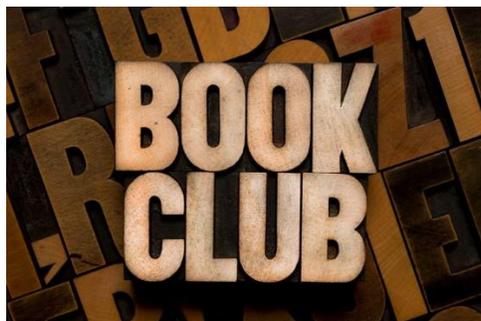


Friendly Fifth Friday News August 26, 2022

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

Update on who to contact!



Open to all members!

All Sons of Norway members are invited to join this virtual book club, regardless of where they live. The popular book club is rapidly growing and in most months, we've added an additional meeting time so more members can take part.

For August, members will be reading: "Between Rocks and Hard Places" by Ann Urness Gesme. Ms. Gesme will be with us August 25 to discuss her book. There will not be a second book in August. Also, because this is a meeting with the author present, we will have only one meeting, at 7 p.m. ET.

For bookclub: send an email to SonsOfNorwayBookClub@gmail.com

Board Introduction



Sons of Norway District 5 Zone 1 Director: Sandra Olson, Valkyrien Lodge, Woodville, Wisconsin.
I was born and raised in Menomonie, Wisconsin and graduated from Metro State with a degree in Human Resources.

My husband, Tom and I have been blessed with three children and nine grandchildren. A perfect day for me is researching my Norwegian heritage and teaching my grandchildren the art of Norwegian baking. My love of Norway and genealogy has taken me to Norway six times. Now that I am retired, my goal is to share this love

of my heritage by taking my children and grandchildren to Norway. As a member of Sons of Norway and serving on the District 5 Board has given me the opportunity to meet and become friends with so many awesome people. As the District 5 Youth Director for the past four years, I experienced firsthand the magic of Masse Moro; District 5 is extremely fortunate to have an exceptional, dedicated staff at our Norwegian Heritage Camp. I am extremely grateful to Sons of Norway and to District 5 for offering so many excellent programs and virtual classes. I immensely enjoyed the 16 weeks of virtual classes as we learned about the trials and tribulations of our Norwegian immigrants; also to learn the techniques of wood carving; the excellent cooking classes and other excellent cultural classes. I cherish the many friends who I have had the privilege of meeting and working with as a member of Sons of Norway. I look forward to serving as your District 5 Zone 1 Director. Tusen Takk!

Adult Camp Updates!

Greetings District Lodge Leaders,

I want to ensure that all of you know about the upcoming Adult Heritage Weekend event in Spring Grove, MN. In addition, join me in welcoming Sons of Norway members from District 1 who live within a 90-mile radius of the Giants of the Earth Heritage Center. I also sent an invitation to President Mark Haugen from District 1. This weekend provides the perfect opportunity to join our districts to learn more about our heritage and have cultural fun.

There will be opportunities for networking while attending our presentations and classes, over the scheduled meal times, and during the revelry, at Uff-da Fest if you choose to participate. Discover new ideas and presenters to keep your lodge meetings lively! Then, consider the activities on Sunday, with the final opportunities at the Vesterheim Norwegian American Museum campus in Decorah, IA.

It is certainly not a requirement to attend all activities; choose the day(s) that work best for your schedule. I am attaching the itineraries for the weekend's events. Also available is the registration sheet. Registrations are due September 15th.

We are finalizing some additional entertainment, and we hope you will find this opportunity energizing and engaging for your members.

Don't hesitate to get in touch with me with any questions.

Fraternally,

Cheryl Wille-Schlesser
District 5 President
cwschlesser200bc@gmail.com
608-219-4464



Schedule of Events: District 5 Adult Heritage Weekend (updated Aug 21, 2022)

Friday, October 7, 2022

3:00—Arrival in Spring Grove, Registration at Giants of the Earth Heritage Center

3:30—Intro to Giants with Community Outreach Coordinator Rachel Storlie

4:00-5:30--Norwegian *Revy* (Variety Show) at the Cinema, featuring Robin Fossum on Hardanger Fiddle, violin, and talented members of District 5, plus short sets by the Luren Singers and Rachel Storlie.

