

Sons of Norway District 5 - Friendly Fifth Friday News

June 20, 2025 -

A District Weekly Newsletter to Keep Us Up to Date!

Idun Bus Trip in July to Masse Moro and St. Isadore's Dairy, Osseo

Holy Cow! The Sons of Norway Idun Lodge is going on a Dairyland Daytrip. It's Saturday, July 19th and we're visiting Masse Moro in Fall Creek, WI and St. Isidore's Dairy in Osseo. This is a FREE trip for Idun Lodge members. Gratis. No charge. On the house. Complimentary. Thanks for being a member and for everything that you do to make the lodge successful.

The schedule is easy and comfortable. At 8 a.m., we'll leave the Dutch Mill Park and Ride lot in Madison aboard a Lamers Bus Lines chartered coach. We'll stop at the Outlets at the Dells for passenger pick up. We'll then mooove on to the Sons of Norway District Five Masse Moro camp at Fall Creek, WI. At 2:30 p.m., we'll leave the camp and visit St. Isidore's Dairy, south of Osseo. On the return to Madison, we'll stop in Tomah at a Culver's Restaurant for dinner on your own.

Masse Moro is a Norwegian Heritage Youth Camp for children ages nine to fifteen. It started in 1979. The camp offers language, folk art classes and activities, sports, and Viking games. The schedule also includes cultural and historical programming.

The visit to Masse Moro includes a homemade Bar=B-Cue luncheon. In order for the camp to order and prepare the extra food, we have an attendance deadline of Saturday, 7/5 at 12 Noon. You'll find lots of information about Masse Moro at the Sons of Norway District Five website. It's exciting to be able to visit this important camp for the district.

After camp, we'll meet Inga and Chance Orth at St. Isidore's Dairy. On a small pasture-based farm in western Wisconsin, Inga and Chance care for a beloved herd of dairy cows-Sharon, Champagne, Scar, Agnes, Isabella, Mabel, Sophie, and Sally. Together, they run St. Isidore's Dairy, the smallest licensed creamery in the state, crafting farmstead cheeses by hand and milking their cows with care. Every part of their work is rooted in respect for the land, the animals, and the slow, meaningful process of making real food. We'll be sampling the award winning cheese and it will be available for purchase.

The trip is at a minimum a \$60.00 value, FREE to Idun Lodge members. The price for other Sons of Norway members is \$30.00 and it's \$45.00 for the general public. Reservations, payment and questions to: Lucy Ghastin, 7130 Century Ave., Middleton, WI 53562. Cell phone: 608-225-1412. Email: leghastin@gmail.com.

Join us for this delightful Dairyland Daytrip. Just like Masse Moro, it's going to be a lot of fun.

The absolute final deadline for all reservations (and payments for non-Idun members) is **Saturday, 7/5 at 12 noon**. But the sooner you sign up, the better...first come, first seated!

Direct your reservations, payments (check payable to Idun Lodge) and questions to: Lucy Ghastin, 7130 Century Ave, Middleton WI 53562. Mobile: 608-225-1412. Email: leghastin@gmail.com

Fraternally yours,

James Eliason, President

Idun Lodge, 5-074, Madison, WI, Sons of Norway

Upcoming Classes

Are you dreaming of visiting Norway one day? Hoping to connect more deeply with your heritage, family, or friends through language? This summer, we're excited to offer in-person Norwegian language classes right here at the Norwegian American Genealogical Center (NAGC) in Madison, Wisconsin!

Beginning Norwegian (In-Person)

Wednesdays, June 18 – August 20 | 9:00–11:00 AM CT
(\$150 member / \$175 non-member)

This ten-week class is perfect for beginners who want to learn the basics of Norwegian language, including grammar, vocabulary, and simple conversation. Enjoy coffee and social time starting at 9:00 AM, with class beginning at 9:30 AM. All materials are included.

Continuing Norwegian (In-Person)

Thursdays, June 19 – August 21 | 9:00–11:00 AM CT
(\$150 member / \$175 non-member)

This course is designed for students who have previously taken our Beginning Norwegian class and want to keep learning. Continue developing your skills in a supportive, conversational environment. Coffee and social time begins at 9:00 AM; class starts at 9:30 AM.

Both classes are taught by Marcia Lund, a skilled and engaging instructor. Class sizes are limited to 10 participants to allow for personal interaction and conversation practice. Free off-street parking is available onsite, and all materials are provided.

To register click the button below / We'd love to see you this summer!



2025 Calendar

June 20- Viking Photos due to LaVonne Wier

June 30- SN District 5 NLF Project Grants Cycle 2 application deadline **June 30**; Grants awarded by mid-July



It's almost the 20th!

