**How To Be A Viking Camp**

**Norwegian Culture Children’s Program**

**WEEK 1: HOW TO BE A VIKING**

**Opening Large Group Story:** *The Race of the Birkebeiners,* by Lisa Lunge-Larsen

**Crafts**

1. Wood Cookie Rune Name Tags
2. Foam Viking ships
3. Painting rune stones
4. Decorating Viking shields and tunics
5. Rice Crispy Viking ships

**Music and Dance**

* Norwegian Folk Dance (Allemand march and mixer)
* Chistmas Songs (Vi Klappe handene

**Games/Activities**

* Viking Kubb
* Kjeppepine (Stick Game)

**Food:**

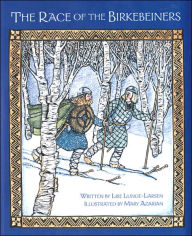
* Lefse w/ butter og sugar
* Brunøst and crisp bread
* Salami
* Raw root vegetables
* Lingonberry Saft
* Rice Crispy treat Viking ships with Marshmallow sails

**Based on number of Campers: 24**

**Based on number of Adults: 8**

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**Week 1 photos**

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**Viking story time**

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Viking campers painting rune stones Viking helpers

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**Making wood cookie rune name tags making rice crispy treat Viking ships Campers enjoying the food**

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**Kjeppepinne Making new Viking friends!**

**WEEK 2: HULDRA, NISSE and TROLLS…Oh My!**

**Opening Large Group Story:**  *(Pick a story about Trolls)*

**Craft**

1. Clay Trolls
2. Rosemalling with colored pencils
3. Creating Hnefatafl Boards

**Music and Dance**

* Norwegian Folk Dance - Alamon
* Norwegian Chirstmas Songs -

**Games/Activity**

* Library “Troll Hunt”
* Troll Foot races
* Kjeppepinne and Kubb
* Hnefatafl – the Viking Board Game

**Food:**

* Making Smørbrod (ham, salami,egg, lettuce, pickles, tomatoes)
* Lingonberry bars
* Black currant saft

**Number of Campers: 20**

**Number of adults: 6**

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Learning about Trolls

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**Making trolls**

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**Creating and eating smørbrod**

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**Day two of Kjepepinne**

**WEEK 3: NORWEGIAN CELEBRATIONS - JULETREFEST**

**Opening Large Group***: A Christmas Wish*

**Music:**

Klappe handene

*Fødselsdagen - The Norwegian Birthday Song*

**Crafts**

1. Decorating Christmas Cookies
2. Heart Baskets

**Activities:**

1. Christmas Treasure Hunt
2. Decorating the Juletre
3. Christmas Program for Library staff and Parents

**Food**

* Ris krem
* Fruit Soup
* Julesmåkaker (kransekake, lingonberry bars, kringla, Norwegian Lace, almond tarts and pepperkake)
* Elderberry Saft

**Number of Participants: 26**

**Number of Adults: 8**

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**Making heart baskets for the juletre**

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**Decorating cookies Christmas Treasure hunt**

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**A visit form the julenisse Singing around the juletre**

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**Serving Rice Cream, fresh krumkake and seven types of Christmas cookies**

**How To Be A Viking Expenses 2016**

**Supplies:**

Craft Groups

Hancock fabrics

* fabric for tunics, helmets & Hnefatafl boards $121.57

Hobby Lobby

* markers, paint, craft supplies, clay $13.10

Ground Effects (rune stones) $12.99

Jewel (Food for snacks) $20.73

Walmart

(Food, paper products and craft supplies) $76.54

**Room Rental ($60.00 per day)**  $50.00 library donation

**Waived by the library**

**Donated Food:**

* 4 - jars of lingonberry jelly @3.99 =
* 2 - 16 oz. of Gietøst cheese @ $14.59 =
* 3 – 8 oz. of almond paste @ $4.99
* Lefse ingredients
* Lingonberry Bar ingredients
* Pepperkake ingredients
* Kransekake ingredients
* Krumkake ingredients
* Rice crispy treat ingredients
* 6 bottles of saft @$5.00 per bottle
* Crisp bread

**TOTAL: $303.13**