

**Sons of Norway District 5 - Friendly Fifth Friday News**  
**April 5, 2024**  
**A District Weekly Newsletter to Keep Us Up to Date!**

**WOOD CARVING CONVENTION CLASS ALERT:**

Wood carving class will be offered

Thursday 9am-12pm

Friday 9am-12pm

Please choose one of these times.

Registration forms are being corrected. Class description on the website is correct.

Apologies for the error.

Judy Ghastin

Convention Chair

**Schedule of Speakers (Even more reasons to attend 😊)**

**Sons of Norway District 5 Convention 2024**

**June 19-22**

**Indianapolis Crowne Plaza Airport Hotel**

We are proud to present an impressive group of speakers at the District 5 Sons of Norway Convention. Speaker presentations begin Wednesday morning and continue until Saturday afternoon.

**Wednesday, June 19**

**Corlene Bartels: Stave Churches in America 10:45 am**

Corlene Bartels is the President of the Norsemen of the Lakes of Walworth County, WI. She is the daughter of a 100% Norwegian mother descending from the area northeast of Stavanger. She grew up in northern MN and lived in the northwest of that state near Bemidji that has many families of Norwegian descent. In 1997 she and her sister traveled to Norway to visit their ancestral country.

Having visited a Stave church in Wisconsin before one in Norway, she found out why they were called "Stave". Returning home, she created a Power Point to inform others of Stave churches in America and why they were built in our country. She loves to show you each of them.

**James Nelson 1:00 pm**

Jim Nelson has a music education degree from Augustana College, Rock Island; and graduate degrees in Scandinavian Studies from the University of Wisconsin (Madison); and the University of Washington (Seattle). He has taught Scandinavian courses at the University of Wisconsin, Camrose Lutheran College (now the Augustana campus of the Univ. of Alberta), Concordia College (Moorhead, Minnesota), the University of Washington and the University of Oslo. He taught public school music in the US and for 15 years in Norway. He also created and taught courses in Nordic and Norwegian folklore and traditional beliefs at Concordia College and the University of Oslo.

Jim has been a featured performer at folk music festivals and sung with or directed three Norwegian male choruses. He is a member of Duo Scandinavica and Lingonberry Jam. Jim and his wife, Irene, are members of Scandiana lodge in Chesterton. He is past president of the lodge. He will give a presentation on Norwegian folk beliefs and superstitions based on classes he has taught.

**Rivojen Jorn Magnus**

**Langseth 2:30 pm**

Rivojen Jorn Magnus Langseth will present insight into Sami art in his four presentations which will all center around the topics:

From old ornaments till today's bit data: How do we communicate?

Shapes and context within Umesami ornaments.

**Thursday, June 20**

**James Nelson 9:00 am**

Jim Nelson has a wide range of things Norwegian to share. His interests range from music to language, to cultural customs, and beyond. He will present a program on Norwegian music, with a couple of traditional dance steps: the reinlender and the medieval "songdans" or Færøydans. In the songdans, one person leads the dance and the singing. In Norway and the Faroe Islands, the dance-and-song leader sings on the verses (which tell a story) and the other participants sing the refrain. The step is always identical - two steps to the left, then one to the right, over and over, while forming a circle or a large "S".

**Mike Charman 10:30 am**

I have had a very varied and wonderful life starting in Liverpool England in 1944 and taking me to Norway in 1970. I have spent 40 years in Norway or working on Norwegian ships. I have sons and grandchildren in Norway. We visit every year and yes, I have been a Norwegian citizen since 1984.

I will talk about the early years of my life and come quickly to my time in Norway.

1:00 pm District 5 Presentations

1:50 pm District 5 Presentations

3:45 pm Delegate Orientation

**Rivojen Jorn Magnus Langseth 7:00 pm**

Rivojen Jorn Magnus will continue to discuss symbols of the Umesami culture used on drums and other objects and discuss communication with these symbols.

