

Sons of Norway District 5 - Friendly Fifth Friday News

June 26, 2026

A District Weekly Newsletter to Keep Us Up to Date!

Norsk Museum and Cleng Peerson Lodge to Host Free Rosemaling Workshop July 19

SHERIDAN, IL — The Cleng Peerson Lodge of Sons of Norway and the Norsk Museum invite the public to attend a free Rosemaling Workshop on Sunday, July 19, 2026, at the Norway Community Building, 3656 E. 2631st Rd., Sheridan, Illinois.

The workshop will be led by accomplished Rosemaler Kathy “Kass” Mufich, who will introduce participants to the traditional Norwegian folk art of Rosemaling. Often described as the painting art of Norway, Rosemaling is known for its flowing floral designs, vibrant colors, and decorative patterns that have been passed down through generations. The event begins at Noon with lunch and a brief meeting, followed by the hands-on workshop from 1:00 p.m. to 3:00 p.m.

Whether you are an experienced painter or have never picked up a brush, this workshop offers a unique opportunity to learn the basics of this beautiful Norwegian art form in a welcoming and supportive environment.

“Rosemaling is one of Norway’s most treasured artistic traditions,” organizers said. “If you have ever wanted to learn how to paint in this distinctive style, this is your chance.”

Following the workshop, attendees are encouraged to visit the Norsk Museum’s extensive Rosemaling exhibit, which showcases examples of this decorative folk art and highlights its cultural significance in Norwegian heritage. All painting supplies will be provided. Just bring your desire to learn. The event will be held at the Norway Community Building, located off Route 71 (Cleng Peerson Memorial Highway), directly across from the Norway Store.

Participation is free of charge, but advance reservations are required so organizers can order the necessary supplies. Seating is limited to 50 guests. The deadline for registration is July 10.

Event Details

- What: Rosemaling Workshop
- When: Sunday, July 19, 2026
- Noon: Lunch and meeting
- 1:00–3:00 p.m.: Workshop
- Where: Norway Community Building, 3656 E. 2631st Rd., Sheridan, IL 60551
- Cost: Free
- Hosted by: Cleng Peerson Lodge (Sons of Norway) and the Norsk Museum
- Instructor: Kathy “Kass” Mufich
- Reservations: Required; limited to 50 participants

Reservations- To reserve a spot, call or text Dave Johnson at (815) 343-5070.

For those interested in Norwegian culture, folk art, and hands-on learning, this workshop promises an enjoyable afternoon celebrating one of Norway’s most recognizable artistic traditions.

Dave Johnson- Historian, Sloop Society of America, Board President, Norsk Museum

(815) 343-5070 Visit www.NorskMuseum.org for additional details.

Sons of Norway District 5 Convention 2026
August 2-6, 2026 Stoughton, WI



Cultural Arts Display

Calling all members of Sons of Norway District 5!

Prepare your cultural arts projects for display at the District 5 Convention

August 2-6, 2026, in Stoughton, WI. Any cultural arts projects completed since June of 2024 are eligible for display. An important part of the convention is the presentation of folk art projects completed by members. Your work will be appreciated by members from throughout the district. What a wonderful opportunity to display your skill and show others your contribution to carrying on traditional skills.

Our display space is somewhat limited, so it is important to register your pieces as soon as you can. The judging will be people's choice; there is no fee; pre-registration is needed; work must have been finished after the 2024 convention; SofN members only may enter; work must be completed by the person registered as the artist; each item must have appropriate identification attached; items will be kept at Mandt Lodge and locked overnight; volunteers will monitor the display during the day.

Cultural Skills Categories include: rosemaling, Norwegian weaving, Nordic or Sami-influenced hand knitting, Norwegian needlework (Hardanger embroidery, Klostersøm, Diamantsøm, Nålbinding), crocheting, tatting, wood carving (figure, relief, chip), bent wood construction, photography, painting, knife-making, stained glass making, kolrosing.

Cultural arts items may be checked in at Sons of Norway, 317 S. Page St., Stoughton, WI on Monday, August 3, 6:30-8:00 pm.

Items may be sent with someone if the artist is not attending the convention.

Send questions to Lucy Ghastin at leghastin@gmail.com.

