

Friendly Fifth Friday News April 23, 2021

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

District 5 Lodge Foundation Directors Call- April 24 at 9 AM Central via ZOOM

Darlene Arneson will host a ZOOM meeting for lodge Foundation Directors or anyone else interested on Saturday, April 24, at 9:00 AM CST. She serves as the District Foundation Director as a liaison between the District and International Sons of Norway. Darlene will be reviewing the role of the lodge Foundation Director, Foundation resources and initiatives, and Foundation Month. She will encourage participants to share ideas, ask questions, and have a lot of interaction as we all learn from each other. For lodges without a Foundation Director, please try to have someone from your lodge participate.

To prepare for the call, you may want to watch this short video- <https://youtu.be/2ovB2SRuT4k>

Also, explore the Foundation pages on the website- <https://www.sofn.com/foundation/>

Our agenda:

- Connie O'Brien- SN Foundation Director-
 - Updates from the Foundation
 - How to apply for a grant- the online process
 - Where to find resources and forms!
- Darlene Arneson
 - What a lodge Foundation Director's role might be in your lodge
 - October's Foundation Month
 - Updates from District Foundation Director's calls
 - Fall campaign- Together we are the Future
 - District 5 Nordic Legacy Foundation
- Everyone
 - Sharing ideas
 - What questions do you have?
 - How do you need help or assistance?
 - What works for you?
 - What are your challenges?

The ZOOM link has been emailed to all lodge Presidents and Foundation Directors and has been in the Friendly Fifth Friday News in April issues. No pre-registration is needed! Please contact Darlene at arnesonfamily5@gmail.com if you have questions. If your Foundation Director can't make the call, someone else can sit in! Anyone is welcome! My cell is 608-514-4951.

Darlene Arneson

District 5 Secretary and Foundation Director

How to call in for Saturday's meeting:

Darlene Arneson is inviting you to a scheduled Zoom meeting.

Topic: District 5 Lodge Foundation Directors Call

Time: Apr 24, 2021 09:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/85489673833?pwd=dkdyek9NbJlqQlJFRVFGdTN2VFBIodz09>

