

## Friendly Fifth Friday News

### December 10, 2021

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!**

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December 1, 2021

Dear District 5 Board & Membership:

We hope you had a wonderful Thanksgiving holiday and are looking forward to the wonderful events in December. This is also time to get ready for our upcoming review and elections of officers in our District for 2022.

District 5 has been very successful the past few years and is continuing to grow in many positive ways for the future. Leadership and commitment by our members has put our District in a top position at Sons of Norway. We are recognized as one of the best due to the vast wealth of activities, investment, and heritage promotion in our Midwest states.

The Nominating Committee for District 5 includes Robin Fossum, chair (Dovre 353); Tom Boudreau (Elvedal 556); and Andy Johnsen (Scandiana 600). We are working together to put together the best and the brightest qualified members to continue the excellent work for our fraternal. Our committee will receive all applications for review and recommend candidates for the positions of Executive Officers and Zone Directors. All applicants must be Benefit Member who own a Sons of Norway insurance or annuity product. A product is easy to own with a reasonable small investment.

The Nominating Committee received several applications in 2020 before all Sons of Norway Meetings and Conventions were cancelled due to the Covid pandemic. The Committee will scan and send those applicants their previous application and ask that a new one is completed. There are a few minor changes in the new form for 2022.

Attached is a Sons of Norway District Candidate Leadership Application – 2022. Please feel free to contact any one of us with questions or suggestions of candidates. District 5 consists of many talented members with a variety of education and experiences. We look forward to hearing from you.

We hope you will share this letter with your Lodges as many will be preparing to elect delegates to the District 5 Convention in Madison on June 15-18, 2022. Leadership is not an easy task, but wonderfully rewarding. There are countless ways that Sons of Norway has affected our lives, and many others, through the work we share. Please consider helping continue our tradition of heritage and fraternity.

*Beste hilsen,*

Robin Fossum, chair  
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715-642-2414

Tom Boudreau  
[sjbergh4364@gmail.com](mailto:sjbergh4364@gmail.com)  
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Andrew Johnsen  
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219-374-7696

The applications can be downloaded from the District website- these are just screenshots! <https://sonsofnorway5.com/conventions/>

<p><b><u>Sons of Norway</u></b>  <b><u>District Candidate Leadership Application- 2022</u></b></p> <p>(Please feel free to provide information on a separate sheet and/or attach a resume)</p> <p>Name _____</p> <p>Address _____</p> <p>City _____ State _____ Zip _____</p> <p>Phone (_____) _____</p> <p>Email address _____</p>	<p><b><u>District Candidate For Leadership Position</u></b></p> <p>District Officer or Director          (please specify*)</p> <p>_____</p> <p>* Please fill in the blank specifying the district office for which you are a candidate.</p>
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**1. Required Qualifications**

The following are mandatory candidate requirements:

- Eighteen (18) years of age or older
- Sons of Norway Benefit Member

2. **Yes** \_\_\_\_\_ **No** \_\_\_\_\_ I understand the job description, expectations of performance, and the time commitment necessary to carry out the duties of this office.

**Instructions:** Complete this application online and send to the chair of your district nominating committee within 30 days of the District Lodge meeting. Please provide the specific information and detail requested below.

**3. Education**

High School		Diploma/Degree	
Community College		Diploma/Degree	
University/College		Diploma/Degree	
Other			

**4. General Knowledge Levels**

Please indicate your level of skills, experiences, competencies and background for each of the following areas. Note that this is a general assessment and that each Board Officer is not required to have all of these skills:

	<u>None</u>	<u>Some</u>	<u>Substantial</u>
A. Accounting	_____	_____	_____
B. Investment	_____	_____	_____
C. Corporate Governance	_____	_____	_____
D. Marketing	_____	_____	_____
E. Communications	_____	_____	_____
F. Strategic Planning	_____	_____	_____
G. Technology Skills (Internet/Social Media)	_____	_____	_____
H. Fraternal Benefit System	_____	_____	_____
I. Cultural Skills	_____	_____	_____

**5. Employment History**

Employed \_\_\_\_\_ Retired \_\_\_\_\_ (please select one)

Please provide details of your current or former employment:

A. Employer: \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_ Position \_\_\_\_\_

Employer: \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_ Position \_\_\_\_\_

Employer: \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_ Position \_\_\_\_\_

Employer: \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_ Position \_\_\_\_\_

B. Please describe any of the following from your work experience:

Leadership \_\_\_\_\_

Travel \_\_\_\_\_

Written communications \_\_\_\_\_

Verbal communications (speaking, training) \_\_\_\_\_

**6. Licensing**

List all professional, occupational or vocational licenses (including whether you are a licensed insurance agent)

License \_\_\_\_\_ ~~License~~ \_\_\_\_\_

License \_\_\_\_\_ ~~License~~ \_\_\_\_\_

**7. Organizational Membership and Leadership**

List all community and professional organizations with which you are currently or were a member and list leadership any roles:

Organization \_\_\_\_\_ Leadership role/s \_\_\_\_\_

Organization \_\_\_\_\_ Leadership role/s \_\_\_\_\_

Organization \_\_\_\_\_ Leadership role/s \_\_\_\_\_

Organization \_\_\_\_\_ Leadership role/s \_\_\_\_\_

**8. Sons of Norway Lodge Membership and Leadership**

Lodge \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ form \_\_\_\_\_ to \_\_\_\_\_

Lodge \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ form \_\_\_\_\_ to \_\_\_\_\_

What lodge leadership positions have you held?

A. \_\_\_\_\_ B. \_\_\_\_\_ C. \_\_\_\_\_ D. \_\_\_\_\_

**9. Sons of Norway District Leadership**

What district leadership positions have you held?

