who Rules the Swamp!; win the Troll War or win at Concentration – variation #2 matching the different photos the troll way? Games are perfect for at home or at your special Lodge Game Night!

Please hand out these rules to those in your lodges who purchased our wonderful D5 Scandinavian Photo Contest Playing Cards.

'Old Troll' card game

Use Sons of Norway District 5 Playing Cards For 2 – 4 Players

Goal: Winner holds the Troll card and rules the swamp!

Setup: Select 1 of the Troll Joker cards to use in the game.

- Choose a dealer. Deal the cards as evenly as possible among the group. Some may have more cards than other players.
- Players sort their cards and discard any pairs face up in front of themselves. (If a player has 3 of a kind, you discard 2 of the cards and keep the 3rd card.)
- The dealer then offers his hand, face down, to the player on his left to have the player randomly select 1 card from the dealer. If the card matches a card he already has in his hand, then he puts the pair down. If not, he keeps the card.
- Play goes to the next person – clockwise. The play who just drew a card from the dealer then offers his card hand, face down, to the next player who draws one card.
- Keep going until there are no more pairs and the only remaining card in the 'Old Troll who Rules the Swamp!

Troll War

Trolls rule in this card game using the Sons of Norway District 5 Playing cards. For 2 Players

- Shuffle cards and deal the cards to both players – face down. Do not look at your cards.
- Count down 1 – 2 – 3 and flip your top cards at the same time so they are face up. Only flip the top card. The player with the higher number or Troll wins and collects both cards.
- Return the cards to the bottom of their own stack.
- If a player flip the same card – then war begins.
- War – Each player places 3 more cards (face down) in front of them. Then flip over the 4th card so it is face up or 'war line-up'. Whoever has the highest card is the winner of the cards in the row.
- If the 4th cards are the same you do the same 'war line-up' until there is a winner.

Troll Master Story Teller

Use Sons of Norway District 5 Playing Cards. For 2 – 4 players.

Optional – record troll stories by one of the players or an extra person.

- Dealer holds out, face down, all 4 Troll cards and each player select their own card for their main character.
- Shuffle the deck. Deal out 4 cards, face down in front of each player.

- Player to the left of the dealer starts. Player picks up their cards and after looking at their cards what order they want to use the cards for their story.
- Player starts with troll card and puts down each card while they tell their story using each card.
- After player is done the other player(s) give a point for 1 – OK, 2 – Good, 3 – Excellent story.
- Add up the points and record for that player.
- Go to the next players and repeat.
- The player with the most points is the dealer and deals out the next group of cards. Continue until the whole deck is used.
- Player with the most points is the 'Troll Master Story Teller'.
- Keep recorded stories for family sharing.

Troll Playing Cards Concentration

Variations – Shuffle card deck and place all cards face down on the playing area.

Variation 1: Turn up one card and then turn up a second card – matching Red or Black numbers, Jack, Queen, King or Troll with another of the same color.

Variation 2: Match the following cards of the 'same picture type'.

Food: 6 diamond, 3 clubs

Boat: king hearts, jack hearts, 2 spades, 10 spade

Church: 4 spades, 7 spades

Valley: 7 diamond, 6 hearts

Bunad: queen diamonds, 9 spades

Norway flag & sign: king spade, 5 clubs

Reindeer: ace hearts, 10 spades

Pulpit rock: ace diamonds, queen hearts

Statues: 4 spades, 5 hearts, 6 spades, 5 spades

Lillehammer: jack spades, 2 clubs

Waterfall: jack diamonds, queen spades, queen clubs, 8 spades

Sunset/midnight sun: 5 diamonds, ace clubs, 3 diamonds, 6 clubs

Church: 4 diamonds, king clubs, 9 hearts, 7 heart

Places: 8 diamonds, king diamonds, 9 clubs, 2 hearts

Fjord view: 3 hearts, 2 diamonds

Dragon/horses: 3 spades, jack spade

Buildings: 4 hearts, 10 club, 9 diamond, 8 heart

Houses: 10 diamond, 7 club, 8 club, 10 heart



More fun ideas for meetings from Karen Eberhardt!

Need to add extra umph to your lodge's December to May activities? Use the attached document to have lodge members do activities with meetings, outdoor activities and at home. Customize the 8 highlighted in yellow activities to what your lodge and surrounding area like to do. You need the 8 activities for the numbers you would use for your lodge bingo in May.

The Bingo sheet is printed in May for your lodge meeting. So have fun meeting and doing extra fun activities that can be used for culture and sports pins.

