

# Friendly Fifth Friday News March 13, 2020

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)

**Don't forget that District 5 Scholarships are due March 15**

[http://sonsofnorway5.com/financial/district\\_scholarships.php](http://sonsofnorway5.com/financial/district_scholarships.php)

The screenshot shows a web browser window displaying the Sons of Norway District 5 website. The page title is "Scholarships from District 5". The main content area features a large arrow pointing to the word "Applications". To the right of the arrow, there is a list of scholarship types: "2020 D5 Norwegian Folk High School Scholarship", "2020 District 5 Lodge Book Scholarship", and "2020 District 5 International Summer School Scholarship". Below the arrow, there is a section titled "Cyril K. Wittrock Recipient 2019" with a photo of a young man and text describing his scholarship. The website header includes the Sons of Norway logo and the text "The Friendly Fifth" with a search bar.

## March 15, 2020

- District Five Scholarships due- Book Scholarship, Folk High School, and International Summer School

## DISTRICT 5 LEADERSHIP - **MAKING A DIFFERENCE!**

From: District 5 Nominating Committee - 2020

If you are a delegate to the District 5 convention, you are eligible to become a member of the Fifth District Board. Being on the D5 board is a way you can make an even bigger impact in the Sons of Norway. The District Five board meets *twice* a year. At these board meetings, while serving on committees, you can influence policy that will support and grow our lodges into the future. Here are a few examples of how you can make a difference: Over the years, you may have participated in bowling or fishing tournaments. This year, your lodge may be participating in a “virtual walk” back to Norway to promote fitness and interest in our shared heritage. At the district convention, you might try your hand at an optional ax throwing activity! Those sports activities are coordinated by the **D5 Sports Director**. The District Board Recreation Committee works together to keep district-wide sports activities fun and interesting. The Sports Director also spearheads district-wide sports, such as our support of the Barnebirkie youth ski event. At the District Convention in Madison, lodges will compete to create lodge banners. This idea was first promoted for the 2018 District Convention, there were many artistic and informative creations. This was an idea spearheaded by the **D5 Publicity Director** and the D5 board Publicity committee. The D5 Publicity Director also collects your lodge’s pictures and submits the best to the Viking magazine, while trying to give coverage to lodges throughout the district. This committee also works with the district webmaster, to make our website as informative and up to date as possible.

The D5 cultural committee organizes a competition of cultural items for the District Convention. This committee shares information about cultural resources with lodges and promotes Sons of Norway cultural pin programs. This committee can create cultural enrichment activities throughout the district. The **D5 Cultural Director** leads this group.

The **D5 Youth Director** works with Masse Moro camp directors and our district’s Nordic Legacy Foundation to make sure D5 is offering a quality youth heritage program, which will teach the next generation about our Nordic heritage, while building self-esteem, interpersonal skills and personal achievement. The D5 Heritage and Grants committee is chaired by the D5 Youth Director. In addition to making recommendations about Masse Moro, this committee reviews scholarship applications.

### D5 EXECUTIVE COMMITTEE:

The **D5 Secretary** is the key communicator to all district lodges and acts as a tremendous resource person. The secretary keeps the minutes of all district meetings and distributes these to all board members, prepares information for district meeting delegates and writes the weekly Friendly Fifth Newsletter.

The D5 board’s auditing, budget-finance and fund-raising committees, work with the D5 Treasurer to insure that D5 is financially healthy. They are among the many committees which evaluates the fiscal impact of new district initiatives. These committees also provide oversight so that we are fiscally responsible which belongs to all of us in the Fifth District. The **D5 Treasurer** pays all bills, invests district funds, does accounting and files financial reports with the government and the Sons of Norway International.

Many lodges have prospective member events, as a recruiting event to keep their lodges vibrant and strong. The **D5 Vice President** oversees membership and can be a great resource to assist you in planning and executing a successful recruiting event. The D5 board Membership committee instituted the business card program, where all lodges can get business cards for recruiting purposes, and worked with the current D5 President to create a funding mechanism to help lodges pay for recruiting events, who don't have Financial Benefit Counselors (lodges in Michigan, Ohio and Tennessee). The D5 Vice President also works with the D5 President, to create an ongoing vision of the Fifth District, and performs executive duties in running the district, in the president's absence.

As leader of the Fifth District, the **D5 President** oversees new initiatives, puts together the board meeting agenda, appoints board members to specific committees, does strategic planning and works with D5 Zone Directors to help lodges be as successful as they can be. The D5 President is also called up to work with lodges who are celebrating milestone anniversaries. The D5 President also represents the Fifth District on the Presidents' Council, where all eight district presidents get together twice a year to share best practices. The District President also serves as an ex-officio member on every district committee. Candidates for D5 President must have served at least one full term on the D5 board.

### ZONE DIRECTORS:

Your lodge belongs to one of six geographic zones in the Fifth District. Each zone is represented by two zone directors. All the directors and executive committee members also serve as zone directors, except for the D5 Secretary and Treasurer, who are at-large members.

