

## Friendly Fifth Friday News March 10, 2023

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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### **Don't forget these deadlines!! It's a big week to wrap up reporting!**

#### Important notices and updates from the International!

Leadership Resource – March 2023

#### **Due date reminders**

3/1

- A quick reminder that all scholarship applications are due Wednesday, March 1! Students can visit the foundation website at <https://www.sofn.com/foundation/scholarships/> to find descriptions of each scholarship and find the link to our online application system. Don't let your lodge members and their family members miss out on these fantastic opportunities.

3/15

- The D17 financial form is due from the lodges and districts to Sons of Norway Headquarters on March 15. Detailed instructions can be found [here](#).
- Lodge Achievement, Family Lodge of the Year and the AFA year-end report forms are due to Membership Services at Sons of Norway Headquarters. We request online submissions using your profile page or the Forms section of [sofn.com](http://sofn.com).
- D64 Lodge Property Officer forms are due to Sons of Norway Headquarters.

5/15

- D18 Building Association Financial Statement is the year-end financial report for the Lodge Property Association. It can be accessed from the Lodge Treasurer's profile page.
- 990 Form on the IRS website – Most lodges can complete the 990-N postcard online on the IRS website. Lodges with an average income of over \$50,000 will need to complete a 990-E or 990 form. Please email us a screenshot of the completion page or simply send an email indicating your lodge # and that the requirement is complete.

#### **D17 instructions**

The D17 financial report is due to Headquarters on or before March 15. Please plan to submit this requirement via online system. Here is a review of the instructions.

You can complete your D17 online by logging into [sofn.com](http://sofn.com). Once you log in:

- Click on the word 'Profile' at the top of the page.

- Click 'Lodge D17 List'
- Click 'Edit' at the beginning of the line for the 12/31/2022 report.
- Enter your amounts in the correct spaces. You may need to scroll all the way to the right to see all the entry fields.
- Type something into the 'If there is a major deviation....' Line at the bottom, *even if there isn't a major deviation.*
- Click 'Continue.' This will take you back to the list.
- To "sign" the report, click the word 'approve' near the end of the line for your 12/31/2022 report.
- Type your member number in the appropriate field.
- Click 'Submit my approval.'
- Here you can send an emailed notification to the next person who needs to sign the report, typically the Lodge President.
- Click 'Send Notice' and you have completed your portion of the D17.

IMPORTANT: the D17 Financial Statements MUST be filed online. We will not accept paper or emailed forms.

If you need a PDF version of this form, you can download it from the Forms area of the website.

### **Form 990 requirement**

**The IRS Form 990 (this includes the 990, the 990EZ and the 990N): must be filed by May 15.**

The IRS requires all Sons of Norway lodges to file a 990 form:

- For lodges with less than \$50,000 in gross receipts, a 990-N (e-Postcard) must be filed electronically via the IRS.gov website. More information and the link to the Form 990-N Electronic Filing System (e-Postcard) can be found here: <https://www.irs.gov/charities-non-profits/annual-electronic-filing-requirement-for-small-exempt-organizations-form-990-n-e-postcard>
- For lodges with gross receipts in excess of \$50,000 a form 990-EZ or form 990 must be filed.

Directions for filing the 990s can be accessed on the IRS website, or the lodge may choose to utilize the services of a tax preparer to complete and file the forms.

Once your 990 filing is complete (either the 990 form itself or an extension), please notify Sons of Norway headquarters by sending an email to [taxinfo@sofn.com](mailto:taxinfo@sofn.com). It is imperative that you file this important tax form by May 15. Failure to file could result in an automatic loss of tax-exempt status for your lodge.

Sons of Norway takes this compliance very seriously. We have learned that it can be a very costly and time-consuming experience for a lodge to lose its tax-exempt status, and non-compliance of these reports could jeopardize the tax-exempt status of the organization.

### **Lodge Achievement and Family Lodge of the Year instructions**

Lodge Achievement and Family Lodge of the Year reporting is due by March 15.

You can submit Lodge Achievement information via this online submission form at [Lodge Achievement Form 2022 Survey \(surveymonkey.com\)](https://www.surveymonkey.com) The site will walk you through the information you need to input.