**John Arneson 8:00 pm**

John Arneson packed up the family vehicle, persuaded his wife to be the navigator, and followed the trail of his great-grandfather's Civil War experience. He will talk about that trip and share genealogy resources he found helpful.

## **Friday, June 21**

### **Amy Beyer: The Salt Story 9:00 am**

Amy Beyer and her husband took a trip to Norway and became interested in Norwegian salt. That adventure turned out to be the motivation for starting Salty Provisions. Enjoy her story and visit her booth featuring salt of many flavors from Norway.

### **Adolf Hansen, PhD.: 10:45 am**

Adolf Hansen grew up in a community of Norwegian immigrants in the Bronx. He wrote a book about the culture of this group of immigrant families and how he was influenced by it. His story is a wonderful counterpoint to the immigrant stories we hear which most often are about growing up on a farm. Many Norwegian immigrants stayed in cities and had experiences similar to those Adolf describes.

### **Annegrete Langseth 1:00 pm**

Annegrete Langseth works to preserve Sami culture and art. She constructed the traditional dress outfit for her husband, an example of only one of her talents. She will speak on a topic of her choice.

### **Daron W. Olson, PhD.: Vikings 3:45 pm**

Daron Olson is Associate Professor of History at Indiana University East. He will present information on Vikings from his extensive research. He is author of Vikings Across the Atlantic, Emigration and the Building of a Greater Norway, 1860-1945

### **Sara and Rick Long: Fjord Horses 7:00 pm**

Sara and Rick Long love Fjord Horses. Learn about their work with these special horses. Check out the Facebook page for Steppin' Out Stables to see pictures of their fjord horses and other breeds they raise.

Rivojen Jorn Magnus Langseth continues his series of talks about communication with symbols featuring Sami culture examples.

## **Saturday, June 22**

### **David Ostrem: Carving in Wood 9:00 am**

David Ostrem will share information about working with wood to transform a simple block of wood into things ranging from useful utensils to whimsical figures. He has been wood carving for 45 years, has taught the craft for many of those years, and has been a judge at several wood carving shows. David has studied with many outstanding carvers in the United States, Switzerland, Austria, and Canada. He has taught classes at Vesterheim and at the Clearing in Door County.

### **Rivojen Jorn Magnus Langseth 1:00 pm**

Rivojen Jorn Magnus Langseth presents his last program of Sami art and cultural connection to communicating with traditional Sami figures and designs.

## The Sarah Paulsen Memorial Scholarships for year 2024.

The Sarah Paulsen Memorial Scholarship Committee announces the following:

After many years of support for Masse Moro, the Sarah Paulsen Scholarship Fund is approaching complete depletion. This year will be the last year we can support the program. To add a little good news to the story, there will be 3 scholarships made available for the year 2024, each in the amount of \$300.00

Like last year, the Scholarship Committee will not do any direct mailings to any Lodges or Lodge Officers. The committee feels and hopes that with your help this announcement can, via the Dist. 5 Web site, be shared with Lodges and members throughout District 5.

To everybody reading this message: Please, share this information with your newsletter Editor and fellow members.

All interested Camp Applicants can also request application form(s) from the

Scandiana Treasurer, Oleif Olsaker

114 Maplewood Trl. Michigan City, IN 46360

Telephone 219-877-7457 Mobile 219-877-7457

E-mail olsaker.o@gmail.com

The completed Application must be postmarked by April 15<sup>th</sup>, and mailed to the address above

I am really happy to see us still being able to continue this scholarship program this year. Hopefully it will help promote 2 weeks of **MASSE MORO**, and providing an award for each of the deserving applicants.

