

Friendly Fifth Friday News August 13, 2021

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

D5 Norwegian-American Settlement History Course Class Reunion

D5 Norwegian-American Settlement History Course Class Reunion

<https://sonsofnorway5.com/events/details/701-D5-NorwegianAmerican-Settlement-History-Course-Class-Reunion>

Event Date: August 14th - 17th, 2021

Details:

The D5 Norwegian-American settlement history course class reunion will be held on Saturday, August 14 through Tuesday, August 17, 2021.

*Any interested Sons of Norway D5 member or friend of a member can attend. **Masks are Preferred***

Activities include:

Saturday, August 14 –

10 AM - Heg Park Museum at “Old Muskego” (Wind Lake, WI).

Old Muskego was one of the first Wisconsin Norwegian-American settlements, with settlers from Voss coming through Milwaukee. Heg Park, in honor of Colonel Hans Heg, one of the two highest ranking Norwegian-Americans killed in the Civil War, includes heirlooms donated by area families. There we will also tour preacher Elling Ellingson's home, which was originally located in Koshkonong, the Old Muskego Lutheran Church and see the cemetery where hundreds of early Norwegian settlers were buried after dying from malaria, typhoid fever and cholera.

1:30 PM – Old World Wisconsin is a State of Wisconsin historic site near Eagle, where examples of different nationalities dwellings have been restored. Old World Wisconsin has interpreters working in the homes, farms and stores, to share living history with us. **(Separate admission required)**

Sunday, August 15 – We will experience “**A Day on the Prairie**” in conjunction with the annual Stoughton's Mandt lodge and Koshkonong Prairie Historical Society.

*At **9:00 AM**, those who wish to worship can do so in the historic East Koshkonong Church, and after the service **about 10:30 AM**, we will attend a history lecture and see the other East Koshkonong Church and learn about the doctrine which split the two churches apart.* They literally share the same cemetery and parking lot. Koshkonong was one of the first Norwegian-American settlements in Wisconsin and is known as the “mother of the most Norwegian-American settlements in America.” Thousands of pioneers stopped on their way from Norway, to rest and gather resources, before their trip to seek farmland elsewhere in the Midwest.

We will then go to *Dana Kelly and her husband Gary's farm, where we will see the original log cabin kitchen.* In the afternoon, we will go to the *McFarland Historical Society*, where we will see the Albert Skare Norwegian Folk Art Collection and tour the Larsen house.

Monday, August 16 –

We will have **half-day classes at the Norwegian-American Genealogical Center and Naeseth Library** hosted by Dana Kelly. Here we will learn what resources are available for further use. **(Separate admission required)** Mike Palecek will arrange another tour, which will be held simultaneously.

Tuesday, August 17 – Interested individuals can then go to **Vesterheim Museum in Decorah, Iowa**. We will have evening activities on Saturday and Sunday for reunion participants (*any SofN D5 member is welcome*). **Make your own hotel reservations at The Windham Garden Madison Fitchburg, 2969 Cahill Main, Fitchburg WI 53711. Cutoff for “Sons of Norway” room rates of \$89 plus 12.5% tax is July 23. 608-274-7200.** Cancellation policy: 24 hours before day of arrival.

Looking for programs as you re-open your meetings?

In-person presenters-

https://sonsofnorway5.com/programs/speakers_bureau.php

The screenshot shows the website for Sons of Norway District 5. The header includes the organization's name and logo, along with a search bar. The main navigation menu lists Home, About Us, Lodges, Programs, News & Events, District Conventions, Benefits, Photo Galleries, Links, and JOIN. The page title is "Speakers' Bureau". The main content area features a section titled "Nordic News Radio has moved" with a link to the new location. Below this is a "Livreise" section with contact information for the Norwegian Heritage Center. A sidebar on the right lists various programs and presentations, including "Glen Borresen - A List of Norwegian Heritage Programs PDF", "Sonja Henie Powerpoint Presentation PDF", "Norwegian Genealogy Names Power Point Presentation", "Norwegian Music for Flute and Piano - Timothy Lane", and "Norwegian Programs by Arno Morton".