Meeting ID: 854 8967 3833

Passcode: 757146

One tap mobile

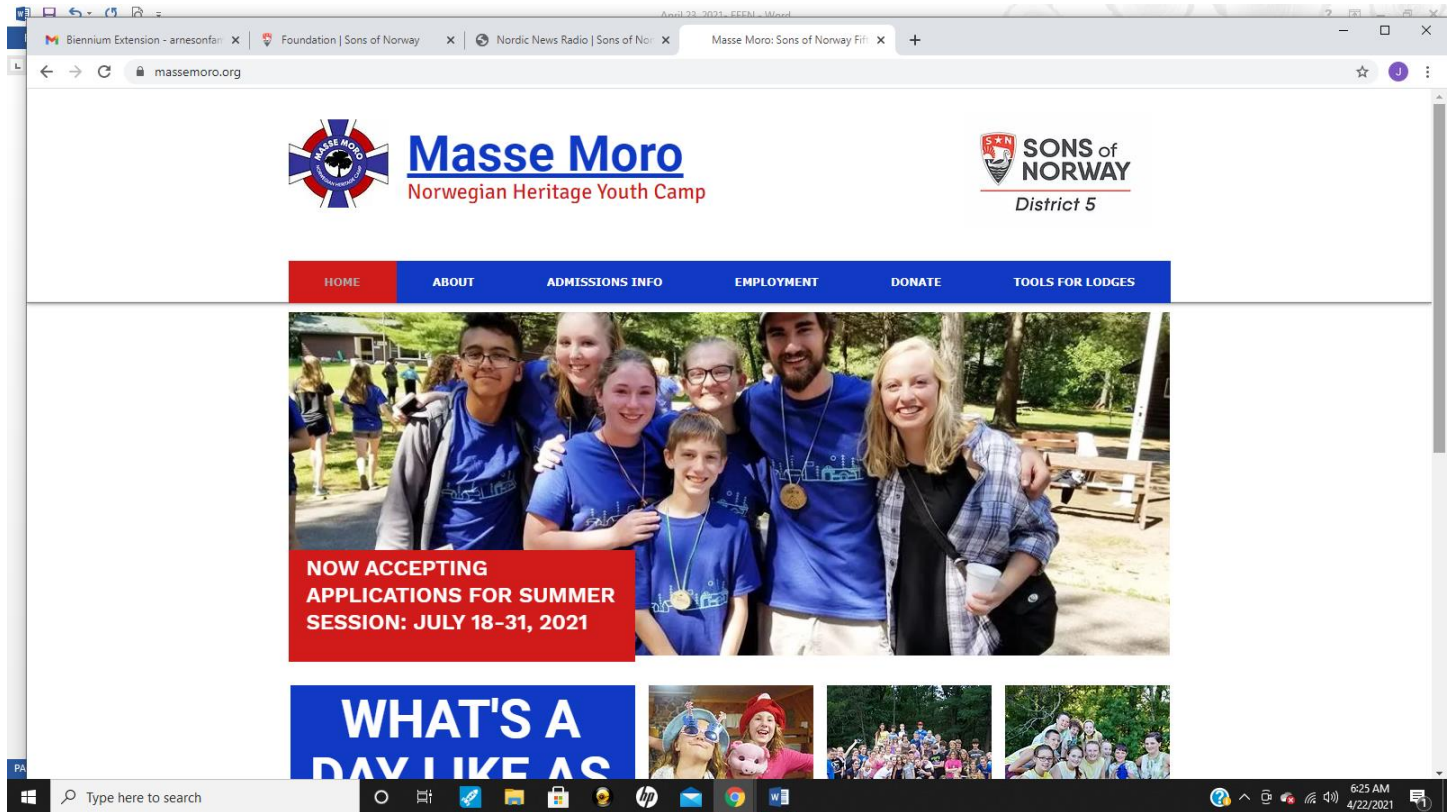
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+16465588656,,85489673833#,,,,*757146# US (New York)

Meeting ID: 854 8967 3833

Passcode: 757146

Find your local number: <https://us02web.zoom.us/j/85489673833?pwd=dkdyek9NbJlqQlJFRVFGdTN2VFBIodz09>



Have you promoted camp? Check out these resources! <https://www.massemoro.org/>

Looking for registration or lodge support forms? <https://www.massemoro.org/tools-for-lodges-1>

Looking for resources to promote with youth? <https://www.massemoro.org/about1-c1x1t>



SONS of NORWAY

Dear Lodge Leaders:

At the start of global pandemic, the International Board voted to extend our current biennium until the International Convention in 2022. This meant that all officers and delegates remained in place through 2022 unless they chose to step down from their role.

Pursuant to the National Emergency bylaw provision enacted by the Board, the postponement of the 2020 convention to 2022 served to extend the biennial term through 2022. This means that, as long as officers agreed to continue to serve, their term was extended until the end of the biennium in 2022. This is an extension of the first term, and does not count as a second term for the purpose of term limits. Those eligible to seek a second term of office remain eligible if they desire to run again.

We wanted to provide some clarification as we have received questions around this issue. If you have any further questions, please reach out to fraternal@sofn.com

Sincerely,

Ron Stubbings
President, International Board

Looking for a Lodge Program?

Use the Nordic News recordings to share in your virtual meetings or to play at your in-person or hybrid meetings. You can also email links to your members as a way to keep in touch and to give them programs to watch from home. Some may also make great small group discussions!

Nordic News Radio-

https://sonsofnorway5.com/programs/nordic_news_radio.php

Nordic News introduces you to experts on Nordic and Nordic-American heritage.

It is a "radio show" produced by the Fifth District, on every Tuesday at 6:20 PM (Central), 7:20 PM (Eastern).

To download any of these programs, click on the link. Then click on the "Details" button on the upper right corner of the TechSmith Screencast screen page. A menu opens up on the right side of the page. Under "Media" you will see the file name and a "Download" icon (down arrow with a line underneath). This will let you download the file to your computer.

