

Sons of Norway District 5 - Friendly Fifth Friday News
August 23, 2024
A District Weekly Newsletter to Keep Us Up to Date!

Dear Sons of Norway Leaders,

As the chair of the Foundation Nominating Committee, I am writing to ask for your help. One of the great joys that Betty and I have is when we hear the impact of our Sons of Norway Foundation scholarship and what it means to the recipient(s). It is also important to us that our gift to the Foundation will continue to give over the years. The Sons of Norway Foundation promotes our Nordic culture and serves our members, lodges, districts and communities through providing scholarships and grants. The Foundation's Board of Governors is the driving force behind this philanthropic work.

We are searching for qualified applicants for new Board of Governors positions. I am asking that you encourage people in your orbit who you feel would make good Board of Governors members, to submit an [application](#).

The Board meets 4-6 times a year, one of those times at the Minneapolis home office; the others are virtual. The talent the Board is looking to seat includes:

- Strategic and organizational planning
- Social media
- Public relations or advertising
- Grant writing
- Fundraising campaign experience and/or leadership
- Nonprofit law, state and/or federal
- Grant and scholarship creation
- Nonprofit accounting, including endowed funding
- Program administration and/or development

To learn more about this opportunity, or the Foundation in general, individuals can visit sofn.com/foundation, email foundation@sofn.com, or give me a call.

Applications are due September 6, 2024. On behalf of the Foundation Nominating Committee, I thank you in advance for helping us find qualified applicants to do the very important work of the Foundation.

Fraternally,

Dan Rude, Foundation Nominating Committee Chair
dbjrude@msn.com
406-543-3219

Sons of Norway Membership Benefits you should try!

There are many membership benefits that most of us either aren't aware of, don't take advantage of, or don't know where to find them. Having time at meetings to show them how to log-in is a big first step as that opens up so many resources for members! Here is the video on how to do that:

<https://youtu.be/4q-7Mxuwv5Q?si=BNgdhKdlv2V687DT>

#8- Just for Kids- Just for Kids is a section of our award-winning *Viking* magazine dedicated to family programming. Every quarter, we share new projects that have been purposefully created for families to enjoy. This multi-generational, family-centered content and activities might also be the perfect addition to your next lodge event. We're excited to share the complete archive of Just for Kids here. Look for the original content in *Viking* magazine, or grab the PDFs from this page to share with friends and family! https://www.sofn.com/member_benefits/just_for_kids/

Norwegian American Genealogical Center & Naeseth Library

Just in! The fourth volume of the Øygarden bygdebok series has arrived! It was just published in 2024 and we are excited to announce that we have it on the shelf for our visitors to use.

<https://www.nagcni.org/>

Calling all trolls!

We are hosting another troll/folklore program, as part of our 2024 Trollabration--in this instance, a special weekend "Troll University," led by special guest presenter Britta Rasmussen Marsh. Britte is an educator and Scandinavian scholar from the Portland area.

This 2-day, 4-session workshop is being subsidized by our Membership and donors, so will only cost \$95 --which includes the workshop tuition, a tshirt, and two catered box lunches.

Thank you for your past support and partnership!!
Very Best,

Destinee K. Udelhoven, Executive Director, Driftless Historium History Center, Mount Horeb Area Historical Society



TROLL UNIVERSITY

MOUNT HOREB AREA HISTORICAL SOCIETY

Saturday, Sept. 28 - Sunday, Sept. 29
10am to 3pm each day

Your Professor is Special Guest Presenter Britte Rasmussen Marsh, Portland-based writer, educator, Scholar of the Scandinavian and recognized Troll Expert.

One weekend, a millennia of Norse folklore and troll history.

DAY ONE

(Saturday, 9/28)

SESSION 1 (10am-12pm)

Trolls: A Retrospective

Go back in time to the origin of man, the gods -and trolls, according to Norse mythology. Learn how trolls came to populate the forests of Nordic lands, and decide for yourself if it was inevitable that trolls and humans struggle to co-exist.

SESSION 2 (1pm-3pm)

Lore and Literacy: Transcribing the Trolls

Trolls are amongst us; they have always been—or, at least, that's what a perusal of 16th to 19th century writing indicates. Explore the re-imagining and interpretation of trolls in early Nordic literature and lore.

DAY TWO

(Sunday, 9/29)

SESSION 3 (10am-12pm)

Trolls out of Chaos

Investigate the shifting influences of a conflicted Europe during the World Wars, as illustrated by widely diverging troll narratives from Tolkien to Moomin. What can trolls teach us about taking sides in a world gone mad?

SESSION 4 (1pm-3pm)

Trolls of the Millenium

The always-adaptable troll forges ahead into modernity, changing shape and form as society demands. Examine trolls in film, sculpture, marketing, gaming and the World Wide Web.

DRIFTLESS
Historium

Mount Horeb Area Historical Society

100 S 2nd St, Mt Horeb, WI 53572

(608) 437-6486

TUITION

\$95/person • \$75/Members

Only 20 students will be accepted!

Includes box lunch each day catered by local eateries, two optional field trips (one per day; details TBA) AND a Troll University diploma and t-shirt!

Advance reservations required - call today to reserve your spot!

Visit Norway – a great resource for travelers! (but there are rules!)



About [visitnorway.com](https://www.visitnorway.com)

The Ministry of Trade, Industry and Fisheries has given [Innovation Norway](#) the responsibility for the development and maintenance of the official travel guide to Norway.

The vision of [visitnorway.com](https://www.visitnorway.com) is to make it easy to choose Norway as a travel destination and to promote a more sustainable form of travel.

The website contains thousands of travel industry business listings from all over Norway provided by third parties such as local tourism offices and destination marketing organisations. Please note that the website contains links to commercial partners.

While Innovation Norway endeavours to ensure that all information on the site is accurate, we cannot be held responsible or liable for any claims caused by information supplied on this website. Prices and availability are subject to change without notice.

You should always check the accuracy of the information provided with the relevant supplier. Innovation Norway is under no circumstances responsible for the contents of external web pages linking to its website.

Contact us

Feel free to [contact us](#) to let us know what you miss on the website or if you have problems with it.

Advertise

- Outside of Norway
- [Contact one of Innovation Norway's offices](#) in the world, preferably one of our tourist representatives.
- In Norway
- Contact your local tourist office or destination marketing organisation to have your business listed, or [see our sales information on innovasjonorge.no](#) (in Norwegian).

General terms and conditions for the use of the site

- See our [legal disclaimer](#).

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Other Dates to Note (changes in red)

September 20- Viking Photos due to LaVonne Wier

October 20- Viking Photos due to LaVonne Wier

November 8-9- District 5 Board Meeting- northern IL (Chicago area)

November 20- Viking Photos due to LaVonne Wier

December 20- Viking Photos due to LaVonne Wier

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- **Foundation, Scholarships & Grants- Amy Tuchenhagen**
foundation@sofn.com, atuchenhagen@sofn.com, (612) 821-4655
- **Fraternal & Membership- Connie O'Brien and Kirsten Lehman**
fraternal@sofn.com, (612) 821-4643
- **Culture, Viking & Language: Jana Velo**
jvelo@sofn.com

- **Insurance Sales: Michael Godbout**
sonsofnorwaysales@sofn.com, (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.