_____ **Lodge Bingo**

Name _____

Lodge Activities for May 2022 Bingo

Circle or mark each item completed. Bring this completed sheet to the May, 2022 meeting. You will use the numbered items to fill out your own blank Bingo card – ready to play.

Enjoy and participate in these activities – need to do at least 25 to fill out the blank Bingo card. If more than 1 person doing these activities – put your name/initials and the numbers below to record.

- | | |
|--|--|
| <p>Special Event-Dinner, # 51
 Jan , 2022 meeting # 8
 Feb , 2022 meeting # 14
 Mar , 2022 meeting # 32
 April , 2022 meeting # 3
 May , 2022 meeting # 26
 Feb, 2022 Friluftsliv outdoor event # 43
 Complete Word Search # 37
 Ice skate or snow ski # 21
 Build a snowman or fort # 46
 Walk a trail in snowshoes # 19
 Chili/Stew lodge competition # 48
 Food pantry/bank contribution # 10
 Bake gingerbread cookies # 39
 Bake sandbakkels cookies # 16
 Make rosettes # 5
 Make fattigmann bakkelse # 41
 Bake cookies for Feb Birkebiner # 28
 Attend lutefisk or meatball dinner # 50
 Make Norwegian meatball dinner # 34
 Turn in Culture pin paperwork – April mtg # 18
 Turn in Sports medal paperwork – April mtg# 30
 Cook Salman or Cod dinner - # 7
 Learn/make knit an item # 52
 Bring a friend to meeting # 23
 ‘Old Troll’ game w/SoN playing cards # 12</p> | <p>‘Troll War’ game w/SoN playing cards # 1
 Write troll story w/SoN playing cards # 20
 Attend local winter event # 31
 Read a Sandra Brehl book # 25
 Read Karin Fossum or Kathleen Ernest book # 45
 Read a Jo Nesbo or Jorn Horst mystery # 36
 Make Norwegian pancakes # 44
 Make Norwegian waffles # 9
 Make Jan-Feb newsletter recipe # 38
 Make/Bake Cinnamon rolls # 40
 Sell/Buy Vennelag Raffle ticket # 15
 ‘Concentration’ w/SoN playing cards # 47
 Read non-fiction book about Norway # 4
 Make potato lefse # 49
 Make Nordlands lefse (flour only) # 27
 Decorate sugar cookies # 22
 Learn/paint a rosemaling item # 11
 Watch a Norwegian movie # 33
 Make Fried Pork/Bacon and Apples # 6
 Learn wood carving # 42
 Watch 3 Nordic News on D5 website # 24
 Collect stamps & trim for Tubfirm # 35
 Make Jan/Feb newsletter recipe # 29
 Make Mar/April newsletter recipe # 17
 Make favorite Norwegian recipe # 13
 Bake Norwegian cake # 2</p> |
|--|--|

Person	Numbers completed

27 Nordlands Lefse from North Wild Kitchen in Norway

<https://northwildkitchen.com> (lelse)

Makes about 8 lelse or 32 individual servings when ready

½ cup butter

½ cup light Norwegian syrup or golden
syrup

½ cup sour cream

1 cup buttermilk

¾ cup granulated sugar

2 tsp baking soda

1 tsp hornsalt (substitute 1 tsp baking soda)

5 cups all purpose flour

Filling –

1 ¼ cup butter, softened to room temperature

1 1/3 cup plus 1 Tablespoon sugar

1 Tablespoon cinnamon

- Melt butter in small saucepan on medium low heat and add the syrup until combined.
- In large bowl combine the butter and syrup mixture with the sour cream, buttermilk, sugar, baking soda (for horn salt) and flour.
- Mix to combine into a nice dough.
- Cover and refrigerate for at least 1 hour or overnight.
- Generously flour surface and roll out the dough from the center to the outside in a rotating motion until it is ¼ inch thick. Take cake tin or plate and cut out large rounds about 8-9 inches diameter.
- Heat a dry griddle or frying pan over medium heat. Use large spatula to transfer rounds. Cook 2-3 minutes or until golden brown on the bottom and then flip and cook 2-3 minutes on the other side.
- Stack the cooked lelse on top of one another and set aside to cool.
- Filling – In a medium bowl, combine butter, sugar and cinnamon.
- Take one lelse and evenly spread about ¼ of the filling on top. Take another lelse and place on top. Repeat with others to make about 4 cakes. When ready to serve cut each cake into 8 wedge slices.

