

Sons of Norway District 5 - Friendly Fifth Friday News

August 22, 2025 -

A District Weekly Newsletter to Keep Us Up to Date!

Crossings Update



Update to Sons of Norway August 14, 2025

<http://crossings.norwegianamerican.com>

The New York Landing, October 9th

This link takes you to a form to register for the event, <http://forms.office.com/e/mpWqzdvdGg>. On the morning of Oct. 9, 2025, join us at Pier 16, South Street Seaport, NYC, for a public gathering featuring speeches and cultural programming. Around 12 noon, we will proudly welcome the replica of *Restauration* as it completes its retracing of the historic journey from Stavanger to New York.

We warmly invite friends, collaborators and the [Norwegian-American](#) community to join us for this special occasion. The event is free, though it will require registration. For now, use the link above to express interest in the public event — this does NOT guarantee access to the event, but gives the organizers an overview of the estimated participation. More information, detailed program and registration link will follow closer to Oct. 9.

Follow the *Restauration*'s Voyage

You can track the location of the *Restauration* on the Sons of Norway website at, <http://www.sofn.com/virtual-voyage/>

Crossings and Connections Conference

The Sons of Norway Foundation awarded a grant to the Crossings and Connections Conference, hosted by the Norwegian American Historical Association (NAHA), at St. Olaf College. The grant provided funds to video tape eleven presentations. Available here [Conference Videos Now Available - NAHA](#) the presentations are free and available to everyone. These videos may be a great resource for lodge programs.



NAHA, as part of their 100th anniversary this year, published an anthology of articles to mark a century of publishing their journal, *Norwegian American Studies*. The book, *Making History A Century of Norwegian American Studies*, is available at [Making History: A Century of Norwegian American Studies - NAHA](#)

If you have questions or [comments](#) contact:

Claudia Berg

Crossings 200 Executive Committee

~~SofN~~ International Board of Directors

~~SofN~~ Foundation Board of Governors

cjberg3@outlook.com

From International SN

Dear members,

Please join us for a Leader and Member Updates meeting to discuss the following topics on Wednesday, September 3rd at 11am – 12:30 pm Central time:

- How Our Fraternal Insurance Company Works
- Marketing
- Succession Planning
- Nominations, Elections and Officer Updates
- Lodge Liability Insurance
- Delegates and Conventions
- Grant and Scholarship Applications
- Lodge Foundation Fundraising
- Members Trip to Norway

To register for the meeting on September 3rd at 11 am Central time, click this button:

Register for Meeting Here- <https://events.teams.microsoft.com/event/36c0cf55-84f9-4487-86d8-b16792892f84@8b6c3bd4-9ee2-493c-b760-d2c85ef4f63f>

Due to the large number of people invited, please email questions by August 25 to fraternal@sofn.com.

