

Friendly Fifth Friday News

July 1, 2022

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

More news from Convention!!

Attendance

Attendance at the District 5 Convention, in addition to the 105 delegates and alternates, there were 41 non-delegates and 5 people who attended just the banquet or concert. In addition, there were 22 volunteers and 4 people who participated in convention activities who were there for the Sangerfest convention. That gives a grand total of 177 people,

Banner Awards

Best of Show- Fagernes

Best homemade- Løven

Best homemade runner up-Mandt Lodge

Cultural Awards

1st Carol DeVito

2nd Carol Culbertson

3rd Barb Johnson

International Delegates

We were eligible for 23 delegates but had 19 elected to serve. The delegates approved paying the \$100 registration fee for delegates. Information will be emailed to our delegates in how to register and for other members wanting to view the meeting, information will become available soon! Those members must pay their own \$75 non-delegate fee.

The dates of the International Virtual Convention:

Date: Wednesday, August 31, 2022, 10 a.m. – 2:45 pm central time and

Thursday, September 1, 2022, 10 a.m. – 2:30 pm central time

Registration: \$100 delegates, \$75 non-delegates

Our District 5 International Delegates

Karen	Eberhardt
Duane	Kittleson

Karen	Broadhead
Danielle	Taylor
Connie	Kross
Dee	Bumpers
Jim	Herman
Cheryl	Wille-Schlesser
Darlene	Arneson
LaVonne	Wier
Jean	Busker
Donna	Corcoran
Phyllis	Skora
Carol	Anderson
Sandy	Olson
Nancy	Andersen
Peggy	Schroeder
Curtis	Cleveland
Ev	Engstrom

New Zone Descriptions in District Bylaws

ARTICLE VI . . . ZONES

Par. 2 Description of Zones

Zone 1- Loven 29, Valkyrien 53, Trygvason 220, Viking 625, Ulseth 670, and Dovre 353.

Zone 2- Wergeland 28, Jotunheimen 286, Solvang 457, Fossen 534, Fagernes 616, Rib Fjell 496, Elvedal 556, Norskeland 580, Myrmarken 609 and Vennligfolk 627.

Zone 3- Idun 74, Mandt 314, Vennelag 513, Nordland 544, Ostestaden 642. and Norsemen of the Lakes 650.

Zone 4- Fosselyngen 82, Nordlyset 183, Norse Valley 491, H R Holand 549, and Gronnvik 632.

Zone 5- Skjold 100, Valhall 168, Polar Star 472, Cleng Peerson 525, and Elvesund 593.

Zone 6- Nordkap 378, Sonja Henie 490, Sognefjord 523, Christian Radich 568, Scandiana 600 Askeladden 610, Circle City 614, Edvard Grieg 657, Arctic Circle 662, Vikings of the Smokies 677, Music City Vikings 681, and Shawnee Skogen 689

Resolution Action

#1 Failed: Viking Horns on Helmets

#2: Approved: THEREFORE, be it resolved that the 2022-2024 District President shall appoint a Special Committee consisting of but not limited to current District Board members, past District Board members and District Members at large. The committee shall meet during the next biennium and present a recommendation of proposed solutions at the District Lodge meeting in June 2024. The Task Force should include diversification of selected appointees to include past, present, younger,

older, different genders and from distant geographical areas that includes a more all-inclusive demographic appointee (s).

#3: Approved: District Officer Compensation

- President \$1,000 per annum
- Secretary \$2,000 per annum
- Treasurer \$1,000 per annum
- Vice President \$250 per annum
- Publicity Director \$250 per annum
- Cultural Director \$250 per annum
- Youth Director \$500 per annum
- Recreation Director \$250 per annum

#4 Approved: Thank you resolution

Thank You Resolution # 4

Whereas: The 55th Biennial District Five Assembly is coming to a successful conclusion; and

Whereas: District President Andrew Johnson conducted the meeting with professional dispatch; and

Whereas: District Secretary Darlene Arneson has managed her office with gracious diligence; and

Whereas: The District Board has performed its duties and obligations in a timely manner; and

Whereas: International Director Robin Fossum has represented our District on the International Board with distinction; and

Whereas: Our Home Office Staff, Connie O'Brien and Emily Stark have updated us and was an integral part of this biennial meeting; and

