

Friendly Fifth Friday News August 19, 2022

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

Here is the memorial service used at the district convention. Note: I rewrote the memorial service (from Secretary Arneson), so it is more helpful at the lodge level. Please edit the document at will, making it suitable for your use.

Cheryl Wille-Schlesser
District 5 President

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Memorial Service

As we gather for our lodge's annual memorial service, we remember the fleeting, transitory nature of human life in the world, where **nothing is permanent** *except* change, and **nothing is certain** *except* death.

We pay tribute to the memory of those brothers and sisters who have passed away.

As we remember all our brothers and sisters who are gone this day, let us remember them for their gentle hearts and untold contributions to further the ideals and purposes of the Sons of Norway.

Sad as our parting from those dear friends was, we reflect for a moment on how empty our lives would have been if it was not for the friendships developed through the years. We celebrate them for their dedication, love of heritage, and support, which has made it possible for us in _____ Lodge to celebrate more than 100 years of Sons of Norway fraternalism.

Among those who have passed away some have served their fellow members in positions of leadership, honor, and trust. Their contributions to this lodge are a tribute to their memory.

Others were loyal and hardworking, attending every function of their lodge and doing their share but never seeking a leadership role. Yet, all have contributed to the progress and welfare of this lodge and District 5.

At this time, I ask selected members to come forward, as they are called, and to place a white rose in the memory bouquet of those individuals who passed away.

Member 1
Member 2
Member 3

I now ask _____ to come forward and place a red rose in the memory bouquet. This flower honors member from other lodges, our zone, and the district who have passed away.

The central core of District Five is **hardworking, honest, and highly- respected** people in their communities. Within our district, there is no rank or class difference. We are all brothers and sisters who aim to treat each other with mutual esteem. Our fellowship is what makes our district great, and it has helped our district to grow strong.

As we remember our departed members on this day, let us not forget the living. All of us need a measure of love and understanding.

All of us need the touch of another person. A handshake, a pat on the back, or a warm embrace. Our district has a great legacy of this fellowship, leading to our nickname, "**The Friendly Fifth.**"

In that vein, we acknowledge our common bonds expressed in the Norwegian hymn- **Så ta da mine hender** (Take My Hands)

Så ta da mine hender
Og før meg frem,
Intil jeg salig ender
I himlens hjem!

Jeg kan ei gåalene
Enn ei et fjed
Hvor du meg fører, ene
Jeg følger med

Or

**Then, take my hands
And before me, until I end up blessing in heaven's home!
I cannot go to the palaces
Yet another feat
Where you lead me, One, I'm following.**

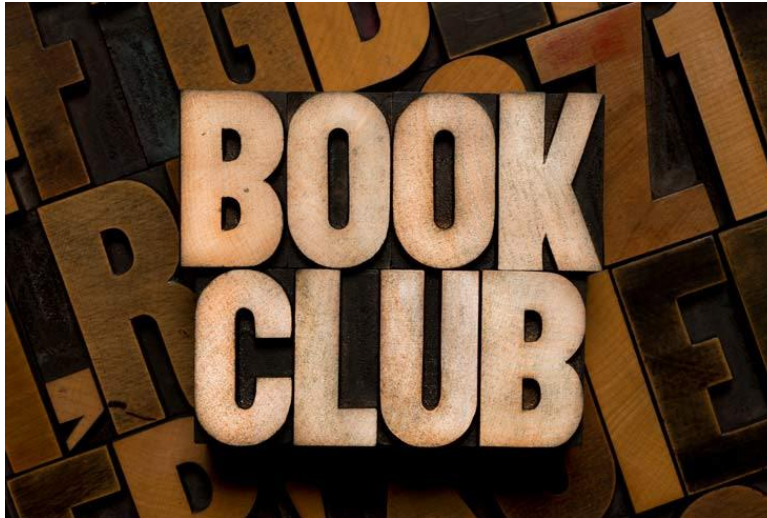
Would you please join hands where you are?

Dear friends, as years, go on and heads get gray, how fast friends go. *Touch hands. Touch hands* with those who stay. Strong hands to weak, old hands to young, around this fraternal hall, *touch hands.*

The false forget, the foe forgives, for every friend will go, and every fire burns low and cabin empty stand. Therefore, forget, forgive, for whom may say another day may ever come to a friend and us again.

Touch hands. Our memorial service has concluded. Bless our SofN families.

