

Sons of Norway District 5 - Friendly Fifth Friday News

May 3, 2024

A District Weekly Newsletter to Keep Us Up to Date!

Stamps!

If your lodge is still collecting stamps, feel free to send them along with your delegates to Indianapolis! We will give them to the Scandiana delegates and then Darlene Henderson will connect with the Sisters at St. Mary's College! Doesn't matter if they are trimmed or not! To learn more about them, visit **Sisters at St. Mary's College in Nortre Dame, South Bend, Indiana at** <https://www.cscsisters.org/big-dividends-little-stamp/>

Another option for stamps (if you want them to go to TUBFRIM) that was emailed to Darlene: "I'm going to send in stamps at the end of May, so anyone who has collected stamps for Tubfrim can bring them to the May book club meeting or our general meeting or send them to me at 10602 Camp Phillips Road, Mosinee, Wisconsin 54455. Thank you, Kathleen Westlund".

Convention Hotel- Block is full!

HOTEL ROOM NOTICE: The Sons of Norway block of rooms and some additional rooms have sold out. Please explore the various online booking options available to reserve a room. Judy Ghastin, Chair

How to calculate the distance your lodge's goal:

Distance from where your lodge meets to Chetek Lutheran Church
1419 2nd Street
Chetek WI 54728

_____ miles

+ Distance to Faith Lutheran Church, 39 Jamestowne Road Farragut, TN 37934 (912 miles)

+ Distance to the hotel in Indianapolis (376 miles)

Record the total number of miles at the end of the challenge.

_____ + 912 + 376

= _____ miles (your goal)

Sport Challenge Ends May 19!!

A member sports challenge was approved by the D5 Board at our recent fall board meeting and in advance of the June convention in Indianapolis.

The Board encourages our members to exercise via the mode they prefer. Hike, bike, walk, snowshoe, ski, or swim your way to Indianapolis! Keeping ourselves healthy and strong is the goal. Fight off the winter doldrums and create a new you in 2024! The challenge will run from October 19, 2023, to May 19, 2024. Local sports directors can plan specific outings for their lodge, or individuals can chart their own course. Choose a warm time of the day and simply GO FOR IT! Another perk, members can also earn Sons of Norway sports medals in the process.

If your lodge is planning a friluftsliv event, include the challenge as part of your day! *Keep track of your miles and submit them to your lodge's sports director or give them to your lodge president for recognition.

Participants could be recognized at your Syttende Mai banquet or May lodge meeting. We will also acknowledge members at the 2024 District 5 Convention. Their names will be posted to the D5 webpage, and they will receive a participant **award from their local lodge. A template will be provided.**

The route:

All participants will begin by leaving their residence and heading to our northernmost lodge geographically, Dovre Lodge, in Chetek, WI. They meet at Chetek Lutheran Church. Then They will redirect themselves to our southernmost lodge, Vikings of the Smokies Lodge, in Knoxville, TN. They meet at Faith Lutheran Church. Lastly, participants will head for the finish line in Indy and so calculate the miles to our convention hotel!

Cheryl Wille-Schlesser
District 5 President and Interim Sports Director
cwschlesser200bc@gmail.com



**District 5 Sport and Recreation Challenge for the 2024 Convention
Tracking Sheet**
Miles accumulated from October 19, 2023, to May 19, 2024

Name _____ Lodge _____ Phone _____

Address _____, City _____ St _____ Zip _____

Email _____ Goal (in miles) _____

Date	Miles	Date	Miles	Date	Miles

Total for this sheet _____ If this is the final sheet, your grand total _____ miles.

Don't wait to file your 990's- start today in case you have issues!

This is an IRS form so if your treasurer or whoever is filing the form has issues, they need to contact the IRS for help! SN volunteers and home office staff can give limited help! Start now!!

Don't forget to send a copy of your confirmation to taxinfo@sofn.com.

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

990

All US lodges must complete a 990 form by **May 15**. Please send a copy of your confirmation to taxinfo@sofn.com.

Please go to the IRS website to view the user guide: [IRS Form 990-N Userguide \(irs.gov\)](https://www.irs.gov/irm/part33/33101r01_01.pdf).

You can also call **877-829-5500** to contact the IRS regarding non-profit organizations and speak to someone.



**WANTED: HEAD COOK
MASSE MORO NORWEGIAN HERITAGE CAMP**

Contact Youth Director LISA ROVE-WILLIAMS at rovewilliams@comcast.net for more information!

Due May 17



**Masse Moro Norwegian Heritage Camp
July 14 - 27, 2024**

**** Local Lodge Supporting Grant Endorsement ****

THIS ENDORSEMENT MUST BE POSTMARKED BY: **May 17, 2024**

Please Note: Local Lodges provide varying amounts of support for their Masse Moro campers. District 5 will match the Local Lodge Supporting Grant up to **\$250.00** per District 5 camper. Contact your Lodge's president to determine requirements and Supporting Grant amount. Tusen Takkl!

Camper or Sponsor complete this section (please print):

Camper Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Sons of Norway Member/Sponsor Name: _____ Member # _____

Name and address of Lodge of Sponsor Relationship to Camper
E-mail: _____ Phone Number _____

Campers: complete the above information, then send this form to your sponsoring lodge for further processing.

LOCAL LODGE ENDORSEMENT

The members of _____ Lodge, 5-_____, have voted to endorse this applicant for Masse Moro – Sons of Norway District 5 Norwegian Heritage Camp for the 2022 season.

Enclosed is check number _____ in the amount of \$ _____ Date of Application: _____

Print Lodge President or Secretary Signature Phone Number of President/Secretary

- ❖ **Make checks payable to: Nordic Legacy Foundation**
- ❖ **Please include the camper's name on the memo line of the check.**
- ❖ **THE ENDORSEMENT MUST BE POSTMARKED BY May 17, 2024.**
- ❖ **LODGES: Please send this completed form and the accompanying supporting check to:**
Lisa Rove-Williams, District 5 Youth Director
771 W Dresser Rd
DeKalb, IL 60115
E-mail: rovewilliams@comcast.net

Calendar of Events, Deadlines, and Other Dates to Note (changes in red)

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

May 17- Masse Moro Lodge Supporting Grants Due

May 19- District Sports Challenge Ends

May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates **THE HOTEL BLOCK IS FULL**

May 20- Viking photos due to LaVonne Wier

June 19-22- District Five Lodge Meeting and Convention in Indianapolis

June 20- Viking photos due to LaVonne Wier

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhagen (ATuchenhagen@sofn.com).
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use sales@sofn.com

Viking Chest / Immigrant Trunk Schedule

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.

- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com