

Friendly Fifth Friday News November 4, 2022

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

Hello from your Publicity Director:

I appreciate all the great photos that have been sent to me in the last few months. Thank you! You may have seen your photo featured in the Viking. Alas, they can't use them all. I have news about the "also rans" farther down in this communication.

There is news for you since the last time photos were requested. I recently had a meeting with the people who receive the photos for the Viking. Here is the news:

1. **ALL** photos submitted must have the accompanying **photo submission form** sent with them. Please send a form for **each** photo. Do not send one submission form for a group of photos. Sending the explanation in the content of the e-mail is not acceptable.
2. Photos must be sent digitally through e-mail. I can not send forward pictures that have been printed and sent to me in regular mail. I tried to "take a picture of the picture" and it does not produce a good enough photo. If you send the picture from your phone, you will still need to send a photo submission form for it.
3. There has been a recent change for the Viking. It will be published 6 times a year instead of 12. The first 2-month issue will be for January-February 2023. I know many of us will be dismayed with this news. However....
4. You should continue to send photos to me **monthly**, and I will forward them for consideration in the Viking. Even if your photo is NOT published in the Viking, it may still be available for everyone to see and enjoy! A new feature called "Happenings" will be on the Sons of Norway website. Some pictures that didn't make it into the Viking will be posted there. The website is divided by District, so you can go to District 5 to see our photos.
5. This Happenings site is brand new, so it doesn't have a lot on it...yet. To get to the site, log into www.sofn.com with your username and password. Use the search function and type *happenings*. That will get you there. We recommended to the headquarters personnel to make a dropdown item from the main menu so it is easier to find the pictures. They will work on that.
6. The photo submission form says that you give permission to publish the photo. What that really means, also, is that you have permission from *the people in the photograph* to use the photo. Most of the time that isn't a big deal, however, photos with children **can** be

an issue. Some parents do not want photos of their children “out there on the internet”. It is best to make sure the people in the photos you submit know you are sending them forward for publication.

As previously required, I would like to have your submissions of photos and the photo submission forms sent to me **by the 10th of the month**. Please follow the requirements listed above to cut down on my having to contact you for missing information. I need to look through them and pick the ones to forward to the Viking. I have been sending ALL of the ones I received, but have been advised to choose a few of the best ones only. I have not been sending a response e-mail to you on whether or not your photo was forwarded. I would like to be excused from that for the time being. Later on, when things are less chaotic, I will figure out an efficient way to respond to all e-mail submissions.

That’s all for now. If you are getting this e-mail, and it should go to someone else, please let me know. I apologize if you have already attempted to correct me and I didn’t do it. Life can be crazy sometimes, but I will try to make corrections as they occur from now on.

Looking forward to your submissions this month from you or your publicity director.

Link to Viking Submission form:

https://sonsofnorway5.com/library/original/docman/NewPhoto-submission-202159946_1.pdf

Fraternally,

LaVonne Wier
D5 Publicity Director

Filling the Task Force- are you or your members interested?

From Darlene Arneson- chair

Categories	Name	Lodge	Email
Past leaders			
Present leaders			
Younger members			
“Seasoned” members			
Men			
Women			
Younger members (under 25)			
IP Representative			
Zone 1			

Zone 2			
Zone 3			
Zone 4			
Zone 5			
Zone 6			
Central			
Spirit of the New Century			

Our Draft Timeline to present at the October Board Meeting

December 20- fill the task force list

January 1- Plan an orientation meeting for early January

January – March- Task force reaches out to the District gaining insight through a variety of methods- surveys, calls, in-person inquiries and more. We encourage the Task Force to reach out to other Districts to see how they are organized.

April- First report to the District Board

May – August- Continue Task Force Outreach to develop a report and action plan for the October board meeting

After October- if there is a plan to take to the District 5 Lodge members (delegates who served in Middleton), then that will need to be done

How to be a part of it!

If you would like to be a part of this task force or have suggestions for names, please send them to President Cheryl Wille-Schlessler at cwschlessler200bc@gmail.com .

If you have suggestions for the Task Force (but don't want to serve on it), watch for their outreach and you can also send suggestions to either Cheryl or committee chair, Darlene Arneson, at arnesonfamily5@gmail.com.

Christ Lutheran Church- DeForest, WI – November 12

LUTEFISK DINNER RESERVATIONS -2022

<https://www.christlutherandeforest.org/outreach/lutefisk/>

It's time to think about Lutefisk 2022!

Fall is in the air...a sure sign that it's time for the annual Lutefisk and Meatball Dinner at Christ Lutheran Church! We expect about 1,200 members, friends and neighbors to come to enjoy this wonderful meal, which includes the area's best-tasting lutefisk, homemade meatballs, the best potato lefse around, as well as rutabagas, mashed potatoes and gravy, coleslaw, cranberries and delicious pies.

