

## Friendly Fifth Friday News August 5, 2022

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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### **FROM OUR MEMBERS-**

***Tell me about the Sons of Norway benefits for children.***

Go to [SofN.com](http://SofN.com) and access the ***Viking for Kids*** page. There are two 2022 issues, one from February and the second with a Syttende Mai spin posted in May. Two versions exist, a digital download option or a print-ready PDF.

Choose the one that works best for the children and families in your lodge. The articles are interesting, not just for your children but also for your adult members! After all, many of us think that we are children at heart!

- 1) Provide time to read an edition at a lodge meeting with the children present. The high-interest editions appeal to young and veteran members alike.
- 2) Lodge members in a senior living community would also enjoy receiving a copy of the magazine. Better yet, hand deliver the magazine and share it with them. Enjoy a cup of coffee and a treat!

Some of your older youth might enjoy being the liaison from your lodge and would enjoy sharing the editions with the residents.

High school students earn silver cord hours in many communities for their service; encourage them to do so.

- 3) Consider sending the ***Viking for Kids*** to the children on your membership roster. Children like to receive mail addressed to them. To save money, ask a lodge member to deliver them.
- 4) Leave copies of the editions in your local library, at the Chamber of Commerce office, clinics, or in other places families visit. Include contact information.
- 5) Display copies of the editions at your next lodge event. Include a sticker with your lodge's contact information for membership!

**One** of the best-kept secrets in the 5<sup>th</sup> District is our heritage camp for kids, Masse Moro. Held each July at Beaver Creek Nature Reserve near Fall Creek, WI. Masse Moro is magical. Youth who attend are changed by the connections they make, the experiences they share, and the things they learn about living the Nordic lifestyle.

**Sons of Norway International** and its charitable arm, the Sons of Norway Foundation, offer many annual scholarships. New scholarships are added. Deadlines are closer than they appear. Start investigating the options *now* to qualify as a prospective candidate early in the new year.

**Did** you know a **free heritage membership** exists for children in your families? Children under the age of 15 years qualify. At age 16, these children may transfer their heritage membership to permanent status.

**Certificates** and colorful wildlife patches are available for purchase with this membership. Contact Connie O'Brien at the home office to order your materials ([CObrien@sofn.com](mailto:CObrien@sofn.com)).

**SONS of NORWAY**  
Celebrating 125 Years  
1895-2020

## FREE HERITAGE MEMBERSHIP

*Sponsor a new Heritage member today!*

### Building Heritage Membership

We are excited to introduce these colorful recognition patches and certificates for Heritage members who have been with Sons of Norway for 5, 10 or 15 years. If you have been a Sons of Norway member for a few years, ask your lodge leader how to place an order for these charming designs featuring Norwegian wildlife. You may be eligible for one of these fun patches that you can wear on your jacket or backpack for just \$2 each!

**Note to parents:** We welcome children ages 15 and under to the Heritage member program. Heritage members must be sponsored by a relative who is already a Sons of Norway member (most often a parent or grandparent) but they are not required to be part of the same household as the sponsoring member. At age 16, Heritage members have the option of joining Sons of Norway as an adult Individual member or as part of a Family membership, if one exists at their home address. Find the New Heritage Membership Request form here: <https://www.sofn.com/wp-content/uploads/2020/04/Heritage-Member-Enrollment-Form.pdf>

**Older children** from your lodge may be interested in participating in folk high school in Norway. Scholarships exist for this experience. Visit the [sonsofnorway5.com](http://sonsofnorway5.com) website to learn more. The Foundation also offers help.

**Summer school attendance** at the University of Oslo or other Norwegian universities is possible. If you have further questions about youth offerings, don't hesitate to get in touch with me.

Another option is the purchase of a **SofN benefit product** for your child. I will work with our newly seated board to identify better options for younger members.

**Cheryl Wille-Schlesser**

**District 5 President**

[cwschlesser200bc@gmail.com](mailto:cwschlesser200bc@gmail.com)

**608-219-4464**



## **Viking Photos Due!**

Hi all!

