

Friendly Fifth Friday News April 9, 2021

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

District President Har Ordet

Kjære Venner,

It is my hope that all the Sons of Norway Fifth District members and their families are healthy and doing well during this prolonged covid pandemic. For some of you the pandemic may have struck closer to home. Unfortunately, my lodge, Scandiana lost a member, Richard Henderson, due to covid during the Christmas holiday. As more people receive the covid vaccine our lives can start to return to normal. I hope that lodges are planning to hold some events for 2021 that are within your state's covid guidelines. Keeping in contact with lodge members is important especially during these times.

Currently the Fifth District is seeking members of the District Lodge who would be interested in being on the District Nominating Committee. The eligibility, duties, and responsibilities of the District Nominating Committee are explained in detail in 3.3.7, 2.11.4.1, and 3.11.5.1 of the Charter and Constitution of the Sons of Norway. If you are interested in becoming a member of the District Nominating Committee please contact me or our District Secretary, Darlene Arneson.

In closing I would like to reiterate the importance of keeping in contact with members and planning for future local lodge events. Sons of Norway's meaning and purpose has always been and will continue to be in the strength of its membership.

Med beste hilsen,

Andrew Iver Johnsen

Sons of Norway Fifth District President

Happy Spring District 5 Lodges Presidents and Officers!

Love seeing the sunshine today. Please send your lodge photos to me by Saturday, April 10th. Also remember to let your zone directors know of your lodge re-opening plans and share your lodge newsletter with them monthly. Have a wonderful April!

Karen Eberhardt
District 5 Publicity and Zone 3 Director

Rosemaling Class for Culture Pin #2

**Session #1: Saturdays May 8, May 15, May 22, 2021
9:00 am to 3:00 pm CDT each day with a break for lunch**

Instructor: Lois Mueller VGM

This class will be taught via Zoom.

Cost: \$75 for the 3 days

Cost: For non-SON members: \$100 for the 3 days.

This class is open to anyone, but much of it is designed to allow those of you who have earned your #1 Culture Pin to earn the #2 pin. Those who were not a part of the class for the #1 Culture pin, may take this class as well. The instructor will teach you at your experience level.

REGISTRATION DEADLINE is April 26. This is a short time from now, so register ASAP.

The classes will be based on the SON Guidelines for the second culture pin.

Day 1: Review of brush control and brush technique for those who have taken the first class. For those who are beginners, we will concentrate on learning control and technique.

Day 2: Begin to create a design for a 6-8" square or a 8-10" round. The square or round may be a piece of backgrounded poster board, a piece of canvas or a piece of wood. Beginners will complete a flower form and begin working with scroll formations.

Day 3: Beginners will complete 1 project ...an 8" plate which will use the brush control and technique, flower forms and scroll formations.

To complete the submission for Pin #2: one elective selected from the list provided in the SON Cultural Skill Program information should be completed including photos and unit evaluation.

A list of painting supplies will be sent as confirmation of your registration. You may purchase the items locally and/or from the source that is included with the supply list. Since you may have some of the items, you need purchase only those items that you do not have.

I will be painting with acrylics, but am an experienced oil painter which allows you to select the kind of paint that you wish to use and I can assist as needed. If you already have paint and supplies, you may use them for the class.

Your instructor is Lois Mueller. She has been rosemaling since 1977 and teaching since 1979. She began teaching at the Technical College in Appleton, WI and now does travel teaching throughout the USA plus a trip to Taiwan and a couple to Canada. In November 2020, she taught her first Zoom class for the Illinois Norsk Rosemalers Assoc. and since that time has taught for Sons of Norway Dist. 5.

Lois received the Gold Medal from Vesterheim in Decorah, IA in 1998. Since that time she has written 9 rosemaling instruction books. In 2016, she was part of a group that created a new organization called, Rosemaling Coast to Coast. The reason for the organization was to have a way of sponsoring a rosemaling convention.

Rosemaling Class Registration Form

Name: _____

Street Address: _____

City: _____ St _____ Zip _____

Phone: _____

Email Address: _____

SON Lodge: _____

SON Membership #: _____

Non-Member: _____

Registration for the class is first come, first served by date received. The maximum number of students is 12. After class is full, we will have a waiting list. The instructor is willing to teach additional classes based on the number of registrations that we receive.

The Registration Deadline is April 26, 2021.

This deadline will allow you to purchase and/or order what is needed and receive it in time for the first session of the class.

_____ Class Registration Fee

Send registration to Lois Mueller via nordic@mhtc.net or by mail
1225 W. Main St., Platteville, WI 53818

Make checks payable to: Lois Mueller
OR call 608-348-3398 if you wish to use a Credit Card

A list of painting supplies will be sent as confirmation of your registration.

Fly your Norwegian colors **Only 18 flags left!!**

and support the SON District 5 Nordic Legacy Foundation

When Norway became a sovereign nation in 1821, the Storting adopted a flag with the Nordic cross, similar to other Scandinavian countries. In the early 1800's, some countries were forming republics to better represent its citizens, and the red-white-blue of France and the United States flags influenced Norwegian flag creator Fredrik Meltzer to include those colors in the flag design. At the end of WW II, Norwegians flew their national flag banned by the Nazis as a celebration.