Fraternally

Oleif Olsaker, Treasurer

Find the Paulson Scholarship forms at:

[https://sonsofnorway5.com/financial/youth\\_scholarships.php](https://sonsofnorway5.com/financial/youth_scholarships.php) and

Masse Moro info at <https://www.massemoro.org/>



**July 14 – 27, 2024 . . . VELKOMMEN!**

The cost for our 2 week all-inclusive Nordic Heritage Camp is \$1,200

**Please include your \$100.00 non-refundable registration fee** with this form.

Complete (please print clearly) and mail the completed application materials to:  
**Lisa Rove-Williams, District 5 Director, 771 W. Dresser Road, DeKalb, IL 60115**

**Contact Information:**

Make check to: **Nordic Legacy Foundation** or use the PayPal electronic option,  
available under the Admissions Information tab on the www.Masse Moro.org website. Tusen Takk!

**Sons of Norway Affiliation (please indicate):** District 1  District 5  None  Other

Name of Camper: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Gender: Female  Male

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Name of Parent(s) or Legal Guardian(s): \_\_\_\_\_

Phone Number: \_\_\_\_\_ Contact Name: \_\_\_\_\_

Work Contact: \_\_\_\_\_ Contact Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Norwegian Name at camp, if a previous attendee: \_\_\_\_\_ Age as of first day of camp \_\_\_\_\_

Sons of Norway Member/Sponsor Name: \_\_\_\_\_ Member # \_\_\_\_\_

\_\_\_\_\_  
Name and Address of Lodge

\_\_\_\_\_  
Relationship to Camper

Authorized person to pick up child on last day of camp? \_\_\_\_\_ # \_\_\_\_\_

Cabin request (name of friend or sibling): \_\_\_\_\_

**Campers will receive a free camp T-shirt; please select a size of Camp T-shirt (adult sizes only):**

Check the best fit t-shirt size for your child: S  M  L  XL  2XL  3XL

**DIET:** Traditional Diet  Special Diet  Describe \_\_\_\_\_

How did you hear about Masse Moro? (Check all that apply): Returning Camper  Friend  Relative

Ad in Viking Magazine  Lodge Information  Other (explain): \_\_\_\_\_

"I will do my best to be an active and cooperative participant at Masse Moro."

**CAMPER SIGNATURE:** \_\_\_\_\_ **DATE** \_\_\_\_\_

"I give my permission for Camp photos and videos of this child to be used in marketing and promoting Masse Moro."

**PARENT/LEGAL GUARDIAN SIGNATURE:** \_\_\_\_\_ **DATE** \_\_\_\_\_

**Note: For us to better plan for your child's camping experience, please return by April 13, 2024!**



**IMPORTANT CAMPER INFORMATION – 2024**  
*(Camper must be at least 9 and under 16 years old on the first day of camp)*



*Please help your child to have an enjoyable and healthy camp experience by providing the answers to the following concerns. Thank you for assisting our counselors and staff in getting acquainted with your child and in meeting his/her needs more effectively. If necessary, please attach an additional sheet of paper detailing specific concerns.*

**NAME OF CAMPER:** \_\_\_\_\_ **Age on JULY 14, 2024:** \_\_\_\_\_

Names and ages of camper’s siblings: \_\_\_\_\_  
 \_\_\_\_\_

Has this camper attended Masse Moro before? \_\_\_\_\_ If so, when: \_\_\_\_\_

Indicate the names of other camps this child has attended. \_\_\_\_\_  
 \_\_\_\_\_

Was their camp experience positive? \_\_\_\_\_ Comments: \_\_\_\_\_

List any languages this child speaks. \_\_\_\_\_

Has this child traveled outside of the U.S. \_\_\_\_\_ If yes, when and where? \_\_\_\_\_

What skills or abilities does this child wish to learn at camp? \_\_\_\_\_

Health/behavior concerns that could affect camp participation: \_\_\_\_\_

**Please check the items below that best describes your child:**

Personal Characteristics:    Outgoing \_\_    Inquisitive \_\_    Moody \_\_    Quiet \_\_    Shy \_\_  
    Humorous \_\_    Confident \_\_    Nervous \_\_    Insecure \_\_    Friendly \_\_

