

Friendly Fifth Friday News January 17, 2020

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com



The 2020 American Birkebeiner Ski Weekend is almost here! Join members from across District 5 as we celebrate children in a ski race designed especially for them. Options include races at .5 km, 1 km or 3 km.

Each year, these youngsters dress festively for the race in costumes, ballerina tutus, hunting gear, or other flashy attire. It is quite a sight at the starting line, trust me, and what great fun it is to watch the racers go! Our own Jorgen the Troll dons his costume, and he waves to the skiers as they begin their trek toward the Celebration Tent. Will Olaf and Tinky Winky return for this year's race? Only time will tell.

The Barnebirkie is scheduled to be held on Thursday, February 20, 2020 with an approximate start time of 11:30 AM behind the Hayward Elementary School. All Fifth District Sons of Norway Lodges are encouraged to provide cookies for the event. Lodges may opt to bake their donations or purchase them from a local provider. The District 5 cookie goal is 1,000 dozen cookies. Uff-da! Ja, you betcha! Dat's a lot of cookies! The only thing we ask is that you do NOT use nuts of any kind in your cookies due to allergy concerns.

***The 5th District Cookie Contest returns this year. The Lodge that submits the highest cookie count will earn \$50.00. How to spend it is your decision!**

Workers are also needed in the cookie tent to hand out treats to the skiers' families. Please send me an e-mail, if you or other members of your lodge can assist the 5th District by working in Hayward. This is an outdoor activity; please dress warmly and wear boots.

Cookies will be taken to Hayward from southern Wisconsin on Wednesday, February 19th or earlier that week, if inclement weather is forecast. Mary Bennett and Cheryl Wille-Schlesser can collect your cookies in the Madison area. They are also willing to pick up cookies along the route, I-90-94, through Eau Claire and northbound to Hayward. One may contact Mary at: 608-628-2247 or 608-837-8335. Cheryl's cell number is 608-219-4464.

NOTE: Volunteers should know that a reservation for dinner has been made at the Steakhouse and Lodge, 15860 T Bone Lane, Hayward, WI 54843 for 6 PM Wednesday evening, February 19th. Individuals pay for their choice of meal. Further information about job assignments, obtaining nametags, or credentials and a briefing from the crew chief, Eileen Timmerman, will occur.

Those who are willing to work in the Celebration Tent need to register this year. To volunteer, go to www.birkie.com/volunteer. Type the password, barne2020finish into the box that is provided. A dropdown option will appear for Sons of Norway volunteers. Currently 9 worker slots remain.

On behalf of the 5th District, takk for hjelpen oss,

Cheryl Wille-Schlesser: rogcher@mhtc.net, or contact me by phone: 608-219-4464

Lodge Program Committee- by Mike Palecek

One of biggest takeaways from the 2019 District Leadership Conference was to have a lodge program committee. Roberta (Happy) Youngs, a lodge vice president, presented this idea. She first got involved in her lodge by being one of five members on the lodge program committee. The next year, she was chairperson of that committee and their representative on the lodge board. Next year, she became lodge vice president and recruited members to this committee.

Happy explained this initiative, saying “this committee decides what our monthly programs will be for the next year. They split up the duties of finding presenters and communicating with them. Most members selected to the program committee have been members for two to five years, so they understand the format of our monthly programs, but are considered somewhat ‘newcomers.’ Because many lodge members look at the monthly meetings and its program to be the one of the most important parts of the lodge, the program committee is empowered to keep our programs fresh and different, as well as to decide which programs from the past should be revisited again.

“One of the new meeting programs introduced this year was a presentation by a local birding expert. Although it was somewhat Nordic themed, because it focused on birds in Wisconsin during the winter, it appealed to non-Scandinavian spouses more than many of our programs do. The next month’s program was on rosemaling, so we do try to stay close to our heritage, too.

“In the early summer, the lodge president and I get together, look at the lodge roster, and discuss who might be good members to recruit for the committee. Only one of the five members from the past committee are invited back, so there is some institutional knowledge on the committee. The rest haven’t served before, but are active members. It is my job to recruit members for this committee, but people rarely refuse.

