

## Friendly Fifth Friday News August 12, 2022

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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**Join Us**  
In Our 25th Year



**SONS of  
NORWAY**

*Norsemen of the Lakes 5-650*

Connect with **fun**, a **family-friendly** Nordic gathering,  
and **educational programs**, all right in your community.

Norsemen of the Lakes invites you to attend our open house for lots of music, crafts, goodies and fun and games. Learn how our area was settled by Norwegians. Hear author Sandy Brehl talk about her voyage to Norway and how it inspired her to write three books about a young girl and her experiences during WWII. Hear a master musician play the Hardanger violin and tell you its history. Learn Hardanger embroidery, rosemal painting, and make crafts for your Christmas tree. Sample Nordic delicacies. See traditional dress called Bunads and how there are many regions of Norway represented. Learn about Masse Moro Cultural Youth Camp in Fall Creek, WI, for kids from 9 to 15. See how the Yggdrasil board game featuring Thor and Loki is played and about the yard game called Kubb with tournaments right here in Wisconsin.

### **ALL THIS FREE OF CHARGE**

- 10-10:30 Sons of Norway Introduction, Cheryl Willie-Schlesser
- 10:30 -11 Hardanger Embroidery, Donna Olson
- 11-11:30 Masse Moro Youth Camp, Cheryl Willie Schlesser
- 11:30-12:00 Bunad Traditional Dress, Mandi Beck
- 12-12:30 Sandy Brehl, Author Odin's Trilogy
- 12:30-1 Area Immigration, David Miller
- 1-1:30 Family Search (free genealogy program)
- 1:30-2 Hardanger Violin, Robin Fossum

**Matheson Memorial Library Community Room**

**101 Wisconsin St., Elkhorn, WI**

**August 20th 10 a.m. to 2 p.m.**

## From our Members-

Please expand on the offerings from the Sons of Norway Foundation.

This week's *FFFNews* includes additional information on the grants awarded in the Fifth District. SofN grants are open to all lodges, including the District 5 Board. Scholarship guidelines are on the Foundation page at [www.sofn.com](http://www.sofn.com), and I encourage your members to apply.

If you need help with the application process, please contact Darlene Arneson, the D5 Foundation Director, or me. We can walk you through the process. Grants are not challenging to write, but they do require some time and ask for a projected budget.

The grant writing window will open in October and closes at the end of December. The Foundation awarded \$140,000 in grants and scholarships in 2022 across the Order. In addition, due to some generous bequests, the Foundation can give more awards. Please see the awards provided to lodges and members below.

*Emily Stark at the Sons of Norway Foundation is willing to help you apply for any of these options.*

Foundation Development Manager

[estark@sofn.com](mailto:estark@sofn.com)

1455 W Lake St. Minneapolis, MN 55408

612-821-4655, 800-945-8851

Tusen takk og ha en god helg-one thousand thanks and have a good weekend,

Cheryl Wille-Schlesser, District 5 President

[cwschlesser200bc@gmail.com](mailto:cwschlesser200bc@gmail.com), 608-219-4464



**SONS of  
NORWAY**

## D5 Grants

### Lodge Vitality Grant:

\$1,500 to Dovre Lodge 5-353 for their Viking Float Facelift

\$1,500 to Norsemen of the Lakes Lodge 5-650 for Lodge Vitality Advertising

### Community Partnership Grant:

\$1,000 to The Barron County Historical Society for the Mid Sommer's Eve program

\$1,000 to the Woodville, WI Lion's club for [Syttende Mi](#) and Sesquicentennial of Woodville

### Lodge Heritage and Culture Grant:

\$1,500 to Dovre Lodge 5-353 for Heritage program enrichment

\$1,000 to [Wergeland](#) Lodge 5-028 for Norwegian carved tolls in the La Crosse Friendship garden

\$1,500 to [Vennelag](#) Lodge 5-513 for the event "We Can't Have a [Kaffe Stue](#) Without You-a!"

\$1,500 to [Idun](#) Lodge 5-074 for Cultural Demonstrations [a the](#) convention

**D5 2022 Grants total \$9,500**

**Douglas Warne-Rolf & Wenche Eng Scholarship:**  
\$3,500 to Asher Wertheimer, Lodge 5-490, attending  
[Pasvik Folkhøgskole](#)

**Orel & Marie Winjum Memorial Scholarship:**  
\$2,000 to Natalie Brunner, Lodge 5-362, attending  
[Luther Collge](#)

**King Olav V Norwegian- American Heritage  
Scholarship:**

\$3,000 to Sofia [Stutesman](#), Lodge 5-28

**Total of \$8,500 to students in your district**



NORWEGIAN AMERICAN  
Genealogical Center & Naeseth Library

***There is still time to register for our fall classes!***

**You can register online by clicking on the links in this email,  
mail a check or call us to sign up (608-255-2224)**

**All class times are Central time zone**

### **Genealogy Basics Online**

Saturday, September 10, 2022—10:00 a.m. to noon  
\$40 member & non-member (online)

This class is designed for those who are just dipping their toes into genealogy research. Class topics will include genealogy best practices, using websites such as FamilySearch.org and Ancestry.com, and resources available from historical societies and genealogical societies. This class is not specific to those with Norwegian heritage, and we welcome NAGC members and non-members.

**[Sign Up for Genealogy Basics](#)**

### **Introduction to Norwegian Genealogy**

September 13 (Tuesday) & 15 (Thursday), 2022—10:00 a.m. to noon  
\$100 member/\$150 non-member (online)

This two session class is for those who are familiar with genealogy basics but haven't dug into Norwegian genealogical research yet. The class will focus on Norwegian naming traditions, history and geography, along with strategies for reading old handwriting and finding where in Norway your ancestor may have originated. This class also includes a copy of our "Research Guide for Norwegian Genealogy: For Beginning and Experienced Genealogists."

