### Friendly Fifth Friday News November 19, 2021

Send all web posting info and calendar dates/events directly to our webmaster at <a href="mailto:inputd5@sonsofnorway5.com">inputd5@sonsofnorway5.com</a>. Feel free to share this with your lodge members!

# **Updated Calendar on SN Website**

#### **December 13, 2021**

 New member enrollment forms MUST be into Sons of Norway Headquarters by December 13 to be counted for year-end totals and the Recruitment Contest.

#### **December 31, 2021**

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Application deadline for:
  - Lodge Helping Hands to Children Grant\*
  - Lodge Culture and Heritage Grant\*
  - Lodge Vitality Grant\*
- Deadline to order Barneløpet supplies.

#### January 15, 2022

- Deadline International travel scholarship applications due to Sons of Norway Foundation:
  - Douglas Warne Rolf & Wenche Eng Scholarship
  - Helen Tronvold Adult Learner Scholarship\*
  - Helen Tronvold Folk High School Scholarship\*\*
  - o King Olav V Norwegian-American Heritage Scholarship
  - Lund Fund Scholarship\*\*
  - Oslo International Summer School Scholarship\*\*

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 Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting have been extended to 03/15/2021.

#### March 1, 2022

- Deadline Domestic scholarship applications due to Sons of Norway Foundation:
  - Astrid G. Cates Scholarship\*\*
  - Bernt Anker Scholarship
  - Dan and Betty Rude Scholarship
  - Myrtle Beinhauer Scholarship\*\*
  - Nancy Lorraine Jensen Memorial Scholarship\*\*
  - Orel and Marie Winjum Memorial Scholarship
  - Elaine Nelson Scholarship

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- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalsgive.org, are due to Membership Services at Sons of Norway Headquarters.
- Fraternal Funds packet is sent to the district treasurers.

#### May 15, 2022

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

# **Lutefisk dinner season is here!**

#### Sunday, November 21, 2021

Norse Valley 5-491 Lutefisk Dinner

4:30 pm cash bar, 5:00 pm meal

Liberty Hall, 800 Eisenhower Dr., Kimberly, WI.

Adults \$25, Children 7-12 \$10 and Children 6 and under, free.

Reservations at https://forms.gle/UbUuK5sszYWvrRKt7 by Wednesday, November 10.

Reservations are not confirmed until payment has been received.

Pay by Venmo sent to @lindahashsofn by Wednesday, November 10. Please include "Lutefisk Dinner" and your name. Any questions? Email norsevalley@gmail.com or call Sharron at 920-427-4877

### Saturday December 4th 2021

St. Olaf Lutheran Church

Rubicon, WI

920-474-7042

https://www.st-olaf.org/events/st-olaf-lutefisk-scandinavian-dinner-bake-sale/

#### 11 a.m. - 5 p.m.

Online ticket purchase available until Friday December 3rd at 3:00 pm.

Tickets will then be available at the door.

<sup>\*</sup>Insurance membership with Sons of Norway required

<sup>\*\*</sup>Membership with Sons of Norway required (social or insurance)

### Sons of Norway District 5 Cultural and Sports Grants Update!

**Purpose**: To promote and celebrate the culture of Norway and Nordic countries, grants are offered to District 5 Lodges to:

- increase and maintain membership
- expand programs to include all age groups
- reach out to members who can no longer attend meetings
- encourage participation in the cultural arts and sports programs

#### **Categories:**

- 1. Cultural and Sports Pins Shipping Grant award limit \$26 per District 5 Lodge per year.
- 2. **Small Project Grants** award limit up to \$200 per Grant (up to 5 awarded semi-annually)
- 3. **Matching Funds Grant** award limit up to \$500 (up to 3 awarded semi-annually)

#### **Guidelines:**

- Grants are offered only to Sons of Norway District 5 Lodges semi-annually.
- Lodges may apply for a Shipping Grant and either the Small Project or Matching Fund Grant in the same year.
- Awards are dependent on available funds.
- Grants are judged by members of the District 5 Board; including members of the Cultural & Sports Committees.
- Checks will be payable to the lodge making the application.
- Applications and required paperwork must be submitted to the District 5 Cultural Director.

