

# Friendly Fifth Friday News

## November 26, 2021

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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### **“Together we are the future” Foundation Campaign Update**

As of November 24, this was the update sent to the District Foundation Directors. A total of \$115,583 has been donated as of November 24 (processed at the home office). A huge thank you to the lodges who have already donated this year and there still is time for the rest to do so!

<b>District 5</b>
Nordland 5-544
Polar Star 5-472
Edvard Grieg 5-657
Nordkap 5-378
Fossen 5-534
Wergeland 5-028
Elvedal 5-556
Ostestaden 5-542
Elvesund 5-593
Valkyrien 5-053
Skjold 5-100
Myrmarken 5-609
Solvang 5-457
Viking 5-625
Vennelag 5-513
Bjorntjerne Bjornson 6-614
Vakkertland 5-570 (Disb)
Sognefjord 5-523
Vennligfolk 5-627
Dovre 5-353
Scandiana 5-600
<b>Others prior to 9-2021</b>
Loven 5-029
Gronnvik 5-632
Norse Valley 5-491
Circle City 5-614
Fosselyngen 5-082
Akeladen 5-610



Sons of Norway District 5 Convention 2022  
June 15-19, 2022  
Well Wishers Form



**Deadline: May 1, 2022**

**\*\*this form must be accompanied by the Advertising, Sponsors and Donations Form\*\***

**Well Wisher Names**

**One name per line - \$2 per name**

_____	_____
_____	_____
_____	_____
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_____	_____
_____	_____

Payment with PayPal or check accepted \$2 per name x \_\_\_\_\_ = Total \$ \_\_\_\_\_

If there are any questions or concerns, please contact Kelsey Anderson at (608) 445-3447 (call/text) or email [kvolleyball1414@gmail.com](mailto:kvolleyball1414@gmail.com). If mailing a check, please include a copy of this form. If using PayPal, please email Kelsey with all of the information on this form included.

**PayPal:** Please use friends/family option when prompted @SoND5convention or QR code

**Checks:** made payable to Idun Lodge Convention Committee – should be mailed to: Dana Diedrich at 3901 Aric Avenue, DeForest, WI 53532





**Sons of Norway District 5 Convention 2022  
June 15-19, 2022  
Advertising, Sponsors and Donations Form**



**Deadline: May 1, 2022**

<b>Booklet Ad Size</b>	<b>Price</b>	<b>#</b>	<b>Cost</b>
Front or back inside cover (4.75" w x 7.5" h)	\$150	x _____	\$ _____
Full page (4.75" w x 7.5" h)	\$100	x _____	\$ _____
Half page (4.75" w x 3.5" h)	\$50	x _____	\$ _____
Quarter page horizontal (4.75" w x 1.75" h)	\$25	x _____	\$ _____
Quarter page vertical (4.75" h x 1.75" w)	\$25	x _____	\$ _____
Well Wishers*	\$2 per name	x _____	\$ _____

\*must fill out additional form

**Sponsorships**

Includes signage to be displayed on the coffee table, recognition on the daily schedule and in the booklet

Coffee Break Sponsors	\$200	x _____	\$ _____
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**Donations**

Includes recognition on the daily schedule, a rotating slideshow throughout the day and in the booklet

Gold	\$500+	x _____	\$ _____
Silver	\$250	x _____	\$ _____
Bronze	\$100	x _____	\$ _____

Payment with PayPal or check accepted    Total    \$ \_\_\_\_\_

Name of Advertiser/Sponsor/Donor: \_\_\_\_\_

Name of Contact in group (if applicable): \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

If there are any questions or concerns, please contact Kelsey Anderson at (608) 445-3447 (call/text) or email [kvolleyball1414@gmail.com](mailto:kvolleyball1414@gmail.com). Ads should be submitted electronically in final format via email. If this is an issue, please contact Kelsey to make other arrangements. If mailing a check, please include a copy of this form. If using PayPal, please email Kelsey with all of the information on this form included.

**PayPal:** Please use friends/family option when prompted @SoND5convention or QR code

**Checks:** made payable to Idun Lodge Convention Committee – should be  
mailed to: Dana Diedrich at 3901 Aric Avenue, DeForest, WI 53532



# **Lutefisk dinner season is here!**

**Saturday December 4th 2021**

St. Olaf Lutheran Church

Rubicon, WI

920-474-7042

<https://www.st-olaf.org/events/st-olaf-lutefisk-scandinavian-dinner-bake-sale/>

**11 a.m. - 5 p.m.**

Online ticket purchase available until Friday December 3rd at 3:00 pm.

Tickets will then be available at the door.

# **When the holidays are here and family is with you...**

The holidays bring us an opportunity to share time with friends and family. It is also a perfect time to **share your enthusiasm** about Sons of Norway with your loved ones. Maybe **making a Norsk dish** that you found on the website or learned during a virtual class. **Sharing stories** of fun meeting programs, movies you saw at a lodge meeting, a class you took, or a virtual program you enjoyed. Going outside to play kubb or do an activity that you did at a lodge event. **Making a craft** with the younger kids that your lodge does at its juletre fest. Instead of sitting around after a meal or watching tv, **whip up a smaller batch of a Norsk cookie** and teach them how to make it rather than having all the Norsk treats done ahead of time. Or maybe schedule a day for “whoever wants to learn” so you can pass your traditions down to your family and friends.

