

Friendly Fifth Friday News March 12, 2021

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

Big week for deadlines!

March 15, 2021

- D17 financial form is due from the lodges to Sons of Norway Headquarters.
- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalgive.org, are due to Membership Services at Sons of Norway Headquarters.
- Fraternal Funds packet is sent to the District treasurers.
- District 5 Scholarships due- http://sonsofnorway5.com/financial/district_scholarships.php

Engaging members with lodge events and more!

Hello everyone – I'm gathering tips on engaging members during this time of COVID. I would love to hear from you about what is happening in your district & lodges.

I occasionally see notes in lodge newsletters about fun events or ideas to attract more members to Zoom-type meetings and activities. I'd like to put together a list that could be shared to all districts and lodges. **If you would like to send in any ideas, please email them to me by March 17th.** And if you would like to send this email along to your zone directors or lodge leaders for input, please do, so we can help each other!

Also, I am considering adding a Norwegian flag mask to our lodge supply store for safe Spring and Syttende Mai gatherings. Do you think this is something your lodges would be interested in?

No obligation on ordering, just wondering if there is enough interest. I know a lot of folks already have masks and hopefully we haven't got too much longer to go on COVID restrictions! I am looking at a few new items for the lodge and member store so if you have other ideas or suggestions I will certainly take a look.

Thank you for your help!

Doris

Doris Kamstra

Membership Manager

Direct 612-821-4697 | Fax 612-827-0658 | Toll-free 800-945-8851, Ext. 4697

Dkamstra@sofn.com | sonsofnorway.com

Nordic News this week...

Mike Palecek gave a guided tour of **Vesterheim Museum** on **Nordic News** on Tuesday March 9. Vesterheim is a premier Norwegian-American museum in Decorah, Iowa. It has perhaps the best collection of rosemaled items anywhere. We also saw a collection of Slooper personal belongings, an exhibit on Norwegian spoons, learned about Norwegian textiles and unique religious artifacts, saw Norwegian-American folk architecture and visited the gift shop.



Watch it here: <https://www.screencast.com/t/ewVcP7bHkdn>

The Norwegian Crop: Tobacco Raising in Wisconsin by **Glenn Borreson** of Wergeland lodge (La Crosse WI) will be the topic of the **March 16th** Nordic News. Glenn is a great storyteller and backs his stories with historical facts. His other Nordic News presentations have been “Maria the Midwife” and “The Coffin Ship.”

“Norwegian Folk Stories” by **Joy Bashara** (Gronnvik-Green Bay WI) will be on **March 23**. Joy has presented on storytelling on Nordic News and has done storytelling talks at D5 conventions. Joy will share details on the upcoming D5 Virtual Class in Norwegian Folk Stories and Storytelling as part of her March 23 talk.

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

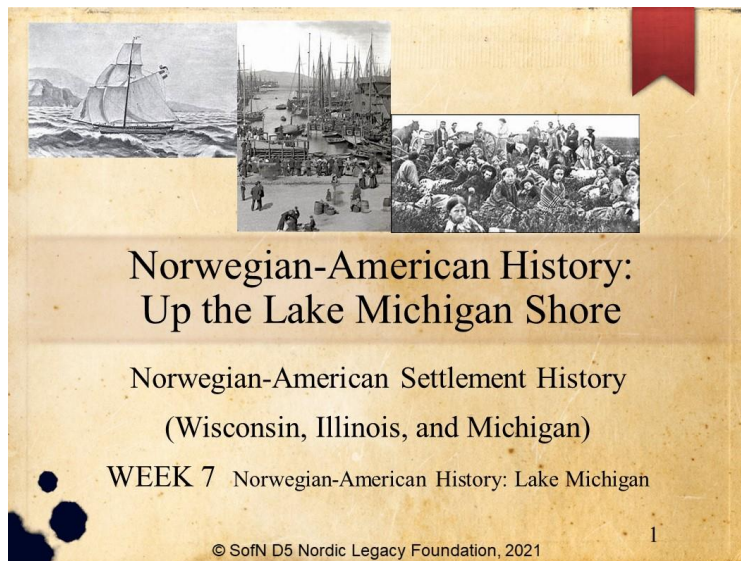
By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

You can watch 40 past episodes of Nordic News at:

http://www.sonsofnorway5.com/programs/speakers_bureau.php



In Week 7 of the **D5 Norwegian-American settlement history course** we went up the Lake Michigan shore, from Racine to Marinette, including the large Valdres settlement near Manitowoc, the Moravian religious colony which began at Green Bay and then moved to Ephraim on the Door County peninsula. Sailing, shipbuilding and fishing by Norwegian-Americans at Wisconsin's Lake Michigan seaports were discussed. We covered the Great Fires of 1871, including the Peshtigo Fire, which affected pioneers, including Norwegian-Americans throughout Northeastern Wisconsin. The Great Chicago Fire and its impact on the Norwegian-American community there was also discussed.