If you tracked your lodge activities using [FraternalGive.org](http://FraternalGive.org), you are all set. If you did not, you'll need to [fill out this form](#).

## From President Cheryl Wille-Schlesser



The D5 Executive Committee met this week to discuss a variety of items. A change was made about mandatory reporting. The board now asks that all lodges submit copies of ***both*** the D17 lodge financial report and the IRS 990 form (due May 2023). Many lodges took care of both requirements at the same time. I regret this procedural change, but it gives our district the assurance that all lodges are in compliance.

Thank you for your understanding.

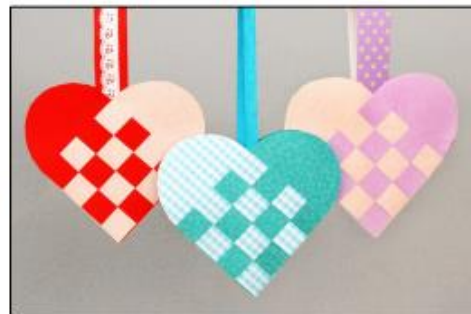
### ***From Across the District-from Idun Lodge, Madison, WI "Stoughton's William Seamonson and our Civil War Adventure Trip"***



Mandt Lodge members John and Darlene Arneson will share the story of their adventure following the Civil War battle engagements of John's great-grandfather, William Seamonson. Born in Norway and immigrating as a young child, William went on to serve three years in the 23rd Wisconsin Infantry in the Red River, Vicksburg, and Mobile Campaigns during the Civil War. Follow the journey that John's investigation has taken as he shares how he researched his great-grandfather's story of service to his country and what resources anyone has access to in order to research their own family members. Travels took them to Norway, Camp Randall, the four southern states where most of his battle engagements occurred, the state capitol, and ending at his final resting spot at West Koshkonong Church.

#### **Wednesday, April 6 *Hjertekurver på Påske***

We will continue perfecting our skills in weaving Norwegian heart baskets. These baskets aren't limited to Christmas or Valentine's Day...you can use other colors and paper designs for a creative Easter greeting. Be prepared to use your weaving skills to create an Easter basket to give to someone in your family. Paper, accent pieces, tape, a stapler and some scissors will be provided. You can also bring your own scissors to be sure there are enough for everyone to use.



#### ***Changes to the TUBFRIM STAMP PROJECT***

The longtime SofN project has ended, but we can continue to support two U.S. service organizations with our stamp contributions. Sisters of the Holy Cross, 100 Augusta Hall, St. Mary's, Notre Dame, IN 46556 uses stamps to help with their Ministry With the Poor Fund.

Stamps for the Wounded, PO Box 297, Dunn Loring, VA 22027-0297, promotes stamp collecting by veterans as a hobby.

Mary Bennett (608-837-8335) continues to gather and process your stamps. They are too expensive to ship, so volunteers deliver them when they are headed to Indiana or Virginia.

Please leave a ¼" and preferably a ½" border around each stamp. Do not include strips of multiple stamps. Please discard stamps with flags, star ribbon, liberty bell, US non-profit, or stamps from fundraising appeals.

## ***Wergeland Lodge, La Crosse, WI***

### **International Waffle Day Approaches**

Waffles are a delicacy that are popular worldwide. In fact, there are countless types of waffles from different countries, and they are served in various ways. The origin of waffles dates to Ancient Greece and they are perhaps one of the oldest desserts in history. The country most known for waffles is Belgium; the Belgian waffle is a thicker version of an American waffle that includes yeasted batter to make it light and fluffy on the inside, while staying crispy on the outside.

Another country that shares Belgium's affinity for waffles is Norway. However, Norwegian *vafler* are thinner, softer, heart-shaped and include ingredients such as cardamom and sour cream. To add extra flavor, Norwegians are also known to add brunost—brown goat cheese—on top of their waffles for a sweet and savory combination.

What a perfect time to be dreaming of waffles, as International Waffle Day is coming up on **March 25<sup>th</sup>**. There is no doubt that Norwegians everywhere will be enjoying waffles on that day with their favorite toppings of cheese, jam, or sour cream. Join in with this delicious [recipe](#)!