Send your Viking photos to LaVonne Wier
(2nor1rus@gmail.com) so you can see them
in the Viking or the District 5 website!
<https://sonsofnorway5.com/galleries/details/51-2025-Viking-Magazine-Photo-Submissions>

Goodness! How time flies! 2025 is almost half gone already. Are you having a Fyrbal or other midsummer event? My lodge, Fagernes, and Trygvason from Osseo, have had a joint Fyrbal celebration for many years. We now skip the fire, and get into the potluck and chatting...and we play Kubb.

If your celebration is truly at midsummer, think about sending a photo for the July submission. For this month, I'm going to look for photos from what you have done in May and June...possibly more Syttende Mai pictures.

Please send your photo and the photo submission form to me via email by June 20, 2025. TWO photos from District 5 were in the latest Viking. I think the one from Nordkap 5-378 is one of my favorite photos. It still makes me smile every time I see it. And, of course, your submissions are being posted to the D5 website so everyone can enjoy them!

Hope you are enjoying your summer. The photo submission form is found at
https://sonsofnorway5.com/publicity_director_messages/

LaVonne Wier- D5 Publicity

Don't forget to register for...

Sons of Norway District 5 Adult Culture Weekend October 3-5, 2025

https://sonsofnorway5.com/programs/leadership_workshop.php

FRIDAY PRE-CONFERENCE EXPERIENCES

Friday – October 3 from 9:00-11:00

Immigration Textile Workshop

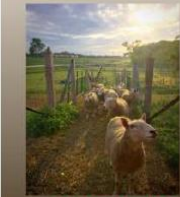
“Sheep, Spinning and Småkaker”

Come early and enjoy a morning with the Polar Star and Cleng Peerson 'Håndverker' Club. Learn about the pioneer art of turning wool into yarn at Esther's Place. Starting with visiting the farm and meeting the sheep, you'll walk through the steps of dyeing, carding, and spinning the fibers. Then create your very own felted "småkaker" using yarn as "icing," learn how to needle felt, and leave with a sachet heart ornament.

Pre-registration required – 630-556-9655 - \$35.00



Fibers from real flocks
raised here in the USA...



And hand dyed right
here in our studio!



Esther's Place
201 W. Galena St.
Big Rock, IL 60511
630-556-9665

www.esthersplacefibers.com



Stop in Geneva, Illinois and join the 10:00-11:00 tour of the ship. The "Viking", an exact replica of the Gokstad Viking ship discovered in the 1800's was built in Norway. Learn about its history and its connection to Illinois and the community of Geneva. Pre-registration required - \$7.00 donation taken at the door.

Visit the Fern Dell Museum 9 East Front Street - Newark, Illinois Open from 10:00 – 12:00



As you drive through Newark, Illinois on your way to Norway, Illinois, stop and walk through the Newark Illinois and area Historic association. Four museums in the town of Newark, - two artifacts museums, Blacksmith shop, and a one room school house.

Visit the "Friends of the Viking Ship" Museum

Friday – October 3 – open 10:00-11:00

Good Templar Park – 529 E. Side Drive, Geneva, Ill



The Norsk Museum will be open Friday from 9:00 – 12:45



Check out the exhibits highlighting Norwegian immigrants, their lives, their accomplishments and their descendants.

FRIDAY, OCTOBER 4
HERITAGE WEEKEND OPENING
"Celebrating Norwegian Immigration"
1:00 Velkommen til Norge Illinois



President Ken will welcome our guest to the Fox River Settlement and join the Culture Directors or Polar Star and Cleng Peerson Lodges as they present a program on "Norwegian American Women and their Influence on Illinois Communities".



Arthur Andersen will help us look at "Norwegian Culture, History and Beauty Through Its Postage Stamps"

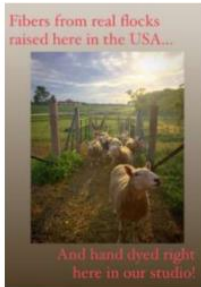


Karen Oswald will provide us with the history and voyages of the ship called "Viking", the 1892 replica of the 900AD Gokstad viking ship.

Enjoy a traditional Norwegian boiled codfish Friday night dinner followed by "Norwegian Movie Night"



Popcorn and
snacks
Included!