Whereas: The seminar presenters were well received and did a fine job; and

Whereas: The Idun Lodge, being host to this fine assembly carried out their duties with diligent planning and skill; and

Whereas: The Parliamentarian Robert Schuck handled his duties professionally; and

Whereas: The management and staff of Marriott Hotel and Convention Center provided excellent service and accommodations; and

Whereas: The outgoing and current District Board members deserve our gratitude for their service over the last 4 years; and

Whereas: those who participated in the Walk-a-thons and donated gifts to the fund-raising auction are to be commended; and

Whereas: Thanks to the appointed District Convention committees and temporary officers is due; and

Whereas: Delegates, Alternates, and Visitors have given much of their time and talents to attend and participate in this convocation and much appreciation is due them; and

Whereas: We extended best wishes to the Delegates to the Virtual International Convention from Minneapolis in August; and

Now therefore be it resolved: The incoming District Board of Directors extend our gratitude and thanks to any person or group inadvertently omitted from this resolution.

Final Committee Lists

Committee	Lodge	First	Last
Credentials	District 5 Board- Chr.	Darlene	Arneson
Credentials	Idun	Dana	Diedrich
Credentials	Idun	Shirley	Scriver
Finance	District 5 Board Advisor	Duane	Kittleson
Finance	Sognefjord	Chr. Gail	Taggert
Finance	Sognefjord	Merle	Hanson
Finance	Norse Valley	Corey	Olson
Fraternal Affairs	District 5 Board Advisor	Connie	Kross
Fraternal Affairs	Solvang	Ruth	Amundson
Fraternal Affairs	Nordkap	Chr Dennis	Flessland
Fraternal Affairs	Scandiana	Jim	Nelson
Fraternal Affairs	Solvang	David	Amundson
Laws	District 5 Board Advisor	Tom	Boudreau
Laws	Cleng Peerson	Richard	Gunderson
Laws	Elvedal	Susan	Boudreau
Laws	Fosselyngen	Susan	Berg-Roedel
Laws	Idun	Chr-Jon	Grinde
Nominating	District 5 Board	Tom	Boudreau
Nominating	District 5 Board	Andrew	Johnsen
Nominating	International Director	Chr. Robin	Fossum
Reports and Publicity	District 5 Board Advisor	Dee	Bumpers
Reports and Publicity	Askeladden	Gail	Thompson-Hadley
Reports and Publicity	Askeladden	Chr. Curtis	Cleveland
Reports and Publicity	Mandt	John	Arneson
Resolutions	District 5 Board Advisor	Darlene	Arneson
Resolutions	Edvard Grieg	Jim	Herman
Resolutions	Mandt	Chr-Scott	Wegner
Resolutions	Vikings Of The Smokies	Clark	Brekke

Lodge Retention Guidelines

Amy Tuchenhagen Video: <https://youtu.be/P10ar1h4cLw>

Lodge Record Retention Guidelines

To be Kept in Perpetuity

Lodge Charter

Lodge Bylaws

Lodge or District Building Association's financial and original records (*such as articles of incorporation and charter*) if applicable

Lodge Seal Embosser (*if the lodge has one*)

Lodge Scrapbooks

Secretary's Minute Book *

Membership Roster *

Membership Record Book(s) (*3-ring binder(s) with complete, current individual membership record sheets for current members*) *

Seven Years

D17 Annual Financial Statement

Treasurer's Cash Book*

Financial Secretary's Cash Book*

Cancelled checks, bank account statements

Data filed with state/provincial taxation agencies

990 Tax Forms

Two Years

Treasurer's Record of Bills*

Membership Records of individuals who left the organization (suspended or cancelled) two or more years ago.*

One Year

Treasurer's copy of the Financial Secretary's Report to Treasurer*

Financial Secretary's copy of above report*

Lodge copy of Membership Applications *

**In many lodges, the forms marked with an asterisk are no longer being utilized. That information may be kept in a different format, such as on a computer spreadsheet. Don't be concerned if your lodge doesn't have some of these specific forms in its collection.*

Adult Camp Registration is open!

God Kveld, Local Lodge Leaders,

Rachel Storlie from the *Giants of the Earth Heritage Center* in Spring Grove, MN, has revealed the details for the District 5 Adult Heritage Weekend. It is scheduled for the weekend of October 7-9, 2022. That town also hosts Uff-da Fest, with music and merriment that weekend, making for a festive locale.