Lucy Ghastin
District 5 Cultural Director

Sons of Norway District 5 Convention
August 2-6, 2026 Stoughton, WI

Cultural Arts Display
Item Registration Form



Artist Name _____ email _____

Address _____

Phone _____ Lodge name & # _____

Category & Description

Item 1

Item 2

Item 3

Send this form to Lucy Ghastin, 7130 Century Ave., Middleton, WI 53562.

Attach an ID tag to each item submitted.

Item 1 Artist name

Item 2 Artist name

Item 3 Artist name

Sons of Norway District 5 Convention 2026

Thank you for sharing your cultural arts work with other Sons of Norway District 5 members at the convention.

Attached are the identification form and the claim ticket form. Please fill them out except for the number. That will be assigned at check-in on Monday, August 3, 6:30 pm – 8 pm, Sons of Norway, 317 Page St., Stoughton, WI.

The identification tag will be displayed with each item with the artist's name folded under for anonymity in voting. Half of the claim ticket will be kept at the Cultural Arts room and you keep the other half to present when picking up your items on Thursday, August 6 from 12:00 - 1:30 pm, Sons of Norway, 317 Page St., Stoughton, WI.

Lucy Ghastin
D5 Cultural Director

Sons of Norway D5 Convention 2026

Cultural Arts Display ID Tag # _____

Number will be assigned at the show.

Description of item

Artist _____

Sons of Norway D5 Convention 2026

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Number will be assigned at the show.

Description of item

Artist _____

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Number will be assigned at the show.

Description of item

Artist _____

Sons of Norway D5 Convention 2026

Cultural Arts Display ID Tag # _____

Number will be assigned at the show.

Description of item

Artist _____

Claim Ticket This half retained by docents at show.

Category _____

Number assigned _____

Artist _____

Claim Ticket Show this half to pick up item.

Category _____

Number assigned _____

Artist _____

Claim Ticket This half retained by docents at show.

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Number assigned _____

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Time to get your registrations in!



Sons of Norway District 5 Convention 2026
 August 2-6, 2026 Stoughton, WI
 Deadline: July 1, 2026



Delegate Registration Form- One Form Per Person Please

NAME:

ADDRESS:

PHONE:

EMAIL:

LODGE NAME/#:

| Item | Cost | # | Amount |
|---|------|---|--------|
| Delegate Registration Fee: (includes Wednesday & Thursday lunches, coffee breaks, and bag) | \$90 | | |
| Monday: A Day on the Prairie Tour with bus transportation and meals. Please indicate if you have any mobility issues as there will be walking. | \$75 | | |
| Monday: A Day on the Prairie Tour, self-guided* Lunch at East Koshkonong | \$10 | | |
| Monday: A Day on the Prairie Tour, self-guided* Supper at St. Paul's Liberty | \$20 | | |
| Monday: Rosemaling class with Nancy Odalen, VGM at Mandt Lodge | \$25 | | |
| Monday: Flat Plane Wood Carving with Roger Odalen at Mandt Lodge | \$25 | | |
| Tuesday: Hardanger Embroidery Class at American Legion | \$50 | | |
| Wednesday Evening: Convention Banquet Buffet includes Roast Beef, Baked Cod, Baked Potato, vegetables and salads. | \$30 | | |
| Merchandise: Convention Pins (indicate # of pins ordered) | \$5 | | |
| Merchandise: T-shirts (indicate qty of each size) S M L XL 2X 3X | \$20 | | |
| Late Registration Fee (if postmarked* if received after July 1) | \$20 | | |
| Dietary Restrictions: Please note any restrictions here: | | | |
| Or if you prefer a vegetarian option: | | | |

When mailing your check, please include a copy of this form. Make checks payable to: SONS OF NORWAY – MANDT LODGE

Send to: Sons of Norway - Mandt Lodge Attn: Jane Conner, 317 S Page St, Stoughton, WI 53589

To help us plan, do you think you are attending any of the following events? Circle those you are considering attending!

| | | |
|--------------------------------|---|---|
| Sunday- Furseth Grain Farm | Sunday- Furseth Dairy Farm | Sunday- Fevolden Alpaca Studio |
| Sunday- President's Reception | Monday- Day on the Prairie-driving on your own for part/all | Tuesday- attending workshops in the afternoon |
| Tuesday – Foundation Fun Night | | |



Sons of Norway District 5 Convention 2026
 August 2-6, 2026 Stoughton, WI
 Deadline: July 1, 2026



