

Friendly Fifth Friday News

May 8, 2020

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

Fly your Norwegian colors and support the SON District 5 Nordic Legacy Foundation

When Norway became a sovereign nation in 1821, the Stortling adopted a flag with the Nordic cross, similar to other Scandinavian countries. In the early 1800's, some countries were forming republics to better represent its citizens, and the red-white-blue of France and the United States flags influenced Norwegian flag creator Fredrik Meltzer to include those colors in the flag design. At the end of WW II, Norwegians flew their national flag banned by the Nazis as a celebration. The Norwegian flag is flown on these holidays:



- Jan. 1 - New Year's Day
- Jan. 21 - Princess Ingrid Alexandra's birthday
- Feb. 6 - Sami National Day
- Feb. 21 - King Harald V's birthday
- Easter
- May 1 - Labor Day
- May 8 - Liberation Day
- May 17 - Constitution Day
- Whitsunday (8th Sunday after Easter)
- June 7 - Union Dissolution Day
- July 4 - Queen Sonja's birthday
- July 20 - Crown Prince Haakon Magnus' birthday
- July 29 - Olsok (in memory of King Olav Haraldsson)
- Aug. 19 - Crown Princess Mette-Marit's birthday
- Sept - 2nd Monday (every 4 years) - General Election
- Dec. 25 - Christmas

According to the Norwegian flag law of 1898 (updated in 1927) the Norwegian Flag is raised at 8 AM, between March and October, and at 9 AM in winter months. The flag is lowered at sunset, but no later than 11 PM during the "midnight sun" times. In the far north parts of Norway, in the winter, the flag is only flown between 10 AM and 3 PM.

ORDER FORM - NORWEGIAN FLAG (3x5 foot, 210 denier Oxford nylon with 4 rows of edge stitching on fly edge, designed for frequent outdoor use)

- \$ 30 - one Norwegian flag (includes shipping)
- \$100 - four Norwegian flags (includes shipping to one location)
- \$250 - 12 Norwegian flags (include shipping to one location)

Please make your check out to "SON D5 Nordic Legacy Foundation"

Name: _____

Address: _____

City/St/Zip: _____

Email: _____ Phone: _____ Lodge: _____

Send your order to Mike Palecek, SON D5 treasurer, 5747 Sandy Lane, Racine WI 53406. c: 262-497-2761
e: mikep@sonsofnorwayracine.com. **Proceeds will be used to support Masse Moro & other District 5 Nordic heritage programs.**

Welcome Anne Olson- new SN Foundation Director!



Anne Olson – Director of the Sons of Norway Foundation

Anne graduated to the University of Wisconsin – Madison and has been working in the nonprofit field primarily in fundraising and marketing since 2012, most recently as the Development and Public Relations Director at COA Youth & Family Centers in Milwaukee, Wisconsin. Anne grew up in Minnesota with Scandinavian roots as her paternal grandfather emigrated from Sweden at a young age and most of her family tree originated from Sweden and Norway. She is excited to be with Sons of Norway and work with lodges and members everywhere to further the mission of the Foundation.

Inventory items to distribute

As lodges close or from a variety of sources, some items have found their way to District Secretary Darlene Arneson's home! If your lodge can use any of these things, please contact Darlene Arneson at arnesonfamily5@gmail.com and we'll figure out a way to get them to you!

April 25, 2020 update

Item	Quantity	Description
Song folders	47	Pocket folders with an assortment of sheet music
Sons of Norway song books	67	Older blue SN song books (solid blue cover)
Gavel	1	Brown gavel and box
Folder of music	1	Assorted sheet music
New SN song books	2	The newer Terje Solheim song book
SN Song books with green trim	2	Older SN songbook that had the green trim
Joy of Connecting DVD	2	Promotional DVD about SN

Just to clarify...

I had a few emails asking about the directive from the International that the International and District Boards continue until 2022 when we have the next set of conventions. That is ONLY for District and International Boards and DOES NOT affect your lodge officers at all!

The delegates that your lodge elected to represent them in LaCrosse in 2018 will continue on as District 5 Lodge members and if we need to go to the delegates for any action, that is the group we have to go to. They will serve until the 2022 District 5 Convention. I had one correction on my original post: We will ask lodges to elect delegates based on the year-end adult member totals in January 2022 (I had incorrectly put 2021 on the original notice).

990 filing must be done by May 15, 2020

- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

Submission of the 990 The IRS requires lodges to file a 990 (Form 990, 990 EZ or 990N) by May 15 every year. The lodge EIN number is necessary to complete this filing.

Treasurer Instructions will be included with the D17 information sent from headquarters, and can be found on the IRS website. For lodges with less than \$50,000 in gross receipts, a 990-N (e-Postcard) must be filed electronically. For lodges with gross receipts in excess of \$50,000, a form 990EZ or form 990 must be filed.

