

## Friendly Fifth Friday News

### March 19, 2021

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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### Great idea from Edvard Grieg Lodge!

#### Edvard Grieg Scavenger Hunt

Last weekend Edvard Grieg lodge held a virtual Norwegian scavenger hunt via Zoom. The important thing about the scavenger hunt format is that it is uniquely suited for virtual meetings, as it involves using items in our homes and sharing via the video and audio capabilities available in Zoom (or other meeting applications). Organized by our lodge secretary Kathy Skinner, the object was to see who could find the highest number of items on a list of 20 items related to Norwegian heritage or life. Kathy sent out the list a week before our meeting, with instructions (highlighted on the envelope) not to open it until the meeting (we also allowed people to join at the meeting as well). Once Kathy shared a few more instructions, she announced to 'open your envelope' and participants had 20 minutes to find the items on the list (you may wish to limit to 15 or 10 minutes). Being competitive Norwegians we all immediately set up rummaging around our homes for our items. We then tallied the scores (the winner receiving a gift prize of our D5 card deck of course), and then asked people to share the items they found in each category if they wished. The sharing was lively and fun, including a number of rare and unique items that were a pleasure to see and hear about. If anyone would like the list of items or more detailed information, contact Jim Herman [jpherman.edvardgrieg@gmail.com](mailto:jpherman.edvardgrieg@gmail.com).



## **Lodge Foundation Director Training**

October may seem a long ways away, but it's never too early to start planning lodge Foundation Month activities or to promote the Foundation. If you are a lodge Foundation Director or if your lodge doesn't have one, here is a link to a video that hopefully will answer some of your questions about your duties!

Video link: <https://youtu.be/2ovB2SRuT4k>

If you have questions, please contact District 5 Foundation Director Darlene Arneson. I also plan on hosting a ZOOM meeting this spring to brainstorm ideas, answer questions and help local lodges.

## **Sons of Norway Foundation - District 5**

### **March 2021 report from Jon Tehven**

2020 was a great year for the Sons of Norway Foundation. It was a great year because our lodges and members responded throughout the year, but especially during the Together We Are The Future campaign. The Sons of Norway Foundation Board of Governors thank you for your incredible support.

Since 1966, our Foundation has supported our members and lodges through scholarships, grants, and humanitarian relief.

In 2020, our members and lodges donated \$391,615. This included a \$90,000 legacy, a \$20,000 memorial, and a \$53,000 addition to an existing endowed scholarship.

And in 2020 the Foundation provided \$108,270 in 26 scholarships and \$27,330 in grants.

Donations to the Together We Are The Future campaign were \$210,164:

- \$ 85,561 for endowed scholarships
- \$ 17,013 for the humanitarian relief fund
- \$ 106,590 unrestricted funds

Donations came from 721 members and 113 lodges. Our lodges donated \$29,585.

In District 5, 25 lodges donated during the Together campaign, with another 4 earlier in the year, for a total of 29 lodges during 2020.

Foundation Board of Governors will continue October as Foundation Month, extending it as the Together We Are The Future campaign through December.

As we move forward in 2021, here are some things we are asking our lodges to do:

- Consider appointing a lodge foundation director if you haven't done so,
- Publicize the purpose and benefits of the Foundation in your newsletters
- Encourage your members to apply for scholarships and grants
- Support the mission of the Foundation

Always remember: The Foundation is here for you . . . for good and forever.

Jon Tehven, Chair

## Nordic News this week...

**Glenn Borreson** (Wergeland – La Crosse WI) gave a presentation of **The Norwegian Crop: Tobacco Raising in Wisconsin** on **Nordic News** on Tuesday March 16. For many Norwegian-Americans farmers in Wisconsin, when wheat depleted the soil, they turned to tobacco as the next cash crop. Maps in this presentation showed the correlation between tobacco farming and Norwegian settlement areas in Wisconsin. Many listeners asked questions and shared stories about back-breaking work of tobacco farming in their own families. This is Glenn's fourth Nordic News presentation..



**Halvor Strangstalien, Coon Valley, undated**

Watch it here: <https://www.screencast.com/t/1OOFs5oTZWu>

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**“Norwegian Folk Stories”** by **Joy Bashara** (Gronnvik-Green Bay WI) will be on **March 23**. Joy has presented on storytelling on Nordic News and has done storytelling talks at D5 conventions. Joy will share details on the upcoming D5 Virtual Class in Norwegian Folk Stories and Storytelling as part of her March 23 talk.