Non-Delegate Registration Form- One Form Per Person Please

NAME:

ADDRESS:

PHONE:

EMAIL:

LODGE NAME/#:

| Item | Cost | # | Amount |
|---|------|---|--------|
| Non-Delegate Registration Fee: (includes coffee breaks, and bag) | \$20 | | |
| Monday: A Day on the Prairie Tour with bus transportation and meals. Please indicate if you have any mobility issues as there will be walking. | \$75 | | |
| Monday: A Day on the Prairie Tour, self-guided* Lunch at East Koshkonong | \$10 | | |
| Monday: A Day on the Prairie Tour, self-guided* Supper at St. Paul's Liberty | \$20 | | |
| Monday: Rosemaling class with Nancy Odalen, VGM at Mandt Lodge | \$25 | | |
| Monday: Flat Plane Wood Carving with Roger Odalen at Mandt Lodge | \$25 | | |
| Tuesday: Hardanger Embroidery Class at American Legion | \$50 | | |
| Wednesday: Rosemaling class with Nancy Odalen, VGM at Mandt Lodge | \$25 | | |
| Wednesday: Lunch with the delegates at the SASD Building | \$17 | | |
| Wednesday Evening: Convention Banquet Buffet includes Roast Beef, Baked Cod, Baked Potato, vegetables and salads. | \$30 | | |
| Thursday: Lunch with the delegates at the SASD Building | \$14 | | |
| Merchandise: Convention Pins (indicate # of pins ordered) | \$5 | | |
| Merchandise: T-shirts (indicate qty of each size) S M L XL 2X 3X | \$20 | | |
| Late Registration Fee (if postmarked* if received after July 1) | \$20 | | |
| Dietary Restrictions: Please note any restrictions here: | | | |
| Or if you prefer a vegetarian option: | | | |

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| Sunday- President's Reception | Monday- Day on the Prairie-driving on your own for part/all | Tuesday- attending workshops in the afternoon |
| Tuesday – Foundation Fun Night | | |

Sons of Norway-District 5 Convention At-a-Glance Schedule of Events

(June 1, 2026 update)

Sunday, August 2

- 9:00 AM- St. Paul's Liberty Church service- Schuster's Round Barn- 1326 Hwy 12 & 18, Deerfield
- 12 PM- 2 PM- Registration at Sons of Norway, 317 S. Page St
- 1:00 PM- Farm tour at Furseth Farm's Grain Operation- 2157 County A, Stoughton
- 2:15 PM- Farm tour at Furseth Farm's Dairy Operation- 1114 Starr School Road, Stoughton
- 3:30 PM-5:00 PM- Open hous at Fevolden Farm's (Alpaca) Studio- 2454 E. Gaston Rd, Cottage Grove
- 5:00-9:00 PM- President's Reception at the Arneson Farm, 2056 Skaalen Rd, Stoughton

Monday, August 3

- 8:00 – 9:00 AM- Registration at Sons of Norway, 317 S. Page St, Stoughton
- 9:00 AM- 6:30 PM- Day on the Prairie Bus Trip
- 9:00 AM- 1:00 PM- Rosemaling Class with Nancy Odalen at Sons of Norway, 317 S. Page St, Stoughton
- 9:00 AM- 1:00 PM- Carving Class with Roger Odalen at Sons of Norway, 317 S. Page St, Stoughton
- 9:00 AM – 4:00 PM- Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison is open for research (suggest appointments) or stopping by to visit!
- 6:30 PM – 8:00 PM- Registration and Setting up Cultural Arts Display at Sons of Norway, 317 S. Page St, Stoughton

Tuesday, August 4

- 8:00 AM- 7:00 PM- Registration at Sons of Norway, 317 S. Page St, Stoughton
- 9 AM – 12 noon- Hardanger Class and product sales at American Legion, 803 N. Page St, Stoughton
- 9:00 AM- 11:00 AM- Wet Felted Flowers at Spry Whimsy Fiber Arts, 168 W. Main St, Stoughton
- 9:00 AM- 11:30 AM- District 5 Board of Director's Meeting- Sons of Norway, 317 S. Page St, Stoughton
- 9:00 AM – 12 noon- D5 Laser Engraved Rolling Pin Class at Innovation Center, 421 W. Main St. Stoughton
- 9:00 – 4:00 PM- Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison is open for research (suggest appointments) or stopping by to visit!
- 9:30 AM-12:00 PM and 12:30 PM-5:00 PM- Livsreise is open- 277 West Main Street, Stoughton
- 10am – 4:00 PM with a break for lunch- Hnefatafl (Viking Chess) Board & Players at Grand Inspired, 501 E. Main St, Stoughton
- 11:45 AM- Invited luncheon for District 5 Board, convention committee, and convention volunteers at Sons of Norway, 317 S. Page St, Stoughton
- 12 Noon- 4:00 PM- Spoon Carving Class at Grand Inspired, 501 E. Main St, Stoughton