Registrations are now open. The final deadline is September 15th. Securing your lodging is the most critical item of business, as many events are happening around Spring Grove that weekend. One additional lodging property has been added to this week's Friendly Fifth Friday Newsletter. (see below) If you are not a regular reader of this weekly update, please consider being a follower! It is one way the District 5 Board communicates with local lodge leaders. District Secretary Darlene Arneson gives it her all to publish the letter each week.

Please use the attached two documents for use with your lodge members. Please share the details using one of the attachments in an upcoming lodge e-blast. My vision for this experience is to move it around the Fifth District in successive years. It will require a host lodge or a Norsk venue to help with the effort. Perhaps your members or supporters would consider assisting me with this much-requested experience.

Also, I am in discussions with Hurtigruten about sailing along Norway's coast in 2024. District 5 members and their guests will qualify for group pricing. Land extensions to see family or to tour inland Norway are possible.

Tusen takk for hjelpen meg,
Cheryl Wille-Schlesser
District 5 President
200 Beth Circle
Mt. Horeb, WI 53572
608-219-4464 (Please leave a voicemail message or text.)
cwschlesser200bc@gmail.com

Need lodging for adult camp?

Nordlyset Lodge from Racine, WI, would like to inform D5 members that rooms are available for the Adult Heritage Weekend in Spring Grove, MN, October 7-9, 2022. They have secured an entire property. This weekend could provide a gathering like no other!

In B & B style, breakfast is included with one's lodging costs.

Please contact Big Raven Farm and indicate you are part of the Sons of Norway event. Those with questions can direct them to Cheryl Miller: cmiller187@wi.rr.com

Big Raven Farm

Contact [Joleen Emery](mailto:Joleen.Emery@bigravenfarm.com) at [301-706-9163](tel:301-706-9163) or hello@bigravenfarm.com!

District 5 Sons of Norway Adult Heritage Weekend Registration Form

October 7, 8, and 9, 2022
Spring Grove, MN



Print Name(s) for badges _____

Phone _____ () Cell () Landline Email _____

Address _____ City _____ State _____ Zip _____

Adult Heritage Weekend Registration (covers space rental, speakers, entertainment, genealogy, hospitality, printing, and advertising costs) **\$35/person x _____ = _____**

We recommend you take advantage of the catered meals below, as there are limited options in the area.

Friday Evening –Meatballs/Ham dinner, Mashed Potatoes, Mixed Vegetable, Tossed Salad, Bars, and Beverage by Rosie’s Catering \$16/person x _____ = _____

Saturday Breakfast –Continental Breakfast: Yogurt, Fruit, Juices, Coffee, O&H Kringle \$7/person x _____ = _____

Saturday Lunch –DIY Open-Faced Sandwich Smorgasbord including Lefse, Salads, Chips, Breads, Meats, Cheeses, Fresh and Pickled Veggies and Herring, Spreads, and Beverage \$14/person x _____ = _____

Saturday Evening –Texas Style Bar-BQ catered by Fat Pat’s Restaurant and Red’s Hometown Market, including Pulled Pork, Beef Brisket, Smoked Pinto Beans, Mac & Cheese, Cornbread. \$18/person x _____ = _____

Sunday Breakfast –Continental breakfast at Blackhammer Church: Yogurt, Fruit, Coffee, Water plus O&H Kringle \$7/person x _____ = _____

Total Amount Enclosed \$ _____

Please indicate the name of your local lodge and how many years you have been involved:

Have you or a family member done DNA testing? _____ Company(ies) used: _____

Other sites where you have uploaded your data: _____

There is no admission charge for the Houston County Historical Society to see the Red River Girl Exhibit, or to tour the museum. The Society does, however, welcome your donations at the door.

Hotel reservations are on your own. A list of places to stay in the area can be found in the information packet, on the Giants of the Earth website, and online at www.springgrovemn.com/lodging-dining-shopping.

Mail this completed form along with your check not later than Sept. 15 to:
Giants of the Earth Heritage Center, PO Box 223, Spring Grove, MN, 55974
You can also register online and pay via PayPal at our website www.giantsoftheearth.org.
There is an additional fee of \$3 per registration to cover PayPal transaction fees.

