

## Sons of Norway 2026 Convention Classes

Innovation Center Stoughton Classes: (register via this link- <https://www.innovationcenterstoughton.org/workshops> - not on the convention registration form)

421 E. Main Street, Stoughton, WI 53589  
<https://www.innovationcenterstoughton.org/>

**August 4, 2026, Sons of Norway D5 Laser Engraved Rolling Pin Class, 9 AM to Noon. Fee: \$35**



In this workshop, you will create a custom laser-engraved rolling pin which you can use to emboss homemade cookies. Feel free to bring digital or hand drawn ideas of your own.

Depending on the size of the class, participants may be asked to return to ICS to pick up their rolling pin. Class size of 10 max.

Programs: Adobe Illustrator Machines: Laser Cutter (Epilog Laser Helix 24

C02) Watch this video for a sneak preview: [Laser Engraved Rolling Pin](#)



**August 4, 2026, Sons of Norway D5 Nordic Cookie Stamp Workshop, 1 to 4 PM. Fee: \$10**

Did you know that stamped cookies originated in the 14th century? They were popular with German, Dutch and Scandinavian bakers that would use carved wood or clay stamps to press into the dough. Our workshop will teach you

how to personalize your own stamp for cookies using Adobe Illustrator to design and the Epilog Laser to engrave. **Feel free to bring digital or hand drawn ideas of your own.**

Watch the video to see how the Nordic Kitchen uses stamps on their cookies. You will create a wooden stamp with a handle in our workshop. [Rycroft Stamps](#)

<https://www.youtube.com/watch?v=VjUUvXRq0Dk>



**August 5, 2026, Sons of Norway D5  
Nordic Cookie Stamp Workshop,  
9 AM-Noon. Fee: \$10**

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Programs: Adobe Illustrator Machines: Laser Cutter (Epilog Laser Helix 24

C02) Watch this video for a sneak preview: [Laser Engraved Rolling Pin](#)

## August 6, 2025, Sons of Norway D5 Laser Cut Rubber Stamp Class,

**9 AM to 11 AM Fee: \$5**



Customize a rubber stamp, secured to a block of wood. Whether you are a scrapbooker, want to personalize stationery or place your mark on the back of your art, these customized stamps are fun and easy to make. **Feel free to bring digital or hand drawn ideas of your own.**

**Programs:** Adobe Illustrator **Machines:** Laser Cutter (Epilog Laser Helix 24 C02)

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### **Grand Inspired-** <https://grandinspired.com/>

Grand Inspired Gallery & Makerspace  
501 E Main St., Stoughton, WI

**(register via this links - not on the convention registration form)**

### **Spoon Carving-** <https://grandinspired.com/shop/woodworking-class/spoon-carving-class/>

Tuesday, August 4th: Noon – 4pm

\$75.00

Learn the art of hand-carving a wooden spoon in this beginner-friendly workshop. All tools and materials provided — create a functional, food-safe utensil and leave with a handmade piece you'll be proud to use or gift.

Discover the relaxing and rewarding art of hand-carving your own wooden spoon in this beginner-friendly workshop. In this class, participants will learn traditional spoon-carving techniques using simple hand tools to transform a small block of wood into a functional and beautiful kitchen utensil. You'll be guided step-by-step through the entire process — from choosing the grain direction and sketching your design, to rough shaping, hollowing the bowl, refining the handle, and finishing the surface for food-safe use. Along the way, you'll learn safe knife and gouge handling and tips that make carving smoother and more enjoyable.

No prior carving experience is needed. This class focuses on creativity, patience, and the satisfaction of making something entirely by hand. Each participant will leave with a completed spoon (or close to it), the knowledge to continue carving at home, and an appreciation for the craftsmanship behind handmade wooden utensils.

Suitable for ages 16+

\$75 includes all materials, tools, and instruction to make a practice spreader and one spoon.

### **Hnefatafl-** <https://grandinspired.com/shop/woodworking-class/hnefatafl-board-players/>

Tuesday, August 4th. 10am – 4pm with a break for lunch

\$120 includes all materials & instruction

**Hnefatafl**, also known as **The Viking Game**, **The King's Table** or simply **Tafl**, is one of those two-player games where the opposing sides are not equal in number. There is a host of information on the Internet about **Hnefatafl**, including many rule variations that are worth experimenting with.

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## Spry Whimsy Classes (register via these links- not on the convention registration form)

- Wet Felted Flowers- <https://www.sprywhimsy.com/product/sons-of-norway-wet-felted-flower-class-august-4th-see-times-in-pulldown-menu/KFN74NEMECNMSFAAZY36AE3S?cs=true&cst=custom>
- Wet Felted Soaps- <https://www.sprywhimsy.com/product/sons-of-norway-wet-felted-soap-august-5th-9am-11am/N3EDDUEWRSY33XEMUGB33QOH?cs=true&cst=custom>



Spry Whimsy  
FIBER ARTS

**Spry Whimsy Fiber Arts welcomes you to Stoughton!**

We are a local yarn shop  
with a large variety of selections.