Another month has passed. This e-mail request is also going out to your publicity people. Time to round up photos for possible inclusion in the Viking and send them my way.

If you are sending them yourself, make sure to also submit the submission form along with each picture. I would like all submissions to me by August 10, 2022. Also remember not to edit the picture. The Viking people will do that, if needed.

Any questions, e-mail me at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com) . Relish the long days of August and summer!

LaVonne Wier  
District 5 Publicity

## **Foundation Director's Call- August 22**

District 5 Lodge Foundation Directors Call- August 22 at 7 PM Central via ZOOM

Darlene Arneson will host a ZOOM meeting for lodge Foundation Directors or anyone else interested on Monday, August 22, 7:00 PM CST. She serves as the District Foundation Director as a liaison between the District and International Sons of Norway. Darlene will be reviewing the role of the lodge Foundation Director, Foundation resources and initiatives, and Foundation Month. She will encourage participants to share ideas, ask questions, and have a lot of interaction as we all learn from each other. For lodges without a Foundation Director, please try to have someone from your lodge participate.

To prepare for the call, you may want to explore the Foundation pages on the website-  
<https://www.sofn.com/foundation/>

Our agenda:

- Introductions and what you want to learn on the call
- Preparing for October Foundation Month!
  - What does your lodge do?

- What help do you need?
- Ideas and brainstorming!
- SN Foundation
  - How to apply for a grant- the online process
  - The website and where to find resources and forms!
  - Resources available
- District 5 Nordic Legacy Foundation
  - What it is
  - How to donate and support it
- Darlene Arneson
  - What a lodge Foundation Director's role might be in your lodge
- Everyone
  - Sharing ideas
  - What questions do you have?
  - How do you need help or assistance?
  - What works for you?
  - What are your challenges?

The ZOOM link has been emailed to all lodge Presidents and Foundation Directors and has been in the Friendly Fifth Friday News. No pre-registration is needed! Please contact Darlene at [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) if you have questions. If your Foundation Director can't make the call, someone else can sit in! Anyone is welcome! My cell is 608-514-4951.

Darlene Arneson

District 5 Secretary and Foundation Director

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Darlene Arneson is inviting you to a scheduled Zoom meeting.

Topic: SN District 5 Lodge Foundation Directors Call

Time: Aug 22, 2022 07:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/84317104280?pwd=WHNIM1QrMnNwbktoRmVxYnN6SIVzUT09>

Meeting ID: 843 1710 4280

Passcode: 503025

One tap mobile

+13017158592,,84317104280#,,,,\*503025# US (Washington DC)

+13126266799,,84317104280#,,,,\*503025# US (Chicago)

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 646 931 3860 US

+1 669 444 9171 US

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 386 347 5053 US

+1 564 217 2000 US

Meeting ID: 843 1710 4280

Passcode: 503025

Find your local number: <https://us02web.zoom.us/j/khzvoEBac>

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## **Deadlines and Dates! Changes in red!**

- August 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- August 22- 7 PM CST- Lodge Foundation Directors Call
- September 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- October 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- October 28-29- District 5 Board Meeting- location TBD
- November 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- December 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- January 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- February 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- March 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- April 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- May 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- June 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)

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**Viking Chest / Immigrant Trunk Schedule**

Apr 2022 to Oct 2022:

Chest--zone 5  
Trunk--zone 6

Oct 2022 to Apr 2023:

Chest--zone 1  
Trunk--zone 2

Apr 2023 to Oct 2023:

Chest--zone 4  
Trunk--zone 3

Oct 2023 to Apr 2024:

Chest--zone 6  
Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2  
Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3  
Trunk--zone 4

### **INTERNATIONAL LODGE MEETING**

The dates of the International Virtual Convention:

Wednesday, August 31, 2022, 10 a.m. – 2:45 pm central time and  
Thursday, September 1, 2022, 10 a.m. – 2:30 pm central time

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

#### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com