5:30-7:00—Mingling, Cash Bar, and Dinner catered by Rosie’s Catering, at Giants Immigrant Hall

7:00--Reader’s Theater—History of Spring Grove: the stars are YOU plus members of Ye Olde Opera House

7:30--All aboard hayride, tour downtown and rural Spring Grove

8:30--Movie: Lutefisk Wars, the Birkebeiners, Heroes of Telemark, Bring your favorite!

9:30--Uff-da Fest revels

Saturday, October 8:

8-9 AM—Continental Breakfast at Giants of the Earth Heritage Center

9:00—Johnathan Storlie and Bill and Karen Fried will kick off your morning with their presentations.

9:00 AM Johnathan Storlie presents on DNA in genealogy and public health

9:45 AM—Bill and Karen Fried present on relative Peter J. Rosendahl, Spring Grove author and creator of the historic, Norwegian-American famed comic strip “Ola and Per”

10:30 AM—Stretch your legs on a Spring Grove walking tour, including visits at the Sculpture Park featuring “Ola and Per,” the signature Viking, our Spring Grove Lion, and more! Shop along Main Street and take in the Uff Da Fest fun until noon lunch.

11:15—Rebecca Hanna Presentation on Woodcarving: Ale Bowls and Decorative Techniques

Rebecca Hanna is a Vesterheim gold medalist. She has produced works of many kinds, including ale bowls, dragonstil, kubbestols, acanthus pieces, and figures. In addition, she has honed her skills using svidekor, kolrosing, and kroting. Rebecca will showcase examples of ale bowls and her decorative techniques at this presentation.

Noon—Return to Giants for a traditional Norwegian Smorgasbord: Rachel and Jill Storlie speak about Norwegian Food Customs and demonstrate open-faced sandwiches. Participants will make their own masterpiece for lunch with items provided.

1:00 PM—Jim Skree will speak about the “Red River Girl” book and local Norwegian settlement history.

2:00 PM—Choose Your Own Adventure!

- View the Red River Girl exhibit at the Caledonia Historical Society (donation requested)
- Research ancestors in the Genealogy Room
- Take a hike! At the Norwegian Ridge Birding & Nature Trail
- Record your family oral history in our Professional Recording Studio (extra fees)
- Nordic Stamping Class with Connie Aiello (extra fees)
- David and Lynn Susag demonstration of bowl turning on Viking-Era lathe
- “Julekurver: They’re Not Just for Christmas Anymore!” with Cheryl Miller
- Krumkake King: Shipping Krumkake across the US without breakage with Mark Storsteen

5 PM—Historical re-enactment of the first local Sons of Norway Convention by “Lanesboro History Alive!”

5:30 PM--Cash Bar and Catered Dinner, Fat Pat’s Barbecue, with live entertainment by Rachel Storlie and Luther College Students, and local accordion player Audrey Almo

7 PM—Spring Grove Nordic Roots concert by renowned fiddle/guitar duo Beth and John Rotto

Sunday, October 9

9 AM—Fresh muffins, fruit, yogurt, coffee, juice, water served at the Blackhammer Church!

9:30 AM Church and Graveyard History Tours

10 AM--Old-fashioned Norwegian Church Service with guest bi-lingual Pastor Rolf Svanoe

10:30 AM Departure Lunch offered by the Wilmington WELCA

11AM—Depart for Vesterheim Norwegian-American Museum in Decorah, IA for private behind the scenes tour with Chief Curator Laurann Gilbertson. (Vesterheim admission and tour fees apply)

Other Lodging Nearby—

Lodging for group [You can find it here](#) (and a printable version as well)

<https://houstoncountymn.com/stay>

Other sources to utilize: AirB&B, VRBO (both available to peruse for free after signing up online)

[Black Hammer Hus - A Norwegian experience - Farm stays for Rent in Spring Grove, Minnesota, United States - Airbnb](#)