### **Vaffelhjertes / Waffle Hearts**

In North America, waffles are eaten for breakfast, and the waffle irons are round or square with four sections. The usual toppings are butter and syrup. The *vafler* in Norway are served for dessert or as a snack, in heart-shaped sections. They are richer and softer than American waffles and are almost always homemade.

#### **Ingredients:**

6 eggs  
1/2 cup sugar  
1 tsp. ground cardamom  
1 1/2 cup flour  
1 tsp. baking powder  
pinch of salt  
1 cup sour cream  
1/2 cup melted butter  
3 Tbsp. butter for waffle iron

#### **Instructions:**

##### **Step 1**

Mix eggs, sugar, and cardamom together in a big bowl.

##### **Step 2**

Add in flour, baking powder, and salt.

##### **Step 3**

Mix these ingredients and beat in sour cream and butter until the batter is smooth. Let the batter sit for about 20 minutes before you begin making the waffles.

##### **Step 4**

Heat up the waffle iron and brush some butter on the surface of the iron.

##### **Step 5**

Pour 1/4 cup batter over the iron and wait for the waffle to become light brown.

##### **Step 6**

Remove waffle (watch out, it's hot!) and serve warm.

##### **Step 7**

Top with jam and whipped cream, or sour cream. Try different toppings and make a sweet or savory waffle sandwich!

## Vennelag Lodge, Mt. Horeb, WI

### Nordahl Grieg and the Norwegian Resistance

The Thursday evening portion of the Symposium features "Nordahl Grieg: Icon of the Norwegian Resistance." Professor Dean Krouk will describe the writings of the man who helped inspire the resistance during WWII, heralded by President Franklin Roosevelt and all Norwegian Americans for its daring courage fighting fascism.

Dean Krouk is Associate Professor of Scandinavian Studies.

Discovering your roots as a Norwegian American goes beyond your immediate genealogical chart. You must consider the deeper roots of who you are, your values and ethics. What were the values and culture of Norway that the immigrants brought with them and how did they change once they came to America and impact us as Norwegian Americans? How did Norway inspire us during WWII and shape our concept of courage as Norwegian Americans?

## Mandt Lodge, Stoughton, WI



Mandt Lodge 5-314



## Sons of Norway Family Mini-Camp For Mandt Lodge Member Families

Sons of Norway- 317 South Page Street, Stoughton

**Saturday, February 18, 2023**

**9:00 AM – 12:00 Noon**

This is a rare Mandt Lodge **member only event** for members and their children, grandchildren, great grandchildren, and nieces and nephews. We are going to spend a morning having fun making gingerbread houses, heart shaped waffles, krumkake, julecurv, and other activities. A Saturday morning of inter-generational fun so an adult family member must accompany the youth!

Please register by sending the information below to Darlene Arneson by Saturday, February 10<sup>th</sup> so we can plan supplies. A free-will offering will be appreciated.

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Email: [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or mail to Darlene Arneson, 2056 Skaalen Road, Stoughton, WI 53589 by February 10th

Adult Mandt Lodge Member:

Email-

Phone-

Names of family members coming and their ages:

I give my permission to use photos and images of my family for SN Mandt Lodge social media, press releases and other uses.

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### INQUIRING MINDS WANT TO KNOW!

If other lodges have held a family mini-camp or summer session for families, we would like to know more! Please send *the details* to District President Cheryl Wille-Schlesser, [cwschlesser200bc@gmail.com](mailto:cwschlesser200bc@gmail.com). Takk!

# Sons of Norway- Mandt Lodge

## Spring 2023 Scrapbook/Craft Project Weekend!

Friday, March 10, 6 p.m. to 10 p.m.

Saturday, March 11, 8 a.m. – 10 p.m.

Sunday, March 12, 8 a.m. – 2 p.m.

Bring your scrapbooking project or another project to work on. You will have your own 8- foot table to spread out all your items and tools all weekend. Saturday Night Craft Show & Tell - Bring other crafts you do, or a project you have completed to share with everyone if you wish!

Cost: \$50.00 includes your own 8- foot table for all three days at times listed above.

There will be a limited number of extension cords available and a refrigerator for your own lunches, snacks, etc. Please feel free to bring your own music if you have your own ear buds or headsets.