- 1:00 PM- Conventions committee meet (as needed) at Sons of Norway, 317 S. Page St, Stoughton
- 12:15 – 5:00- Workshops at the American Legion, 803 N. Page St. They also will have food available.
 - 12:15- Those darn SN required reports!
 - 1:00- SN Foundation Grant Writing- Amy Tuchenhagen
 - 1:50- District 5 Roundtable- Your questions and needs!
 - 2:30- Youth Activities and Masse Moro
 - 3:10- Dana Kelly and NAGC & NL
 - 4:10- James Nelson on Yukon Relief Expedition
- 1:00 PM – 3:00 PM- Wet Felted Flowers Class at Spry Whimsy Fiber Arts, 168 W. Main St. Stoughton
- 1:00 PM- 4:00 PM- Free-will donation to visit Stoughton Historical Society Museum, 324 S. Page Street
- 1:00 PM – 4:00 PM- D5 Nordic Cookie Stamp Workshop at Innovation Center, 421 W. Main St, Stoughton
- 3:00-4:00 PM- Stoughton Opera House tour- 381 E. Main St, Stoughton – no fee
- 5:00 PM-6:30 PM- Supper on your own
- 6:30 – 9:30 PM- Foundation Fun Night at Sons of Norway, 317 S. Page St, Stoughton

Wednesday, August 5

- 8:00 – 9:30 AM- Registration and setting up silent auction, banners, and newsletter displays at the SASD Administration Building-320 North St, Stoughton
- 9:00 – 4:00 PM- Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison is open for research (suggest appointments) or stopping by to visit!
- 9:30 AM- 4:00 PM- District 5 Lodge Meeting at the SASD Administration Building-320 North St, Stoughton
- 9:00 AM- 11:00 AM- Wet Felted Soap Class at Spry Whimsy Fiber Arts, 168 W Main St, Stoughton
- 9:00 AM- 1:00 PM- Rosemaling Class with Nancy Odalen at Sons of Norway, 317 S. Page St, Stoughton
- 9:00 AM- 12 Noon- Nordic Cookie Stamp Workshop at Innovation Center, 421 W. Main St, Stoughton
- 9:30 AM-12:00 PM and 12:30 PM-5:00 PM- Livsreise is open- 277 West Main Street, Stoughton
- 9:00 AM – 4:30 PM- Cultural Arts Display on the stage. Time to socialize and network! Watch videos at Sons of Norway, 317 S. Page St, Stoughton
- 11:30- 12:30- Lunch for delegates and those paying for the lunch at the SASD Administration Building-320 North St, Stoughton
- 1:00-2:00 PM- Stoughton Opera House tour- 381 E. Main St, Stoughton – no fee
- 1:00 PM – 3:00 PM- Yarn Spinning Demonstrations at Spry Whimsy Fiber Arts, 168 W Main St, Stoughton
- 1:00 PM- 4:00 PM- Free-will donation to visit Stoughton Historical Society Museum, 324 S. Page Street
- 1:00 PM- 4:00 PM- Laser Engraved Rolling Pin Class at Innovation Center- 421 W. Main St, Stoughton
- 5:00 PM- Banquet at the VFW- 200 Veterans Rd, Stoughton