Date: Saturday, November 12, 2022

Time: Seatings begin at 11:00am, and continue every hour until 5:00pm

Cost:

Adults = \$23.00

Children (Ages 4-12 yrs) = \$11.00

Children (0-3 yrs) = Free

Reservations: can be made beginning Wednesday, September 7, 2022 through Tuesday, November 8, 2022 at NOON. There are 2 ways to make a reservation:

Online - Use the Sign Up Genius - Lutefisk Reservation link shown below

Sign Up Genius - Lutefisk Reservations

Call the Church Office at (608) 846-4718

Payment: Those making reservations must pay for their spots ahead of time. **Payments must be received by November 9, 2022.** There are 3 ways to submit payments:

Mail: Checks and cash can be mailed to the church at 220 S Main St, DeForest WI 53532

Office: Checks and cash can be dropped off in the office or in the outside box located by the office door - 220 S Main, DeForest WI 53532

Online: When making your reservations online, there is also an option to pay for your reservations right in the same spot. One-stop shopping! There is a small convenience fee when paying online

Walk-ins and carry out meals are also welcome!

Lyster Lutheran Church- Saturday, November 5- W1771 Co Rd D, Nelson, WI 54756

Lutefisk dinner

Karen Lauer will be selling the Lutefisk tickets for Lyster Lutheran church supper on **Saturday, Nov. 5, 2022.**

Telephone: **715-283-5231**

Tickets go on sale **October 23** at church at **9:30** and at **noon** at her home.

Seating is every hour for about 100 starting at 11:00 a.m., to last sitting at 7:00 p.m.

~Pat Hermundson

Sons of Norway Update Fall 2022- Must log in to view!

https://www.sofn.com/member_resources/lodge_leadership_resources/administrative_resources/training_and_presentation_resources/leadership-resource-videos/

Tune in for several newsworthy updates for Fall 2022 including an update on the Christmas ornament.

[Watch video](#)

Sons of Norway Foundation Update Fall 2022

Emily Stark gives an update on the Foundation.

[Watch video](#)

FAQs with Customer Service

A conversation with Amy Jones, one of our friendly customer service representatives. She answers some of the most-asked questions that come to our hard-working team.

[Watch video](#)

Lodge Record Retention Guidelines

The following Leadership Video intends to help you decide which documents to keep or toss, and how long each document should be kept.

[Watch video](#)

Sons of Norway Foundation Update Spring 2022

An update about grants awarded from our Sons of Norway Foundation. These grants are a direct result of the generosity of lodges and donors that support the Foundation's mission.

[Watch video](#)

Liability Insurance

In this video, Amy chats with Sons of Norway Chief Financial Officer Erica Oberg about Lodge Liability Insurance.

[Watch video](#)

A Conversation With Draxten Lodge President, Linnea Henning

In the video, Linnea shares about her experience in the leadership role.

[Watch video](#)

Popular Products At District Conventions



Viking Voyager Term



- Great value
- Face amounts from \$10–\$25k
- Annual or single premium
- Coverage to age 26
- Issues ages 0-17
- Convertible with a conversion credit of \$3/thousand

Guaranteed Issue Whole Life



- Lowest Price in the Market
- Face amounts from \$5–\$25k
- 2 year grading period
- Absolutely NO medical or personal questions

Flexible Premium Deferred Annuity



- A staff favorite!
- Only \$2k to start (non-qualified)
- Money can be added anytime
- Supplement retirement with lower risk
- Starting interest rate of 2.05% and goes up depending on initial deposit amount

Sons of Norway, 1455 West Lake Street, Minneapolis, MN, offers financial products, but not all products are available in all states. Products issued by Sons of Norway are available to applicants who meet membership, insurability, and residency requirements. This information is not intended as a recommendation of a specific certificate or investment strategy; rather, it is intended to be general and informational in nature. Speak with your Insurance Professional to discuss your specific financial goals and insurance needs. All guarantees are backed by the claim-paying ability of the issuing company. Death benefits due to non-accidental causes in the first two years will be limited to the return of premiums paid with interest at 10%.

FOR INTERNAL USE ONLY

Lodge Programming

Get the resources you need to plan entire programs as well as shorter, more focused segments, with ideas and activities that appeal to members of all ages.

Your next lodge program starts here.

https://www.sofn.com/member_resources/lodge_leadership_resources/lodge_programming/

Give your members every opportunity to explore and enjoy the Sons of Norway lodge experience. The resources in this section will help you plan entire programs as well as shorter, more focused segments, with ideas and activities that appeal to members of all ages.

Just for Kids

As featured in *Viking Magazine*, Just for Kids is a quarterly section that offers engaging projects for youth and family programming.

[LEARN MORE](#)

Idea Bank

Start here for the creative ideas and instructions you need to plan a lodge program or special event.

[LEARN MORE](#)

Mini Presentations

Just right for program segments during lodge meetings, these 3-minute presentations focus on more than 60 Norwegian topics.

[LEARN MORE](#)

Sons of Norway History Presentation

Short PowerPoint presentation to inform members new and old about the history of Sons of Norway.

[DOWNLOAD NOW](#)

National Anthems

United States, Canada and Norway National Anthems recorded by Susan Stow (piano) and Jana Velo (voice).

[WATCH VIDEO](#)

Deadlines and Dates! **Changes in red!**

- November 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- December 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- January 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- February 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- March 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- April 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- May 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- June 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- July 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com

Viking Chest / Immigrant Trunk Schedule

Oct 2022 to Apr 2023:

Chest--zone 1

Trunk--zone 2

Apr 2023 to Oct 2023:

Chest--zone 4

Trunk--zone 3

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com