6 Fried Pork [Bacon] with Apples Epleflesk 'Classic Recipes of Norway' by Janet Laurence

Serves 4

6 oz lightly salted or fresh belly pork/Bacon

1 ¼ pound fresh eating apples

2 Tablespoons soft light brown sugar

Salt and Ground black pepper

Optional – Chopped fresh parsley to garnish

- Heat large frying pan, without any oil or fat until hot. Add the pork slices/bacon and fry over low heat 3-4 minutes each side, until golden brown. Season with salt and pepper. Transfer to warmed serving dish and keep warm.
- Core the apples but do not peel. Cut the apples into rings of ¼ inches thick across the apple. Add the apple rings to the frying pan and fry gently in pork fat for 3-4 minutes each side, until just turning golden and translucent. Sprinkle the slices with the brown sugar and turn once more for a couple of minutes until the sugar side starts to caramelize.
- Serve the pork slices/bacon with the apple rings. Accompany with boiled potatoes and a green vegetable, garnished with chopped parsley.

Viking Photo Updates from Karen Eberhardt

Already November 2nd – fall is just flying by. This is the monthly reminder to send in your lodge photos to me by November 10th.

Please use the new photo submission form or highlight the parts that I need.

With changes in the photo submission form there will be change in the Viking magazine. I was informed that the changes will start with the December 2021 issue of the Viking magazine. The Happenings section that features each district with their own photo pages is being redesigned. If you or your lodge members have questions or suggestions direct them to:

Doris Kamstra, Membership Manager

Direct 612.821.4697 | Fax 612.827.0658 | Toll-free 800.945.8851, Ext.4697

Dkamstra@sofn.com | sonsofnorway.com

Send the following to me with your photo submissions.

Permission to use Photo –

By submitting this photo submission form, I grant permission and consent to Sons of Norway and the Sons of Norway Foundation for the use of the following photograph(s) as identified below to promote the organization(s). Use may include but is not limited to print publication, publicity, advertising, and digital or online content.

Contact Information

Name:

Phone:

Email:

Lodge Name:

District/Lodge Number:

Location:

Are you providing a High-Resolution photo (Yes or No):

File name if providing a photo:

Category Information for

1. Past Events and Member Activities

Includes recognition of current members, lodge celebrations, community service projects and other past activities. Please include event purpose and location. Individual member names of these shown in photo may be included, however we are limited in caption length to 1 or 2 lines per photo.

Description:

2. Member Profiles

This content features members who with an interesting story that will inspire other members. It could include outstanding long-term or young members in your lodge and district, other members who celebrate their heritage in unique ways. Please include the member contact information, along with a brief description explaining why you believe they should be featured.

Description:

3. Upcoming Events and Member Activities

Includes upcoming lodge and district events that are open to all members, as well as public events. We will feature in-person and remote events such as district wide

represented, and upcoming cultural activities or youth camps. A photo is not required. Your description should include dates and location of the upcoming event and a contact name and email/phone number that will be published.

Description:

I look forward to your photo contributions. Have a safe and blessed Thanksgiving.

Karen Eberhardt
District 5 Publicity and Zone 3 Director
eber01dj@gmail.com

Lutefisk dinner season is here!

November 13, 2021

Christ Lutheran Church in De Forest, WI

November 13th will be here before we know it ~ the date for Christ Lutheran's Lutefisk & Meatball dinner! Because of concerns related to COVID-19, and the safety of our workers and guests, we will be holding a "**Carry Outs by Pre-Paid Reservation Only Dinner.**" No walk-ins will be served. The carry-out dinners will include lutefisk and lefse, meatballs, potatoes, rutabagas, coleslaw, cranberries and pie.

We hope that you and your family will make reservations for this delicious dinner! Please tell your friends and neighbors about the dinner too.

Cost:

Adults \$20.00

Kids (4-12) \$9

Kids (0-3) Free with paid Adult Carryout Reservation

Carryout Reservations begin the first week of September and end October 25, 2021. No reservations after October 25, 2021 and no walk-ins.

Important: All reservations must be pre-paid, with payment received or post-marked by October 25 or the reservation will be cancelled.

Carryout Dinner Reservation Pick-up Times: Begin at 11:00 am and will continue every 20 minutes with 6:00 pm as the last pick up time.

Reservations may be made several different ways:

1. Selecting your Carryout Time and Dinner options and paying online via <https://www.signupgenius.com/go/10c0f4eabaf22a1f94-lutefisk8>
2. Selecting your Carryout Time and Dinner options online, but paying via check. Send payment to Christ Lutheran Church at 220 S Main St. DeForest WI 53532. You may also drop off the payment at the church office or in the drop box located by the office door facing Sunset Dr.
3. Calling the Church office – **Tuesday through Thursday 9:00 am to 3:00 pm** at 608-846-4718 to make your reservation. Then send payment to Christ Lutheran Church at 220 S Main St. DeForest WI 53532. You may also drop off the payment at the church office or in the drop box located by the office door facing Sunset Dr.
4. Stopping in the Church office **Tuesday through Thursday 9:00 am to 3:00 pm** to make your reservation and pay for the reservation.