We would appreciate your comments on these programs.

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RADIO PROGRAMS - 2021

March 30, 2021 - Lumberjack Frontier - Participants of the D5 Virtual Norwegian-American Settlement History Course gave a presentation of the Lumberjack Frontier on Nordic News on Tuesday, March 30. For many 19th century Norwegian-Americans farmers in northern Wisconsin, working as lumberjacks in the winter provided needed cash income. This content came from oral history interviews of lumberjack Louis Blanchard. Tusen takk to readers Ruth and Dave Amundson (Solvang – Westby WI) and Bill Schalk, Barb Earnest and Beth Nelson (Nordlyset – Racine WI). (21:35)

Link: <https://www.screencast.com/t/rbLk0gxN3f>

March 23, 2021 - Norwegian Folk Tales and Storytelling - Joy Bashara (Gronnvik – Green Bay WI)

Joy shared her storytelling expertise to a packed meeting room at the 2016 District 5 Convention. Joy shared some of her tips on Nordic News, which you can use whether telling stories to your

grandchildren, friends, or fellow lodge members. Joy will teach the newest D5 virtual class in Norwegian Folk Tales and Storytelling, for four weeks, beginning Wednesday, April 14 at 6:30 PM (CT) / 7:30 PM (ET). Watch FFFN and the D5 Facebook Page for more details.

See Joy's presentation here: <https://www.screencast.com/t/JhmsGAteD>

For the course, Joy will use Astri my Astri's two-volume set "Norwegian Folk Tales, Fairy Tales and Trolls: Tuss og Troll. You can order it here: <https://www.astri-my-astri.com/products/norwegian-folk-tales-fairy-tales-and-trolls-tuss-og-troll-2-volume-set>

3/16/2021 - The Norwegian Crop: Tobacco Raising in Wisconsin- Glenn Borreson (Wergeland – La Crosse WI)

For many Norwegian Americans farmers in Wisconsin, when wheat depleted the soil, they turned to tobacco as the next cash crop. Maps in this presentation showed the correlation between tobacco farming and Norwegian settlement areas in Wisconsin. Many listeners asked questions and shared stories about back-breaking work of tobacco farming in their own families. This is Glenn's fourth Nordic News presentation..

Watch it here: <https://www.screencast.com/t/1OOFs5oTZWu>

3/9/2021 - Vesterheim Museum. Mike Palecek gave a guided tour of Vesterheim Museum on Nordic News on Tuesday March 9. Vesterheim is a premier Norwegian-American museum in Decorah, Iowa. It has perhaps the best collection of rosemaled items anywhere. We also saw a collection of Sloop personal belongings, an exhibit on Norwegian spoons, learned about Norwegian textiles and unique religious artifacts, saw Norwegian-American folk architecture and visited the gift shop.

Link: : <https://www.screencast.com/t/ewVcP7bHkdn>

3/2/2021: NO Nordic News Radio Show

2/23/2021 - Putting Up The Lavvu at the Sami Cultural Center. Marlene Wisuri of the North American Sami Center gave us an understanding of Sami culture. Sami is northern Scandinavia's native people. Over 30,000 Sami immigrated to the United States, and most assimilated completely into Norwegian-American communities. Some Sami were hired to teach reindeer herders by the U.S. government to teach this skill to Alaska native tribes in the late 1800s. Duluth Minnesota's North American Sami Center has a collection of Sami artifacts, including these carved reindeer bone knives. Learn more about Sami culture and traditions (37:17)

<https://www.screencast.com/t/LNWSF68yQKc>

2/18/2021 - Nils Otto Tank was this week's Nordic News presentation.