Zone directors are assigned lodges to assist. Lodges often call upon zone directors to annually install their officers. Lodges sometimes ask zone directors to do a program at a lodge meeting on a heritage topic which they are an expert on. Your zone director can come to special events or recruitment activities to lend a hand. Zone directors are also called upon when lodges have challenges where they want an outside Sons of Norway expert to give them some assistance and guidance. Your zone director is here to help you, to be a resource; all you must do is ask. Zone directors visit each lodge they are assigned, at least twice a year. Zone directors also run plan and conduct a zone seminar at least annually.

All board members serve by attending two district board meetings yearly, in spring and fall. There they serve on committees, appointed by the D5 President. They also attend the D5 convention every two years, not as representatives of their lodge, but as D5 board members. Their lodging, meals and transportation costs while on D5 business are reimbursed. There is also an annual compensation of \$500 each for the D5 President and Treasurer, and \$1500 for the D5 Secretary, for their extra work.

### BENEFITS OF BEING ON THE DISTRICT BOARD:

When you serve on the district board, you are interacting with some of the top leaders in the Sons of Norway. This networking is invaluable, in getting ideas you can take home to make your lodge even better. Over the past four years, the Fifth District has offered Leadership Conferences, which D5 board members have contributed to, and honed their leadership skills. You get a deep understanding of what resources are available in the Fifth District.

You are empowered to make Sons of Norway even better for your lodge and everyone else in the Fifth District. It is highly satisfying to make important contributions to the promotion of our shared Nordic heritage, and by being on the district board, you can truly make a difference.

You can more easily network with all the great lodge officers and members you are working with and throughout the Fifth District.

### QUALIFICATION NOTES:

To be a member of the district board, you must meet these qualifications:

- Be a currently registered member of the Fifth District
- Be a delegate to the D5 district meeting and be present at the meeting
- Fill out and submit the D5 leadership application, **DEADLINE: May 24, 2020**
- Own a Sons of Norway financial product, by the end of the D5 district meeting
- Be willing to serve (2 two- or three-day meetings yearly, attend the Sunday D5 district meeting board meeting, visit lodges, perform duties for your position)
- If you are applying for a position on the D5 Executive Committee, be willing to have a background check done on you as part of the vetting process.

You can also choose to run as an "Alternate" to any of these positions (except D5 President). The alternate would serve if the person who was holding the position is unable, either on a temporary or permanent basis. The D5 Vice President serves as the alternate to the D5 President.

### INTERNATIONAL LODGE NOMINEE:

District 5 submits two names to the International meeting, as our nominee for International Delegate and International Delegate-Alternate. This nominee and alternate are voted on at the D5 meeting. The International Lodge votes on all district delegates to the International Board. If you are interested in being considered for these positions, you need to fill out the International Sons of Norway leadership application, **DEADLINE: May 24, 2020**, and be vetted with an extensive background check.

### QUESTIONS and/or COMMENTS:

Please contact the D5 Nominating Committee:

Robin Fossum, chair  
(715) 924-4111 or (715) 642-2414 cell  
[robin.fossum@sofnboard.com](mailto:robin.fossum@sofnboard.com)

Louise Giles  
(248) 224-3369  
[louiseagiles@gmail.com](mailto:louiseagiles@gmail.com)

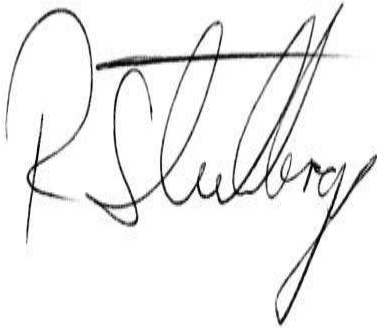
Tom Boudreau  
(715) 886-4514  
[dup1sjbergh4364@gmail.com](mailto:dup1sjbergh4364@gmail.com)

## **From the International President**

I am pleased to announce that the International Board of Directors has named Chris Pinkerton CEO of Sons of Norway. Chris came to Sons of Norway in 2018 as Chief Operating Officer and has been a powerful force of growth and innovation throughout the organization, helping us raise the bar in everything we do.

After careful evaluation of our business leadership needs, the Board chose to merge the roles of COO and CEO into a single position. Chris brings more than 20 years of industry leadership experience to this role, and his track record at Sons of Norway over the past two years has been impressive. I look forward to seeing all that we can accomplish together under his leadership.

Fraternally,

A handwritten signature in black ink, appearing to read "R Stubbings". The signature is written in a cursive style with a horizontal line striking through the middle of the letters.