**If you have struggled to “log in” to the International website to update your profile or to check out what’s there, sit down with your younger or more tech-savvy family members** to help you out! They would love to do it, they would learn, and you would too!

And then **invite them to come to a Sons of Norway meeting**, activity or event. **Don’t decide for them that they are too busy-** let them check it out and if they find the value in it, they will consider membership. **Our lodges won’t grow unless we invite people!** And most people when asked, say **they didn’t join something because they were never asked!** So take that chance and ask!

**Consider giving gift memberships to loved ones.** They could join your lodge or check out one closer to where they live. A gift membership to Sons of Norway opens up a world of benefits for its recipients: like the outstanding Viking magazine, a welcoming network of lodges, cultural programs that introduce Norwegian arts and crafts, and a sports program that promotes a healthy lifestyle. How many other holiday gifts can give so much? A gift membership doesn’t only benefit its recipient; it’s great for your lodge, too. Giving a membership to a loved one is a great way to introduce them to the lodge, especially if they aren’t already familiar with Sons of Norway. In fact, many people who’ve been given gift memberships in the past have gone on to be long-term lodge members. If your members are interested in giving a gift membership for Christmas, have them contact Membership Services at 800-945-4654 or [fraternal@sofn.com](mailto:fraternal@sofn.com) for information.

I hear from so many lodges that they struggle to get new members, to find officers, to get help for events. Share your love of Sons of Norway and encourage your family and friends to consider joining. **They are our prospective members and our future!**

Darlene Arneson, District 5 Secretary

## Are you using the online recipes?

[https://www.sofn.com/norwegian\\_culture/recipe\\_box/](https://www.sofn.com/norwegian_culture/recipe_box/)

Home > Norwegian Culture > Recipe Box

NORWEGIAN CULTURE

- Featured Recipes >
- Norwegian Language Lessons >
- Recipe Box >
- Appetizers >
- Baked Goods, Breads and Desserts >
- Main Dishes >
- Sandwiches >

Vær så god! (Bon Appetit!)

### Gløgg

The most important part of this recipe? Plan ahead – you want the mixture to stand for at least 12 hours before enjoying!

[VIEW RECIPE](#)

## Categories to explore

[Appetizers](#)

[Baked Goods, Breads and Desserts](#)

[Main Dishes](#)

[Sandwiches](#)

[Soups](#)

[Salads](#)

[Vegetables and Grain Dishes](#)

## And for your meals:

### Traditional Norwegian Table Prayer

*I Jesu navn går vi til bords  
å spise, drikke på ditt ord.  
Deg, Gud til ære, oss til gavn,  
Så får vi mat i Jesu navn.  
Amen.*

## Deadlines and Dates! Changes in red!

### December 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at [eber01dj@gmail.com](mailto:eber01dj@gmail.com)

### December 13, 2021

- - New member enrollment forms MUST be into Sons of Norway Headquarters by December 13 to be counted for year-end totals and the Recruitment Contest.

### December 31, 2021

- - Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
  - Application deadline for:
    - - Lodge Helping Hands to Children Grant\*
      - Lodge Culture and Heritage Grant\*
      - Lodge Vitality Grant\*
  - Deadline to order Barneløpet supplies.

### January 15, 2022

- Deadline – International travel scholarship applications due to Sons of Norway Foundation:
  - Douglas Warne – Rolf & Wenche Eng Scholarship
  - Helen Tronvold Adult Learner Scholarship\*
  - Helen Tronvold Folk High School Scholarship\*\*
  - King Olav V Norwegian-American Heritage Scholarship
  - Lund Fund Scholarship\*\*
  - Oslo International Summer School Scholarship\*\*

### March 15, 2022

- Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting have been extended to 03/15/2021.

### March 1, 2022

- Deadline – Domestic scholarship applications due to Sons of Norway Foundation:
  - Astrid G. Cates Scholarship\*\*
  - Bernt Anker Scholarship
  - Dan and Betty Rude Scholarship
  - Myrtle Beinhauer Scholarship\*\*

- Nancy Lorraine Jensen Memorial Scholarship\*\*
- Orel and Marie Winjum Memorial Scholarship
- Elaine Nelson Scholarship

## March 15, 2022

- D17 financial form is due from the lodges to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalgive.org, are due to Membership Services at Sons of Norway Headquarters.
- Fraternal Funds packet is sent to the district treasurers.

## May 15, 2022

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

\*Insurance membership with Sons of Norway required

\*\*Membership with Sons of Norway required (social or insurance)

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### DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

### INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31<sup>th</sup> to Sept 1<sup>st</sup> 2022, with first time delegates arriving on the 30<sup>th</sup> of August for the First Timers Training. Delegates will depart the 2<sup>nd</sup> of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

**(<https://youtu.be/S7TljcinVCU>)-** Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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### FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)