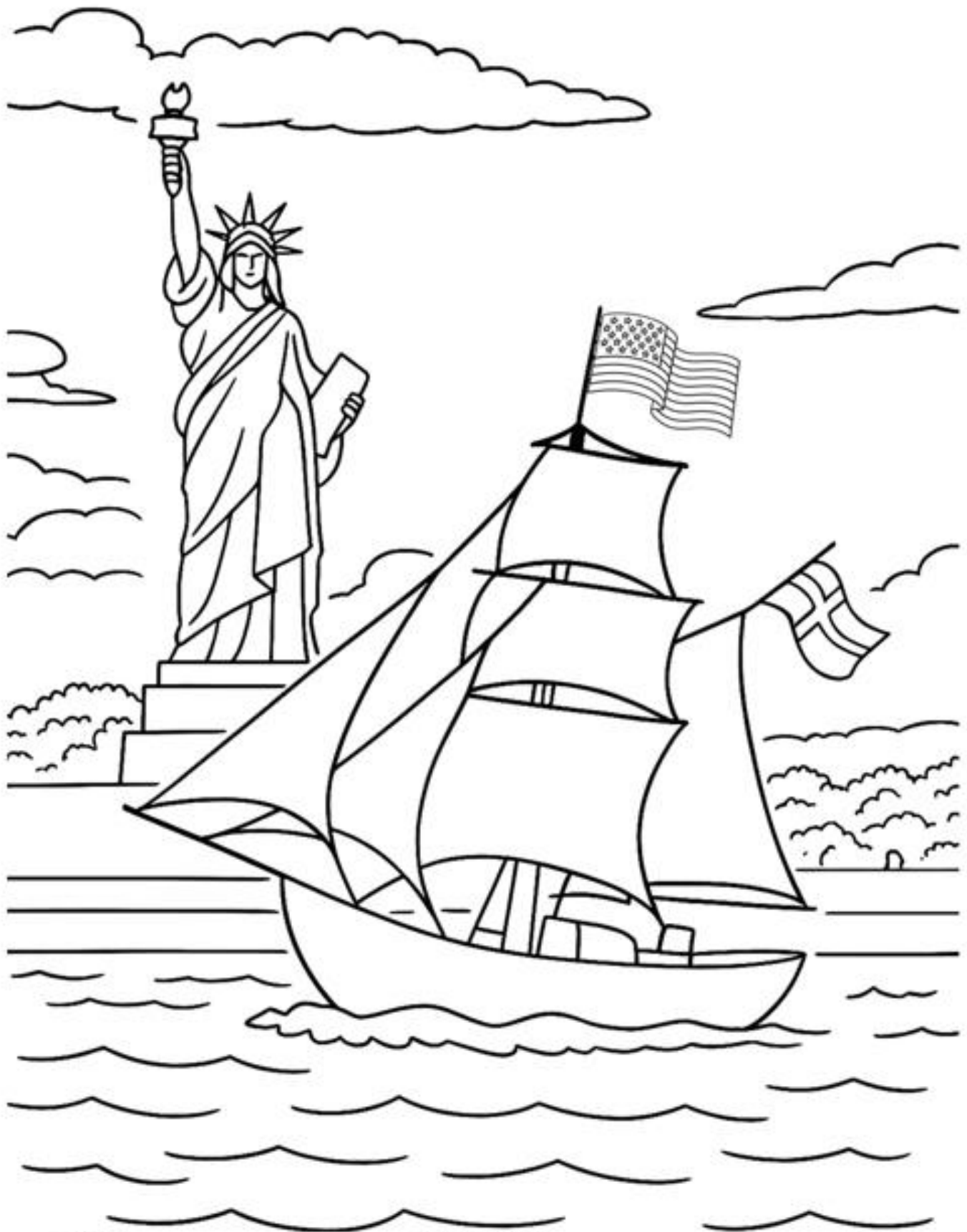
Restauration/Emigration themed Youth Activities

Our District Six Public Relations Officer (Publicity Director, Newsletter Editor) extraordinaire has created some children's content relating to the Restauration/Emigration theme. Teri Morken worked hard on these, so she would like to share them beyond our district. She also included a page of resource links. Enjoy!

Nancy Madson

District Six Secretary

760-238-8819- norsknm@gmail.com



Resource Links

Crossings 200

North America

crossings.norwegianamerican.com/

Norway

utvandrermuseet.no/2025/en

Vesterheim

200 Norwegians Podcast

vesterheim.org/tag/podcast/

Vesterheim YouTube Videos

[The Sloop Story with Dale Goodman: Part I - The Context](#)

[The Sloop Story with Dale Goodman: Part II - The Voyage](#)

[The Sloop Story with Dale Goodman: Part III - The Arrival](#)

[A Conversation with Restauration Replica Skipper Kjell-Morten Ronaes](#)

Restauration

Home page

restauration.no/en

Follow the vessel on the map

restauration.no/en#map

Sons of Norway

Learn about the voyage!