A. \_\_\_\_\_ B. \_\_\_\_\_ C. \_\_\_\_\_ D. \_\_\_\_\_

## Lodge Editors and Publicity Directors!

**New! Download royalty-free images for your newsletter**

We now offer a collection of images, free to use along with this collection of articles.

[Download Images](#)

<https://www.dropbox.com/sh/xfvdyIp719xh4o2/AACuW8dgMyaviGpsJVy3XVQka?dl=0>

Newsletter Service is published six times a year containing articles that lodge/district editors may use as a supplement to lodge newsletters.

Newsletter Service is also archived online at [https://www.sofn.com/newsletter\\_service](https://www.sofn.com/newsletter_service).

If you have suggestions for how we can improve Newsletter Service, please send an email to Jana Velo at [jvelo@sofn.com](mailto:jvelo@sofn.com).

## Banner Contest Information-

[https://sonsofnorway5.com/conventions/convention\\_contest.php](https://sonsofnorway5.com/conventions/convention_contest.php)

**How is your banner coming along? We saw Fagernes' on Facebook!**



The screenshot shows a Facebook post from the page "Sons of Norway Blair". The post is dated December 6 at 1:27 PM. The main image shows three people (two men and one woman) holding a large, dark blue banner. The banner features the Sons of Norway logo (a shield with a star, a sun, and a ship) and the text "SONS OF NORWAY" at the top and "FAGERNES LODGE 5-616" at the bottom. The post text reads: "The new banner for Fagernes Lodge 5-616 was premiered at our December 5th meeting. The design, artistry and skilled workmanship was done by our member, Charlene Saxe. The banner is gorgeous! We will proudly display it at our District 5 conventions and other venues. Pictured is our artist, Charlene Saxe, Vice President Roger Instenes (Fran Instenes) and President Todd Fetsch. Mange tusen takk (many thousand thanks) to Charlene Saxe for her generous contribution to the lodge, including all the hours she invested in creating this beautiful banner!!! #FifthDistrict #FagernesLodge #SonsofNorway #banner See less". Below the post, there are several comments: "Darlene Arneson Beautiful!!!!", "Angie Byom Great job as always Charlene Saxe", and "Write a comment...". The post has 4 comments and 1 share.

***Gledelig jul* to you and your family in this joyous season!**



Dear Lodge Officers and Members,

Darlene, as we come to the end of 2021, thank you for your support and participation as a Sons of Norway member. Much like 2020, this last year has been full of challenges! As a token of appreciation for your continued membership, I'm sharing our recently updated guide, Christmas Traditions of Norway with you today.

Created exclusively for members, the Christmas Traditions of Norway pdf is now faster and easier to [download from our website](#) or using the button below. Learn about colorful customs, tasty recipes, and get your whole family in on Norwegian Christmas fun. (You are welcome to share the guide with fellow members. As a members-only benefit for you, please don't print and hand out to non-members.)

[Download Christmas Traditions Now >>>](#)

**IMPORTANT DEADLINE REMINDER:** Do you have friends or family who would like to join Sons of Norway? Remember we must receive paper enrollment forms and dues payments for new members by December 13 for them to be counted as part of the 2021 Recruitment Campaign. Online sign-ups completed by December 30 will also be counted. Please be sure to include the recruiting member number on new member forms to receive a recruiter pin.

Thank you for your continued membership. All the best to your family this Christmas!

Sincerely,



Doris Kamstra  
Membership Manager and Sons of Norway Member

## **Deadlines and Dates! Changes in red!**

### **December 10, 2021**

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at [eber01dj@gmail.com](mailto:eber01dj@gmail.com)

### **December 13, 2021**

- New member enrollment forms **MUST** be into Sons of Norway Headquarters by December 13 to be counted for year-end totals and the Recruitment Contest.

### **December 31, 2021**

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Application deadline for:

- - - Lodge Helping Hands to Children Grant\*
    - Lodge Culture and Heritage Grant\*
    - Lodge Vitality Grant\*
  - Deadline to order Barneløpet supplies.

### **January 15, 2022**

- Deadline — International travel scholarship applications due to Sons of Norway Foundation:
  - Douglas Warne – Rolf & Wenche Eng Scholarship
  - Helen Tronvold Adult Learner Scholarship\*
  - Helen Tronvold Folk High School Scholarship\*\*
  - King Olav V Norwegian-American Heritage Scholarship
  - Lund Fund Scholarship\*\*
  - Oslo International Summer School Scholarship\*\*

### **March 15, 2022**

- Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting have been extended to 03/15/2021.

### **March 1, 2022**

- Deadline — Domestic scholarship applications due to Sons of Norway Foundation:
  - Astrid G. Cates Scholarship\*\*
  - Bernt Anker Scholarship
  - Dan and Betty Rude Scholarship
  - Myrtle Beinhauer Scholarship\*\*
  - Nancy Lorraine Jensen Memorial Scholarship\*\*
  - Orel and Marie Winjum Memorial Scholarship
  - Elaine Nelson Scholarship

### **March 15, 2022**

- D17 financial form is due from the lodges to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at [Fraternalsgiving.org](http://Fraternalsgiving.org), are due to Membership Services at Sons of Norway Headquarters.
- Fraternal Funds packet is sent to the district treasurers.

### **May 15, 2022**

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

\*Insurance membership with Sons of Norway required

\*\*Membership with Sons of Norway required (social or insurance)

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### DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

### INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31<sup>st</sup> to Sept 1<sup>st</sup> 2022, with first time delegates arriving on the 30<sup>th</sup> of August for the First Timers Training. Delegates will depart the 2<sup>nd</sup> of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

**(<https://youtu.be/S7TljcinVCU> - Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55121**

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)