Celebrate Syttende Mai at Home-

<https://www.sofn.com/blog/celebrate-syttende-mai-at-home/>



Syttende Mai is a celebration of Norwegian culture and coming together with family and community. In a time when in-person parades and parties are on hold, you can find ways to celebrate Syttende Mai while maintaining a safe physical distance. Here are some ideas for a home-based celebration:

Festive foods

Go classic: Eat hot dogs wrapped in lefse and consume as much ice cream and soda as you like

Get fancy: Make brunch with cold cuts, cheese, smørbrød and waffles, and serve it with sparkling juice or champagne

Make a kransekake or other cake and decorate it with Norwegian flags

Virtual parade

Wave flags to this recording of last year's Oslo parade, and chime in with "Hipp-hipp! Hurra!"

Take in a bunad fashion show

Sing "Ja, Vi Elsker" with Det Norske Solistkor

Watch a band performance and give a virtual wave to the Royal Family

Celebrate your heritage

Fly the Norwegian flag – the more, the better

Learn the patriotic song that Sons of Norway is named after

Read up on the history of the signing of the Norwegian constitution

Have some fun

Take a quiz about Norway

Read facts about Syttende Mai

Learn some basic Norwegian phrases

Community pride

Clean up your street or your park

Plan a volunteer activity for your lodge to do once you can meet again

What are you doing to mark the holiday at home?

Share your ideas on Sons of Norway's Official Facebook Group.



They're Baaaaaack!

Migratory birds of many species are winging their way back to or thru Wisconsin in search of summer breeding grounds. Just this week orioles and hummingbirds have made their presence known. During migration, they must stop to feed and rest at what are known as stopover sites, the bird equivalent of air B & Bs! Migratory birds, many weighing less than half an ounce, travel hundreds to thousands of miles to reach their desired destinations.

Knowing that many of our members are avid gardeners, the idea of watching their feathered friends has become second nature. Some birds are pollinators helping to enhance the beauty of the garden. Others are songbirds providing a melodious sound, many choosing either early morning or late afternoon for their calls.

Others can be heard sending out a mating call. Territorial displays can be seen between males of a species. If an established territory of a species exists, those birds that are migrating thru get the message that they are not welcomed and move on to establish their own area!

Some birds like the one shown here, the common mourning dove (*Zenaida macroura*) can be found nesting in trees or around one's home. Their objective is to blend into their surroundings. If you can see this picture in color, you will notice that the head and neck features of this bird are similarly colored to the bricks on the house. Tusen takk til Jon and Jane Grinde for sharing this photo from their home in Madison, WI.



I will be establishing a place for posting your bird photographs on the District 5 webpage: www.sonsofnorway5.com Please send your pictures to me for posting and include the species of bird in your picture. Since we have such a wide territory in District 5, we should get to enjoy an enormous amount of bird species with the photos.

Do you have a tried and true method of attracting birds to your yard? Have you found a special mix to feed your hummingbirds or orioles? Please share it.

On the contrary, has a nuisance bird visited your home or yard? How have you encouraged it to move along to greener pastures?

Please send your postings to:

Cheryl Wille-Schlesser
Sports and Recreation Director
rogrcher@mhtc.net
608-219-4464

Nordic News

Norwegian-Americans in Michigan: A Short History was the topic for this week's Nordic News "radio" show. You can watch the presentation at:

<https://transcripts.gotomeeting.com/#/s/5058baf48cca7ffade131989450f8de48f480248b3265fe2a7a53936008bd2e7>

Presenters were: Dennis Flessland, Mary Morehead, Bob and Louise Giles from Norkap lodge in Detroit and Ruth Wieland from Nordlyset lodge in Racine.

Dennis Flessland is an Honorary Counsel for Norway. Dennis talked about his duties, such as aiding Norwegians who have lost their passports while visiting the United States. In the Q&A period, one District 5 member asked Dennis to describe King Harald V and Queen Sonja. Dennis said that Queen Sonja is very personable and conversational. King Harald has a dry sense of humor. When he was an elementary aged boy, King Harald lived in Washington DC during World War II and became a big baseball fan. Dennis said "King Harald is probably about the only person in Norway who really understands the sport."

Christina Fairchild from Valhalla lodge in Rockford, Illinois, was our District 5 "official" guest this week. Christina talked about the D5 Scandinavian Photo Contest and gave us a tour of portions of the District 5 website (www.sonsofnorway5.com), where the contest rules are and entry forms can be downloaded. We got to see the photo gallery where all the entries are displayed. Christina said that there is still almost two months to get entries in. Deadline is July 4. Thirteen D5 members have already entered the photo contest.