[Koselig Hus \(Cozy House\) - Houses for Rent in Spring Grove, Minnesota, United States - Airbnb](#)

[The Barn Loft - Barns for Rent in Dorchester, Iowa, United States - Airbnb](#)

[Lynnhaven - Houses for Rent in Spring Grove, Minnesota, United States - Airbnb](#)

[Prairie Song Farm - Trout fish, hike, unwind! - Houses for Rent in Dorchester, Iowa, United States - Airbnb](#)

[Bear Creek Lodge - Houses for Rent in Dorchester, Iowa, United States - Airbnb](#)

[Hunters Hollow log cabin - Cabins for Rent in Dorchester, Iowa, United States - Airbnb](#)

[The Eitzen Inn - Houses for Rent in Eitzen, Minnesota, United States - Airbnb](#)

[Cozy 3 bedroom cabin with fireplace - Cabins for Rent in Dorchester, Iowa, United States - Airbnb](#)

Decorah High Point Cabins—different sizes, good pricing: www.decorahhighpoint.com

Highlandville Cabins*: www.bearcreekcabinsia.com

*Calling Highland General Store at 563-546-7722 is the only way to book a cabin here.

District 5 Sons of Norway Adult Heritage Weekend Registration Form

October 7, 8, and 9, 2022
Spring Grove, MN



Print Name(s) for badges _____

Phone _____ () Cell () Landline Email _____

Address _____ City _____ State _____ Zip _____

Adult Heritage Weekend Registration (covers space rental, speakers, entertainment, genealogy, hospitality, printing, and advertising costs) \$35/person x _____ = _____

We recommend you take advantage of the catered meals below, as there are limited options in the area.

Friday Evening –Meatballs/Ham dinner, Mashed Potatoes, Mixed Vegetable, Tossed Salad, Bars, and Beverage by Rosie’s Catering \$16/person x _____ = _____

Saturday Breakfast –Continental Breakfast: Yogurt, Fruit, Juices, Coffee, O&H Kringle \$7/person x _____ = _____

Saturday Lunch –DIY Open-Faced Sandwich Smorgasbord including Lefse, Salads, Chips, Breads, Meats, Cheeses, Fresh and Pickled Veggies and Herring, Spreads, and Beverage \$14/person x _____ = _____

Saturday Evening –Texas Style Bar-BQ catered by Fat Pat’s Restaurant and Red’s Hometown Market, including Pulled Pork, Beef Brisket, Smoked Pinto Beans, Mac & Cheese, Cornbread. \$18/person x _____ = _____

Sunday Breakfast –Continental breakfast at Blackhammer Church: Yogurt, Fruit, Coffee, Water plus O&H Kringle \$7/person x _____ = _____

Total Amount Enclosed \$ _____

Please indicate the name of your local lodge and how many years you have been involved:

Have you or a family member done DNA testing? _____ Company(ies) used: _____

Other sites where you have uploaded your data: _____

There is no admission charge for the Houston County Historical Society to see the Red River Girl Exhibit, or to tour the museum. The Society does, however, welcome your donations at the door.

Hotel reservations are on your own. A list of places to stay in the area can be found in the information packet, on the Giants of the Earth website, and online at www.springgrovemn.com/lodging-dining-shopping.

Mail this completed form along with your check not later than Sept. 15 to:
Giants of the Earth Heritage Center, PO Box 223, Spring Grove, MN, 55974

You can also register online and pay via PayPal at our website www.giantsoftheearth.org.
There is an additional fee of \$3 per registration to cover PayPal transaction fees.

Foundation Updates!

Thank you to the 15 members who ZOOMed in for the call last Monday night. We discussed a number of items and I'll be doing more updates and providing resources as we approach Foundation Month. But first, a big thank you to all our lodges and members who supported the Foundation in 2021.

A message from Jon Tehven and report on 2021 giving:

I bring you greetings from the Sons of Norway Foundation Board of Governors. With this greeting comes a huge 'thank you' for making our 'Together We Are The Future' so successful in 2020 and in 2021. But, before we get to the recap of past years, let's look at 2022.