You can watch the recorded sessions, **posted the Friday after each class is over** at: www.sonsofnorway5.com/programs/norwegian_american_history.php



Thinking about **downsizing** and want to find a good home for one or two of your Norwegian heirlooms? Fourth grade teachers Kevin Podweltz (D.C. Everest - Schofield WI) and Kim Cade (Viroqua WI) are creating an **immigrant trunk** as a **research project** for the D5 Norwegian-American settlement history class, to help teach local history state standards. Last weekend Kevin was excited

to receive this immigrant trunk donated by a Sons of Norway member. It originally belonged to a Norwegian who came to Union Grove (Racine county) Wisconsin. Kevin and Kim hope to fill this trunk with things which immigrants would have brought to America. Kevin and Kim are board members of the Wisconsin Council for Social Studies. They are also interested in photos of heirlooms because they will laminate the pictures and put the images in the trunk. If you have images or heirlooms to share, **please email Kevin or Kim with details.**

Kevin: kpodeweltz@dce.k12.wi.us

Kim: cade5@mwt.net



Tusen takk to friends of Sandra Shaffer at Sons of Norway **Askeladden** lodge (Kalamazoo MI). They recently contributed \$300 in her memory to support youth activities of the District 5 Nordic Legacy Foundation. These donations will be used for Masse Moro youth heritage camp and the Barnebirkie. Sandra celebrated life with her husband, Richard, and the four generations of her family. She loved being in Sons of Norway, playing canasta and traveling.

District 5 Scholarships Due March 15- http://sonsofnorway5.com/financial/district_scholarships.php

The screenshot shows a web browser window displaying the Sons of Norway District 5 website. The page title is "Scholarships from District 5". The website header includes the Sons of Norway logo, the tagline "The Friendly Fifth", and a navigation menu with items like Home, About Us, Lodges, Programs, News & Events, District Conventions, Benefits, Photo Galleries, Links, and JOIN. The main content area features a section titled "2020 District 5 Book Scholarship" with two sub-sections. The first sub-section mentions a scholarship awarded to Avery Goth, and the second mentions a scholarship awarded to Logan Farrington. To the right of the text is a list of links for various scholarship applications, including "Sarah Paulson Scholarship Application - Masse Moro 2021- Pdf", "2021 Academic Scholarship Application", "2021 District 5 International Summer School Application - Pdf", "2021 District 5 Folk High School Scholarship Application - Pdf", and "2021 District 5 Folk High School Scholarship Overview - Pdf". The browser's address bar shows the URL "http://sonsofnorway5.com/financial/district_scholarships.php".

Tubfrim Update

Dear Lodge Leaders,

At the start of the year, we have received some questions regarding the Tubfrim program, and wanted to provide you all with some clarifications regarding the current status of the program.

The program continues but is facilitated exclusively by the districts now, not Headquarters. Districts can choose to promote and participate in the program as they see fit. Individual members and lodge leaders should go to their Tubfrim district coordinators with any issues, questions, or concerns regarding the program.

District 5 Tubfrim Coordinator is Mary Bennett.

Mary Bennett

6414 Irving Drive

Sun Prairie, WI 53590

Phone: 608-837-8335

E-mail: mjbenn4@gmail.com

In addition, as the reimbursement for the annual drawing has stopped, SONS is no longer able to facilitate the \$1,000 prize drawing that has been a part of the program in the past. This does not mean that the stamps are no longer needed, or that the lodges should no longer participate in the program, it simply means that we will no longer be offering the annual prize part of the program.

Tubfrim headquarters in Norway has notified us that they have received a number of calls and emails directly from members or lodge leaders reaching out about the program. With their limited number of staff, they are unable to field all these questions. **Please direct all inquiries to your Tubfrim district coordinators.** We at Headquarters will continue to reinforce this with members as well, directing our Customer Service department to refer all questions regarding the Tubfrim program to the respective Tubfrim district coordinator.

We are thankful for the partnership Sons of Norway has enjoyed with Tubfrim over these many years, and for the continued participation in the program. We look forward to seeing districts leverage this program for member engagement in the years ahead.

Sincerely,

David Crabb

Fraternal Engagement Manager

Note:

I updated the Tubfrim Handout that we have used before for District 5. I'll have them upload the pdf to the District website too! It's on the next page.

Darlene

Tubfrim History and information.

There are many ways in which we are asked to assist our fellow human beings who are in need. Participation in the Tubfrim program is one of the more simple yet successful ways to do just that. Tubfrim is an organization in Norway that resells cancelled stamps and donates the proceeds to help children with disabilities. Sons of Norway is proud to support Tubfrim in their work to support children in need.