Virtual presentations you can share or project at meetings

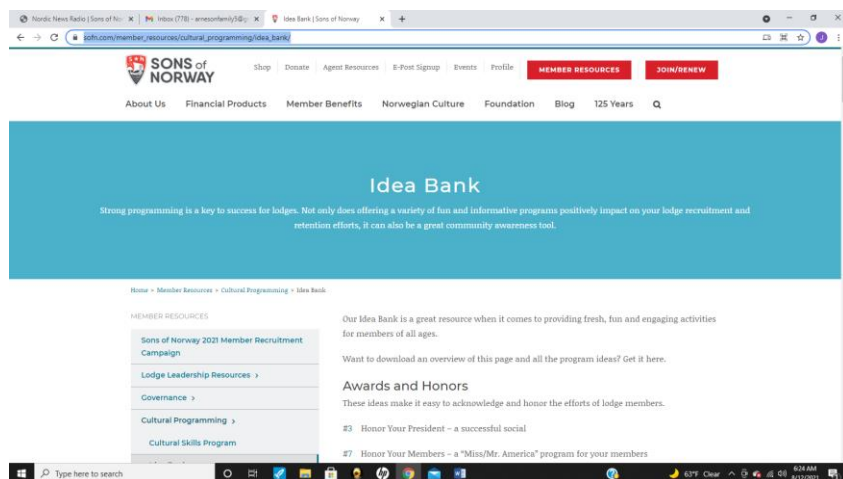
https://sonsofnorway5.com/programs/nordic_news_radio.php

The screenshot shows the website for Sons of Norway District 5, specifically the "Nordic News Radio" page. The header and navigation menu are identical to the previous screenshot. The main content area is titled "Nordic News Radio" and includes a section titled "Nordic News" which introduces the program and provides instructions on how to download and share the content. A sidebar on the right lists "Nordic News List September 2020 - December 2020 - PDF" and "Nordic News List 4-28-2020 to 8-25-2020 - PDF". The footer of the page mentions a presentation on the Albert Skare Norwegian Folk Art collection at the McFarland WI.

International Programs (in Members Only Section)