#### **Application Deadlines and Awarding of Grants:**

- Spring application deadline March 1st; Grants awarded mid-April
- Fall application deadline **September 1**st; Grants awarded mid-October

#### **Grant Descriptions: Cultural and Sports Pins Shipping Grant**

- Grant is awarded to District 5 Lodges to help with the shipping cost of cultural and/or sports pins
- One Cultural and Sports Pin Shipping Grant up to \$26 can be awarded per year, per lodge.
- A copy of the shipping receipt (shipping cost circled) must be submitted with the application.
- Lodges may receive a Shipping Grant and apply for one of the other grants within the same year.

#### **Small Projects Grant**

- Up to \$200 each may be awarded to assist with Cultural or Sports projects.
- Lodges must submit a budget and detailed description of the project.
- Projects must take place during the time period described in the application.
- A follow-up report is due upon completion of the project, within a month of completion:
  - a. describe the outcome of the project,
  - b. include pictures and include receipts

#### **Matching Funds Grant**

- Up to \$500 in matching funds may be granted for assistance with large cultural or sports projects.
- Lodges must submit a budget and detailed description of the project.
- Projects must take place during the time period described in the application.
- A follow-up report is due upon completion of the project, within a month of completion:
  - a. describe the outcome of the project,
  - b. include pictures and include receipts showing how funds were matched

Grants will be judged by members of the Sons of Norway District 5 Board, including members of the Cultural and Sports committees.

# **Sons of Norway District 5 Cultural and Sports Grants**

### **Application Form - Cultural and Sports Pins Shipping Grant**

Lodge Name and I	Number:			
Contact Person: _				
Email:	Phone:			
Contact Address:				
Date(s) of pin orde	er(s):			
<ul> <li>No follow-</li> </ul>	· ·	nents are welcome.		
Lodge Name and I	Number:			
Contact Person: _				
Email:	mail:Phone:			
Contact Address:				
Grant Request:	Small Projects Grant	Matching Funds Grant		
Title of Project: _	Dates of Project:			

#### **Description and Budget:**

**Matching Funds Grant only:** 

- Attach a detailed description of the project written in less than 500 words.
- Include the budget for the project
- Explain how this grant will help promote Nordic culture, especially Norwegian culture.

Name of Matching Fund Source:

Contact: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**Report:** Upon completion of your project, you must send a report describing the outcome of the project. Include pictures which may be posted and receipts to show how the grant was spent and/or matched.

#### Submit applications and reports to:

Judy Ghastin, Sons of Norway District 5 Cultural Director 5810 North Meade Street Appleton, WI 54913

### 2022 Lodge Banner Contest at D5 Convention

The District Five Board of directors would like to encourage each lodge to create a lodge banner to display for publicity purposes during their lodge meetings, at their events, or to be displayed at District 5 Conventions. There are some specifications listed below to maintain a standard for the Lodge Banners throughout the 5<sup>th</sup> District.

We encourage each lodge to participate in this contest and display their Banners at the 2022 Convention, where the delegates will vote on them. If your lodge already has a banner that meets these specifications, please bring it to the convention. Three prizes will be awarded.

- (1) \$100.00 'People's Choice" gift card
- (2) \$50.00 'Honorable Mention' gift cards

#### **Banner Specifications**

- 1. Suggested finished size: 3' x 6'
- 2. Hang the banner vertically on a 1" dowel with two eye screws (one on each end).
- 3. Bring a base to hang the banner
- 4. Material: Use any material except paper.
- 5. The lodge name should appear somewhere on the banner.
- 6. The banner theme should relate to the individual lodge.
- 7. There is no limitation on the colors used.
- 8. Banners will belong to their respective lodges and will be displayed throughout the District Convention hotel.