We also have supplies for felting and spinning.

Come check out our unique gifts  
that will give you a giggle.

We are thrilled to offer a 10% discount on purchases  
(excluding sale items and spinning wheels) to the Sons  
of Norway District 5 Convention visitors.



**Wet Felted Flowers with Kim Overton**

Tuesday August 4<sup>th</sup>, 9am-11am or 1pm-3pm

Learn to make a wet felted flower. Students will leave with  
two flowers each. Materials included.

\$30 per person [Register Here](#)



**Wet Felted Soaps with Kim Overton**

Wednesday August 5<sup>th</sup>, 9am-11am

Learn to decorate a hand-made bar of soap with wet felting.  
Students will go to Soap and Flame (store across the street)  
together at the beginning of class and purchase soap for the  
class (not included in class fee). Time is included for felting  
three bars of soap.

\$30 per person [Register Here](#)



**Yarn Spinning  
Demonstration  
with Ingrid  
McMasters**

August 5<sup>th</sup>, 1pm-3pm

no charge

**Tatting  
Demonstration  
with Kerra  
Springgay**

August 6<sup>th</sup>, 10am-  
11:30am

no charge

168 W Main Street  
Stoughton, WI  
608-239-0809  
[www.sprywhimsy.com](http://www.sprywhimsy.com)

**WE ARE OPEN 7 DAYS A WEEK!**

Monday, Tuesday, Thursday, Friday 10 - 6  
Wednesday 10 - 7  
Saturday 10 - 5, Sunday 12 - 4

## **Classes that you use the Convention Registration Forms for!**

### **Rosemaling – Christmas Ornament**

**Date:** Offered two times! Monday morning, August 3 and Wednesday morning, August 5

**Time:** 9AM-1PM - this is a 4-hour class

**Location:** Sons of Norway Lodge- Mandt – downstairs

**Level of Instruction:** This class will be geared towards beginning rosemaling students, but all levels of experience are well to join in the fun.

**This class will be taught in acrylic paint.**

**Who may attend:** ALL Rosemalers are welcome to join this class.

#### **Class size limited for Beginning Rosemalers 10-12**

Nancy Odalen, Vesterheim Gold Medalist (VGM) will be teaching this class. This will be an interesting, fun, and informative class that will provide you with an opportunity to try your hand at rosemaling an ornament.

#### **Class Fee \$25.00 per person**

The class fee will include the use of acrylic paint, brushes and other supplies as well as the design for the ornament. You will receive one (1) ornament that has already been backgrounded and is ready for you to add your special touch. If the student wishes to work on another ornament, then there will be an additional fee for these. The fee for each additional ornament will be \$5.00

Contact information: Nancy Odalen, 608-513-1837, Naodalen@charter.net

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### **Wood Carving Class** – Traditional Scandinavian Flat Plane

**Date:** Monday August 3, 2026

**Time:** 9AM-1PM - this is a 4 hour class

**Location:** Sons of Norway Lodge- Mandt – upstairs.

**Level of Instruction:** This is a beginning wood carving class.

**Who may attend:** ALL carvers are welcome to join this class.

**Class size limited to 6-8 beginning carvers. Any number of experienced carvers are welcome.**

Roger Odalen will be teaching this class and has over 20 years of experience in figure carving.

#### **Beginning Carver: Class Fee \$25.00 per person**

The class fee will include the use of a carving knife, gloves, sharpening stones. Two pieces of wood for project are also included in the class fee.

If the student wishes more blank wood piece to work on, then there will be an additional fee for these.

#### **Experienced Carvers:**

There is no class fee for experienced carvers that bring their own supplies, knives, gloves, etc. Come and join in in the conversation as we spend time talking about all things wood carving.

Wooden Blanks will be available for sale at the class.

This will be an interesting, fun, and informative class that will provide you with a foundation in the art of figure carving.

Contact information: Roger Odalen, 608-513-1838 [Rogerodalen@yahoo.com](mailto:Rogerodalen@yahoo.com)

### **Hardanger Class-**

Tuesday, August 4<sup>th</sup>, 2026 at the American Legion 9:00 a.m. to Noon

CLASS: Learn Hardanger Embroidery Basics  
Taught by Donna Olson

#### INCLUDED:

Monogram Bookmark A,B,C Kit  
Includes: Pattern, Instructions, Material, Thread, Needles

Cost of Class-Decide by SONS Committee  
Instructor Fees & Kit: \$50

Contact for more information: [LindaBradleyTravel@att.net](mailto:LindaBradleyTravel@att.net)

**Note: Throughout the day (9:00 AM- 4:30 PM)-** Some of our Hardanger presenters will have finished Hardanger items and supplies for sale!