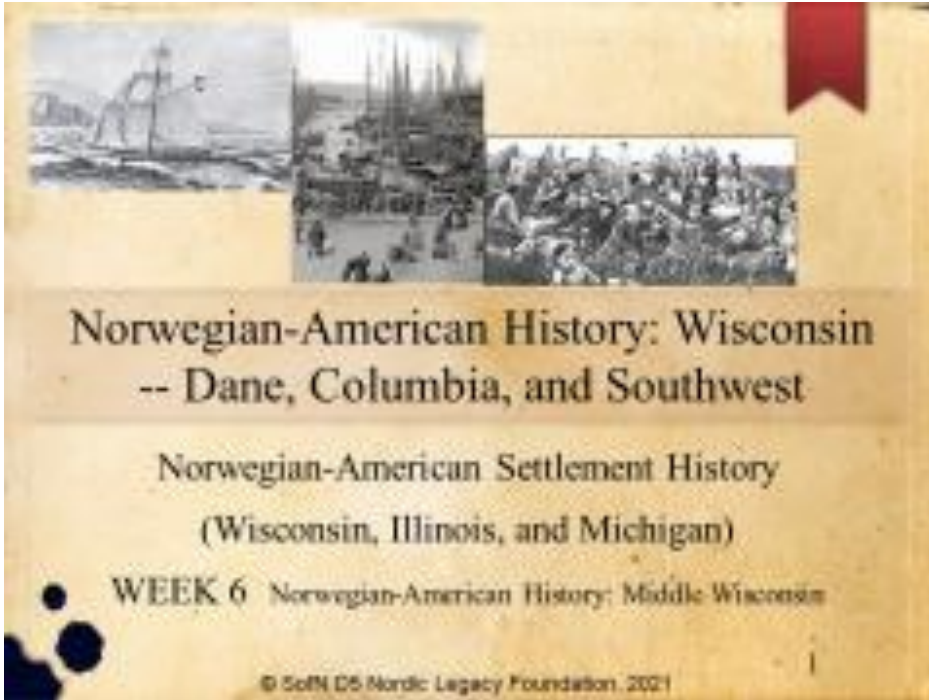


## Friendly Fifth Friday News March 5, 2021

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

---

From Mike Palecek



The **D5 Norwegian-American settlement history course** continues to grow with 86 D5 members enrolled. Some members have joined from as far away as Washington state, Arkansas, and Texas, and who belong to D5 lodges.

**MOVING FURTHER INTO WISCONSIN.** Learn how Norwegian-Americans settled further into Wisconsin as government surveys were finished and land opened up for settlement. You will learn about the development of the Wiota lead mining settlement (LaFayette co), and stories about the first pioneers and what they encountered in Green, Dane county (after Koshkonong), Columbia county. Pine Lake (Waukesha), Ashippun (Jefferson), Wincester (Winnebago), Mount Morris (Waushara), Indianlandet (Waupaca/Portage).

You can also watch the recorded sessions, **posted the Friday after each class is over** at: [www.sonsofnorway5.com/programs/norwegian\\_american\\_history.php](http://www.sonsofnorway5.com/programs/norwegian_american_history.php)

===

## Lodge treasurers – you gotta’ jump through this hoop to get paid

By now, you have probably heard that you need to submit the ACH (Direct Deposit) payment form and a cancelled check to the Sons of Norway Fraternal Department, in order to get future dues payments.

Yes, I hear you, if you’re thinking “I wish they didn’t move my cheese.” As a treasurer myself, I have to remember that I like those dues checks coming in every month, so if filling out this form and sending it in with a voided check is what it takes, I am going to do it.

If you don’t get it in by May 15, you WON’T lose your dues payments, they just won’t be paid out until you send in the form and your cancelled check. So, for me, I’m printing my form out today and sending it in.

How to find the numbers? These numbers are in different order on different types of checks, but they are always on the bottom of the check.

The image shows a sample check from Central Valley Community Bank. At the top left, the payor's name is JOHN DOE, with address 1234 MAIN ST, FRESNO, CA 93711. The amount is 1234. The check number is 1234. The account number is 5678900000. The routing number is 121137726. The check number is 1234. The account number is 5678900000. The routing number, check number, and account number are highlighted with red boxes and lines pointing to labels below the check: Routing No., Check No., and Account No.