“The lodge program committee usually has their organization meeting in July or August, to brainstorm about different programming ideas. I give them guidance about certain things which they need to consider, such as when we have a foundation night, lodge elections or a visit from our Financial Benefit Counselor or zone director, where we might need an abbreviated program. They can spend \$50 for a speaker stipend without lodge board approval.

“The program committee members take turns on which months they are arranging the program, so it is usually just two months each person needs to make arrangements for. Sometimes a couple committee members work on a monthly program together. They only have a couple more group meetings. One member of the committee attends the monthly lodge board meeting, to keep the board informed of their progress and what is scheduled. This year, several members of the committee are taking turns coming to board meetings. Last year, the committee chairperson attended board meetings. By having someone on the committee on the board, we can easily coordinate their work into the lodge calendar and better promote our lodge programs. This attendee to our board meeting gets to see how their committee fits into the bigger picture.

“Our lodge president calls this committee our lodge’s leadership farm club. It is a baseball term for developing big league baseball players. He makes sure they are recognized for their program work at the monthly meeting that they have organized. By the end of their one-year term, many of these committee members are recruited to serve our lodge in other ways. In this way, we are always keeping our lodge board of directors fresh and active.”

If you would like to learn more about the lodge program committee idea, please contact Happy Youngs at happyyoungs@msn.com.

Getting ready for District 5 Convention and Lodge Meeting!

Delegate Election Numbers- This information (plus other documents) will be sent to your lodge president and secretary. This is to give you a heads up for lodges meeting this next week and for planning purposes! If I get the updated president and secretary list by Friday, they will be sent to the new president and secretary. If not, they will go to the 2019 listing and any transitions should pass it along! That is why it’s also going into the FFFN!

Idun Lodge 5-74 in Madison, WI is hosting the District 5 Sons of Norway Convention and Lodge Meeting on June 24-28, 2020 at the Radisson Hotel Madison, 517 Grand Canyon Drive, Madison, WI 53719.

The Sons of Norway District 5 By-Laws, Article 111, Paragraph 2 states: *Every local lodge in the District shall be entitled to two representatives for the lodge, and one representative for every 100 members or major fraction thereof, based on the last Semi-Annual Report prior to the election of delegates. All members in good standing are eligible representatives.*

Delegates should be elected using the formula above based on December 31, 2019 membership figures. You should also elect a corresponding number of alternates, on a priority basis, that will serve should any of your delegates be unable to attend.

These elections must take place in the months of January and February 20. Each lodge president and secretary is receiving a Report of Election included with this letter, which is to be completed and returned to the District Secretary immediately following the election. (Sons of Norway Constitution reads: "The Secretary of the Local Lodge shall prepare a report of election giving names and addresses of the duly elected Delegates and Alternates.

This report shall be signed by the Local Lodge President and Local Lodge Secretary and forwarded to the District Secretary no later than five days after the election.") Please be sure the names are written plainly and spelled correctly!

I am asking that you include their membership number, address, city, state, zip, phone and email address on the form and return it to me postmarked no later than March 5, 2020.

Please send it to me at: Darlene Arneson, 2056 Skaalen Rd, Stoughton, WI 53589 or email a scanned copy to arnesonfamily5@gmail.com