Thank you everyone for your support!

Sunday, November 21, 2021

Norse Valley 5-491 Lutefisk Dinner

4:30 pm cash bar, 5:00 pm meal

Liberty Hall, 800 Eisenhower Dr., Kimberly, WI.

Adults \$25, Children 7-12 \$10 and Children 6 and under, free.

Reservations at <https://forms.gle/UbUuK5sszYWvrRkt7> by Wednesday, November 10.

Reservations are not confirmed until payment has been received.

Pay by Venmo sent to @lindahashsofn by Wednesday, November 10. Please include "Lutefisk Dinner" and your name. Any questions? Email norsevalley@gmail.com or call Sharron at 920-427-4877

Saturday December 4th 2021

St. Olaf Lutheran Church

Rubicon, WI

920-474-7042

<https://www.st-olaf.org/events/st-olaf-lutefisk-scandinavian-dinner-bake-sale/>

11 a.m. - 5 p.m.

Online ticket purchase available until Friday December 3rd at 3:00 pm.

Tickets will then be available at the door.

Have you looked into this member benefit?

PerkSpot- https://www.sofn.com/member_benefits/member_discounts/

By visiting Sons of Norway's exclusive PerkSpot portal you can start saving today on products and services, like travel, clothing, food, entertainment and electronics. But that's not all! Every month new discounts are added to enhance the benefit and, once you create your account, the discounts you see will be tailored to the area in which you live!

SONS of NORWAY

WEEKLYPERKS

New Perks

Corkcicle
Save 10% On Insulated Drinkware
Corkcicle offers insulated tumblers, coffee mugs, coolers, barware, canteens, and more. Make every sip an experience and save 10%.
OFFER CODE:
PERKSPOT10
View Deal

Original Penguin
Save 20% On Women's and Men's Apparel
Shop the Penguin Clothing Collection from the official Original Penguin by Musingwear website.
View Deal

Wine.com
\$30 Off \$100 on Premium and Affordable Wines
The best way to shop for wine is with Wine.com. Have a happy hour at home with the best online wine prices.
OFFER CODE:
PERKSPOT30
View Deal

From Vice President Cheryl Schlessor

Kjærer, District 5 members,

The District 5 Board of Directors met in Madison, WI, on October 8-9, 2021. One business item approved by the board was a lodge grant to cover the shipping costs of membership pins. Any lodge that has ordered or will order membership pins for their members this year is eligible for the assistance.

I will also share it with local lodge leaders via their email accounts. Christina Fairchild, our webmaster, will post it to the District 5 webpage. Look under news from the Vice President.

Takk så mye,
Cheryl Wille-Schlessor

District 5 Vice President

rogcher@mhtc.net

608-219-4464



MEMBERSHIP PIN SHIPPING GRANT FOR ALL District 5 LODGES

On October 9, 2021, the District 5 Board of Directors approved a shipping grant for any lodges that have ordered membership pins for their members in 2021. This grant will continue to be in effect for successive years until revoked. The District Vice President will receive and process the requests.

***Please fill out the form below and submit it via *standard U.S. mail* or by *email*.**

Attach the receipt at the bottom of this form for the pin order, which shows the shipping fee.

Name of Lodge _____

Lodge Number 5- _____

Name of the lodge officer requesting reimbursement.

Please indicate the position held in your lodge.

Provide the name and address of the lodge treasurer who will receive the reimbursement check.

Name of the Lodge Treasurer _____

Street Address _____

City, State, Zip _____

The District 5 Board thanks you for acknowledging your members in this way. The success of a lodge is directly proportionate to the longevity of its members and their willingness to serve the greater good.

Thank you,

Cheryl Wille-Schlesser

Cheryl Wille-Schlesser
District 5 Vice President
rogcher@mhtc.net
608-219-4464

ATTACH YOUR RECEIPTS PLEASE!

Deadlines and Dates! Changes in red!

November 6, 2021

- Zone 6 Virtual Meeting – see article for time and link

November 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

December 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31th to Sept 1st 2022, with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

<https://youtu.be/S7TIjcinVCU>- Omni Hotels and Resorts, Omni Viking Lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com