#### See Resources:

Tips For Creating Hanging Benner

How to Make Telescoping Banner Stand

### How to make a telescoping banner stand/flag stand

A telescoping pole has two parts, one that fits inside the other. This makes the height adjustable and makes storage of the pole easier. A telescoping pole can be used for many things, including supporting tents, flying flags and mounting bird houses. A simple telescoping pole can be made from PVC pipe, some fittings, a drill and a ringed pin. The project takes only an hour or so and the pole will last a long time.

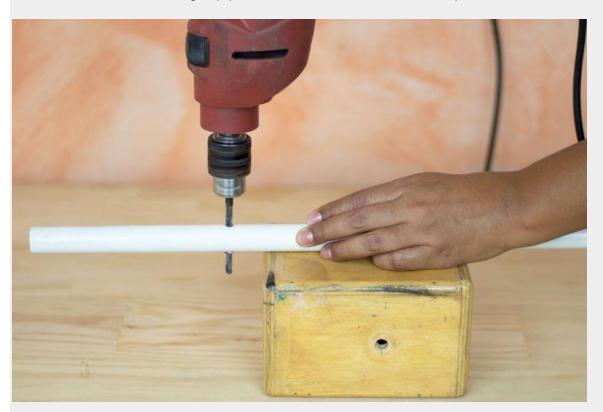




Ensure that the smaller pipe fits inside the larger pipe. It should slide and not be tight, but it should not wobble. If it does not slide smoothly inside the larger pipe, use an even smaller-diameter pipe.



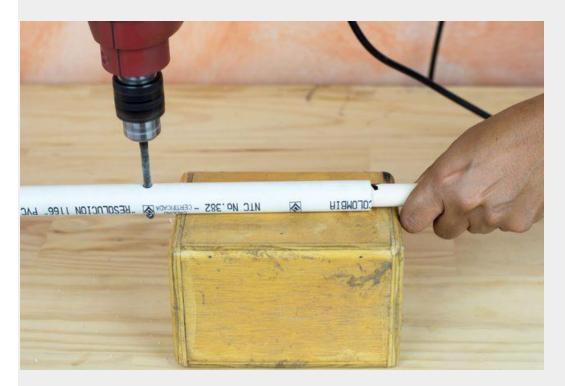
Mark a small X on the larger pipe about four inches from the top end.



Drill a hole through the middle of the pipe, making another hole on the opposite side. Be careful to make the holes even. They should be equal distances from the top and bisect the pole through the middle. Make the hole slightly larger than the ringed pin.



Mark a small X on the smaller pipe six inches from the bottom end. Make another X six inches above the first and another six inches above that.



Slide the smaller pole inside the larger one. Line up the first X on the smaller pipe with the hole you drilled in the larger one. Holding it firmly, drill through the smaller pipe while it is inside the larger one. The drilled holes should line up and allow you to insert the ringed pin all the way through both pipes.



Repeat Step 5 for each of the X marks on the smaller pipe. This will make the telescoping pole adjustable.



Insert four 2-foot PVC pipes into a five-way cross connector so that they form a foot for the pole. Slide an end cap on each pipe.



Insert the larger pipe you drilled into the fifth hole of the cross connector. Slide the smaller pipe inside and secure the height with the ringed pin. The telescoping pole is now finished.







### Velkommen til the Magic of Masse Moro - 2022!

Following a year of the pandemic, uncertainties, health restrictions, and much more, our young campers had an extremely awesome time at Masse Moro this past summer. We look forward to our forty-third year of sharing the enthusiasm and vitality of Masse Moro with our young campers.

The magic of Masse Moro will begin on **Sunday**, **July 17**, **2022** and end with a special program the morning of **Saturday**, **July 30**, **2022** at Beaver Creek Reserve in Fall Creek, Wisconsin.

Masse Moro provides an excellent opportunity for our youth ages 9 to 15 years of age. Our camp strives to fulfill the mission of Sons of Norway by preserving and promoting our Norwegian heritage. Campers do not have to be Sons of Norway members to attend camp.

Sons of Norway District 5 has strived over the years to keep our tuition lower than any other comparable camp. Unfortunately, as you are aware, our expenses have increased in the past few years. The rental of our camp facility, the increase in food expenses and paying our staff a more realistic salary have contributed to our decision to increase the tuition for 2022. The tuition will increase to \$1000 for our two week amazing Norwegian Heritage experience at Masse Moro.