sofn.com/virtual-voyage

Emigrating to America

A historical overview

emigratingtoamerica.no/

RESTAURATION

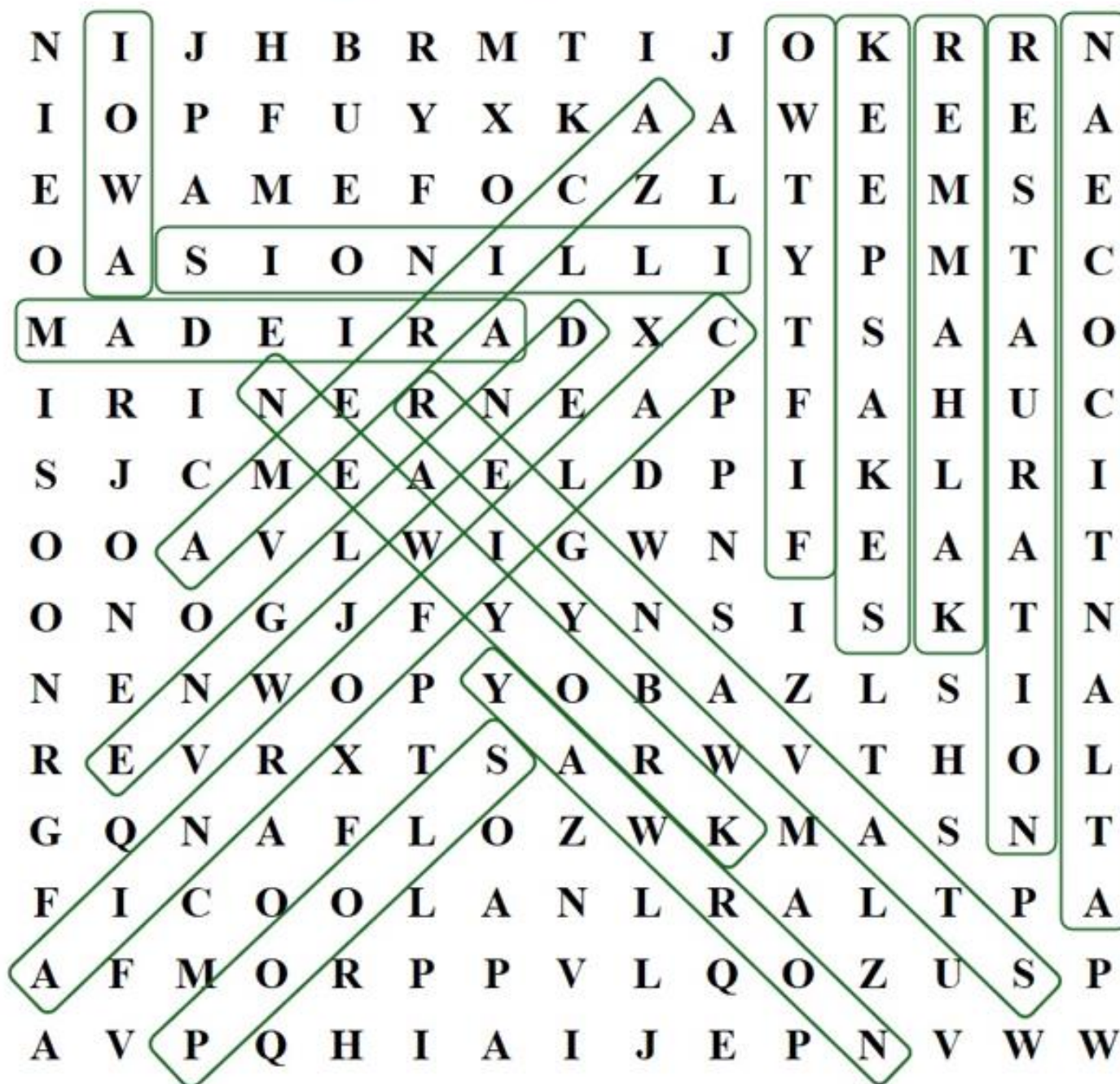
N I J H B R M T I J O K R R N
I O P F U Y X K A A W E E E A
E W A M E F O C Z L T E M S E
O A S I O N I L L I Y P M T C
M A D E I R A D X C T S A A O
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G Q N A F L O Z W K M A S N T
F I C O O L A N L R A L T P A
A F M O R P P V L Q O Z U S P
A V P Q H I A I J E P N V W W

