

Friendly Fifth Friday News February 4, 2022

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

Rosemaling Class for Culture Pin #2 and/or #3

Saturdays March 12, 19, and 26, 2022 - 9:00 am to 3:00 pm CDT each day with a break for lunch

Instructor: Lois Mueller VGM - This class will be taught via Zoom.

Cost: \$75 per person for the 3 days. For non-SON members Cost: \$100 per person for the 3 days.

This class is open to anyone, but much of it is designed to allow those of you who have earned your #1 Culture Pin to earn the #2 and/or the #3 pin. Those who were not a part of the class for the #1 Culture pin, may take this class as well. The instructor will teach you at your experience level.

The registration deadline for the class is February 26.

The classes will be based on the SON Guidelines for the second culture pin and the style of rosemaling to be taught will be the same as was taught for #1 pin. That was Telemark.

Day 1: Review of brush control and brush technique for those who have taken the first class. For those who are beginners, we will concentrate on learning control and technique.

Day 2: Begin to create a design for a 6-8" square or a 8-10" round. The square or round may be a piece of backgrounded poster board, a piece of canvas or a piece of wood. Beginners will complete a flower form and begin working with scroll formations.

Day 3: Beginners will complete 1 project....an 8" round which will use the brush control and technique, flower forms and scroll formations. This could be a wooden plate or a surface such as the ones listed in Day 2 above.

To complete the submission for Pin #2: 1 elective selected from the list provided in the SON Cultural Skill Program information for desired pin should be completed including photos and unit evaluation.

A list of painting supplies will be sent as confirmation of your registration. You may purchase the items locally and/or from the source that is included with the supply list. Since you may have some of the items, you need purchase only those items that you do not have. Lois will be painting with acrylics, but is an experienced oil painter which allows you to select the kind of paint that you wish to use and she can assist as needed. If you already have paint and supplies, you may use them for the class.

Your instructor is Lois Mueller. She has been rosemaling since 1977 and teaching since 1979. She began teaching at the Technical College in Appleton, WI and now does travel teaching throughout the USA plus a trip to Taiwan and a couple to Canada. In November 2020, she taught her first Zoom class for the Illinois Norsk Rosemalers Assoc. and since that time has taught for Sons of Norway Dist. 5. Lois received the Gold Medal from Vesterheim in Decorah, IA in 1998. Since that time she has written 9 rosemaling instruction books. In 2016, she became part of a group that created a new organization called, Rosemaling Coast to Coast. The reason for the organization was to have a way of sponsoring a rosemaling convention. The next rosemaling convention is in June 2023 in Eau Claire, WI. If you are working for the #3 pin, you should be doing a 10"-12", 3-dimensional piece. You would also need to complete 1 elective selected from the Cultural Skill Program listing. You may find pieces like this at Vesterheim, local craft stores, or from woodenware craftsmen. If you have a problem finding something that you want to paint, get in touch with the instructor.

If you have any questions or concerns, please contact the instructor: Lois Mueller, 1225 W. Main St., Platteville, WI 53818, 608-348-3398, nordic@mhtc.net

Rosemaling Class Registration Form

Name: _____

Street Address: _____

City: _____ St _____ Zip _____

Phone: _____

Email Address: _____

SON Lodge: _____

SON Membership #: _____

Non-Member: _____

Registration for the class is first come, first served by date received. The maximum number of students is 12. After class is full, we will have a waiting list. The instructor is willing to teach additional classes based on the number of registrations that we receive.

The Registration Deadline for classes is February 26, 2022. This deadline will allow you to purchase and/or order what is needed and receive it in time for the first session of the class.

_____ Class Registration Fee

Send registration to Lois Mueller via nordic@mhtc.net or by mail
1225 W. Main St., Platteville, WI 53818

Make checks payable to: Lois Mueller
OR call 608-348-3398 if you wish to use a Credit Card

Due this week!

February 5, 2022 and February 8 (start of 8 week course)

- Leadership 8 Week Course- Saturday, February 5 (9:00-10:30 AM CT/10:00-11:30 ET) and Tuesday, February 8 (6:30-8:00 PM CT/7:30-9:00 PM ET). https://sonsofnorway5.com/programs/leadership_workshop.php

February 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

Consider being a delegate to the 2022 District 5 Convention!

All across District 5, elections will be held in January and February as lodges elect their delegates and alternates for the District 5 convention. Some of your members may be sharing their experiences as delegates at your meetings so members are more aware of what happens at conventions, what their role is, and the experience they have had. To help new members and those without convention experience, here are some things to consider and share with your membership:

Who can be a delegate or alternate?

- You do NOT have to be a benefit member to serve as a delegate to the District Convention.
- Current District 5 Board members cannot serve as delegates for their local lodges.

Time Requirements

- The District 5 Convention is June 15-19, 2022 in Middleton, WI.
- Your delegates may be asked by the District President to serve on a committee. This would require them to attend committee meetings on the Thursday morning and afternoon (or until committee work is done and the committee is dismissed).
- The opening ceremonies will be on Friday morning. **The first official business and seating of the delegates is also Friday morning and all delegates need to be in all sessions Friday and Saturday.**
- As times and schedules are finalized, watch the District 5 website (www.sonsofnorway5.com) and future mailings for schedules and timelines.