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

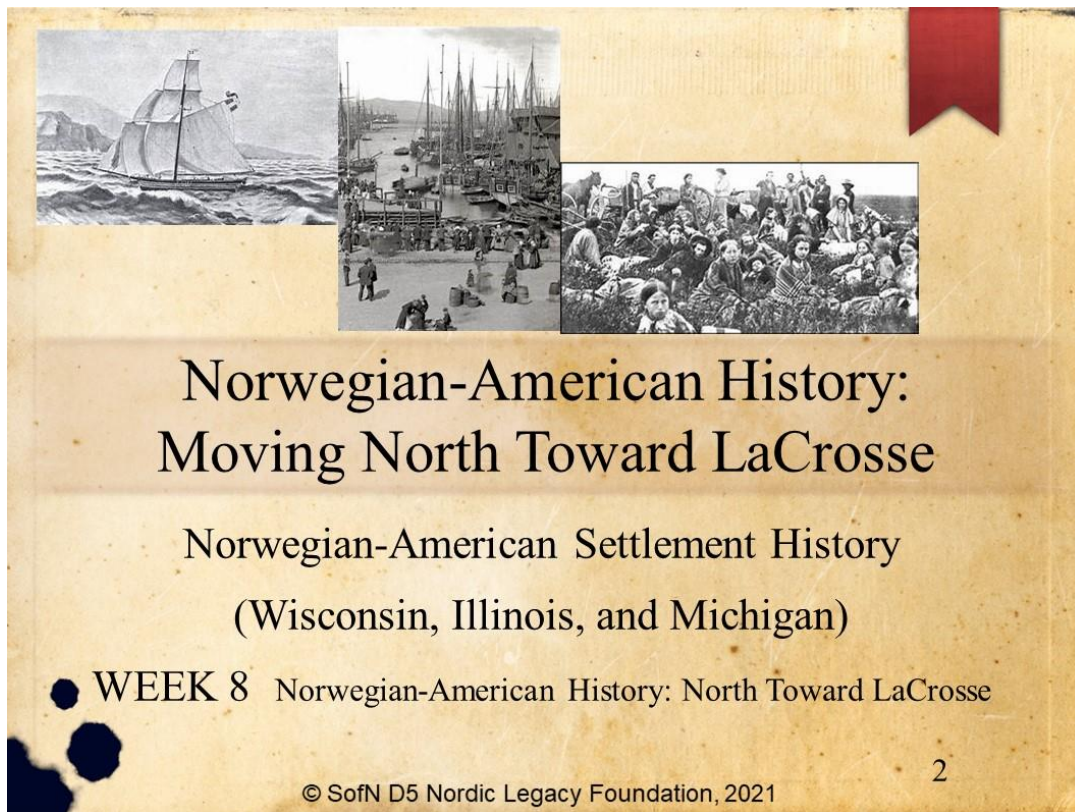
By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

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You can watch 40 past episodes of Nordic News at:

[http://www.sonsofnorway5.com/programs/speakers\\_bureau.php](http://www.sonsofnorway5.com/programs/speakers_bureau.php)





In Week 7 of the **D5 Norwegian-American settlement history course** we covered Crawford, Vernon and Jackson counties, which have some of the highest densities of Norwegian-Americans anywhere in District 5. Dave and Ruth Amundson (Solvang-Westby WI), the founders of The History Alive project, interested us with a history of Westby, Wisconsin, which is the city with the highest percentage of people reporting Norwegian-American ancestry in Wisconsin.

You can watch the recorded sessions, **posted the Friday after each class is over** at:  
[www.sonsofnorway5.com/programs/norwegian\\_american\\_history.php](http://www.sonsofnorway5.com/programs/norwegian_american_history.php)

An interesting fact from the course was a list of the top 10 Wisconsin communities between 2,000-9,999 population as a percentage of Norwegian-American ancestry:

1	Westby	Vernon	3,802	45.99%
2	Blair	Trempealeau	2,435	45.19%
3	Strum	Trempealeau	2,030	44.29%
4	Osseo	Trempealeau	4,503	40.57%
5	Viroqua	Vernon	8,105	39.74%
6	Whitehall	Trempealeau	3,635	36.99%
7	Eleva	Trempealeau	2,766	36.71%
8	Woodville	Dunn	2,026	29.70%
9	Galesville	Trempealeau	3,556	28.98%
10	Mondovi	Buffalo	7,019	28.12%

Top 10 Wisconsin communities over 10,000 population as a percentage of Norwegian-American ancestry:

1	Stoughton	Dane	19,371	24.24%
2	Black River Falls	Jackson	10,271	24.06%
3	Eau Claire	Eau Claire	75,487	19.60%
4	Edgerton	Dane	10,906	18.66%
5	Menomonie	Dunn	23,428	18.10%
6	New Richmond	St. Croix	12,038	18.01%
7	Onalaska	La Crosse	20,384	17.36%
8	Rice Lake	Barron	15,405	16.92%
9	La Crosse	La Crosse	63,530	16.85%
10	De Forest	Dane	11,448	16.11%

## **Want to have your newsletter online?-**

**<http://sonsofnorway5.com/lodges/newsletters.php>**

The District website has a section for lodges that want to put their newsletters online. Some use this service and once it is posted, they send out the link to their members rather than sending the newsletter. That saves on sending attachments and potential issues some have in opening the files.

We do have some lodges that put a website version on the website. They remove any personal contact information for lodge members to prevent hackers from capturing addresses, phone or emails. That is an option your editor might consider.

