

## Friendly Fifth Friday News June 2, 2023

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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### Viking Photo Time!

Time is flying and we've had a very nice month of May. Wish we could keep it like this all summer. Shortly it will be time for the Fyrbal to celebrate the summer solstice.

I would love to see photos from more than just a few lodges. Let's see pictures of your fun activities. I can't guarantee they will all go in the Viking, but they might possibly be featured in the Happenings section of the Sons of Norway website.

If you are not computer savvy, you can send the photo and the photo submission form to me via snail mail. I have figured out how to get them on the computer and submitted to the Viking. My mailing address is: LaVonne Wier, N17625 Hammond Lane, Galesville, WI 54630.

I hope you and your lodge have a wonderful summer! This e-mail will also be sent to your lodge editor.

The photo submission form is attached.

LaVonne Wier  
D5 Publicity



## Sons of Norway Content & Photo Submission Form

This form is provided to help you share information about your members, past and upcoming lodge events and district happenings via Viking magazine and other organization communications.

The event or photo caption will be based on information you provide so please check spelling of lodges, member names and location information. Send your member profile photographs and this form to your lodge publicity director who in turn should forward it to the district publicity director. If your lodge does not have a lodge publicity director, please send submissions, including this form, directly to your district publicity director.

*By submitting this photo submission form, I grant permission and consent to Sons of Norway and the Sons of Norway Foundation for the use of the following photograph(s) as identified below to promote the organization(s). Use may include but is not limited to print publication, publicity, advertising, and digital or online content.*

### Submitter's Contact Information

*\*\* Highlighted fields are required. Place cursor after highlighted word and type your response.*

**Name:**

**Phone:**

**Email:**

**Lodge Name:**

**District/Lodge Number:**

**Location:**

**Are you providing a High-Resolution photo (Yes or No):**

(Not sure? Here is a [link](#) explaining what a high-resolution photo is)

**File name if providing a photo:**

Please fill in the appropriate information for the content categories noted below. Please keep in mind that Viking magazine content is prepared two months ahead of issue.

### **1. Past Events and Member Activities**

Includes recognition of current members, lodge celebrations, community service projects and other past activities. Please include event purpose and location. Individual member names of those shown in photo may be included, however we are limited in caption length to 1 or 2 lines per photo.

**Description:**

C&P\_8.2021

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### **2. Member Profiles**

This content features members who with an interesting story that will inspire other members. It could include outstanding long-term or young members in your lodge and district, other members who celebrate their heritage in unique ways. Please include the member contact information, along with a brief description explaining why you believe they should be featured.

**Description:**

### **3. Upcoming Events and Member Activities**

Includes upcoming lodge and district events that are open to all members, as well as public events. We will feature in-person and remote events such as district wide fundraising initiatives, festivals, community events where the lodge/district will be represented, and upcoming cultural activities or youth camps. A photo is not required. Your description should include dates and location of the upcoming event and a contact name and email/phone number that will be published.

**Description:**

## **Task Force Survey May 2023**

Please send your thoughts on zones so the District 5 Task Force and Board can review them. Please email your responses to Darlene Arneson. The online, email and hard copies surveys will close on July 15. The District 5 Task Force will use your responses in their report to the Board. Send them to [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or mail to Darlene Arneson, 2056 Skaalen Road, Stoughton, WI 53589. You can also fill this out online at:

Thank you!

Darlene Arneson, District 5 Secretary and Chair (Zone Alignments and Lodge Development & Support Committee)

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### **What do you expect from your zone directors as far as visits, contacts, or other help?**

- Visit once a year
  - Hosting zone meetings or events
  - Regular communications via email, virtual platforms, or phone calls
  - In-person visits
  - Assistance with forms and filings
- Other:

### **Do you feel connected to the other lodges in your zone?**

- Yes- we do many things with other lodges.
  - We have limited dealings with other lodges.
  - We never get together or work with them.
  - I'd like to have leadership training provided.
  - I'd like to see more social or cultural events.
- Other:

### **Looking at the distance between some lodges and where the zone directors live, what suggestions do you have for addressing communications/visits/outreach in some areas?**

- Meeting via a virtual platform (ZOOM, TEAMS) is fine.
- I'd like to have some in-person events.
- I'd like to have some monthly/quarterly opportunities to meet.
- I'd like to have in-person training at least once a year.

Other:

**Do you have any suggestions for realignment, changing the number of zones, or other ways that would make the zone assignments equal in numbers, distance and services provided by the District Board.**

I've reviewed the maps and think that some look like they'd work well.

I want to leave the zones as they are.

I don't think we need zones at all.

Other:

**For the structure of the District Board**

I like the structure as it is- 2 zone directors per zone, all officers except Secretary and Treasurer are zone directors.

I don't think any officer should be a zone director.

One zone director is enough.

Elect an Executive Committee and then one zone director per zone.

I think the number of zone directors should be based on the number of lodges.

I think the number of zone directors should be based on the membership in the zone.

Other:

**Or you can share this or fill it out via Google Survey!**

I've invited you to fill out a form:

**[SN D5 Task Force May Survey](#)**

Please send your thoughts on zones so the District 5 Task Force and Board can review them. Please input your responses by using this survey for discussion at our next meeting. The online, email and hard copies surveys will close on July 15. The District 5 Task Force will use your responses in their report to the Board. Send them to [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com).

Thank you!