The Norwegian flag is flown on these holidays:



- Jan. 1 - New Year's Day
- Jan. 21 - Princess Ingrid Alexandra's birthday
- Feb. 6 - Sami National Day
- Feb. 21 - King Harald V's birthday
- Easter
- May 1 - Labor Day
- May 8 - Liberation Day
- May 17 - Constitution Day
- Whitsunday (8th Sunday after Easter)
- June 7 - Union Dissolution Day
- July 4 - Queen Sonja's birthday
- July 20 - Crown Prince Haakon Magnus' birthday
- July 29 - Olsok (in memory of King Olav Haraldsson)
- Aug. 19 - Crown Princess Mette-Marit's birthday
- Sept - 2nd Monday (every 4 years) - General Election
- Dec. 25 - Christmas

According to the Norwegian flag law of 1898 (updated in 1927) the Norwegian Flag is raised at 8 AM, between March and October, and at 9 AM in winter months. The flag is lowered at sunset, but no later than 11 PM during the "midnight sun" times. In the far north parts of Norway, in the winter, the flag is only flown between 10 AM and 3 PM.

ORDER FORM - NORWEGIAN FLAG (3x5 foot, 210 denier Oxford nylon with 4 rows of edge stitching on fly edge, designed for frequent outdoor use)

- ___ \$ 30 - one Norwegian flag (includes shipping)
- ___ \$100 - four Norwegian flags (includes shipping to one location)
- ___ \$250 - 12 Norwegian flags (include shipping to one location)

Please make your check out to "SON D5 Nordic Legacy Foundation"

Name: _____

Address: _____

City/St/Zip: _____

Email: _____

Phone: _____ Lodge: _____

Send your order to Mike Palecek, SON D5 treasurer, 5747 Sandy Lane, Racine WI 53406

c: 262-497-2761 e:mikep@sonsofnorwayracine.com, **Proceeds will be used to support Masse Moro & other District 5 Nordic heritage programs.**

Connie O'Brien has a new role at Sons of Norway!



Director of Fraternal &
Foundation Development

CObrien@sofn.com

Connie is responsible for managing the marketing and growth of the Sons of Norway Fraternal and Foundation efforts. She brings over twenty years of experience working in the insurance industry with over eight of those years dedicated to fraternal organizations like Sons of Norway. The past three years she has been leading the Fraternal department and intimately involved in supporting the mission of the Sons of Norway Foundation. Serving as a scholarship judge is one of her favorite ways to support the mission of the Foundation.

Connie graduated with honors from Cornell College with a degree in Business Administration and Economics. She also holds her masters in Organizational Leadership from St. Ambrose University.

When not at work, you can find her running the hills near her home in Burnsville, MN or in her art studio creating abstract art for friends and family. Connie and her husband Bill have three adult daughters who all enjoy traditional Norwegian foods served at holiday gatherings.

District 5 Lodge Foundation Directors Call

Darlene Arneson will host a ZOOM meeting for lodge Foundation Directors or anyone else interested on Saturday, April 24, at 9:00 AM CST. She serves as the District Foundation Director as a liaison between the District and International Sons of Norway. Darlene will be reviewing the role of the lodge Foundation Director, Foundation resources and initiatives, and Foundation Month. She will encourage participants to share ideas, ask questions, and have a lot of interaction as we all learn from each other. For lodges without a Foundation Director, please try to have someone from your lodge participate.

The ZOOM link will be emailed to all lodge Presidents and Foundation Directors and will be in the Friendly Fifth Friday News in April issues. No pre-registration is needed! Please contact Darlene at arnesonfamily5@gmail.com if you have questions.

Darlene Arneson is inviting you to a scheduled Zoom meeting.

Topic: District 5 Lodge Foundation Directors Call
Time: Apr 24, 2021 09:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/85489673833?pwd=dkdyek9NbjlqQlJFRVFGdTN2VFBlcz09>

Meeting ID: 854 8967 3833

Passcode: 757146

One tap mobile

+13126266799,,85489673833#,,,,*757146# US (Chicago)

+16465588656,,85489673833#,,,,*757146# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 854 8967 3833

Passcode: 757146

Find your local number: <https://us02web.zoom.us/j/85489673833>

Deadlines and Dates!

Changes in red!

Nordic News Weekly Program- Every Tuesday night

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

April 10, 2021

- Viking photo submissions due to Karen Eberhardt

April 14, 21, 28, May 5, 2021

- Virtual Storytelling Class with Joy Bashara

April 15, 2021

- Sarah Paulsen scholarship applications for Masse Moro due

April 16-17, 2021

- Virtual District 5 Board Meeting

April 24, 2021

- Lodge Foundation Directors Call with Darlene Arneson at 9:00 AM CST

April 26, 2021

- Registrations due for Rosemaling Class for Level 2

May 8, May 15, May 22, 2021

- Repeat Rosemaling Class for Level 2

May 15, 2021

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted at taxinfo@sofn.com or fraternal@sofn.com

July 18-31, 2021

- Masse Moro Youth Heritage Camp in Fall Creek, WI



DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31th to Sept 1st 2022, with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

<https://youtu.be/S7TljcinVCU>- Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

Viking Chest Rotation

The Viking Chest has not traveled since the health emergency began, and the new schedule cannot be announced until it is safe to hold in-person meetings. Therefore, the rotation schedule is suspended until further notice.

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)



FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com