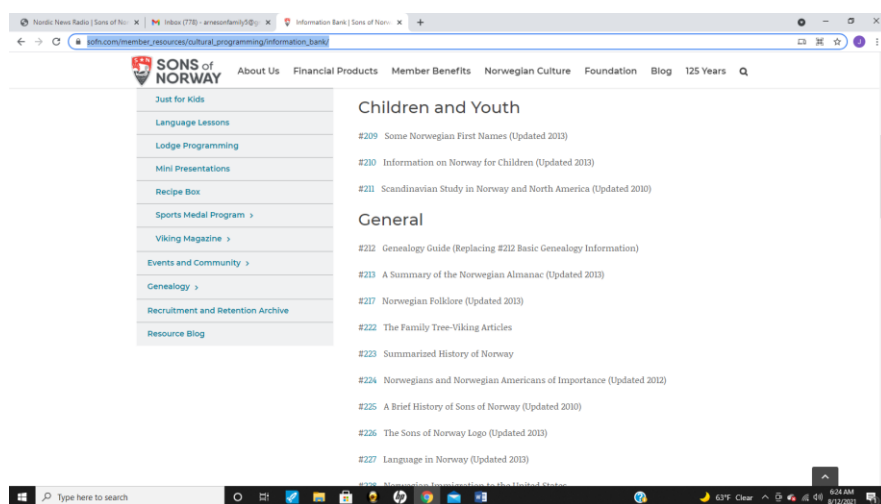
Idea Bank-

https://www.sofn.com/member_resources/cultural_programming/idea_bank/



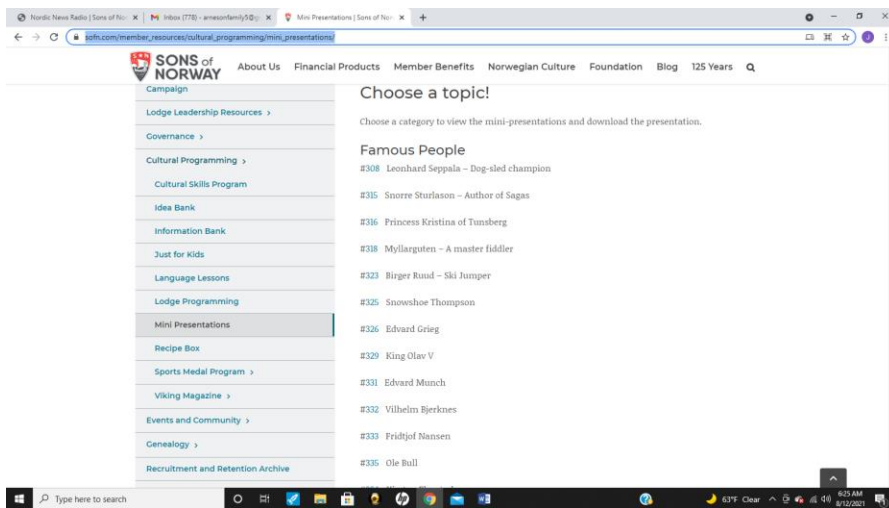
Information Bank-

https://www.sofn.com/member_resources/cultural_programming/information_bank/



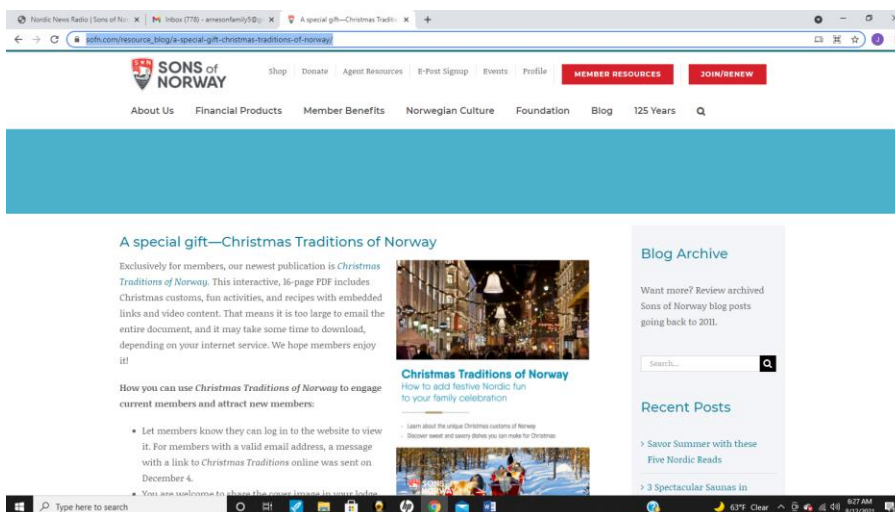
Mini Presentations-

https://www.sofn.com/member_resources/cultural_programming/mini_presentations/



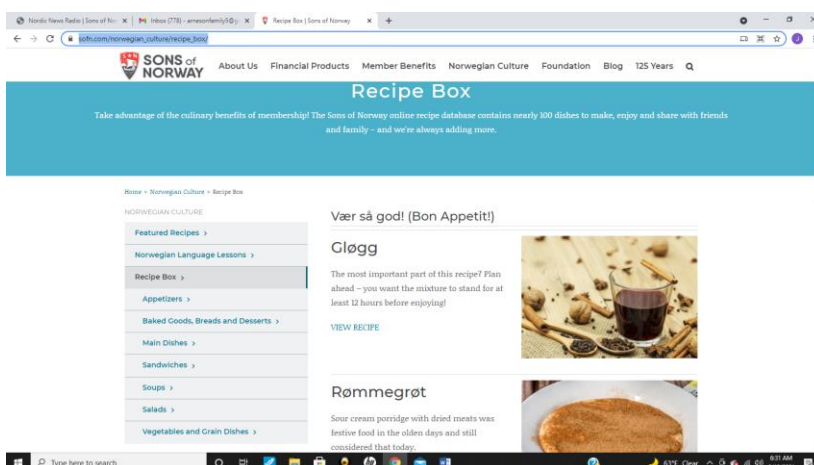
Start working on your Christmas Programs!

https://www.sofn.com/resource_blog/a-special-gift-christmas-traditions-of-norway/



Food Programs- demonstration and eating!

https://www.sofn.com/norwegian_culture/recipe_box/



Virtual Pilgrimage Programs- Travel and walk!

https://www.sofn.com/member_resources/cultural_programming/sports_medal_program/virtual_pilgrimage/

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MEMBER RESOURCES

- Sons of Norway 2021 Member Recruitment Campaign
- Lodge Leadership Resources >
- Governance >
- Cultural Programming >
- Events and Community >
- Genealogy >
- Recruitment and Retention Archive
- Resource Blog

Sons of Norway's Virtual Pilgrimage

Sons of Norway created the Virtual Pilgrimage in 2013 to celebrate the 200th anniversary of the Norwegian constitution. Pilgrims could follow Norway's historic Kongsveien (Old Kings' Way) to Nidaros Cathedral to earn a commemorative pin. Members completing the Virtual Pilgrimage after December 2015 may earn pins through the Sons of Norway's Sports Medals program, which rewards members for living an active lifestyle.

