

Friendly Fifth Friday News June 30, 2023

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

We need your help! Task Force Sub-Committees being formed

There was a suggestion that the task force form sub-committees that can work to focus on particular areas:

1. Population and membership- using maps and membership lists to get a geographical and membership numbers view of our District. Jim Herman had volunteered to work on maps.
2. Role of the Board- Board Structure- What do board members do? What can be done virtual vs. in-person? Role of the various board members and officers. Esther Charlton is interested in being on this committee.
3. Current ways to support lodges- what can we do in the meantime to support lodges?

If you have an interest in serving on a sub-committee (even if you're not on the task force), send Darlene Arneson your name, lodge and email address by this Sunday, July 2, so they can start their work!

Looking for programming? Check out what's on our Speaker's Bureau!

https://sonsofnorway5.com/programs/speakers_bureau.php

Speakers' Bureau

1893 Voyage of the Viking Ship

1893 Voyage of the Viking Ship

At the World's Columbian Exhibition (World's Fair) which took place in Chicago in 1893, the biggest attraction was Viking. The modern historical ship was constructed in Norway using traditional methods. Once completed, the ship was sailed from its Scandinavian shipyard to the Hudson River, connecting to the Great Lakes through the Erie Canal, and eventually Chicago.

Hear the feats of the Norwegian sailors and their events along the voyage, the thousands of visitors who came to see her from states away, and the construction of Viking as well as its current home and future.

Contact Corlene Bartels: <http://norsemenofthelakes@gmail.com>



Bert and Lindy

Bert and Lindy

Bert and Lindy are Carol (Bert) Griesbach and Linden (Lindy) Griesbach are members of SON D5 Valhall Lodge .

Bert got her nickname in college. Before she was married, she was Carol Bertelrud, the daughter of Norwegian immigrants.

She grew up on a southwest Wisconsin dairy farm where Norwegian was her first language.

Bert and Lindy met at the University of Wisconsin - Madison, and the two started making music together shortly after. Marriage and a family followed and after more than 40 years, Bert and Lindy still share a love of

gospel, bluegrass, country, and folk songs. Inspired by Bert's heritage, they include some Norwegian songs in their performances.

bertandlindy@gmail.com

<https://www.youtube.com/@bertandlindy>

<https://www.facebook.com/bertandlindy>

Nordic News Radio has moved

Looking for the Nordic News- http://www.sonsofnorway5.com/programs/nordic_news_radio.php

[Glen Borreson - A List of Norwegian Heritage Programs PDF](#)

[Sonja Henie Powerpoint Presentation PDF](#)

[Norwegian Genealogy Names Power Point Presentaion](#)

Contact: Carmen Collins at Nordkap Lodge - Nordkap@DetroitNorwegians.com in regard to presenting the Norwegian Genealogy Names program at your lodge. Carmen has created an informative power point on the Norwegian names history relating to genealogy

[Norwegian Music for Flute and Piano - Timothy Lane](#)

[Norwegian Programs by Arno Morton](#)

[List of Norwegian American Programs by Glen Borreson](#)

[Son's of Norway District 5 Speakers Bureau](#)

Coloring Contest Results

Thank you to all who submitted entries to our International SN Syttende Mai Coloring Contest! Artists from age 2 to 90 participated, filling the festive drawing with vibrant color. Pictures were blind judged by our Fraternal team.

We received only two entries in the 11-16 category, so we evened out the age ranges from 7 and under, 8 to 16, and 17 and up.

Here are the top 3 drawings in each category. Congratulations!

7 and under:

1. Berit Bryan
2. Nolan Lorentzen
3. Chance Van Der Wyk



8-16:

1. Cassidy O'Hara
2. Hannah Burns
3. Kaia Weinstein



17 and up:

1. Corey Olson
2. Lois Fadness
3. Ulf Lokke
3. Louise Selle



[DOWNLOAD ARTWORK](#)

Are you using the Recipe Box for some new recipes at Lodge events?

Norwegian Egg Coffee- https://www.sofn.com/norwegian_culture/featured_recipes/norwegian-egg-coffee/

Scandinavian immigrants popularized this distinctive brewing method in certain parts of the United States, and it remains a regional favorite to this day. The egg does not flavor the coffee, but instead clarifies it by filtering out bitterness and impurities. The result is an unusually smooth and mild brew. Want learn more about the science, history and recent revival of egg coffee? Check out [this article from Eater](#).

Recipe source: [Eater.com](https://www.eater.com)

Ingredients

5 Tbsp. coffee (medium grind works best)

1 egg

Instructions

Beat egg in a small bowl with a fork. Add coffee grounds and mix until you have a sludge.

Bring 7 cups of water to a boil in a large coffee pot or saucepan. Add coffee/egg mixture. Continue boiling until the foam disappears – about 3 minutes. Remove from heat.

Add 1 cup of cold water to the coffee pot. This will help settle the grounds.

Pour coffee through a strainer to catch any loose grounds. Serve.