Mandt Lodge is handicapped accessible. Please **DO NOT** park in the corner parking lot on Saturday as Livsreise is open that day.

Registration: By March 1 - Limited space available, so register you and your friends early! \$50.00 fee to be paid at time of registration - no refunds. Email: [lauriebarrett79@yahoo.com](mailto:lauriebarrett79@yahoo.com) with your email and phone number for registration info or call (262) 492-5242

### Adult Heritage Weekend

The district 5 Board will be discussing how they can assist President Wille-Schlesser with the organization of the next event. Due to constraints put on the host lodges near Norway, IL, it is necessary to find another date for the next event. The major players will be meeting by Zoom under the direction of Connie Kross. Discussions will help to determine a feasible time.



### HURTIGRUTEN SAILING 2024

President Wille-Schlesser has contacted Erling Hansen, a travel professional in Norway, who is willing to assist her with this trip. She will be meeting with Erling soon to discuss the possibilities. Erling will be able to book extensions, help arrange for rail and rental cars, and he will be able to provide the additional help one may need to make your trip truly memorable. Stay tuned for further information.

**TUSEN TAKK, Alle sammen.**

I would like to thank the many district 5 lodges who have reached out to me during this difficult time in my life. Right now, each day is challenging, but I feel the love and support our members have shown. Your words of deepest condolence have lifted my spirit on many dark days.

*“Feelings are much like waves, we can’t stop them from coming but we can choose which ones to surf.” – Jonatan Martensson*

## Deadlines and Dates! **Changes in red!**

- March 10- Bylaw proposal ballots due to District Secretary from the District 5 Lodge members
- March 15-
  - **D17 Financial Statements** are due to Sons of Norway Headquarters. Lodge Treasurers can file electronically from their profile page on [sofn.com](http://sofn.com). An editable PDF is also available from the forms area of the website. **This can only be filed online this year- no hard copies or email versions!**
  - **Lodge of the Year (LOY), Family Lodge of the Year (FLOY), and AFA Year End Reporting** forms are due to Sons of Norway Headquarters. Lodge secretaries can file the LOY and FLOY electronically via the forms section of [sofn.com](http://sofn.com), where they can also download PDF versions of the LOY, FLOY and AFA Year End Reporting Forms. Note: lodges using [www.fraternalgive.org](http://www.fraternalgive.org) don't need to file an AFA Year End Reporting form.
  - **D64 Property Officer Forms** are due to Sons of Norway Headquarters from lodges with property/building associations. These forms can be downloaded from the forms section. Online entry is not yet available.
- April 5- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- April 14-16- Spring District 5 Board Meeting in southern Illinois
- April 15- Sarah Paulsen Scholarships due to Scandiana Lodge for Masse Moro
- May 5- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- May 15-
  - **D18 Lodge Property Association** forms are due to Sons of Norway Headquarters. They can be entered electronically via the lodge treasurer's profile page. A PDF can be downloaded from [sofn.com](http://sofn.com).
  - **990** The 990 tax forms are due to the IRS by 5/15/2023. Lodges who fail to file a 990 three years in a row will lose their not-for-profit status and cease being a Sons of Norway lodge.
- June 5- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 5- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 16-21- Masse Moro Camp

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### **Who to contact at the home office when you need help**

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- For anything fraternal- Connie O'Brien ([COBrien@sofn.com](mailto:COBrien@sofn.com)) or Amy Tuchenhagen ([ATuchenhagen@sofn.com](mailto:ATuchenhagen@sofn.com)). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use [sales@sofn.com](mailto:sales@sofn.com)

### **Viking Chest / Immigrant Trunk Schedule**

Oct 2022 to Apr 2023:  
Chest--zone 1  
Trunk--zone 2

Apr 2023 to Oct 2023:  
Chest--zone 4  
Trunk--zone 3

Oct 2023 to Apr 2024:  
Chest--zone 6  
Trunk--zone 5

Apr 2024 to Oct 2024  
Chest--zone 2  
Trunk--zone 1

Oct 2024 to April 2025  
Chest--zone 3  
Trunk--zone 4

**Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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**FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)