IOWA
AMERICA
ENGLAND
KEEPSAKES
KALHAMMER

SLOOP
NORWAY
MADEIRA
CALIFORNIA
ATLANIC OCEAN

ILLINOIS
FIFTY TWO
NEW YORK
STAVANGER
RESTAURATION

RESTAURATION KEY



The Big Journey: The Story of the Restauration

A long time ago—almost 200 years back—a small wooden ship set sail from Norway. It was July 4, 1825—America's Independence Day—and the ship was called the Restauration.

Onboard were 52 brave Norwegians, packed tightly into a 54-foot sloop (that's a small sailing ship). These passengers were part of the first organized group to leave Norway for America, and they were ready for a brand-new life across the sea.

The Restauration had been carefully prepared for the journey. Below deck, bunk beds were stacked three or even four high. Families had to wiggle in and out, and kids probably slept toe-to-toe with their brothers and sisters. Each family had just one chest to carry their most important belongings – clothes, tools, and favorite keepsakes.

The deck was crowded too. There was a tiny kitchen called a galley, tanks of fresh water, and lockers stuffed with ropes, sails, and supplies. Everyone brought food that wouldn't spoil: flatbrød (crispy flat bread), salt pork, dried beef, cheese, and smoked fish. Some families packed home-brewed ale, sour milk, tea, or a little coffee to share.

The journey had taken three years to plan—carefully organized by a group of Quakers and Haugean Lutherans. Now it was finally happening. As the Restauration left the harbor in Stavanger, Norway, crowds of people gathered to wave goodbye. Soldiers on Kalhammer Hill even fired a cannon to wish them well as the little ship sailed out, flying its brand-new flag.

The trip would take 98 long days. The Restauration stopped at the southern tip of England, then sailed to the island of Madeira, near the coast of Morocco in North Africa, before crossing the wide Atlantic Ocean to reach New York City.

During the journey, something very special happened—a baby was born onboard! In the middle of the rocking ship, far out at sea, one family welcomed a brand-new little passenger. Just imagine being born on a tiny ship in the middle of the ocean!

When the Restauration finally arrived in America, the passengers were tired, but excited. Some stayed in Kendall, New York. Others traveled farther west to Fox River, Illinois, or Wheeler's Grove, Iowa. One bold family kept going all the way to Napa, California!

These early travelers helped start the story of Norwegian Americans—and it all began with a ship, a big dream, and even a brand-new baby.



Got my first lutefisk email so we might as well start the 2025 Lutefisk Dinner calendar. Just send me lutefisk dinners only- not other fundraising meals. I need the date, times, where it's at, address (include city and state), and how to make reservations or buy tickets. If there is a website, that link helps!

Thanks- Darlene

2025 Calendar

September 3- SN Member Call

September 20- Viking Photos due to LaVonne Wier

October 3-5- Adult Camp Heritage Weekend in Norway, IL

October 20- Viking Photos due to LaVonne Wier

October 24-25- District 5 Board Meeting in Stoughton, WI

November 20- Viking Photos due to LaVonne Wier

December 20- Viking Photos due to LaVonne Wier

December 31- SN District 5 NLF Project Grants Cycle 1 application deadline **December 31** ; Grants awarded by mid-January

December 31- District 5 Throwing Challenge ends

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- **Foundation, Scholarships & Grants-** Amy Tuchenhausen
foundation@sofn.com, atuchenhausen@sofn.com, (612) 821-4655
- **Fraternal & Membership-** Connie O'Brien and Kirsten Lehman
fraternal@sofn.com, (612) 821-4643
- **Culture, Viking & Language:** Jana Velo
jvelo@sofn.com
- **Insurance Sales:**
SonsofNorwaySales@sofn.com, (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.