The **routing number** is a “9-digit routing number” with no space in the number.

The check number is obvious, because the check number on the bottom will match the check number at the upper right corner, but might have a couple extra 00 on the front of it.

You can **verify** your **account number** by looking at an old bank statement or deposit ticket. A deposit ticket will list the last four digits of your account number... then match it up to the right number on the check.

If in doubt, have a check in hand and give your bank a call.

Sorry for the hassle, but it is nice to know that in the future you will get your dues payment as quickly as possible, via direct deposit.

SEND your completed “Automated Clearing House (ACH) Authorization Form” and cancelled check to:

**Sons of Norway International, Fraternal Department**

**1455 W. Lake St., Minneapolis MN 55408**



**Automated Clearing House (ACH) Authorization Form**

**This form used for Lodge / District Dues and miscellaneous lodge payments**

Lodge Name : \_\_\_\_\_

Four Digit Lodge Number: \_\_\_\_\_

Bank Name: \_\_\_\_\_

Formal Name Bank Acct: \_\_\_\_\_

Bank ACH Routing Number : \_\_\_\_\_

Bank Account Number: \_\_\_\_\_

Account Type (check one)  Checking  Savings

(when possible, please submit with a voided check or copy of voided check)

I am an authorized signor on the above bank account and confirm authorization for Sons of Norway to remit lodge dues and other lodge related payments to the banking information within this form.  
Lodge Deposits Funds held by Sons of Norway for investment purposes remain a separate payment process.

\_\_\_\_\_  
Authorized signor of the bank account printed name

\_\_\_\_\_  
Authorized signor of the bank account Signature

\_\_\_\_\_  
Date

## Lodge Dues Payments- <https://youtu.be/5beEDhkuGV0>

In this week's video, David Crabb explains how to transition from making monthly lodge dues payments by check to making them through an electronic direct deposit.

**D-17 financial form** – This annual form is due to the International Office on March 15, 2021. If your lodge is having trouble filling it out, don't wait until the last minute... give Mike Palecek, D5 Treasurer, a call at 262-886-5547.

-----

**Need some ideas for lodge programming?** You must log in to access these but check them out! Don't forget about these resources to help with your lodge meetings! Some are oldies but goodies and many have been updated!

### **Information Bank-**

[https://www.sofn.com/member\\_resources/cultural\\_programming/information\\_bank/](https://www.sofn.com/member_resources/cultural_programming/information_bank/)

[Home](#)>[Member Resources](#)>[Cultural Programming](#)>Information Bank



These are just some of the cultural topics you can explore in these downloadable pdfs covering various aspects of Norwegian customs and culture. Satisfy your curiosity, incorporate the content into a lodge program or newsletter, or share these topics with children and grandchildren: there's more than one way to enjoy this Sons of Norway cultural resource.

Looking for even more lodge ideas? Be sure to visit [Lodge Programming](#) for mini-presentations, Just for Kids and more.

### ***Children and Youth***

- [#209](#) Some Norwegian First Names (Updated 2013)
- [#210](#) Information on Norway for Children (Updated 2013)
- [#211](#) Scandinavian Study in Norway and North America (Updated 2010)

### ***General***

- [#212](#) Genealogy Guide (Replacing #212 Basic Genealogy Information)
- [#213](#) A Summary of the Norwegian Almanac (Updated 2013)
- [#217](#) Norwegian Folklore (Updated 2013)
- [#222](#) The Family Tree-Viking Articles
- [#223](#) Summarized History of Norway
- [#224](#) Norwegians and Norwegian Americans of Importance (Updated 2012)
- [#225](#) A Brief History of Sons of Norway (Updated 2010)
- [#226](#) The Sons of Norway Logo (Updated 2013)
- [#227](#) Language in Norway (Updated 2013)
- [#228](#) Norwegian Immigration to the United States
- [#229](#) Informasjon på Norsk om Slektforskning
- [#230](#) The Saint and King, Olav of Norway (Updated 2013)
- [#231](#) WWII and Norway's Resistance (Updated 2014)
- [#232](#) Bersvend Ole Draxten – Sons of Norway's First Supreme President
- [#231](#) Viking Games