Tank's wealthy father was the equivalent of Norway's prime minister in the early 1800s, and wanted Nils Otto to be king. Instead, Nils Otto rebelled, became a Moravian protestant missionary and eventually founded a religious colony in Green Bay, Wisconsin. He came to America in 1850 with \$1.5 million in gold and bought land between what is now Lambeau Field and downtown Green Bay. Thanks to Grønnvik members Joy Bashara and Matt Agen, and Norse Valley members Karen Madrigal and Corey Olson for reading this story (15:04)

<https://www.screencast.com/t/RvtotqNbKWv>

2/9/2021- Hardanger Embroidery. Donna Olson, Oregon, will share her expertise of a lifetime of

doing this intricate needlework. Donna Olson did an absolutely wonderful presentation about Hardanger Embroidery. It was one piece of "Hardanger eye candy" after another. Donna is teaching D5's newest virtual class which begins on March 4 and lasts for six Thursday evenings (6:30 PM Central / 7:30 PM Eastern). (51:05)

<https://www.screencast.com/t/C6oDmvsN>

2/2/2021 - The Hardanger Fiddle Explained by Robin Fossum. Robin is president of Dovre lodge in Barron, Wisconsin and District 5's representative on the International SofN Board. Robin has been a professional violinist and is president of the Red Cedar Symphony Orchestra in Rice Lake. Robin gives an excellent presentation to help you understand what is special about a Hardanger fiddle and its heritage and cultural significance to Norwegians and Norwegian-Americans. Because Robin lives in a rural area with poor internet connectivity, the audio and video quality of this program is less than ideal. In the Zoom screen, you see Robin (top center) showing off her Maltese dog Loki. (24:07)

<https://www.screencast.com/t/FQ8H1dBsISB>

1/26/2021 - Syn slagene (seven types of cookies) Connie Aiello presented on ... Fattigmann, Knekk-Kaker, Brune Pinner, Sandbakkell, Pepperkaker, Rosette, and Berlinerkranser. Listening to Connie's expert cooking advice, it was clear why the D5 Cultural Director selected her to teach the upcoming virtual Norwegian cooking class. (21:34)

<https://www.screencast.com/t/xpK0T9DPmvE>

1/19/2021 - "Current Events in Norway" by Dennis Flessland.

Dennis is Michigan's Honorary Consul for Norway and a member of Norkap lodge in Detroit. Topics Dennis discussed included 2021 travel advisories and how to keep up to date on travel restriction news, new dual-citizenship rules, Norway being a member of the U.N. Security Council and its impact on Norwegian foreign policy, the recent avalanche near Oslo and more. (14:08)

<https://www.screencast.com/t/hBMLxvJtQ8sK>

1/12/2021 - Sandy Brehl - Author of a World War II historical fiction book "Trilogy" (49:26)

<https://www.screencast.com/t/4v1JHkQwxdB>

1/5/2021 - Mike Palecek (Nordlyset - Racine WI) "Trip to Heg Park and Old Muskego" (16:45)

<https://www.screencast.com/t/7i1LmWE7Nvr>

Nordic News

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RADIO PROGRAMS - 2020

12/30/2020 - Jim Secora (Skjold - Palatine IL) "Northern Norway and Lillehammer" (31:28)

<https://www.screencast.com/t/4o2W5PRka>

12/23/2020 - Mike Palecek (Nordlyset - Racine WI) "Onan Dahle - Norwegian Gold Rush Success Story" (15:55)

<https://www.screencast.com/t/1wzJLGq3fdr>

12/16/2020 - Sloopers First Christmas - Bill Injerd (Nordkap lodge - Detroit MI)

The Sloopers formed the first Norwegian immigrant colony to the U.S. in 1825 and settled in far northwest New York state. Bill tells the story

of the hardship they faced the first winter, with 52 colonists cramped into two log cabins

View it at: <https://www.screencast.com/t/T4XOP2yT9a>

12/08/2020 - Kreative Krumkaka - Mark Storsteen and Cheryl Miller (Nordlyset lodge - Racine WI)

Learn the secrets of making that wonderful dessert treat from a 30-year master, including how to prepare and ship krumkaka cross country,

different ways to spice up your recipe and how to make gluten-free krumkaka.