Membership Totals for District 5 Delegate Counts in 2020

DISTA	LODGE	Lodge Name	St	Use this Column for Year End Totals 12/31/2019	ZONE	2 for each	Add'l/per100	Elect Del and Alt.	Lodge Name
5	000	Central		718	0	2	7	9	Central
5	028	Wergeland	WI	242	2	2	2	4	Wergeland
5	029	Løven	WI	80	1	2	1	3	Løven
5	053	Valkyrien	WI	54	1	2	1	3	Valkyrien
5	074	Idun	WI	106	3	2	1	3	Idun
5	082	Fosselyngen	WI	194	4	2	2	4	Fosselyngen
5	100	Skjold	IL	145	5	2	1	3	Skjold
5	168	Valhall	IL	72	5	2	1	3	Valhall
5	183	Nordlyset	WI	105	4	2	1	3	Nordlyset
5	220	Trygvason	WI	26	1	2	0	2	Trygvason
5	286	Jotunheimen	WI	19	2	2	0	2	Jotunheimen
5	314	Mandt	WI	212	3	2	2	4	Mandt
5	353	Dovre	WI	80	1	2	1	3	Dovre
5	378	Nordkap	MI	161	6	2	2	4	Nordkap
5	417	Trollhaugen	IL	14	5	2	0	2	Trollhaugen
5	457	Solvang	WI	109	2	2	1	3	Solvang
5	472	Polar Star	IL	65	5	2	1	3	Polar Star
5	490	Sonja Henie	MI	21	6	2	0	2	Sonja Henie
5	491	Norse Valley	WI	62	4	2	1	3	Norse Valley
5	496	Rib Fjell	WI	46	2	2	0	2	Rib Fjell
5	513	Vennelag	WI	166	3	2	2	4	Vennelag
5	523	Sognefjord	MI	53	6	2	1	3	Sognefjord
5	525	Clengpeerson Sonsofnorway	IL	76	5	2	1	3	Clengpeerson Sonsofnorway

5	534	Fossen	WI	40	2	2	0	2	Fossen
5	544	Nordland	WI	45	3	2	0	2	Nordland
5	549	H R Holand	WI	64	4	2	1	3	H R Holand
5	556	Elvedal	WI	39	2	2	0	2	Elvedal
5	568	Christian Radich	MI	33	6	2	0	2	Christian Radich
5	570	Vakkertland	WI	41	3	2	0	2	Vakkertland
5	580	Norskeland	WI	35	2	2	0	2	Norskeland
5	593	Elvesund	IL	39	5	2	0	2	Elvesund
5	600	Scandiana	IN	58	6	2	1	3	Scandiana
5	609	Myrmarken	WI	24	2	2	0	2	Myrmarken
5	610	Askeladden	MI	69	6	2	1	3	Askeladden
5	614	Circle City	IN	109	6	2	1	3	Circle City
5	616	Fagernes	WI	47	2	2	0	2	Fagernes
5	625	Viking	WI	26	1	2	0	2	Viking
5	627	Vennligfolk	WI	63	2	2	1	3	Vennligfolk
5	632	Grønnavik	WI	65	4	2	1	3	Grønnavik
5	642	Ostestaden	WI	41	3	2	0	2	Ostestaden
5	650	Norsemen Of Lakes	WI	37	3	2	0	2	Norsemen Of Lakes
5	657	Edvard Grieg	OH	89	6	2	1	3	Edvard Grieg
5	662	Arctic Circle	OH	37	6	2	0	2	Arctic Circle
5	670	Ulseth	MI	19	1	2	0	2	Ulseth
5	677	Vikings Of The Smokies	TN	58	6	2	1	3	Vikings Of The Smokies
5	681	Music City Vikings	TN	55	6	2	1	3	Music City Vikings
5	689	Shawnee Skogen	IL	48	5	2	0	2	Shawnee Skogen
5	999	Spirit New Century		82	0	2	1	3	Spirit New Century

4,089
Total adult
Members in
D5

135 possible
delegates

So you are looking at the blue column above- that is the number of delegates and alternates you should elect!! You should be electing the number of people listed in the highlighted column that is titled "Elect Del and Alt." For example, Mandt Lodge has a number 4 in that column so we need to elect 4 delegates and 4 alternates.

This form along with other information will be sent to the lodge president and secretary! This is for your reference only!

Sons of Norway District Lodge No. 5- Report of Election of 2020 Convention Delegates and Alternates

Lodge # _____ Lodge Name _____ City _____ State _____ Date of Election _____

Your lodge had _____ adult members as of 12/31/2019. Elect _____ delegates and _____ alternates.

Delegates _____ **Our Lodge is NOT sending delegates.**

Name	Member Number	Street Address	City	State	Zip	Phone (include area code)	Email address

Alternates

Name	Member Number	Street Address	City	State	Zip	Phone (include area code)	Email address

Convention Date- June 24-28, 2020 in Madison, WI. Return this form five days after your election (and no later than March 5, 2020) to Darlene Arneson, 2056 Skaalen Rd, Stoughton, WI 53589 or email arnesonfamily5@gmail.com. Thank you!

Consider being a delegate to the 2020 District 5 Lodge Meeting and Convention!