The Sons of Norway Virtual Pilgrimage is a window into the experience of the pilgrims in Norway, who walk a network of routes called St. Olav's Ways. This network is named after King Olav Haraldson (995-1030) who trekked these trails converting pagan Norway to Christianity. The Gudbrandsdalen route, upon which the Sons of Norway Virtual Pilgrimage is based, is the most popular section for pilgrims on the King's Way. The nearly 400 mile journey starts in Oslo and ends at Nidaros Cathedral in Trondheim, the burial ground of St. Olav. Members will keep track of their mileage and track their journey at home while following along with the journey in Norway.

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Norwegian Language Lessons

https://www.sofn.com/norwegian_culture/norwegian_language_lessons/

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Norwegian Language Lessons

Home > Norwegian Culture > Norwegian Language Lessons

NORWEGIAN CULTURE

Featured Recipes >

- Norwegian Language Lessons >
- Norwegian Alphabet
- Language Lesson 1
- Language Lesson 2
- Language Lesson 3
- Language Lesson 4
- Language Lesson 5
- Language Lesson 6
- Language Lesson 7
- Language Lesson 8
- Language Lesson 9

Learn Norwegian in 5 Minutes a Month!

Our monthly language lesson has been out for a while now, and many of you have let us know that it is working well. Thank you for taking the time to communicate with us.

Visitors to "Norwegian in 5 Minutes a Month" have asked for information on the Norwegian alphabet and genealogical terms, so we have added pages on both topics. We look forward to your feedback. In the meantime, good luck!

Notice to Members: You can access language lessons with sound in the Members Login area.

- The Norwegian Alphabet
- Lesson 1-When meeting people, small talk, and counting 1 to 10
- Lesson 2-When leaving people, small talk, and counting 11 to 20
- Lesson 3-Useful phrases and more numbers
- Lesson 4-Days, months, and seasons and greetings
- Lesson 5-Weather
- Lesson 6-Activities

Zone 2 Meeting

Event Date: August 28th, 2021

Additional Information: Zone 2 meeting will be Saturday, August 28, 10:00 A.M., at Norskedalen Nature and Heritage Center, Coon Valley, WI.

District 5 Lodge Foundation Directors Call

Tuesday, August 17, 2021 at 7:00 PM Central via ZOOM

Darlene Arneson will host a ZOOM meeting for **lodge Foundation Directors or anyone else interested** on Tuesday, August 17, 2021 at 7:00 PM CST. She serves as the District Foundation Director as a liaison between the District and International Sons of Norway. As a follow-up to our April call, Darlene will be updating the participants on Foundation activities, the fall campaign, sharing new Foundation resources and initiatives, and discussing planning October's Foundation Month. She will encourage participants to share ideas, ask questions, and have a lot of interaction as we all learn from each other. For lodges without a Foundation Director, please try to have someone from your lodge participate.

Also, explore the Foundation pages on the website- <https://www.sofn.com/foundation/>

The ZOOM link will be emailed to all lodge Presidents and Foundation Directors and will be in the Friendly Fifth Friday News in August issues. No pre-registration is needed! Please contact Darlene at arnesonfamily5@gmail.com if you have questions. If your Foundation Director can't make the call, someone else can sit in! Anyone is welcome! My cell is 608-514-4951.

Darlene Arneson

District 5 Secretary and Foundation Director

Darlene Arneson is inviting you to a scheduled Zoom meeting.

Topic: SN District 5 Foundation Call

Time: Aug 17, 2021 07:00 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/81820876585?pwd=RUQwTzBkdjJoaklVTy9UZkhWQUdydz09>

Meeting ID: 818 2087 6585

Passcode: 056336

One tap mobile

+16465588656,,81820876585#,,,,*056336# US (New York)

+13017158592,,81820876585#,,,,*056336# US (Washington DC)

Dial by your location

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 818 2087 6585

Passcode: 056336

Find your local number: <https://us02web.zoom.us/j/kkWT75f4U>

Deadlines and Dates!

Changes in red!

August 14-17, 2021

- D5 Norwegian-American settlement history course class reunion (open to all members)

August 17, 2021

- District 5 Foundation Director's Call at 7:00 PM CST

August 28, 2021

- Zone 2 Meeting at Norskedalen, outside of Coon Valley WI

September 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

Weekend of October 8-10, 2021

- District Board Meeting – location TBD

October 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

November 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

December 10, 2021

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31th to Sept 1st 2022, with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

(<https://youtu.be/S7TljcinVCU>)- Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com