Schedule of Events: District 5 Adult Heritage Weekend

Friday, October 7

- 3:00—Arrival in Spring Grove, Registration at Giants of the Earth Heritage Center
3:30—Intro to Giants with Community Outreach Coordinator Rachel Storlie
4:00-5:30--Norwegian *Revy* (Variety Show) at the Cinema, featuring Robin Fossum on Hardanger Fiddle, violin, and talented members of District 5, plus short sets by the Luren Singers and Rachel Storlie.
5:30-7:00—Mingling, Cash Bar and Dinner catered by Rosie’s Catering, at Giants Immigrant Hall
7:00--Reader’s Theater—History of Spring Grove: the stars are YOU plus members of Ye Olde Opera House
7:30--All aboard hayride, tour downtown and rural Spring Grove
8:30--Movie: (one of the following) Lutefisk Wars, the Birkebeiners, Heroes of Telemark
9:30—Uff Da Fest revels

Saturday, October 8

- 8-9AM—Continental Breakfast at Giants of the Earth Heritage Center
9:00—Johnathan Storlie and Bill and Karen Fried will kick off your morning with their presentations.
9:00 am--Johnathan Storlie presents on DNA in genealogy and public health
9:45am—Bill and Karen Fried present on relative Peter J. Rosendahl, Spring Grove author and creator of the historic, Norwegian-American famed comic strip “Ola and Per”
10:30am—Stretch your legs on a Spring Grove walking tour, including visits at the Sculpture Park featuring “Ola and Per,” the signature Viking, our Spring Grove Lion, and more! Shop along Main Street and take in the Uff Da Fest fun.
11:15—Rebecca Hanna Presentation on Woodcarving: Ale Bowls and Decorative Techniques
Rebecca Hanna is a Vesterheim gold medalist. She has produced works of many kinds, including ale bowls, dragonstil, kubbstols, acanthus pieces, and figures. In addition, she has honed her skills using svidekor, kolrosing, and kroting. Rebecca will showcase examples of ale bowls and the decorative techniques she uses at this presentation.
Noon—Return to Giants for a traditional Norwegian Smorgasbord: Rachel and Jill Storlie speak about Norwegian Food Customs and demonstrate open-faced sandwiches for us to model after during lunch.
1:00pm—Jim Skree will speak about the “Red River Girl” book and local Norwegian settlement history.
2:00pm—Choose your own adventure!
- View the Red River Girl exhibit at the Caledonia Historical Society (donation requested)
 - Research ancestors in the Genealogy Room
 - Take a hike! At the Norwegian Ridge Birding & Nature Trail
 - Record your family oral history in our Professional Recording Studio (extra fees)
 - Nordic Stamping Class with Connie Aiello (extra fees)
Make Christmas Cards and Gift Tags plus optional Commemorative D5 Journal!
 - David and Lynn Susag demonstration of bowl turning on Viking-Era lathe
 - “Julekurver: They’re Not Just for Christmas Anymore!” with Cheryl Miller
 - Krumkake King: Shipping Krumkake across the US without breakage with Mark Storsteen
- 5pm— Historical re-enactment of the first local Sons of Norway Convention by “Lanesboro History Alive!”
5:30pm--Cash Bar and Catered Dinner from Fat Pat’s with live entertainment by Rachel Storlie and Luther College Students, and local accordion player Audrey Almo
7pm—Spring Grove Nordic Roots concert by renowned fiddle/guitar duo Beth and John Rotto

Sunday, October 9

9am—Fresh muffins, fruit, yogurt, coffee, juice, water served at the Blackhammer Church!

9:30—Church and Graveyard History Tours

10am--Old-fashioned Norwegian Church Service with guest bi-lingual Pastor Rolf Svano

10:30—Departure Lunch offered by the Wilmington WELCA!

11am—Depart for Vesterheim Norwegian-American Museum in Decorah, IA for private behind-the-scenes tour with Chief Curator Laurann Gilbertson. (Admission and tour fees apply)

Deadlines and Dates! Changes in red!

July 17-30, 2022

- Masse Moro Norwegian Heritage Camp

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

INTERNATIONAL LODGE MEETING

The dates of the International Virtual Convention:

Wednesday, August 31, 2022, 10 a.m. – 2:45 pm central time and

Thursday, September 1, 2022, 10 a.m. – 2:30 pm central time

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com