What does a delegate do?

- Represents and speaks on behalf of your lodge on District business, resolutions, proposed changes
- Accepts your lodge's recognition and awards
- Attends all delegate sessions, zone meeting (Saturday noon) and votes on behalf of your lodge
- May serve on a committee if asked to by the District President
- A delegate is the only member (along with current District 5 Board Members) that can run for the District Board (if a benefit member or if they purchase a benefit product at the convention).
- A delegate can run for a delegate spot for the International Convention (August 31th to Sept 1st, 2022) in Minneapolis, MN, if they are a benefit member or if they purchase a benefit product at the convention. The convention will be held, with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September.
- Learn about Sons of Norway by attending workshops, visiting displays and visiting with other members
- Bring back many ideas, activities and enthusiasm that will benefit your lodge
- Report to your lodge about what they learned, business conducted and report on elections held at the convention
- Have a wonderful time and go home ready to carry out the mission of Sons of Norway!

What is a Benefit Member? Someone who owns a Sons of Norway insurance certificate.

How do you pay for delegates? Each lodge handles this differently. Many will help the delegates with convention costs, registration, travel and hotel costs in varying amounts, paying it in full, or a portion. Some lodges will have a special fundraiser or event to raise money for delegate expenses.

Thank you for electing delegates and alternates and your consideration to serve as one! If you have further questions, contact your lodge president, zone officer or a District Board member!



Adult Heritage Weekend, October 7-8, 2022

Giants of the Earth Heritage Center

Spring Grove, MN

Members have asked for such an event, and we are happy to oblige!

Cheryl Wille-Schlesser, D5 Vice President

The planning has begun for an adult Heritage Camp Weekend! Our home base will be *Giants of the Earth Center* in Spring Grove, MN. Why? Options abound for our members.

- ❖ The community was a leading immigrant destination. Work on your family's genealogy.
- ❖ The center offers a variety of outreach opportunities. One unique offering is a summer school program for children. Some of their activities will be on our agenda!
- ❖ A recording studio in the basement allows one to record their family's stories.
- ❖ Spring Grove is in a scenic geographic region close to the Mississippi River, and a drive there will be amazing during fall color. Bring your camera!
- ❖ Opportunities abound for outdoor sports such as biking and hiking. Kubb is possible.
- ❖ Valheim Lodge is willing to prepare a special meal for us.
- ❖ A Norwegian lutefisk and meatball dinner will tempt your tastebuds.
- ❖ Spring Grove's annual *Uff-Da Fest* celebration is scheduled for that weekend-music and merrymaking to abound!
- ❖ Norseland Lefse is close-by in Rushford, MN. Stock up while you can!
- ❖ Attend church on Sunday at a historical Norwegian Lutheran church.
- ❖ Vesterheim Norwegian American Museum is just a short drive away. A choice of hotels is just twenty-three miles away. Bed and breakfast options dot the surroundings near the Spring Grove community. Get the inside scoop from the locals.

**Watch for further communications in the Friendly Fifth Friday News! Next week, I will ask for member input regarding breakout sessions and other diversions. Takk.*

International Vice President's Network Update from Cheryl Schlessler!

Six district vice presidents were in attendance.

International Vice President Mark Agerter shared the following statistics:

- Sons of Norway has experienced three solid years of membership growth with positive gains in 31 of the last 35 months.
- Our current membership stands at 63,027.
- D1 remains the largest district, with D3 in second place and D2 in third.

International Vice President Mark Agerter reported that the Sons of Norway's organizational goals were met in 2021.

The 2021 achievements included:

10,862 new insurance members, 290% of goal-1,415 in 2019

\$9.9 M or 272% of goal for new life insurance premiums-\$4.07M in 2019

\$12.5M in new annuity premiums, 143% of goal-5,985 in 2019

8,200 new members, 211% of goal-5,985 in 2019

The final numbers are not yet available for the new Foundation funds, but it is safe to say that we exceeded the \$264K goal by 300% or around \$790K.

One stock donation to the Foundation for \$1,176,000.00 is pending finalization.

Another \$862,000.00 came in unexpectedly from a Minneapolis resident who passed away in 2020; that estate hasn't closed. Even without those two large donations, we would have exceeded our goal. Nearly 500% of the goal came in 2021.

"Forty-two grant applications were sent to the Foundation for 2022. With added financial donations to the Foundation, Connie O'Brien noted, we are feeling hopeful that we can fund a portion of each application. In addition, we are keeping an eye on Oslo Summer School; it is expected to accept students and hold classes in 2022. Applications are closed for that scholarship, but Emily Starks will be reopening and extending the deadline for Oslo Summer School to March 31st."

There are several lodges in the Order in various stages of disbanding. Some have indicated that they will be sending the remaining lodge monies to the Foundation.

Cheryl Wille-Schlessler
District 5 Vice President

rogcher@mhtc.net

608-219-4464-Please leave a voice message.

Starting this weekend!