In 1928 Ditlef Frantzen, postmaster of the small Norwegian town of Nesbyen, got the idea to collect and market canceled stamps as a way of raising funds for the Tuberculosis Association in Norway. Within a few years, his idea caught on and many communities in Norway and beyond were collecting and sending bags of canceled stamps to Nesbyen.

When Frantzen left Nesbyen in 1943, he donated his stamp collecting institution to the Norwegian Health Service. Since tuberculosis is no longer the threat to health that it once was, today disabled and needy children receive the proceeds from the resale of the stamps. Last year Tubfrim made a profit of 520,000 Kroner (that's almost \$80,000).

How can I help?

To help Tubfrim do its crucial work, simply clip canceled stamps from envelopes, leaving at least a quarter of an inch around the edge.

Visit www.tubfrim.no and click on "English" to learn more!

Mary Bennett is the District 5 Coordinator.

You can get your lodge's stamps to Mary by:

- Have a member be your lodge Tubfrim chairman
- It's preferred that you trim the stamps before sending them to Mary!
- Giving them to your zone director to take to District Board meetings.
- Bring stamps to Zone meetings and/or District Conventions, Leadership Conferences or other events that Board members will be at.
- Board members will then get them to someone who lives near Mary to save on postage costs.
- But if need be, mail them directly to Mary at 6414 Irving Drive, Sun Prairie, WI 53590.
- You do NOT have to send in the postcards anymore!

Trim stamps so that you have at least 1/4" around the edge of the stamp.

For more information:

Mary Bennett

6414 Irving Drive

Sun Prairie, WI 53590

Phone: 608-837-8335

E-mail: mjbenn4@gmail.com

The 2021 District 5 Directory was mailed this week! Here is the memo that went out with the directory:

The contact information for the officers is from the SN membership database- **if it is incorrect, please have that officer go online to: www.sonsofnorway.com and into the Members Only Section to update their information.**

If your lodge is making any officer changes online, please email me as well with what the change is. I get the full list of officers when changes are made, but not what is changed! That saves me a tremendous amount of time if you shoot me an email with what you updated.

If you want additional copies of the directory, simply remove the staple and you can make your own copies. We do not post the directory on the District website as it contains emails that spammers like to access! This document should not be used outside of Sons of Norway and should not be given to others for solicitation or other uses.

Who gets this document? I distribute it to Lodge President and Secretaries; District Board Members; D5 International Board Member; copies to the International Office; and our Webmaster.

It has been a challenging year due to COVID-19 and you will see that the calendar is not as complete as in past years. The International Office only has the calendar through mid-May and our District one is complete as of now. With many things uncertain, it's hard to plan this year.

I encourage you to watch the Friendly Fifth Friday News (FFFN) each week for updates. That is our primary way of notifying all lodge officers. I use this listing for the email addresses for the FFFN. If an officer requests not to receive that weekly resource, they can contact me. I send it to all officers that have an email address listed in this directory. If their email is incorrect or bounces back, then they need to update it with the International and also contact me. The FFFN is also posted each week to the District 5 website so ALL members have access to it.

Please contact Darlene Arneson if you have any questions!

New group for email for FFFN:

Today was the first week I am using the new emails from the 2021 Lodge Officer listing. I tried to make sure that if there were others that had asked to be added who weren't officers that I got them. I also tried to make sure that if some said to remove them from the weekly reminders, that I did that.

Remember, these are posted each week on the District website so you can go anytime to check them out. You can also share that link and remind your members to read them as they are for all members to read, learn and use! Feel free to share that link.

And as always, if you want the MS Word version of this so it's easier to cut and paste information out of it to use in newsletters, social media posts, emails to your members..., just ask! Once I send out the reminder email, I email the MS Word document to those on that list!

And for those submitting items, the deadline is 4 am on Thursdays as I send it to the webmaster before I leave for work on Thursdays so it can be posted and then I send the reminders out on Friday. If you have lodge events, send them directly to inputd5@sonsofnorway5.com.

Deadlines and Dates! **Changes in red!**

Nordic News Weekly Program- Every Tuesday night

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

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- **District 5 Scholarships due**

April 15, 2021

- **Sarah Paulsen scholarship applications for Masse Moro due**

April 16-17, 2021

- District 5 Board Meeting- Tentatively planned for Nashville, TN- watching COVID restrictions

May 15, 2021

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

July 18-31, 2021

- **Masse Moro Youth Heritage Camp in Fall Creek, WI**

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN.

Viking Chest Rotation

The Viking Chest has not traveled since the health emergency began, and the new schedule cannot be announced until it is safe to hold in-person meetings. Therefore, the rotation schedule is suspended until further notice.

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com