View it at: <https://www.screencast.com/t/ltxzNWFjW1d>

12/01/2020 - Viking Age Animals - Their Descendants Today - Glenn Borreson (Wergeland lodge - La Crosse WI)

Learn about horses, cows, goats and sheep, most of which are living in isolated Iceland. Horses were important to Vikings as work tools and for

fighting. Cows, goats, sheep and pigs were food and clothing sources.

VIEW IT AT: <https://www.screencast.com/t/GSnOGhVx>

11/24/2020 - "Oleana – Ole Bull's Ill-fated Pennsylvania Colony"

World famous violinist Ole Bull wanted to help the common Norwegian come to the U.S. and bought a large tract of land in the Pennsylvania wilderness to start a colony. Problem was that Ole Bull was

swindled by crooked land agents who didn't really own the land they "sold" him. Ole Bull played benefit concerts to try to keep the colony going, but it eventually failed, and some of the colonists resettled in the Midwest, including northwest Wisconsin.

View it at: <https://www.screencast.com/t/anr3LMs0QSx>.

11/17/2020 - "Christmas Traditions in Norway" Olivia Cook is a member of Vennelag lodge in Mount Horeb WI. Her talk helps us understand the cultural differences between holiday celebrations in Norway and the U.S.

View it at: <https://www.screencast.com/t/dn5gqdf7my0Z>

11/10/2020 - "The Norwegian American newspaper" - Lori Ann Reinhall (Editor-in-chief) (52:30)
<https://www.screencast.com/t/fnDPWFJka83>

11/6/2020 - No program- Election Day

10/27/2020 - Norwegian Naming Conventions by Carmen Collins Nordkap lodge in Detroit MI (26:44)

This is a must-watch presentation for anyone wanting to study Scandinavian naming conventions. It is great background information for genealogy or Nordic-American history studies.

<https://www.screencast.com/t/rrpm14WXcr>

10/20/2020 - Tracing Norwegian Immigrant Journeys by Kayak - Dave Ellingson is a Sons of Norway member in Edmonds, Washington. (36:46)

Dave shared phenomenal views of two of his kayak trips, one on the fjords of Norway and the other on the Erie Canal and Hudson River to New York's Statue of Liberty. It is a most unique story, which few people have ever experienced. Dave is an outstanding storyteller with a great sense of humor, insight on people, mixed with an awe of nature and a bit of spirituality. Ellingson is the author of Paddle Pilgrim books. His website is <https://www.dellingson.com>

<https://www.screencast.com/t/LryqYQrU>

10/13/2020 - "The Sloopers" - Bill Injerd (Nordkap lodge - Detroit MI) (39:32)

<https://www.screencast.com/t/91svAwpy2D4>

10/06/2020 - Carving the Animals of Scandinavia (James Ray Miller, Valkyrien lodge) (1:01:38)

<https://www.screencast.com/t/SqQX6rnnj>

09/29/2020 - Norwegians in WI logging (Glenn Borreson, Wergeland lodge) (20:12)

<https://www.screencast.com/t/kjxrd83fO>

09/22/20_D5 Photo Contest: Lodge Winners (38:50)

<https://www.screencast.com/t/0wu2ByW8Lc>

09/15/20 - Starting a New Lodge: Shawnee Skogen - One Year Later (Wendy Winkelman) (35:16)

<https://www.screencast.com/t/2QGrya4kwSL>

09/08/20 - Norw-Am Genealogy Library (Dana Kelly) (27:58)

<https://www.screencast.com/t/VDpJM4Jghg>

09/01/20 - Magnus Swenson: Norwegian-American Inventor (12:32)

<https://www.screencast.com/t/A96SBSqR7vG>

8/25/2020 - Mount Horeb - Troll Capital of America (36:16) (Cheryl Wille-Schlessner, Vennelag lodge, Mount Horeb WI) (36:16)

<https://www.screencast.com/t/zuGRBFR4>

08/18/2020 - Rosemaling at Masse Moro (50:48) (Carol Bender, Elvedal lodge, Wisconsin Rapids WI) (50:48)