Physical Coordination:    Excellent \_\_    Good \_\_    Fair \_\_    Poor \_\_

Relates to Peers:    Very well \_\_    Adequately \_\_    With Difficulty \_\_

Relates to Adults:    Very well \_\_    Adequately \_\_    With Difficulty \_\_

Sleep Habits:    Sound Sleeper \_\_    Restless Sleeper \_\_    Sleep Walker \_\_

Previous Group Experiences: Scouting \_\_    Music \_\_    Sports \_\_    Other \_\_\_\_\_

Participates in Group Activities: Easily \_\_    With Encouragement \_\_    Reluctantly; Explain: \_\_\_\_\_

Indicate any activities that may cause stress or anxiety: \_\_\_\_\_

Explain: \_\_\_\_\_

Known fears or weaknesses: \_\_\_\_\_

**Special needs:** \_\_\_\_\_

Please indicate any recent traumatic or other stressful event(s) that our counselors should be aware of:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Note: For us to better plan for your child’s camping experience, please return by April 13, 2024!**





**Masse Moro Norwegian Heritage Camp  
July 14 - 27, 2024**

**\*\* Local Lodge Supporting Grant Endorsement \*\***

THIS ENDORSEMENT MUST BE POSTMARKED BY: **May 17, 2024.**

**Please Note:** Local Lodges provide varying amounts of support for their Masse Moro campers.

District 5 will match the Local Lodge Supporting Grant up to **\$250.00** per District 5 camper.

Contact your Lodge's president to determine requirements and Supporting Grant amount. Tusen Takk!

**Camper or Sponsor complete this section (please print):**

Camper Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Sons of Norway Member/Sponsor Name: \_\_\_\_\_ Member # \_\_\_\_\_

\_\_\_\_\_  
Name and address of Lodge of Sponsor

\_\_\_\_\_  
Relationship to Camper

E-mail: \_\_\_\_\_ Phone Number \_\_\_\_\_

*Camper: complete the above information, then send this form to your sponsoring lodge for further processing.*

**LOCAL LODGE ENDORSEMENT**

The members of \_\_\_\_\_ Lodge, 5-\_\_\_\_\_, have voted to endorse this applicant for Masse Moro – Sons of Norway District 5 Norwegian Heritage Camp for the 2022 season.

Enclosed is check number \_\_\_\_\_ in the amount of \$ \_\_\_\_\_ Date of Application: \_\_\_\_\_

\_\_\_\_\_  
Print Lodge President or Secretary

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Phone Number of President/Secretary

❖ **Make checks payable to: Nordic Legacy Foundation**

❖ **Please include the camper's name on the memo line of the check.**

❖ **THE ENDORSEMENT MUST BE POSTMARKED BY May 17, 2024.**

❖ **LODGES: Please send this completed form and the accompanying supporting check to:**

Lisa Rove-Williams, District 5 Youth Director

771 W Dresser Rd

DeKalb, IL 60115

E-mail: rovewilliams@comcast.net

## **Calendar of Events, Deadlines, and Other Dates to Note (changes in red)**

**April 5-6- District Board Meeting in Stoughton**

**April 15- Sarah Paulsen Scholarships due to Scandiana Lodge**

**April 20- Viking photos due to LaVonne Wier**

**May 1**

- Deadlines for convention vendor applications, sponsorships, Well Wishers, and ads.

**May 15**

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

\*Insurance membership with Sons of Norway required

\*\*Membership with Sons of Norway required (social or insurance)

**May 17- Masse Moro Lodge Supporting Grants Due**

**May 19- District Sports Challenge Ends**

**May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates**

**May 20- Viking photos due to LaVonne Wier**

**June 19-22- District Five Lodge Meeting and Convention in Indianapolis**

**June 20- Viking photos due to LaVonne Wier**

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### **Who to contact at the home office when you need help**

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhagen (ATuchenhagen@sofn.com).
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use [sales@sofn.com](mailto:sales@sofn.com)



## **Viking Chest / Immigrant Trunk Schedule**

Oct 2023 to Apr 2024:

Chest--zone 6  
Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2  
Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3  
Trunk--zone 4

### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)