Esther's Place
201 W. Galena St.
Big Rock, IL 60511
630-556-9665
www.esthersplacefibers.com



Saturday October 4



Visit the Norsk Museum 9:00-10:00
and

Participate in the "Sluppen" Around Norway
1 mile fun Walk – **pre-registration required**



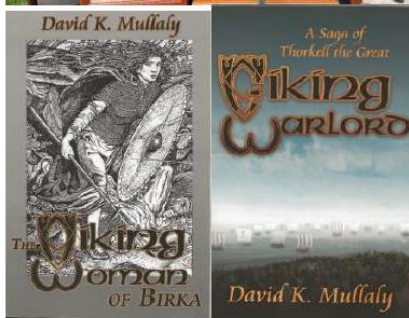
Walk through the village of Norway and learn about
the Fox Valley Settlement and their descendants

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Good Templar Park – 529 E. Side Drive, Geneva, Ill



Saturday Speakers



VIKING DAVE
ON SITE OCT. 4

A DISCUSSION OF
VIKINGS IN
HISTORICAL
FICTION

VIKING AGE
TRADING AND
SETTLEMENT

VIKING
ARTIFACTS AND
DISPLAYS

BOOK SIGNING

The History of Norwegian Rosmaling by Lynn Sove Maxson



Coach Tom Sisulak will be on site Saturday morning to teach the basic skills of Nordic Walking



REINDEER IN ILLINOIS

LEARN ABOUT
RASING REINDEER
ON A RANCH IN
ILLINOIS. MEET AND
TAKE PCITURES OF A
LIVE REINDEER.

Randy Espe
From
Whispering Pines



SATURDAY AFTERNOON PROGRAMS

HISTORY OF THE SLOOPERS AND THE FOX VALLEY
SETTLEMENT
by Dave Johnson and Steve Tanda



MUSIC AND TRUE STORIES
OF NORWAY, ILLINOIS
by Rob Borchsenius

The live production of the Fox River Settlement
“Slooper “Nelson 1840 Play



NORWEGIAN BARN DANCE WITH FOLK DANCING AND MUSIC



HERITAGE WEEKEND CULTURE WORKSHOPS

Friday from 2:00-4:00

Stamping with Sof N District 5 leader Connie Aiello

Pre-registration required



SATURDAY 9:00-11:45 & 1:15- 4:00



Make a Sami bracelet with Dawn and Mandi pre-registration required

DROP IN "MAKE AND TAKE" NEEDLE FELTING

Friday: 3:00 - 4:00 & 7:00-9:00 Saturday: 10:15-11:45 ; 3:00 - 4:00 & 7:00 - 9:00



Learn to needle felt throughout the weekend with the Benson Sisters and take home the project

SUNDAY MORNING, OCTOBER 5, 2025

Start your Sunday with a Fellowship Norwegian "Kaffe" at the Stavanger, Illinois Lutheran Church from 9:30-10:30 a.m. with a Traditional Norwegian Service following before returning to the Norway Community Center for the Slooper Society of America Annual Meeting, Norwegian Lunch, and 2025 Program Celebrating the 200th Anniversary of the "Sloopers" arriving in America



Slooper Society of American Annual Meeting begins at 12:30 p.m.

Stop in Geneva, Illinois and join the 10:00-11:00 tour of the ship. The "Viking", an exact replica of the Gokstad Viking ship discovered in the 1800's was built in Norway. Learn about its history and its connection to Illinois and the community of Geneva. Pre-registration required - \$7.00 donation taken at the door.

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Registration forms are online at

https://sonsofnorway5.com/programs/leadership_workshop.php

2025 Calendar

June 20- Viking Photos due to LaVonne Wier

June 30- SN District 5 NLF Project Grants Cycle 2 application deadline **June 30**; Grants awarded by mid-July

July 6- Summer Sons of Norway Picnic- 1 PM at Arneson's in Stoughton

July 13-26- Masse Moro- Youth Heritage Camp in Fall Creek, WI

July 20- Viking Photos due to LaVonne Wier

August 20- Viking Photos due to LaVonne Wier

September 20- Viking Photos due to LaVonne Wier

October 3-5- Adult Camp Heritage Weekend in Norway, IL

October 20- Viking Photos due to LaVonne Wier

November 20- Viking Photos due to LaVonne Wier

December 20- Viking Photos due to LaVonne Wier

December 31- SN District 5 NLF Project Grants Cycle 1 application deadline **December 31** ; Grants awarded by mid-January

December 31- District 5 Throwing Challenge ends

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- **Foundation, Scholarships & Grants-** Amy Tuchenhagen
foundation@sofn.com, atuchenhagen@sofn.com, (612) 821-4655
- **Fraternal & Membership-** Connie O'Brien and Kirsten Lehman
fraternal@sofn.com, (612) 821-4643
- **Culture, Viking & Language:** Jana Velo
jvelo@sofn.com
- **Insurance Sales:**
SonsofNorwaySales@sofn.com, (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.