Next week's (May 12) Nordic News will feature a presentation on "Project Hermott/Thams Pavilion" by Cheryl Wille-Schlesser. Cheryl will talk about the replica stave church which was Norway's exhibit at the 1893 Chicago World's Fair, which found its way to Little Norway, near Mount Horeb, Wisconsin. When Little Norway closed in 2012, there was a movement in Norway to bring the stave church back to Norway. Vennelag lodge traveled to Norway for the re-opening of the stave church.

Nordic News is on Tuesday nights at 6:20 PM (Central), 7:20 PM (Eastern).

The best way to view Nordic News presentations is via your Macintosh or PC at: <https://gotomeet.me/SofN-D5>. You will be prompted to load a small application on your computer.

If you want to watch from an iPad, iPhone or smartphone or tablet, go to the Apple or Google Play store and download the GoToMeeting app. Once you have opened it, enter the meeting: SofN-D5.

You can listen on your phone. Call 646-749-3112 and enter access code: 509-077-557

2020 District 5 and International Calendar and Deadlines

Changes in red!

May 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

May 12, 2020

- Nordic News- Norwegian-Americans in Michigan (by Norkap lodge in Detroit MI) at 6:20 PM Central time

May 15, 2020

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.
- D17 & 990 filing deadline for lodges that own property

June 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

July 5, 2020

- Deadline for submitting photos for the **District 5 Scandinavian Photo Contest**

July 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

August 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

September 2020

- Lodge liability premium sent to all lodge treasurers. This package includes information regarding the coverage, a certificate of insurance for the lodge and an invoice for the lodge's share of the premium.
- September 10 – Foundation Board of Governors applications due. If you are someone who loves nonprofits, governance and your Nordic values, running for a Foundation board position may be a perfect fit!

September 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

October 2020

- Lodge Officer Update/D63 form and instructions is mailed to lodge secretaries.
- The Sons of Norway Foundation portal is available for lodges and individuals to apply for grants and scholarships.
- Lodge Achievement, Family Lodge of the Year and AFA Year-end report forms and instructions is mailed to lodge secretaries.
- Lodge Baneløpet Coordinators are encouraged to contact Sons of Norway Headquarters to discuss plans for anticipated events.

October is Foundation Month

- Help support our grant and scholarship recipients and share your Nordic values by celebrating Foundation month! Please consider a donation directly to the Foundation or plan a fundraising event through your lodge.
- October 1 Grant applications open – Our lodge grants award amounts go up to \$500-\$1,500 depending on a lodge's project.

- October 1 Scholarship applications open – Scholarship opportunities start at \$1,000 with an average scholarship of \$3,000.

October 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the ‘Viking’ Magazine consideration in the edition three months out.

October 15, 2020

- Lodge liability premium is due to Sons of Norway Headquarters.

November 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the ‘Viking’ Magazine consideration in the edition three months out.

December 2020

- D17 and D18 forms, instructions and timeline sent to lodge treasurers.

December 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the ‘Viking’ Magazine consideration in the edition three months out.

December 15, 2020

- District 5 Sports Challenge ends

December 16, 2020

- Application deadline for:
 - Community Partnership Grant applications are due to Sons of Norway Foundation.
- Date that new member applications (paper forms) must be **received** at HQ to ensure processing in time for end-of-year delegate calculation and recruitment challenge recognition. (Online applications may be submitted through December 31.)

December 31, 2020

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Last day to enter new membership applications into the database for delegate calculations and 2019 recruitment challenge recognition. (**Paper applications should be received at headquarters by December 15** to ensure adequate time for processing.)
- Application deadline for:
 - - Lodge Helping Hands to Children Grant*
 - Lodge Culture and Heritage Grant*
 - Lodge Vitality Grant*
- Deadline to order Barneløpet supplies.

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting in 2022 in Madison, Wisconsin. Hotel to be determined.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022. The location has not been announced.

Viking Chest Rotation

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

Time period	Zone with chest
October 2019-April 2020	5
April 2020-October 2020	2
October 2020-April 2021	4
April 2021-October 2021	6
October 2021 – April 2022	1
April 2022 – October 2022	3

Zone Meeting Schedule 2020

Zone	Date	Hosted by	Location
1	Thursday, Feb 20 at 1:15	Zone 1 Directors	Veterans Community Center, Hayward during the volunteer reception after Barnebirkie
2			
3	Sat. January 25	Mandt Lodge	Stoughton, WI
4			
5			
6			

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 25-28 at the Radisson Hotel, Grand Canyon Drive, Madison hosted by Idun Lodge.
- The International Sons of Norway Convention will be August 19-23, 2020 in Ringsaker Norway

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me

included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by Wednesday night. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com