Thursday, August 6

- 8:30 AM- Registration for any changes at the SASD Administration Building-320 North St, Stoughton
- 9:00 AM- until business is done in the afternoon!-District 5 Lodge Meeting at the SASD Administration Building-320 North St, Stoughton
- 9:00 – 4:00 PM- Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison is open for research (suggest appointments) or stopping by to visit!
- 9 AM- 1 PM- Laser Cut Rubber Stamp Class at Innovation Center, 421 W. Main St., Stoughton
- 9:00 AM- 1:30 PM- Time to visit Cultural Art Displays, watch videos, and pick up entries between 12:00- 1:30 PM at Sons of Norway, 317 S. Page St, Stoughton
- 9:30 AM-12:00 PM and 12:30 PM-5:00 PM- Livsreise is open- 277 West Main Street, Stoughton
- 10:00 -10:30 AM- Coffee Break and Silent Auction ends at 10:30 AM at SASD Administration Building-320 North St, Stoughton
- 10 AM – 11:30 AM- Tatting Demonstration at Spry Whimsy Fiber Arts, 168 W. Main St, Stoughton
- 11:30 AM-12:30 PM- Lunch for delegates and those paying. Pick up silent auction items at the SASD Administration Building-320 North St, Stoughton
- After Business Meeting Adjourns- Reorganization Meeting of the District 5 Board at Sons of Norway, 317 S. Page St, Stoughton

Sons of Norway 2026 Convention Classes

Innovation Center Stoughton Classes: (register via this link- <https://www.innovationcenterstoughton.org/workshops> - not on the convention registration form)

421 E. Main Street, Stoughton, WI 53589

<https://www.innovationcenterstoughton.org/>

August 4, 2026, Sons of Norway D5 Laser Engraved Rolling Pin Class, 9 AM to Noon. Fee: \$35



In this workshop, you will create a custom laser-engraved rolling pin which you can use to emboss homemade cookies. Feel free to bring digital or hand drawn ideas of your own.

Depending on the size of the class, participants may be asked to return to ICS to pick up their rolling pin. Class size of 10 max.

Programs: Adobe Illustrator Machines: Laser Cutter (Epilog Laser Helix 24 C02) Watch this video for a sneak preview: [Laser Engraved Rolling Pin](#)

**August 4, 2026, Sons of Norway D5
Nordic Cookie Stamp Workshop,**

1 to 4 PM. Fee: \$10

Did you know that stamped cookies originated in the 14th century? They were popular with German, Dutch and Scandinavian bakers that would use carved wood or clay stamps to press



into the dough. Our workshop will teach you how to personalize your own stamp for cookies using Adobe Illustrator to design and the Epilog Laser to engrave. **Feel free to bring digital or hand drawn ideas of your own.**

Watch the video to see how the Nordic Kitchen uses stamps on their cookies. You will create a wooden stamp with a handle in our workshop. [Rycroft Stamps](#)

<https://www.youtube.com/watch?v=VjUUvXRq0Dk>

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Watch the video to see how the Nordic Kitchen uses stamps on their cookies. You will create a wooden stamp with a handle in our workshop.

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Rycroft Stamps

August 5, 2026, Sons of Norway D5 Laser Engraved Rolling Pin Class, 1 to 4 PM

Fee: \$35



In this workshop, you will create a custom laser-engraved rolling pin which you can use to emboss homemade cookies. **Feel free to bring digital or hand drawn ideas of your own.**

Depending on the size of the class, participants may be asked to return to ICS to pick up their rolling pin. Class size of 10 max.

Programs: Adobe Illustrator **Machines:** Laser Cutter (Epilog Laser Helix 24 CO2) Watch this video for a sneak preview: [Laser Engraved Rolling Pin](#)

August 6, 2025, Sons of Norway D5 Laser Cut Rubber Stamp Class,

9 AM to 11 AM Fee: \$5



Customize a rubber stamp, secured to a block of wood. Whether you are a scrapbooker, want to personalize stationery or place your mark on the back of your art, these customized stamps are fun and easy to make. **Feel free to bring digital or hand drawn ideas of your own.**

Programs: Adobe Illustrator **Machines:** Laser Cutter (Epilog Laser Helix 24 CO2)

Grand Inspired- <https://grandinspired.com/>

Grand Inspired Gallery & Makerspace

501 E Main St., Stoughton, WI

(register via this links - not on the convention registration form)

Spoon Carving- <https://grandinspired.com/shop/woodworking-class/spoon-carving-class/>

Tuesday, August 4th: Noon – 4pm

\$75.00

Learn the art of hand-carving a wooden spoon in this beginner-friendly workshop. All tools and materials provided — create a functional, food-safe utensil and leave with a handmade piece you'll be proud to use or gift.