The Sons of Norway District 5 newest Zoom course, **Creative Leadership** will start with sessions offered on Saturday, February 5 (9:00-10:30 AM CT/10:00-11:30 ET) and Tuesday, February 8 (6:30-8:00 PM CT/7:30-9:00 PM ET). The course will be eight weeks long.

Weeks 1-2 will give you ideas on how to analyze your lodge's strengths and weaknesses, and to consider opportunities for growth, but also pitfalls along the way. You will learn to think about lodges comparable to you, and your similarities and differences, and the all-important need to rely on lodges volunteers.

Week 3 will focus on new ways to envision your current and potential volunteers. You will gain insight into how to develop hesitant on-the-sideline members into more engaged volunteers.

Week 4 will be show you how to accelerate your lodge's volunteerism program by matching needed the tasks you need getting done with your lodge volunteer's skills, and rewarding volunteers in meaningful ways. Ideas for developing lodge officers and succession planning will be discussed.

Week 5 will be cover developing a strong leadership team, by coaching, planning, communicating, using diversity and inclusion, and how to managing conflict resolution.

Week 6 will give you ideas for developing a strategic plan for your lodge, including knowing your member's opinions, making all lodge members "stakeholders," establishing attainable goals, using good communication, and being flexible.

Weeks 7-8 will allow participants who choose to do a project an opportunity to make a presentation on their work.

Faculty: Mike Palecek, leadership trainer, (Nordlyset-Racine WI, president); Dana Kelly, executive director of the Norwegian-American Genealogy Center (Mandt-Stoughton WI, member); Jim Herman, medical school dean (Edvard Grieg-Cincinnati OH, president); Corey Olson, project manager (Norsk Valley-Appleton WI, treasurer).

The recordings of this course will also be made available online for anyone to access at the D5 website, usually about two weeks after the end of each week's session.

At this time, its best to reach out to Mike via email to get registered and then send in the form!

D5's Creative Leadership course starts THIS SATURDAY, Feb. 5. Six weeks on Zoom (Sat only) \$25 course fee. Here's a slide from week 5, where Dana Kelly talks about the value of coaching as a leadership technique. Contact mikep@sonsofnorwayracine.com to sign up. Zoom class: 9:00-10:30 AM (CT) / 10:00-11:30 AM (ET).

**CREATIVE LEADERSHIP
ENROLLMENT FORM**

___ \$ 25 - Course fee (D5 member) - Saturday (8 week) course, beginning on Feb. 5

___ \$ 25 - Course fee (D5 member) - Saturday (8 week) course, beginning on Feb. 8

___ \$100 - Course fee (others) - Monday (8 week) course, beginning on Feb. 5

___ \$100 - Course fee (others) - Monday (8 week) course, beginning on Feb. 8

_____ TOTAL enclosed

___ I understand that the Zoom course, including my participation in the Zoom session will be recorded. A session from each week will be posted to the D5 website, for anyone to access.

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Email (required): _____

Phone: _____ Lodge: _____

Comments: _____

send completed form to: Mike Palecek, Nordic Legacy Foundation, 5747 Sandy Lane, Racine WI 53406.

Questions? Contact: mikep@sonsofnorwayracine.com

Deadlines and Dates! Changes in red!

February 5, 2022 and February 8 (start of 8 week course)

- Leadership 8 Week Course- Saturday, February 5 (9:00-10:30 AM CT/10:00-11:30 ET) **and** Tuesday, February 8 (6:30-8:00 PM CT/7:30-9:00 PM ET). https://sonsofnorway5.com/programs/leadership_workshop.php

February 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

February 20, 2022

- Central Lodge ZOOM Meeting call for central lodge members want to be delegates. Notify President Johnsen by February 13 if you are interested.

February 26, 2022

- **Registrations due for virtual rosemaling class held in March**

March 1, 2022

- Application deadlines for the Lund Fund, Douglas Warne-Rolf & Wenche Eng, and Helen Tronvold Norwegian Folk High School Scholarships

March 1, 2022

- Deadline – Domestic scholarship applications due to Sons of Norway Foundation:
 - Astrid G. Cates Scholarship**
 - Bernt Anker Scholarship
 - Dan and Betty Rude Scholarship
 - Myrtle Beinhauer Scholarship**
 - Nancy Lorraine Jensen Memorial Scholarship**
 - Orel and Marie Winjum Memorial Scholarship
 - Elaine Nelson Scholarship

March 5, 2022

- Delegate Election Form due to Darlene Arneson

March 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

March 15, 2022

- D17 financial form is due from the lodges to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalsgive.org, are due to Membership Services at Sons of Norway Headquarters.
- Fraternal Funds packet is sent to the district treasurers.

Saturdays March 12, 19, and 26, 2022

- **Virtual Rosemaling Class**

April 1, 2022

- Proposed District Bylaw and Resolution Proposals due to Darlene Arneson
- Bids to host 2024 District Convention due to Darlene Arneson

April 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

April 15, 2022

- Sarah Paulsen Memorial Scholarship applications are due

May 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

May 15, 2022

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

June 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31st to Sept 1st 2022, with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September.

<https://youtu.be/S7TljcinVCU>- Omni Hotels and Resorts, Omni Viking Lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com