

Friendly Fifth Friday News April 22, 2022

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

District 5 Delegates -- May 1, 2022 is fast approaching

This is a reminder to register as a Delegate for the June District 5 Convention. May 1 is the deadline to register before a \$10 late fee is added to the registration.

Go to this website for the online registration for Delegates and Non-Delegates: <https://d5registration.sonsofnorwaymadison.com/>

Sangerfest Grand Concert ticket reservations are included in the D5 registration form. Other Sangerfest reservations are handled **by mail only** on a separate form.

If you are only ordering the Convention Banquet and/or Sangerfest concert tickets, just select that option on the online form.

Book your hotel room at the Marriott by clicking on the blue underlined words below for a direct connection to our Convention block of rooms.

Convention room rates are \$132 for a double room (up to 4 people). For phone reservations be sure to **mention the Sons of Norway Idun Lodge D5 Convention 2022**, and book your room no later than May 25, 2022 for the special rate. The reservation number is 1-888-745-2032 or click the online hotel reservation connection to book your room: [Book your group rate for Sons of Norway Idun 5-074 D5 Convention](#), which is found on the District 5 website under District Convention.

Questions can be directed to Lucy Ghastin at leghastin@gmail.com or call 608-225-1412. The Convention Committee is looking forward to seeing you at the Marriott.

Lucy Ghastin

Idun Convention Chair

Sons of Norway Sangerfest Registration (Due May 15, 2022)



The Norwegian Singers Association of America 's (NSAA) Sangerfest is pleased to share space with you at the Marriott West Madison Hotel during your regional Sons of Norway convention. You are invited to participate in Sangerfest activities during your stay. To register, please indicate in which NSAA events you wish to participate, write a check, and return the registration form and check to Sons of Norway Registration address listed below. Tickets will be included in your Sons of Norway registration packet.

Featured speaker at the Ladies Luncheon is Inga ~~Witscher~~, an American cook and farmer best known as the host of the television show *Around the Farm Table*, which has aired on Wisconsin Public Television and other PBS Stations.

Note: Afterglow tickets are for those that choose to have hors d'oeuvres.

Menu choices: S = Salmon, B = Beef, C = Chicken, V = Vegetarian.

* Please list dietary restriction next to your name.

#	SON Member Name Please print legibly.	Thursday Buffet @ \$40 5:45-7:00 pm	Friday Grand Banquet * @ \$50 6:00-7:00 pm	Saturday Ladies Luncheon* @\$30 11:00 am - 1:00 pm	Afterglows hors d'oeuvres (Includes Thursday, Friday & Saturday) @\$30 total	Totals
1			<u>S</u> / B / V	C / V		
2			<u>S</u> / B / V	C / V		
3			<u>S</u> / B / V	C / V		
4			<u>S</u> / B / V	C / V		
					Grand Total	

Make checks payable to: **GRIEG CHORUS FUND**
Registration and checks due by May 15 to:

Lucy ~~Ghastin~~
7130 Century Avenue
Middleton, WI 53562

2/11/22

Our deepest sympathy- Doris Kamstra



Dear Sons of Norway Leaders,

It is with deep sadness that we share the passing of our colleague and friend, Doris Kamstra.

Doris worked tirelessly for the Sons of Norway for 4 years as Membership Manager and over the course of time poured her energy and passion into her work. Her work accomplishments while employed at Sons of Norway were numerous. Her talent, creativity and leadership lead to the growth in our social membership for the first time in decades. Her legacy will live on.

Doris has left a legacy. Doris has left us with heavy hearts. We will truly miss her spunk and dedication to Sons of Norway. Please join us in remembering Doris Kamstra.

If I missed anyone who worked with Doris, please share.

All the best! **Connie O'Brien**

Obit- <https://www.wctrib.com/obituaries/obits/doris-kamstra-5d23ea5d0dfeca44dbd8523a-6258cc22e4f3410ff7f4e08c>

Doris P. Kamstra, age 59, of Hopkins, Minnesota, formerly of Willmar, passed away from cancer on Saturday, April 9, at the Methodist Hospital in St. Louis Park.