<https://www.screencast.com/t/oiC9OnDV>

08/11/2020: Stavern Folkehøgskole: Norwegian Folk School 2019-20 (Mathea Diedrich) (48:31)

<https://www.screencast.com/t/DYoadXAav2>

8/4/2020 - D5 Scandinavian Photo Contest Award Ceremony (23:48)

<https://www.screencast.com/t/INRHbm1LI>

7/28/2020 - The Viking Ship sailed to the 1893 Columbian Exhibition - Samantha Simera Bamberger (Friends of the Viking Ship - Geneva IL) (30:33) <https://www.screencast.com/t/kxnvEblne>

7/21/2020: Erie Canal: Immigrant Gateway to the West - Daryl Wunrow (Fosselyngen-Milwaukee WI) (29:16)

<https://www.screencast.com/t/0H0nDA3h>

7/14/2020 - Viking Ship funeral - Debra Kraft (Nordkap lodge - Detroit, MI) (21:44)

<https://www.screencast.com/t/0mhVsh3z9s>

07/07/2020: Norskadalen Norwegian-American Cultural Center (Lori Dubczek) (38:10)

<https://www.screencast.com/t/naQjRXxDtaV>

6/30/20 - Norsk Museum - Norway IL - Dave Johnson (Cleng Peerson lodge - Norway IL) (47:47)

<https://www.screencast.com/t/StcaC8Qq>

6/23/20 - Norwegian Tales to Tell: The Art of Storytelling - Joy Bashara (Gronvik lodge - Green Bay WI) (46:36)

<https://www.screencast.com/t/K6hAGpJ5>

June 16 "Joy of Norwegian Woodcarving" by James Ray Miller: (46:44)

<https://www.screencast.com/t/pHmG8uZXqUxl>

6/9/20 - Trip to Western Norway and Oslo (Jim Secora) (28:49)

<https://www.screencast.com/t/7oKQxBI54>

06/02/2020: Coffin Ships - Death on the Ocean Crossing and One Family's Story (Glenn Borreson) (21:41)

<https://www.screencast.com/t/l8Ubb1ZAQ>

05/26/2020: Ole Evinrude: Norwegian-American inventor (9:41)

<https://www.screencast.com/t/UYf4AvlyOU>

05/19/2020: 75th Anniversary of the end of WWII in Norway: Eyewitness Accounts (29:40)

<https://www.screencast.com/t/n9nAgEWJ1A8l>

05/12/2020: Project Heimatt: Norway Stave Church (Cheryl Wille-Schlessner) (20:56)

<https://www.screencast.com/t/BKDOPd32>

05/05/2020: Norwegian-Americans in Michigan: A Short History (Nordkap lodge) (21:45)

<https://www.screencast.com/t/7t8XNGPi>

04/28/2020: Norwegian Midwives in the Midwest (Glenn Borreson) (21:31)

Deadlines and Dates!

Changes in red!

Nordic News Weekly Program- Every Tuesday night

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

April 14, 21, 28, May 5, 2021

- Virtual Storytelling Class with Joy Bashara

April 24, 2021

- Lodge Foundation Directors Call with Darlene Arneson at 9:00 AM CST

April 26, 2021

- Registrations due for Rosemaling Class for Level 2

May 8, May 15, May 22, 2021

- Repeat Rosemaling Class for Level 2

May 15, 2021

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted at taxinfo@sofn.com or fraternal@sofn.com

July 18-31, 2021

- Masse Moro Youth Heritage Camp in Fall Creek, WI
-

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN. The convention will be held August 31th to Sept 1st 2022, with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September. Here is the information about the venue, be sure and watch the virtual tour of the site!

<https://youtu.be/S7TljcinVCU-> Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55121

Viking Chest Rotation

The Viking Chest has not traveled since the health emergency began, and the new schedule cannot be announced until it is safe to hold in-person meetings. Therefore, the rotation schedule is suspended until further notice.

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com