Ron Stubbings  
International President  
Direct 612.827.3611  
[Ron.Stubbings@sofnboard.com](mailto:Ron.Stubbings@sofnboard.com) | [sonsofnorway.com](http://sonsofnorway.com)

**Survey on Zones in District 5**

**Please send your thoughts on zones so the District Board can discuss them at our Spring Board Meeting. Please email your responses to Darlene Arneson by March 27. The Zone Alignment Committee will use your responses in their report to the Board. Send them to [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)**

**Thank you!**  
**Darlene Arneson, committee chair**

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**What do you expect from your zone directors as far as visits, contacts or other help?**

**Do you feel connected to the other lodges in your zone?**

**Do you and other members participate in zone activities- i.e. meetings, picnics, events, trips?**

**Looking at the distance between some lodges and where the zone directors live, what suggestions do you have for addressing the communications/visits/outreach in some areas?**

**Do you have any suggestions for realignment, changing the number of zones, or other ways that would make the zone assignments equal in numbers, distance and services provided by the District Board.**

**Other thoughts...**

# **2020 District 5 and International Calendar and Deadlines**

## **March 15, 2020**

- District Five Scholarships due- Book Scholarship, Folk High School, and International Summer School

## **March 27, 2020**

- Send back your zone survey to Darlene Arneson

## **April 1, 2020**

- Deadline to register for Masse Moro
- Deadline for resolutions and bylaws for District 5 Lodge Meeting
- Deadline for submitting bids for hosting 2022 District Lodge Meeting

## **April 3-4, 2020**

- District Board meeting in Stoughton, WI

## **April 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

## **April 15, 2020**

- Sarah Paulsen Scholarships due for Masse Moro Campers

## **May 1, 2020**

- Advertising due for District 5 Convention

## **May 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

## **May 15, 2020**

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.
- D17 & 990 filing deadline for lodges that own property

## **May 17, 2020**

- Lodge Grants & Scholarship Deadline for Masse Moro

## **June 1, 2020**

- Final payment due for Masse Moro

## **June 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

## **June 15, 2020**

- District 5 Sports Challenge ends

**June 20, 2020**

- Remittance forms due for District 5 Sports Challenge

**June 25-28, 2020**

- District 5 Lodge Meeting and Convention in Madison, WI

**July 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

**July 12-25, 2020**

- Masse Moro Youth Heritage Camp in Fall Creek, WI

**August 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

**August 19-23, 2020**

- International Lodge Meeting and Convention in Ringsaker, Norway

**September 2020**

- Lodge liability premium sent to all lodge treasurers. This package includes information regarding the coverage, a certificate of insurance for the lodge and an invoice for the lodge's share of the premium.
- September 10 – Foundation Board of Governors applications due. If you are someone who loves nonprofits, governance and your Nordic values, running for a Foundation board position may be a perfect fit!

**September 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

**October 2020**

- Lodge Officer Update/D63 form and instructions is mailed to lodge secretaries.
- The Sons of Norway Foundation portal is available for lodges and individuals to apply for grants and scholarships.
- Lodge Achievement, Family Lodge of the Year and AFA Year-end report forms and instructions is mailed to lodge secretaries.
- Lodge Barneløpet Coordinators are encouraged to contact Sons of Norway Headquarters to discuss plans for anticipated events.

**October is Foundation Month**

- Help support our grant and scholarship recipients and share your Nordic values by celebrating Foundation month! Please consider a donation directly to the Foundation or plan a fundraising event through your lodge.
- October 1 Grant applications open – Our lodge grants award amounts go up to \$500-\$1,500 depending on a lodge's project.
- October 1 Scholarship applications open – Scholarship opportunities start at \$1,000 with an average scholarship of \$3,000.



### **October 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **October 15, 2020**

- Lodge liability premium is due to Sons of Norway Headquarters.

### **November 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **December 2020**

- D17 and D18 forms, instructions and timeline sent to lodge treasurers.

### **December 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **December 16, 2020**

- Application deadline for:
  - Community Partnership Grant applications are due to Sons of Norway Foundation.
- Date that new member applications (paper forms) must be **received** at HQ to ensure processing in time for end-of-year delegate calculation and recruitment challenge recognition. (Online applications may be submitted through December 31.)

### **December 31, 2020**

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Last day to enter new membership applications into the database for delegate calculations and 2019 recruitment challenge recognition. (**Paper applications should be received at headquarters by December 15** to ensure adequate time for processing.)
- Application deadline for:
  - - Lodge Helping Hands to Children Grant\*
    - Lodge Culture and Heritage Grant\*
    - Lodge Vitality Grant\*
- Deadline to order Barneløpet supplies.

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### **DISTRICT FIVE LODGE MEETING**

June 25-28, 2020 at the Radisson Hotel, Grand Canyon Drive, Madison

### **INTERNATIONAL LODGE MEETING**

August 19-23, 2020 in Ringsaker Norway

### **Viking Chest Rotation**

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.

- The chest should be brought back to the District Board Meeting to be given to the next zone.

Time period	Zone with chest
October 2019-April 2020	5
April 2020-October 2020	2
October 2020-April 2021	4
April 2021-October 2021	6
October 2021 – April 2022	1
April 2022 – October 2022	3

## Zone Meeting Schedule 2020

Zone	Date	Hosted by	Location
1	Thursday, Feb 20 at 1:15	Zone 1 Directors	Veterans Community Center, Hayward during the volunteer reception after Barnebirkie
2			
3	Sat. January 25	Mandt Lodge	Stoughton, WI
4			
5			
6			

### Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 25-28 at the Radisson Hotel, Grand Canyon Drive, Madison hosted by Idun Lodge.
- The International Sons of Norway Convention will be August 19-23, 2020 in Ringsaker Norway

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

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## FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)** With our new arrangement, I actually send the FFFN pdf to

our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by Wednesday night. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)