### ***Holidays & Special Events***

- [#201](#) Syttende Mai (Updated 2011)
- [#204](#) Norwegian Christmas (Updated 2013)
- [#216](#) Norwegian Christmas Carols

[#218](#) Norwegian Wedding (Updated 2013)

[#220](#) God Påske! Happy Easter! (Updated 2013)

### **Literature**

[#208](#) Norwegian Proverbs (Revised 2011)

[#214](#) Norwegian Poetry and Poets

### **Traditional Art and Costumes**

[#203](#) Bunads (Revised 2013)

[#205](#) Hardanger Embroidery (Updated 2011)

[#206](#) Woodcarving (Revised 2013)

[#207](#) Rosemaling (Revised 2011)

## **Idea Bank-**

[https://www.sofn.com/member\\_resources/cultural\\_programming/idea\\_bank/](https://www.sofn.com/member_resources/cultural_programming/idea_bank/)

**Strong programming is a key to success for lodges. Not only does offering a variety of fun and informative programs positively impact on your lodge recruitment and retention efforts, it can also be a great community awareness tool.**

[Home](#)>[Member Resources](#)>[Cultural Programming](#)>Idea Bank

Our Idea Bank is a great resource when it comes to providing fresh, fun and engaging activities for members of all ages.

Want to download an overview of this page and all the program ideas? Get it here.

### **Awards and Honors**

These ideas make it easy to acknowledge and honor the efforts of lodge members.

[#3](#) Honor Your President – a successful social

[#7](#) Honor Your Members – a “Miss/Mr. America” program for your members

[#14](#) Tusen Takk Award – a program & certificate to award outstanding members

[#16](#) Procedures for Welcoming New Members

## **Children and Youth**

Look here for program ideas developed especially for youth.

[#1](#) How to Start a Heritage Day Camp

[#2](#) How to Start a Viking Oriented Youth Club

[#23](#) Immigration Play for Children

[#24](#) Preserving a Heritage – an interviewing project with children/adult interaction

[#40](#) Manual for Planning a Baneløpet- Planning a children's ski race

- [Baneløpet Risk and Release Form](#)
- [Baneløpet Supplies Order Form](#)

[#59](#) Project Framtid – The Sons of Norway Project Framtid Program creates a partnership between lodges and schools. The objective is to enrich the scholastic, cultural and community experiences of school-aged children.

## **Festivals and Special Events**

Looking to host a large-scale event that could become the highlight of the year? We've got ideas right here.

[#5](#) A Heritage Festival

[#6](#) Leif Erikson Day Celebration

[#8](#) Norwegian Frokost/Brunch

[#15](#) Santa Lucia Service

[#27](#) Winter Games – weekend festival

[#31](#) Nordic-American Thanksgiving Breakfast

[#36](#) Planning a Major 17. Mai Event – May 17th, Norway's Constitution Day

[#37](#) How to Plan a Heritage Dinner

[#44](#) How to Plan a Family Reunion

[#46](#) Sons of Norway Viking Boats & Regatta

## **Foundation**

Unique ways to promote the importance of the Foundation and fundraising programs for members.

[#18](#) Scholarship Night Program

[#28](#) Sons of Norway Foundation Skit, "A Coin A Day"



[#49](#) A-Coin-A-Day the North Dakota Way – skit

## **Fundraisers**

Program ideas for earning extra money for your lodge, scholarship funds and more.

[#13](#) Viking On A Stick Fundraiser (Revised 10/2010) – selling batter dipped meatballs

[#38](#) Norskies – selling fried dough with cinnamon

[#56](#) Hand-Knit Watch Cap and Scarf – selling hand-knitted items

## **Games**

Gather around – these games are perfect as stand-alone activities or part of a larger lodge event.

[#12](#) Norwegian Bingo

[#17](#) American Heritage Game – identifying characters from American history

[#32](#) Tug of War

[#65](#) Hnefatafl

## **Stave Church Trivia**

- [PowerPoint Quiz](#)
  - [Directions and answer key](#)
- [Non-PowerPoint Quiz](#)

## **Miscellaneous**

Don't miss these ideas for promoting your lodge, informing members about modern Norway and more.