Tonight, the memorial flowers will be sent home with any family members of the departed who are present.



Open to all members!

All Sons of Norway members are invited to join this virtual book club, regardless of where they live. The popular book club is rapidly growing and in most months, we've added an additional meeting time so more members can take part.

For August, members will be reading: "Between Rocks and Hard Places" by Ann Urness Gesme. Ms. Gesme will be with us August 25 to discuss her book. There will not be a second book in August. Also, because this is a meeting with the author present, we will have only one meeting, at 7 p.m. ET.

Why we fill out Fraternal Gives Hours

Here is everything we accomplished in 2021, according to the numbers submitted by each lodge as part of the Lodge Achievement process:

Community Support

4,865 community events were held by lodges and districts in North America and Norway.
92,083 hours of community volunteer service were donated by members of Sons of Norway.
US \$938,583 were provided to support community activities and needs. (Can \$1.22 million, Nkr. 9,462,000)

Membership Support

14,141 lodge events held with a focus on Sons of Norway Members.
398,277 volunteer hours were devoted to lodge and district activities.
US \$1,477,001 was provided to support member-focused lodge events and programming. (Can \$1.92 million, Nkr. 14,890,000)

As pandemic restrictions continue to be lifted, we are sure that 2022 will prove to be even more industrious!

A photograph of the interior of the Sons of Norway Headquarters, showing a large, modern space with a wooden staircase, a long wooden table, and a large window. The room is well-lit and has a warm, inviting atmosphere.

Naming Opportunities at Sons of Norway Headquarters

Heritage of the Future Campaign

Honoring our past and embracing our future

The Sons of Norway Foundation was started in 1966 to share and preserve Nordic heritage, to positively affect our members' lives, and to make Sons of Norway communities better places to live. The Foundation supports these goals through scholarships and cultural exchange opportunities, providing humanitarian aid to members and children in need, and funding community programs that celebrate Norwegian heritage and culture.

 Connect with us on Facebook!
[@SonsofNorwayFoundation](#)

From Our Members

How can our lodge generate a list of prospective members at our lodge meetings or events?

There are various ways that lodges can collect the names of prospective members.

The International Lodge dangles a carrot in front of new contacts! In addition, they offer the opportunity to “win” a Norwegian Christmas ornament.

The following information could be included on a lodge’s entry ticket. Your lodge could choose an ornament, a troll, a themed pair of socks, a trivet, or a book. The options are endless! Lykke til!

A sample of the entry form is below.

REGISTER TO WIN A BEAUTIFUL NORWEGIAN CHRISTMAS ORNAMENT

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ email _____

I AM INTERESTED IN LEARNING MORE ABOUT THE SONS OF NORWAY

_____ Yes

_____ No

I AM INTERESTED IN

_____ HERITAGE

_____ NORWEGIAN CULTURE

_____ COOKING

_____ GENEALOGY

_____ LANGUAGE

_____ TRAVEL

Board Changes

We have had a few changes in the board since the convention. We had a vacancy in Zone 1, so Sandra Olson, former Zone 1 Director and Youth Director, volunteered to serve in the Zone 1 Director role. Thank you Sandra!

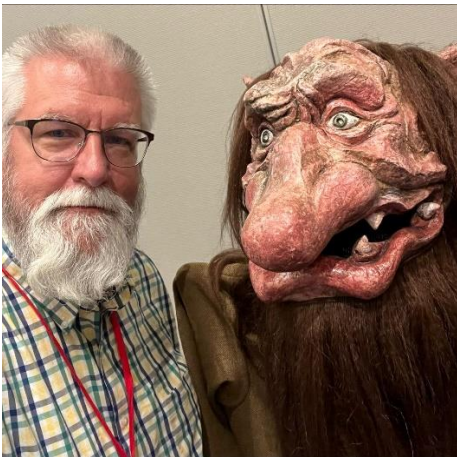
Elle Taylor had been elected as a Zone 4 Director and Youth Director but at the time of convention, wasn't a benefit member. She needed to purchase a product in order to serve but things did not work

out and she submitted her resignation. Corey Olson, Norse Valley member and alternate for Zone 4 Directors, has agreed to fill the Zone 4 position. Thank you Corey!