We begin our 2022 'Together We Are The Future' campaign in October - Foundation Month - and it will continue through January 15, 2023. Why into 2023? To allow for IRA contributions.

Here are our goals:

- Lodges and members will donate \$175,000.
- This represents an increase of 10% in the number of lodges and members donating.

What can you do?

- Dedicate October as 'Foundation Month' and share the success of our Foundation.
- Celebrate any grants and scholarships your lodge has received in the past . . . or present.
- Encourage your lodge and members to join all the SON members by making a donation, thus ensuring the future of our Foundation.

What will the Foundation do?

- Have a Foundation article in the October *Viking Magazine* about the 'Together . . . ' campaign, and
- Include an envelope for you to make your donation.
- Send periodic reports on our success to our lodges.

So, how has our District benefited from the Foundation?

- District 5 Lodge grants in 2020 were \$6,430 and scholarships were \$8,000.
- District 5 Lodge grants in 2021 were \$3,000 and scholarships were \$6,500.
- District 5 Lodge grants in 2022 were \$9,500 and scholarships were \$8,500.

In 2021, 137 SON lodges donated \$68,657. In District 5, 31 lodges donated \$9,091.

Here is a brief 'Together We Are The Future' recap:

- In 2020 our goal was \$100,000. Our lodges and members donated \$137,000.
- In 2021 our goal was \$150,000. Our lodges and members donated \$164,607.

And how have our lodges and members benefited:

- Lodge grants in 2020 were \$27,330 and scholarships were \$119,012.
- Lodge grants in 2021 were \$30,990 and scholarships were \$119,767.

- Lodge grants in 2022 are \$33,329 and scholarships are \$140,000.

Remember . . . the Foundation is here for you . . . and it is here for good!

In 2021, 31 District 5 lodges gave \$9,091 to the SN Foundation!

District 5

Circle City Lodge 5-614

Fosselyngen Lodge 5-82

Norse Valley Lodge 5-491

Elvedal Lodge 5-556

Nordkap Lodge 5-378

Nordland Lodge 5-544

Myrmarken Lodge 5-609

Skjold Lodge 5-100

Fossen Lodge 5-534

Scandiana Lodge 5-600

Solvang Lodge 5-457

Elvesund Lodge 5-593

Ostestaden Lodge 5-642

Vennligfolk Lodge 5-627

Valkyrien Lodge 5-053

Vennelag Lodge 5-513

Vakkertland Lodge 5-570 DISBANDED

Sognefjord Lodge 5-523

Fagernes Lodge 5-616

Mandt Lodge 5-314

Norsemen of the Lakes Lodge 5-650

Christian Radich Lodge 5-568

Grønnvik Lodge 5-632

Askeladden Lodge 5-610

Dovre 5-353

Edvard Grieg 5-657

Løven Lodge 5-29
Viking Lodge 5-625
Polar Star Lodge 5-472
Wergeland Lodge 5-28
Norskeland Lodge 5-580

Deadlines and Dates! Changes in red!

- September 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- **September 15- Adult Camp Registrations due**
- October 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- October 28-29- District 5 Board Meeting- **Eau Claire, WI**
- November 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- December 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- January 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- February 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- March 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- April 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- May 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- June 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- July 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com

Viking Chest / Immigrant Trunk Schedule

Apr 2022 to Oct 2022:
Chest--zone 5
Trunk--zone 6

Oct 2022 to Apr 2023:
Chest--zone 1
Trunk--zone 2

Apr 2023 to Oct 2023:
Chest--zone 4
Trunk--zone 3

Oct 2023 to Apr 2024:
Chest--zone 6
Trunk--zone 5

Apr 2024 to Oct 2024
Chest--zone 2
Trunk--zone 1

Oct 2024 to April 2025
Chest--zone 3
Trunk--zone 4

INTERNATIONAL LODGE MEETING

The dates of the International Virtual Convention:

Wednesday, August 31, 2022, 10 a.m. – 2:45 pm central time and
Thursday, September 1, 2022, 10 a.m. – 2:30 pm central time

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com