The good news is that District 5 has approved an increase in matching grant funds for our campers. Campers who are members, or sponsored by a parent, grandparent or aunt or uncle who are members of a District 5 Lodge may be eligible for a matching grant up to \$250 toward their Masse Moro tuition. District 5 Lodges who are able to support the camper with a grant of \$250 will be matched by District 5 so the actual cost for these campers will be \$500. Campers are encouraged to reach out to their sponsoring Lodges to discuss their eligibility and offer assistance for fund raising opportunities.

With the increase in tuition costs for our campers; we would appreciate the financial support of our Sons of Norway Lodges and Members. If your Lodge is considering giving a gift to a deserving program, I encourage you to consider Masse Moro. If this is the wish of your members, please write a check to **Nordic Legacy Foundation** and indicate that it is to support **Masse Moro.** 

Masse Moro has been extremely fortunate to receive the wonderful support of District 5 and our Sons of Norway Lodges. We appreciate their support and that of our parents, grandparents and other sponsors of our young people.

Sons of Norway Lodges who would like to learn more about the "Day in the life of a Masse Moro Camper" are encouraged to contact me to make a presentation to your Lodge.

As a result of the talents, enthusiasm, and commitment of our Masse Moro staff we will again touch the lives of our young people by providing them a taste of their Norwegian heritage. We look forward to "Lots of Fun" this summer at Masse Moro. Tusen Takk from all of us at Masse Moro!!

Hilsen.

Sandra Olson
Sons of Norway District 5 Youth Director packerland@baldwin-telecom.net
651 208 3333







## MASSE MORO CAMP - July 17 - 30, 2022 . . . . VELKOMMEN!

The cost for our 2 week all-inclusive Nordic Heritage Camp is \$1000 Please include your \$100.00 non-refundable registration fee with this form. Complete (please print clearly) and mail the completed application materials to: Sandra Olson, District 5 Youth Director, 733 250th Street, Woodville, WI 54028

Contact Information: (715) 698-3433; e-mail: solsondist5@gmail.com

Make check to: **Nordic Legacy Foundation** or use the PayPal electronic option, available under <u>Admissions Information</u> tab on the <u>www.Masse Moro.org</u> website. Tusen Takk!

Sons of Norway Affiliation (please circle): Dis	strict 1	District	5 None	Other		
Name of Camper:			Date o	of Birth:		
Address:			Gende	r (circle)	Female	Male
City:		State:		Zip	Code: _	
Name of Parent(s) or Legal Guardian(s):						
Phone Number:		Contac	ct Name: _			
Work Contact:	Work Contact:Con					
E-mail:						
Norwegian Name at camp, if a previous attendee	:		_ Age as o	f first da	y of camp	
Sons of Norway Member/Sponsor Name:						
					Me	mber#
Name and Address of Lodge				Relations	ship to Cam	per
Authorized person to pick up child on last day of	camp? _				#	
Cabin request (name of friend or sibling):						
SELECT A SIZE OF CAMP T-SHIRT (adult	sizes onl	<b>y</b> ):				
Circle the best fit t-shirt size for your child:	S M	L	XL	2XL	. 32	XL
<b>DIET:</b> Traditional Diet Special Diet 1	Describe					
How did you hear about Masse Moro? (Circle all Relative Ad in Viking Mag Lodge Info		• .			Friend	
"I will do my best to be an active and cooperative	e participa	ant at Ma	sse Moro."	,		
CAMPER SIGNATURE:					DATE	
"I give my permission for Camp photos and vide Masse Moro."	eos of this	s child to	be used in	marketin		moting
PARENT/LEGAL GUARDIAN SIGNATURE	E:			DA	TE	

### IMPORTANT CAMPER INFORMATION – 2022



### (Camper must be at least 9 and under 16 years old on the first day of camp)



Please help your child to have an enjoyable and healthy camp experience by providing the answers to the following concerns. Thank you for assisting our counselors and staff in getting acquainted with your child and in meeting his/her needs more effectively. If necessary, please attach an additional sheet of paper detailing specific concerns.