Something to share with your members as you recruit delegate candidates!

All across District 5, elections will be held in January and February as lodges elect their delegates and alternates for the District 5 convention. Some of your members may be sharing their experiences as delegates at your meetings so members are more aware of what happens at conventions, what their role is, and the experience they have had. To help new members and those without convention experience, here are some things to consider and share with your membership:

Who can be a delegate or alternate?

- You **do NOT** have to be a benefit member to serve as a delegate to the District Convention.
- Current District 5 Board members cannot serve as delegates for their local lodges.

Time Requirements

- The District 5 Convention is June 24-28, 2020 in Madison, Wisconsin.
- Your delegates may be asked by the District President to serve on a committee. This would require them to attend committee meetings on the Thursday morning and afternoon (or until committee work is done and the committee is dismissed).
- The opening ceremonies will be on Friday morning. **The first official business and seating of the delegates is also Friday morning and all delegates need to be in all sessions Friday and Saturday.**
- As times and schedules are finalized, watch the District 5 website (www.sonsofnorway5.com) and future mailings for schedules and timelines.

What does a delegate do?

- Represents and speaks on behalf of your lodge on District business, resolutions, proposed changes
- Accepts your lodge's recognition and awards
- Attends all delegate sessions, zone meeting (Saturday noon) and votes on behalf of your lodge
- May serve on a committee if asked to by the District President
- A delegate is the only member (along with current District 5 Board Members) that can run for the District Board (if a benefit member or if they purchase a benefit product at the convention).
- A delegate can run for a delegate spot for the International Convention (August 16-23) in Ringsaker, Norway, if they are a benefit member or if they purchase a benefit product at the convention.
- Learn about Sons of Norway by attending workshops, visiting displays and visiting with other members
- Bring back many ideas, activities and enthusiasm that will benefit your lodge
- Report to your lodge about what they learned, business conducted and report on elections held at the convention
- Have a wonderful time and go home ready to carry out the mission of Sons of Norway!

What is a Benefit Member? Someone who owns a Sons of Norway insurance certificate.

How do you pay for delegates? Each lodge handles this differently. Many will help the delegates with convention costs, registration, travel and hotel costs in varying amounts, paying it in full, or a portion. Some lodges will have a special fundraiser or event to raise money for delegate expenses.

Thank you for electing delegates and alternates and your consideration to serve as one! If you have further questions, contact your lodge president, zone officer or a District Board member!

2019-20 District 5 and International Calendar and Deadlines

(Updated 11-28-2019- changes in red)

February 15, 2020

- D17 financial form is due from the lodges to the International Office.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalgive.org, are due to Membership Services at Sons of Norway Headquarters.

March 2020

- Fraternal Funds packet is sent to the district treasurers.

March 1, 2020

- Deadline — Domestic scholarship applications due to Sons of Norway Foundation:
 - Astrid G. Cates Scholarship**
 - Bernt Anker Scholarship
 - Dan and Betty Rude Scholarship
 - Myrtle Beinhauer Scholarship**
 - Nancy Lorraine Jensen Memorial Scholarship**
 - Orel and Marie Winjum Memorial Scholarship

May 15, 2020

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.
- D17 & 990 filing deadline for lodges that own property

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

DISTRICT FIVE LODGE MEETING

June 24-28, 2020 at the Radisson Hotel, Grand Canyon Drive, Madison

INTERNATIONAL LODGE MEETING

August 16-23, 2020 in Hamar Norway

Viking Chest Rotation

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

Rotation for sharing the Viking Chest will continue as follows:

Zone 5 Oct. 2019 - Apr. 2020
 Zone 2 Apr. 2020 - Oct. 2020
 Zone 4 Oct. 2020 - Apr. 2021
 Zone 6 Apr. 2021 - Oct. 2021
 Zone 1 Oct. 2021 - Apr. 2022
 Zone 3 Apr. 2022 - Oct. 2022

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 24-28 at the Radisson Hotel, Grand Canyon Drive, Madison hosted by Idun Lodge.
- The International Sons of Norway Convention will be August 16-23, 2020 in Ringsaker, Norway

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our

webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by Wednesday night. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com