[#11](#) A Bouquet of Great, Little Ideas

[#20](#) How to Submit an Idea for the Idea Bank

[#21](#) How to be a Guest Speaker at a Local School

[#22](#) Press Release & Public Service Announcement (Revised 10/2010)

[#42](#) Norwegian Fortune Cookies & Basket Social

[#43](#) Ellis Island Evening – a social celebrating Norwegian immigration

[#52](#) Counties in Norway

[#53](#) Norge I Dag (Norway Today) Panel Discussion

[#55](#) Internet News From Norway for Lodge Newsletters



#64 Dugnad: Workday

## **Organization**

Ideas for strengthening relationships with lodge members.

#9 How to Hold Cultural and Heritage Classes

#10 Lodge Year Mini-Directory

#45 New Member Interest Questionnaire

#50 The Book that Blossomed – a pictorial lodge directory

## **Skits**

Skits are a popular way to get your members actively involved in lodge programs –some of the options here were written by other Sons of Norway members.

#4 This is Your Life Skit – a program to “star” one of your members

#19 American Fever – an audience participation play

#25 Skits for Fun & Learning – text using Norwegian & English

#26 Christmas Memories – a lodge play

#29 The Troll & the Leprechaun Skit

#34 About Nisse & Other Matters Skit

#35 Christmas in Norway – script & songs

#39 The Unfinished Saga Skit

#47 Viking Dinner Fantasy

#51 About Norway’s National Anthem

#57 The Enemy of the People

## **Mystery Play**

### *Promotion Materials*

#### **Promotion Guidance**

1.

1. [About Promoting a Mystery Night Play at Your Lodge](#)

#### **Posters**

1.

1. [The Beginning of the End](#)

2. [Death Knocks Again](#)
3. [The Ambassadors Come to Dinner](#)

**Flyers**

1.
  1. [The Beginning of the End](#)
  2. [Death Knocks Again](#)
  3. [The Ambassadors Come to Dinner](#)

**Tickets**

1.
  1. [Save the Date / Guest Tickets](#)

*The Play*

**Background & Guidance**

1.
  1. [Background & Guidance for Putting On a Mystery Night Play](#)

**Scripts**

1.
  1. [The Beginning of the End](#)
  2. [Death Knocks Again](#)
  3. [The Ambassadors Come to Dinner](#)

**Genealogy Resources**

[https://www.sofn.com/member\\_resources/genealogy/](https://www.sofn.com/member_resources/genealogy/)

**Sons of Norway has created guides to help you get in touch with your Norwegian heritage. We believe the history of a nation and the nature of its culture are best described through the stories of its people.**

[Home](#)>[Member Resources](#)>Genealogy

As you dive into your research, you'll get to know your ancestors – who they were, where they came from and what they did with their lives.

The Sons of Norway Genealogy resources will help you through this process with insights to Norwegian society, names, language and more; while also providing lists of additional resources, organizations and websites. Enjoy the journey – we'd love to hear what you learn. Download your copy of the [Genealogy Cultural Skills Program](#).

More helpful resources for your genealogy study include: [Cultural Skills Program Overview](#)



**Genealogy Guide**

## **Deadlines and Dates!** **Changes in red!**

### **Nordic News Weekly Program- Every Tuesday night**

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

---

#### **March 4 - April 8, 2021**

- Virtual Hardanger Class on Thursdays from 6:30 to 8:00pm

#### **March 15, 2021**

- D17 financial form is due from the lodges to Sons of Norway Headquarters.
- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at [Fraternalgive.org](http://Fraternalgive.org), are due to Membership Services at Sons of Norway Headquarters.
- Fraternal Funds packet is sent to the District treasurers.

#### **April 15, 2021**

- Sarah Paulsen scholarship applications for Masse Moro due

#### **April 16-17, 2021**

- District 5 Board Meeting- Tentatively planned for Nashville, TN- watching COVID restrictions

#### **May 15, 2021**

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

\*Insurance membership with Sons of Norway required

\*\*Membership with Sons of Norway required (social or insurance)

---

## **DISTRICT FIVE LODGE MEETING**

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

## **INTERNATIONAL LODGE MEETING**

The International Lodge Meeting will be held in 2022 in Minneapolis, MN.

### **Viking Chest Rotation**

The Viking Chest has not traveled since the health emergency began, and the new schedule cannot be announced until it is safe to hold in-person meetings. Therefore, the rotation schedule is suspended until further notice.

### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

---

## **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by Wednesday night. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)