Darlene Arneson, District 5 Secretary and Chair (Zone Alignments and Lodge Development & Support Committee

**FILL OUT FORM**

**Zone 4 Meeting Cancelled**

Unfortunately Zone 4 did not have enough registrants for the June 3 meeting, so we cancelled. We will reschedule for a fall date. Judy and Connie

## SN NLF Stamp Sets- Have you tried them?

Stamp Set	Cost* (S&H included)	Quantity	Total
Nordic Alphabet 1 (Decorative block)	\$16		
Nordic Alphabet 2	\$16		
Nordic Thanks (Syttende Mai)	\$16		
Nordic Sympathy (Rosemaling)	\$16		
Nordic Wishes (Animals/Troll)	\$16		
Nordic Christmas 1	Coming 2023		
Nordic Christmas 2	Coming 2023		
Nordic Easter	Coming 2023		
Nordic Viking	Coming 2023		
		<b>TOTAL</b>	

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Lodge: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Interested in a stamping class: YES NO

Make check out to: **Nordic Legacy Foundation**

Mail to: Connie Aiello  
 Nordic Legacy Foundation  
 6237 Hilltop Drive  
 Mt Pleasant, WI 53406

If you have any questions, contact Connie at [NLFstamps@gmail.com](mailto:NLFstamps@gmail.com) or at 623-252-8861.

For stamping ideas please visit

<https://sonsofnorway5.com/> or on Facebook @sonsofnorwaydistrict5

\*Shipping is only available in the U.S. and Canada

# Member Discounts

Planning an event, a trip to Norway or just looking for something for yourself? We offer discounts to make your adventure even better.

## ***Make the Most of Your Membership***

Next to *Viking* magazine, one of the most valuable benefits of membership is our discount program. As a member you will enjoy access to discounts on a wide spectrum of products and services from local and national retailers.

## **Members Enjoy Access to Discounts from a Variety of Companies**



**PerkSpot**

By visiting Sons of Norway's exclusive PerkSpot portal you can start saving today on products and services, like travel, clothing, food, entertainment and electronics. But that's not all! Every month new discounts are added to enhance the benefit and, once you create your account, the discounts you see will be tailored to the area in which you live!

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## **Films of Norway**

Films of Norway is an internet streaming service with a wide variety of Norwegian movies and TV series offered through a budget-friendly monthly or annual subscription. Watching these programs is a fun way to learn about Norwegian culture and improve your Norwegian language skills. **Sons of Norway members worldwide are entitled to 1 free week and 25% off** the regular monthly or annual subscription rate.

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## **Avis and Budget Car Rental**

Members receive a 30% discount at participating locations worldwide.

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## **Best Western Hotel**

Members receive a discount of up to 10% at any of Best Western's 3,400 hotels in the United States, Canada, and select properties in Scandinavia.

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## **Radisson Hotels**

Members qualify for 5% off the regular rate at Radisson Blu, Radisson®, Country Inns & Suites By CarlsonSM, Park Inn by Radisson, and Park Plaza® hotels.

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## **Norwegian Map Service**

Sons of Norway Map Service offers members and nonmembers access to a variety of maps. Genealogists, travelers, and map lovers have discovered this handy mail-order method of obtaining maps. All maps are produced by Statens kartverk, the official mapping authority for the Norwegian Government. [Click here](#) for more information.

## ***Sons of Norway Headquarters***

### **Address:**

1455 W. Lake Street  
Minneapolis, MN 55408-2666

**Toll-free:** 800-945-8851

**Fax:** 612-827-0658

## **Find an Insurance Professional**

Are your assets in line with your hopes and dreams? Discover the answer with a free financial review. [Find an insurance professional](#) now.

## **Additional Contacts\***

**Address Changes:** call 800-945-8851 or email: [address@sofn.com](mailto:address@sofn.com)

**Billing:** call 800-945-8851 or email: [cbs@sofn.com](mailto:cbs@sofn.com)

**Certificate Benefits:** call 800-945-8851 or email: [cbs@sofn.com](mailto:cbs@sofn.com)

**Culture:** call 800-945-8851 or email: [culture@sofn.com](mailto:culture@sofn.com)

**Foundation:** call 800-945-8851 or email: [foundation@sofn.com](mailto:foundation@sofn.com)

**Insurance Sales:** call 800-945-8851 or email: [sonsofnorwaysales@sofn.com](mailto:sonsofnorwaysales@sofn.com)

**Lodge Service:** call 612-821-4643 or email: [fraternal@sofn.com](mailto:fraternal@sofn.com)

**Membership:** call 800-945-8851 or email: [cbs@sofn.com](mailto:cbs@sofn.com)

**Viking Advertising:** call 612-371-5848 or email: [kristingantman@greenspring.com](mailto:kristingantman@greenspring.com)

## Father's Day Gift Ideas!

<https://sofn.logoshop.com/ProductResults/?ProdSetIds=109764>

### Deadlines and Dates! **Changes in red!**

- June 5- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 5- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 16-21- Masse Moro Camp
- August 13- Zone 3 picnic at John and Darlene Arneson's farm in Stoughton
- October 13-14- District 5 Board Meeting in Mt. Horeb, WI
- October 27-29- District 5 Adult Heritage Camp and Destination Stoughton Weekend in Stoughton, WI

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### **Who to contact at the home office when you need help**

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- For anything fraternal- Connie O'Brien ([COBrien@sofn.com](mailto:COBrien@sofn.com)) or Amy Tuchenhagen ([ATuchenhagen@sofn.com](mailto:ATuchenhagen@sofn.com)). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use [sales@sofn.com](mailto:sales@sofn.com)

### **Viking Chest / Immigrant Trunk Schedule**

Apr 2023 to Oct 2023:

Chest--zone 4 – Contact Connie Aiello and Judy Ghastin to reserve them

Trunk--zone 3 – Contact Scott Wegner and Cheryl Wille-Schlesser to reserve them

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.



- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

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### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

### **Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com