[Sign Up for Introduction to Norwegian Genealogy](#)

[\*\*Using Norwegian Farm Books \(bygdebøker\)\*\*](#)

Saturday, September 24, 2022 – 10:00 a.m. to noon

**(in person)**

\$55 member/\$65 non-member

This class expands on the introductory class by exploring using Norwegian Farm History Books (bygdebøker) for clues for your genealogical research.

Fee includes lunch and time after to explore the collections.

[Sign Up for Using Norwegian Farm Books](#)

[\*\*Exploring the Norwegian Digital Archives\*\*](#)

September 26 (Monday), 28 (Wednesday) & 30 (Friday), 2022

10:00 a.m. to noon

\$100 member/\$150 non-member (online)

This three session class explores the wide variety of records and resources available in the Norwegian Digital Archives and how to find them.

[Sign Up for Exploring the Norwegian Digital Archives](#)

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# Folk Art School 2022 Fall Class Registration



## Class Registration Is Open!

Vesterheim Folk Art School **registration through December 2022 is open** with new online and in-person classes in rosemaling, woodworking, metalworking, jewelry, cooking, fiber arts, weaving, and heritage and language, plus special youth and family programming. Registration is available [here](#).

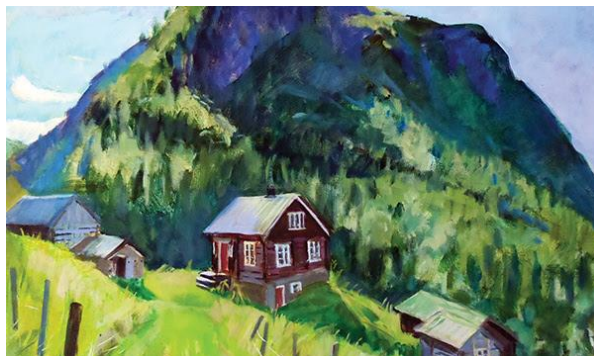
We're excited to share these classes and look forward to seeing you on campus and online!

[Register here!](#)

## Registration Process

Vesterheim Folk Art School continues to improve the new enrollment system. Don't forget, in order to register for a class, you will need to have a Folk Art School/Museum Store account. If you have purchased a Folk Art School class or something online from the Museum Store in the past year, you may already have an account. Creating an account takes less than five minutes, and you can do so at the link [here](#). We also recommend logging into your account prior to the registration launch if you are concerned about a class filling quickly.

The Folk Art School COVID policies for in-person classes are available [here](#).



## Youth and Family Programs

Vesterheim continues to offer engaging and enjoyable Youth and Family programming for a range of ages and the whole family!

Here's one coming up that you won't want to miss – perfect for the young and the young at heart!

**FamilieTid: How To Get Along With The Hulderfolk**

With Arna Rennan

Saturday, August 13 11:00-Noon CT

Free on Zoom - Register [here](#)

More than just stories from ancient folklore, the belief in the *Hulder Folk* is alive and well in the high grazing areas of Northern Gudbrandsdalen. It is a centuries-old belief that serves as an explanation for the mischief that occurs on farms as well as the practices for the protection of animals and farms. Instructor Arna Rennan met with Asta, Anna, and Ann Helen Brimi, shepherd girls on *Brimi seter* (mountain grazing farm) who shared their encounters with the *Hulder Folk* or “Hidden Folk.” She also learned local folk songs from Jarnfried Kjoek that the *Hulder* sing to wake up sleepy shepherd girls to milk their cows. Gather the family for this special program that includes images, folk songs, and stories and draws you into the special life in the high mountains of Norway!

Arna grew up hearing Norwegian songs in her home that her parents sang – especially on Saturday nights with their friends. She studied art at the National Academy of Art in Oslo and has received grants from the Jerome Foundation, the Arrowhead Regional Arts Council Fellowship, King Olav V Cultural Grant, and the American Scandinavian Foundation to study traditional folk music and folklore in Norway. Specializing in music from Telemark, Setesdal, Valdres, Gudbrandsdalen, and Trondelag, Arna sings ballads from the middle ages, works songs, hymns, cowcalls, and more. She also plays ancient instruments such as the *langeleik* and *seljefloyte* (overtone flute).

Find out about all of Vesterheim's upcoming Youth and Family programs [here](#).



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## Deadlines and Dates! **Changes in red!**

- **August 20- Norsemen of the Lakes Anniversary Event- 10-2 in Elkhorn, WI**
- August 22- 7 PM CST- Lodge Foundation Directors Call
- September 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- October 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- October 28-29- District 5 Board Meeting- location TBD
- November 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- December 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- January 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- February 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- March 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- April 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- May 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- June 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)

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### Viking Chest / Immigrant Trunk Schedule

Apr 2022 to Oct 2022:

Chest--zone 5  
Trunk--zone 6

Oct 2022 to Apr 2023:

Chest--zone 1  
Trunk--zone 2

Apr 2023 to Oct 2023:

Chest--zone 4  
Trunk--zone 3

Oct 2023 to Apr 2024:

Chest--zone 6  
Trunk--zone 5

Apr 2024 to Oct 2024  
Chest--zone 2  
Trunk--zone 1

Oct 2024 to April 2025  
Chest--zone 3  
Trunk--zone 4

### **INTERNATIONAL LODGE MEETING**

The dates of the International Virtual Convention:

Wednesday, August 31, 2022, 10 a.m. – 2:45 pm central time and  
Thursday, September 1, 2022, 10 a.m. – 2:30 pm central time

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

#### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)