Discover the relaxing and rewarding art of hand-carving your own wooden spoon in this beginner-friendly workshop. In this class, participants will learn traditional spoon-carving techniques using simple hand tools to transform a small block of wood into a functional and beautiful kitchen utensil.

You'll be guided step-by-step through the entire process — from choosing the grain direction and sketching your design, to rough shaping, hollowing the bowl, refining the handle, and finishing the surface for food-safe use. Along the way, you'll learn safe knife and gouge handling and tips that make carving smoother and more enjoyable.

No prior carving experience is needed. This class focuses on creativity, patience, and the satisfaction of making something entirely by hand. Each participant will leave with a completed spoon (or close to it), the knowledge to continue carving at home, and an appreciation for the craftsmanship behind handmade wooden utensils.

Suitable for ages 16+

\$75 includes all materials, tools, and instruction to make a practice spreader and one spoon.

Hnefatafl- <https://grandinspired.com/shop/woodworking-class/hnefatafl-board-players/>

Tuesday, August 4th. 10am – 4pm with a break for lunch

\$120 includes all materials & instruction

Hnefatafl, also known as **The Viking Game**, **The King's Table** or simply **Tafl**, is one of those two-player games where the opposing sides are not equal in number. There is a host of information on the Internet about **Hnefatafl**, including many rule variations that are worth experimenting with.

Spry Whimsy Classes (register via these links- not on the convention registration form)

- Wet Felted Flowers- <https://www.sprywhimsy.com/product/sons-of-norway-wet-felted-flower-class-august-4th-see-times-in-pulldown-menu/KFN74NEMECNMSFAAZY36AE3S?cs=true&cst=custom>
- Wet Felted Soaps- <https://www.sprywhimsy.com/product/sons-of-norway-wet-felted-soap-august-5th-9am-11am/N3EDDUEWRSY33XEMUGB33QOH?cs=true&cst=custom>



Spry Whimsy
FIBER ARTS

Spry Whimsy Fiber Arts welcomes you to Stoughton!

We are a local yarn shop with a large variety of selections. We also have supplies for felting and spinning. Come check out our unique gifts that will give you a giggle. We are thrilled to offer a 10% discount on purchases (excluding sale items and spinning wheels) to the Sons of Norway District 5 Convention visitors.



Wet Felted Flowers with Kim Overton

Tuesday August 4th, 9am-11am or 1pm-3pm

Learn to make a wet felted flower. Students will leave with two flowers each. Materials included.

\$30 per person [Register Here](#)



Wet Felted Soaps with Kim Overton

Wednesday August 5th, 9am-11am

Learn to decorate a hand-made bar of soap with wet felting. Students will go to Soap and Flame (store across the street) together at the beginning of class and purchase soap for the class (not included in class fee). Time is included for felting three bars of soap.

\$30 per person [Register Here](#)



Yarn Spinning
Demonstration
with Ingrid
McMasters

August 5th, 1pm-3pm

no charge

Tatting
Demonstration
with Kerra
Springgay

August 6th, 10am-
11:30am

no charge

168 W Main Street
Stoughton, WI
608-239-0809
www.sprywhimsy.com

WE ARE OPEN 7 DAYS A WEEK!

Monday, Tuesday, Thursday, Friday 10 - 6
Wednesday 10 - 7
Saturday 10 - 5, Sunday 12 - 4

Classes that you use the Convention Registration Forms for!

Rosemaling – Christmas Ornament

Date: Offered two times! Monday morning, August 3 and Wednesday morning, August 5

Time: 9AM-1PM - this is a 4-hour class

Location: Sons of Norway Lodge- Mandt – downstairs

Level of Instruction: This class will be geared towards beginning rosemaling students, but all levels of experience are well to join in the fun.

This class will be taught in acrylic paint.

Who may attend: ALL Rosemalers are welcome to join this class.

Class size limited for Beginning Rosemalers 10-12

Nancy Odalen, Vesterheim Gold Medalist (VGM) will be teaching this class. This will be an interesting, fun, and informative class that will provide you with an opportunity to try your hand at rosemaling an ornament.

Class Fee \$25.00 per person

The class fee will include the use of acrylic paint, brushes and other supplies as well as the design for the ornament. You will receive one (1) ornament that has already been backgrounded and is ready for you to add your special touch. If the student wishes to work on another ornament, then there will be an additional fee for these. The fee for each additional ornament will be \$5.00

Contact information: Nancy Odalen, 608-513-1837, Naodalen@charter.net

Wood Carving Class – Traditional Scandinavian Flat Plane

Date: Monday August 3, 2026

Time: 9AM-1PM - this is a 4 hour class

Location: Sons of Norway Lodge- Mandt – upstairs.