Newsletters can be sent to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)

The screenshot shows the 'Local Lodge Newsletters' section of the Sons of Norway District 5 website. The page lists various lodges and their corresponding newsletters, including Shawnee Skogen, Grønnvik, Vennligfolk, and others. The page also features a search bar and navigation links.

Lodge	Date Added	Newsletter
Shawnee Skogen 689	MAR 11, 2021	Shawnee Skogen Newsletter March 2021 Pdf
Grønnvik 632	MAR 11, 2021	Grønnvik Newsletter March - April 2021 Pdf
Vennligfolk 627	MAR 04, 2021	Vennligfolk "Vennligblad" March - April 2021 Pdf
Edvard Grieg 657	MAR 04, 2021	Edvard Grieg Newsletter March, 2021 - Pdf
Myrmarken 609	MAR 04, 2021	Myrmarken "Myrvisan" Newsletter - March 2021 - Pdf
Wergeland 28	MAR 04, 2021	Wergeland BUDSTIKKEN March 2021 - Pdf
Polar Star 472	FEB 19, 2021	Polar Star Newsletter - February 2021 - Pdf
Fosselyngen 82	FEB 19, 2021	Fosselyngen Newsletter - March - April 2021 - Pdf
Vennelag 513	FEB 19, 2021	Vennelag Newsletter - March - April 2021 - Pdf
Shawnee Skogen 689	FEB 11, 2021	Shawnee Skogen Newsletter February 2021 Pdf
Nordkap 378	FEB 11, 2021	Nordkap Newsletter February - March 2021 Pdf

## Want to have your lodge photos (or some!) online?- <http://sonsofnorway5.com/galleries/>

The District website also has a section for lodges that want to put some of their photos online. Some use this for special events and I notice that some add to their sections with pictures. You can work with webmaster Christina Fairchild on what works best!

Touch base with her at [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com)

**SONS OF NORWAY**  
*The Friendly Fifth*  
Wisconsin Illinois Indiana Michigan Ohio Tennessee  
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## Photo Galleries

**Photo Guidelines for Viking Magazine Submission**

Digital photos must have a resolution of 300 dpi (dots per inch) or greater with no visible pixelation or blur and at least 3" x 5" physical size. (a minimum of 1 to 10 megabytes (MB))  
Printed photos must be a minimum of 3" X 5" in physical size and reflect the same quality as professional processed photos. There must be no visible ink dots, stripes or patterns from the printing process.  
Please DO NOT write caption information on the back of the photo as the pen pressure damages the printed photo.  
Photos should be crisp and clear, a blurry or grainy photo cannot be used.  
The photo must contain Sons of Norway members and caption information must relate directly to the content of the photograph.  
Photos of only inanimate objects (handicrafts, food items, murals, etc.) will not be used.  
Photos must be visually interesting, well lit and of good composition. It is best to avoid photos containing distracting items in the foreground.  
Composite or digitally altered images will not be used.  
When emailing a photo from a tablet or smart phone, be sure to send the largest possible file size offered.  
Manually attach digital photos to your email via the attachment button (often denoted by a paperclip icon) in your email program.  
Photos obtained from the internet or social media sites like Facebook & Twitter usually do not reflect the image size and resolution quality needed for printing in the Viking magazine.  
Do not color correct or use filters and special effects.  
It is always best to send in the original unaltered digital file or photo.  
Photos sent in via PicMonkey should be avoided if possible as the program automatically reduces the image size prior to being sent.

### Fosselygen Lodge

One of the last meetings held at the Norway House in Milwaukee, WI.  
After a light meal of hotdogs on Lefse, beans, salad and desserts. Members enjoyed a program by Author, Eric Dregni of recent photos of his journey to Norway and his book "In God We Trust".  
Photo presented by (Past President, Shirley Engelmenn  
[VIEW GALLERY »](#)

### Shawnee Skogen 5-689

[VIEW GALLERY »](#)

Member Kelly Bliss sharing the tradition of making lefse with heritage member, Hazel Bliss

### Vikings of the Smokies 677

[VIEW GALLERY »](#)

### Masse Moro Heritage Camp

[VIEW GALLERY »](#)

## Deadlines and Dates!

### Changes in red!

## Nordic News Weekly Program- Every Tuesday night

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

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### April 15, 2021

- Sarah Paulsen scholarship applications for Masse Moro due

### April 16-17, 2021

- Virtual District 5 Board Meeting- ~~Tentatively planned for Nashville, TN~~ watching COVID restrictions

### May 15, 2021

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

### July 18-31, 2021

- Masse Moro Youth Heritage Camp in Fall Creek, WI

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## DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

## INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN.

## Viking Chest Rotation

The Viking Chest has not traveled since the health emergency began, and the new schedule cannot be announced until it is safe to hold in-person meetings. Therefore, the rotation schedule is suspended until further notice.

## Note:

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.

- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

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## FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)** With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com