We are still in need of a volunteer to serve as Youth Director and we are seeking help in how that works with our By-laws and SN protocol. We will also need to elect one more alternate in both Zone 1 and Zone 4. We will address these after the International Lodge Meeting as it is likely we will also need to elect another International Board Alternate since Robin Fossum is running for International Secretary (unopposed). If elected, then her alternate, Duane Kittleson, would move up to International Director and we'll need to elect an alternate for him!

Lots of changes!!

Let us introduce you to Corey Olson!



Zone 4 Director- Corey Olson

Norse Valley Lodge- Appleton, Wisconsin

I was born and raised in Madison, Wisconsin and one of my fondest memories was the annual lefse and lutefisk dinner at our church and my parents making lefse every fall. I attended UW-Madison and received a degree in Economics in 1987, got married and joined my wife in Michigan. While in Michigan, I earned a second degree in Accounting from Central Michigan University and started my accounting career in public accounting. In 1995, we moved back to Wisconsin and settled in the Appleton area. I currently work for Kimberly-Clark as the state income tax reporting manager. I am relatively new to Sons of Norway as I joined in late 2020 when I became interested in exploring my Norwegian heritage. I have enjoyed the benefits of being a member from the Viking magazine to Lodge meetings to the cultural classes offered via Zoom. I am the Secretary for Norse Valley Lodge. My wife and I have four children, the last of which is in her 3rd year at UW-Lacrosse. In my spare time, I enjoy dabbling in woodworking and folk craft (carving and rosemaling). I look forward to helping and serving District 5.

District 5 Sons of Norway Adult Heritage Weekend Registration Form

October 7, 8, and 9, 2022

Spring Grove, MN



Print Name(s) for badges _____

Phone _____ () Cell () Landline Email _____

Address _____ City _____ State _____ Zip _____

Adult Heritage Weekend Registration (covers space rental, speakers, entertainment, genealogy, hospitality, printing, and advertising costs)

\$35/person x _____ = _____

We recommend you take advantage of the catered meals below, as there are limited options in the area.

Friday Evening –Meatballs/Ham dinner, Mashed Potatoes, Mixed Vegetable, Tossed Salad, Bars, and Beverage by Rosie’s Catering

\$16/person x _____ = _____

Saturday Breakfast –Continental Breakfast: Yogurt, Fruit, Juices, Coffee, O&H Kringle

\$7/person x _____ = _____

Saturday Lunch –DIY Open-Faced Sandwich Smorgasbord including Lefse, Salads, Chips, Breads, Meats, Cheeses, Fresh and Pickled Veggies and Herring, Spreads, and Beverage

\$14/person x _____ = _____

Saturday Evening –Texas Style Bar-BQ catered by Fat Pat’s Restaurant and Red’s Hometown Market, including Pulled Pork, Beef Brisket, Smoked Pinto Beans, Mac & Cheese, Cornbread.

\$18/person x _____ = _____

Sunday Breakfast –Continental breakfast at Blackhammer Church: Yogurt, Fruit, Coffee, Water plus O&H Kringle

\$7/person x _____ = _____

Total Amount Enclosed \$ _____

Please indicate the name of your local lodge and how many years you have been involved:

Have you or a family member done DNA testing? _____ Company(ies) used: _____

Other sites where you have uploaded your data: _____

There is no admission charge for the Houston County Historical Society to see the Red River Girl Exhibit, or to tour the museum. The Society does, however, welcome your donations at the door.

Hotel reservations are on your own. A list of places to stay in the area can be found in the information packet, on the Giants of the Earth website, and online at www.springgrovemn.com/lodging-dining-shopping.

Mail this completed form along with your check not later than Sept. 15 to:
Giants of the Earth Heritage Center, PO Box 223, Spring Grove, MN, 55974

You can also register online and pay via PayPal at our website www.giantsoftheearth.org.
There is an additional fee of \$3 per registration to cover PayPal transaction fees.