Level of Instruction: This is a beginning wood carving class.

Who may attend: ALL carvers are welcome to join this class.

Class size limited to 6-8 beginning carvers. Any number of experienced carvers are welcome.

Roger Odalen will be teaching this class and has over 20 years of experience in figure carving.

Beginning Carver: Class Fee \$25.00 per person

The class fee will include the use of a carving knife, gloves, sharpening stones. Two pieces of wood for project are also included in the class fee.

If the student wishes more blank wood piece to work on, then there will be an additional fee for these.

Experienced Carvers:

There is no class fee for experienced carvers that bring their own supplies, knives, gloves, etc. Come and join in in the conversation as we spend time talking about all things wood carving.

Wooden Blanks will be available for sale at the class.

This will be an interesting, fun, and informative class that will provide you with a foundation in the art of figure carving.

Contact information: Roger Odalen, 608-513-1838 Rogerodalen@yahoo.com

Hardanger Class-

Tuesday, August 4th, 2026 at the American Legion 9:00 a.m. to Noon

CLASS: Learn Hardanger Embroidery Basics

Taught by Donna Olson

INCLUDED:

Monogram Bookmark A,B,C Kit

Includes: Pattern, Instructions, Material, Thread, Needles

Cost of Class-Decide by SONS Committee

Instructor Fees & Kit: \$50

Contact for more information: LindaBradleyTravel@att.net

Note: Throughout the day (9:00 AM- 4:30 PM)- Some of our Hardanger presenters will have finished Hardanger items and supplies for sale!

Still room for Day on the Prairie!!

Day on the Prairie- Monday

Two options for a Day on the Prairie which is a day full of experiences on the Koshkonong Prairie.

1. **Bus Option-** Up to 54 people taking a coach bus for a guided tour with off the bus stops at West Koshkonong Lutheran Church, East Koshkonong Lutheran Church, Rockdale Beer Cellar, Cambridge Historic School Museum, and St. Paul's Liberty Church and drive-by many more historic places. The \$75 registration fee includes the bus, water on the bus, lunch at East Koshkonong, dinner at St Paul's Liberty Church, and a presentation by Dana Kelly on *The Norwegian-American Legacy in Wisconsin*: Descendants of Norwegian immigrants make up a

relatively small percentage of Wisconsin's population. However, their impact can not be overstated. Join us to discover the history of Norwegian Americans in Wisconsin.

2. **Drive on your own**- We will provide a map and narrative of the stops we are going to but you will be on your own for them. If you are at a stop when the bus is there, you are welcome to join us. If you want lunch or supper, you must sign up for the meals by July 1. This option allows you to take a class in the morning or getting to Stoughton a bit later on Monday.

Meals for Day on the Prairie

- Lunch – 11:30 AM at East Koshkonong Lutheran Church- \$10/person- This will consist of a sandwich, fruit cup, chips, pickles, and dessert. We will provide coffee and water.
- Supper- 4:30 PM at St. Paul's Liberty Prairie Church- \$20/person- Chicken Tetrazini, salad, bread and dessert with coffee, lemonade and water.
- Meal prices are part of the Bus Trip package. If others want to eat who are driving on their own, meals must be ordered by July 1.

2026 Calendar

June 30- 2nd cycle deadline for D5 Nordic Legacy Foundation Cultural and Matching Grant applications

July 1- Convention registrations due and hotel room blocks end

July 12-25- Masse Moro

July 20- Viking Photo submissions due to LaVonne Wier

August 2-6- District 5 Convention in Stoughton

November 1- Lodge Liability Insurance due

December 31- Lodge Officer Updates (D63) due

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- **Foundation, Scholarships & Grants-** Amy Tuchenhagen
foundation@sofn.com, atuchenhagen@sofn.com, (612) 821-4655
- **Fraternal & Membership-** Connie O'Brien and Kirsten Lehman
fraternal@sofn.com, (612) 821-4643
- **Culture, Viking & Language:** Jana Velo
jvelo@sofn.com
- **Insurance Sales:**
SonsofNorwaySales@sofn.com, (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar. If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.