NAME OF CAMPER:				Age on <b>JULY 17, 2022</b> :
Names and ages of camper	's siblings:			
Has this camper attended N	Aasse Moro befo	ore?	If so, when:	
Indicate the names of other	camps this chil	d has attended.		
Was their camp experience	positive?	Comments: _		
List any languages this chil	ld speaks			
Has this child traveled outs	ide of the U.S.	If yes, w	hen and when	re?
What skills or abilities doe	s this child wish	to learn at cam	ıp?	
Health/behavior concerns t	hat could affect	camp participa	tion:	
Please circle the items bel	ow that best do	escribes your c	hild:	
Personal Characteristics:	Outgoing Humorous	Inquisitive Confident	Moody Nervous	•
Physical Coordination:	Excellent	Good	Fair	Poor
Relates to Peers:	Very well	Adequately	With Diffi	culty
Relates to Adults:	Very well	Adequately	With Diff	culty
Sleep Habits:	Sound Sleep	er Restless Slee	per Sleep V	Valker

Previous Group Experiences: Scouting Music Sports  Other
Participates in Group Activities: Easily With Encouragement Reluctantly; Explain:
Indicate any activities that may cause stress or anxiety:Explain:
Known fears or weaknesses:
Special needs:
Please indicate any recent traumatic or other stressful event(s) that our counselors should be aware of:
Note: For us to better plan for your child's camping experience, please return by April 1, 2022







### Masse Moro Norwegian Heritage Camp July 17 - 30, 2022

### **Local Lodge Supporting Grant Endorsement \*\***

THIS ENDORSEMENT MUST BE POSTMARKED BY: May 17, 2022.

Please Note: Local Lodges provide varying amounts of support for their Masse Moro campers. District 5 will match the Local Lodge Supporting Grant up to \$250.00 per District 5 camper. Contact your Lodge's president to determine requirements and Supporting Grant amount. Tusen Takk!

### **Camper or Sponsor complete this section (please print):**

Camper Name:					
Address:					
City:		State: Zip Co			
Sons of Norway Member/Sponsor	Name:				
			Member #		
Name and add	ress of Lodge of Sponsor		Relationship to Camper		
E-mail:	ail:Phone Number				
The members of this applicant for Masse Moro – So	LOCAL LODGE ENDORS  Lodg	<b>SEMENT</b> ge, 5	, have voted to endorse		
Enclosed is check number	in the amount of \$	Date of	Application:		
Print Lodge President or Secretary	Signature Pho		ne Number of President/Secretary		
Make checks payable to:	Nordic Legacy Founda	ition			
Please include the camper	's name on the memo line of	the check.			
❖ THE ENDORSEMENT M	UST BE <b>POSTMARKED</b> BY	May 17, 20	22.		

**LODGES**: Please send this completed form and the accompanying supporting check to: Sandra Olson, District 5 Youth Director

733 250<sup>th</sup> Street

Woodville, WI 54028 E-mail: packerland@baldwin-telecom.net

### **Deadlines and Dates! Changes in red!**

#### **December 10, 2021**

 Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at <u>eber01dj@gmail.com</u>

#### **December 13, 2021**

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#### **DISTRICT FIVE LODGE MEETING**

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

#### INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31<sup>th</sup> to Sept 1<sup>st</sup> 2022, with first time delegates arriving on the 30<sup>th</sup> of August for the First Timers Training. Delegates will depart the 2<sup>nd</sup> of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

(ttps://youtu.be/S7TljcinVCU- Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

#### Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates
  are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

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#### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. Please feel free to cut and paste any of this information for your lodge's use!

Send all web posting info and calendar dates/events directly to our webmaster at <a href="inputd5@sonsofnorway5.com">inputd5@sonsofnorway5.com</a> With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to <a href="inputd5@sonsofnorway.com">inputd5@sonsofnorway.com</a> as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com