New Museum Makes Splash in Northern Norway

Norway is adding yet another architectural attraction to its landscape with the opening of its new [whale-watching museum](#) in the Arctic circle. The museum is on the coast of Andøya, an island in Norway's Vesterålen archipelago. The purpose of the museum is to act as a viewpoint and educational center for those interested in the area's marine life.



Photo Courtesy of MIR, via www.afar.com

Dorte Mandrup, a Copenhagen architecture studio, were the masterminds behind the design. The village where the museum now calls home draws nearly 50,000 visitors each year for the chance to see a whale. The area is particularly favorable for whale-watchers because of its location in the Arctic Circle which helps draw many squids, and in turn a large number of whales.

The opening date, June 2023, was not the original intended target date. In fact, the original launch date of 2022 was postponed due to an archaeological discovery of a Viking age settlement on the building site. Nonetheless, there is much excitement around the unique museum's opening.

The goal for the design of the building was to blend the building into the landscape. The roof is curved, covered with stones, and was constructed in such a way that visitors can walk on the roof to enjoy the magnificent views. The museum also features a series of large glass windows that face the archipelago and draw the outside nature inward. Inside the museum, there will be a store, café, and whale-related artifacts. Visitors will also be able to look out over the Norwegian Sea through the large glass windows to catch a glimpse of marine life.

According to a press release, the [museum's mission](#) is to: "create awareness and inspire [the] conservation of whales and their environment." Additionally, the hope is that this new attraction will strengthen Northern Norway as a desirable travel destination.

<https://www.sofn.com/blog/new-museum-makes-splash-in-northern-norway/>

Don't forget to check out the new INTERNATIONAL LODGE DIRECTORY!

https://apps.sofn.com/service1/lodgedirectory/?_ga=2.161604926.388944767.1688036518-382800131.1674420980

And our District Directory pages!

<https://sonsofnorway5.com/lodges/>

Summer is a great time to update your lodge history! Is your lodge's up-to-date?

<https://sonsofnorway5.com/lodges/history/>

LODGE HISTORIES

[Askeladden 610](#)

[Østestaden 642](#)

[Birkebeiner 611](#)

[Bjørnstjerne Bjørnson 97](#)

[Christian Radich 568](#)

[Circle City 614](#)

[Cleng Peerson 525](#)

[Dovre 353](#)

[Edvard Grieg 657](#)

[Elvedal 556](#)

[Elvedal 556 original](#)

[Elvesund 593](#)

[Fagernes 616](#)

[Fjordland 606 \(Historical Only\)](#)

[Fosselyngen 82](#)

[Fossen 534](#)

[Grønnavik 632](#)

[Hafrsfjord 206](#)

[Hjalmer R Holand 549](#)

[Idun 74](#)

[Jotunheimen 286](#)

[Løven 29](#)

[Leif Erickson 189 \(Disbanded in 2017\)](#)

[Lincolnland 598](#)

[Mandt 314](#)

[Midnight Sun 419](#)

[Music City Vikings 681](#)

[Myrmarken 609](#)

[Nørrona 27 \(Historical\)](#)

[Nor Dekka 518](#)

[Nora Lodge No. 1 R.H.K. 415](#)

[Nordkap 378](#)

[Nordland 544](#)

[Nordlyset 183](#)

[Norse Valley 491](#)

[Norsemen of the Lakes 650](#)

[Norskeland 580](#)

[Polar Star 472](#)

[Rib Fjell 496](#)

[Samhold 473](#)

[Scandiana 600](#)

[Shawnee Skogen 689](#)

[Skjold 100](#)

[Sognefjord 523](#)

[Solheim 278 \(Historical only\)](#)

[Solvang 457](#)

[Sonja Henie 490](#)

[Trygvasson 220](#)

[Tvilling Fjordene 561](#)

[Ulseth 670](#)

[Vakkertland 570](#)

[Valhall 168](#)

[Valkyrien 53](#)

[Vennelag 513](#)

Deadlines and Dates! Changes in red!

- July 2- Deadline to sign up for Task Force Sub-Committees (send to Darlene)
- July 5- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- July 16-29- Masse Moro Camp
- August 1- October 31- District Membership Drive
- August 5- Task Force Call 9:00 AM CST
- August 13- Zone 3 picnic at John and Darlene Arneson's farm in Stoughton
- October 7- Zone 2 Meeting in Blair
- October 13-14- District 5 Board Meeting in Mt. Horeb, WI
- October 27-29- District 5 Adult Heritage Camp and Destination Stoughton Weekend in Stoughton, WI

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhagen (ATuchenhagen@sofn.com). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use sales@sofn.com

Viking Chest / Immigrant Trunk Schedule

Apr 2023 to Oct 2023:

Chest--zone 4 – Contact Connie Aiello and Judy Ghastin to reserve them

Trunk--zone 3 – Contact Scott Wegner and Cheryl Wille-Schlesser to reserve them

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.

- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com