Schedule of Events: District 5 Adult Heritage Weekend

Friday, October 7

- 3:00—Arrival in Spring Grove, Registration at Giants of the Earth Heritage Center
3:30—Intro to Giants with Community Outreach Coordinator Rachel Storlie
4:00-5:30--Norwegian *Revy* (Variety Show) at the Cinema, featuring Robin Fossum on Hardanger Fiddle, violin, and talented members of District 5, plus short sets by the Luren Singers and Rachel Storlie.
5:30-7:00—Mingling, Cash Bar and Dinner catered by Rosie’s Catering, at Giants Immigrant Hall
7:00--Reader’s Theater—History of Spring Grove: the stars are YOU plus members of Ye Olde Opera House
7:30--All aboard hayride, tour downtown and rural Spring Grove
8:30--Movie: (one of the following) Lutefisk Wars, the Birkebeiners, Heroes of Telemark
9:30—Uff Da Fest revels

Saturday, October 8

- 8-9AM—Continental Breakfast at Giants of the Earth Heritage Center
9:00—Johnathan Storlie and Bill and Karen Fried will kick off your morning with their presentations.
9:00 am--Johnathan Storlie presents on DNA in genealogy and public health
9:45am—Bill and Karen Fried present on relative Peter J. Rosendahl, Spring Grove author and creator of the historic, Norwegian-American famed comic strip “Ola and Per”
10:30am—Stretch your legs on a Spring Grove walking tour, including visits at the Sculpture Park featuring “Ola and Per,” the signature Viking, our Spring Grove Lion, and more! Shop along Main Street and take in the Uff Da Fest fun.
11:15—Rebecca Hanna Presentation on Woodcarving: Ale Bowls and Decorative Techniques
Rebecca Hanna is a Vesterheim gold medalist. She has produced works of many kinds, including ale bowls, dragonstil, kubbestols, acanthus pieces, and figures. In addition, she has honed her skills using svidekor, kolroising, and kroting. Rebecca will showcase examples of ale bowls and the decorative techniques she uses at this presentation.
Noon—Return to Giants for a traditional Norwegian Smorgasbord: Rachel and Jill Storlie speak about Norwegian Food Customs and demonstrate open-faced sandwiches for us to model after during lunch.
1:00pm—Jim Skree will speak about the “Red River Girl” book and local Norwegian settlement history.
2:00pm—Choose your own adventure!
- View the Red River Girl exhibit at the Caledonia Historical Society (donation requested)
 - Research ancestors in the Genealogy Room
 - Take a hike! At the Norwegian Ridge Birding & Nature Trail
 - Record your family oral history in our Professional Recording Studio (extra fees)
 - Nordic Stamping Class with Connie Aiello (extra fees)
Make Christmas Cards and Gift Tags plus optional Commemorative D5 Journal!
 - David and Lynn Susag demonstration of bowl turning on Viking-Era lathe
 - “Julekurver: They’re Not Just for Christmas Anymore!” with Cheryl Miller
 - Krumkake King: Shipping Krumkake across the US without breakage with Mark Storsteen
- 5pm— Historical re-enactment of the first local Sons of Norway Convention by “Lanesboro History Alive!”
5:30pm--Cash Bar and Catered Dinner from Fat Pat’s with live entertainment by Rachel Storlie and Luther College Students, and local accordion player Audrey Almo
7pm—Spring Grove Nordic Roots concert by renowned fiddle/guitar duo Beth and John Rotto

Sunday, October 9

9am—Fresh muffins, fruit, yogurt, coffee, juice, water served at the Blackhammer Church!

9:30—Church and Graveyard History Tours

10am--Old-fashioned Norwegian Church Service with guest bi-lingual Pastor Rolf Svano

10:30—Departure Lunch offered by the Wilmington WELCA!

11am—Depart for Vesterheim Norwegian-American Museum in Decorah, IA for private behind-the-scenes tour with Chief Curator Laurann Gilbertson. (Admission and tour fees apply)

Deadlines and Dates! Changes in red!

- August 20- Norsemen of the Lakes Anniversary Event- 10-2 in Elkhorn, WI
- August 22- 7 PM CST- Lodge Foundation Directors Call
- September 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- October 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- October 28-29- District 5 Board Meeting- location TBD
- November 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- December 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- January 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- February 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- March 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- April 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- May 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- June 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com
- July 10- Photo submissions for the Viking to LaVonne Wier at 2nor1rus@gmail.com

Viking Chest / Immigrant Trunk Schedule

Apr 2022 to Oct 2022:

Chest--zone 5

Trunk--zone 6

Oct 2022 to Apr 2023:

Chest--zone 1

Trunk--zone 2

Apr 2023 to Oct 2023:

Chest--zone 4

Trunk--zone 3

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

INTERNATIONAL LODGE MEETING

The dates of the International Virtual Convention:

Wednesday, August 31, 2022, 10 a.m. – 2:45 pm central time and

Thursday, September 1, 2022, 10 a.m. – 2:30 pm central time

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com