A celebration of life service will be held at 1:00 p.m. on Tuesday, April 19, at Vinje Lutheran Church. Interment will be at Cloverleaf Memorial Park Cemetery. Visitation will be one hour prior to the service at the church. Arrangements are entrusted to Peterson Brothers Funeral Home. www.petersonbrothers.com

Doris Pearl Kamstra was born on August 25, 1962, in Willmar, Minnesota, the daughter of Milton and Phyllis (Wig) Kamstra. She grew up north of Willmar on Eagle Lake, graduated from Willmar High School in 1980 and from Moorhead State University in 1984 with a Bachelor of Science degree.

Doris was most recently employed at Sons of Norway in Minneapolis, as the Membership Manager, and was also a long time Sons of Norway member.

Doris loved flower and vegetable gardening, making jams and jellies, and sharing her goodies with family and friends. Other hobbies included jigsaw puzzles, watching Wheel of Fortune, baking, crafts, sewing, and fishing with her brother Duane. She read voraciously on a wide variety of subjects. She enjoyed traveling with friends and family, visiting Italy, Iceland and Norway, and had plans to visit Alaska this summer. The secret to a well-balanced life is a cup of tea in one hand and a book in the other.

Doris is survived by her three siblings, Linda (and Roy) Duering of Willmar, Lois Ann Larsen of Denver, NC., and Duane (and Melissa) Kamstra of Willmar; several nieces, nephews, other relatives, many good friends, and her fur family, Ella, Lola and Mr. Beans.

Doris was preceded in death by her parents, Milton and Phyllis Kamstra and two brothers-in-law, Scott Larsen and Lenny Barron. To love is to place our happiness in the happiness of another. --Norwegian Proverb

Inventory Request from Darlene

If your lodge has gotten any inventory from the District 5 Fundraisers (i.e. books, pins, flags, sweatshirts, hats) from Mike Palecek and hasn't paid the District, please contact Darlene Arneson at arnesonfamily5@gmail.com. We are trying to inventory what is left in stock and discovered that some might still be with lodges.

Three options:

1. Return the items to Darlene via a zone director, arrange to meet, or mail them to 2056 Skaalen Road, Stoughton, WI 53589
2. Send a check for the items (made to SN District 5 Nordic Legacy Foundation) with a list of what you are paying for.
3. If you think you will be selling the items, please send a detailed inventory (sizes, colors, quantities) to Darlene with a timeline of when the payment will be made if your lodge can't pay for them at this time.

I would like to get a complete inventory done by May 1 so your help is appreciated! Thank you!

Show off your accomplishments in cultural arts to everybody in District 5! Register some of your pieces to be displayed at the Convention in June. Check out the District website for information on the Cultural Arts display at the Convention in June.

Sons of Norway District 5 Cultural Arts Display 2022
Madison Marriott West
June 16 - 18

Part of the 2022 District 5 Convention is the display of cultural arts crafted by sons of Norway members from throughout the district. This year all judging will be People's Choice. Pre-registration is needed. To participate in the display, fill out the registration form and send to

Judy Ghastin, 718 Bruce Ct., Madison, WI 53705.

Artists of all ages and levels of experience are encouraged to submit projects.

- Adult professional: instructors and those who sell their work
- Adult amateur: those who do not sell their work
- Heritage: members 15 years and younger

Categories of projects include:

- Rosemaling
- Norwegian Weaving
- Hardanger Embroidery
- Norwegian Needlework -- Klostersom, Diamantsom
- Nalbinding
- Hand knitting w/ Norwegian design
- Crocheting
- Tatting
- Carving with hand tools, Norwegian Theme -- Figure Carving, Relief Carving, Chip Carving
- Bent wood -- hand tools
- Photography
- Painting
- Knife-making
- Stained Glass
- Kolrosing

- Items need to be recent work completed after the 2018 convention.
- Participants must be current Sons of Norway members and must have been members in good standing when the craft work was finished.
- Items submitted must be made by the registered person.
- Each item must have an identification label provided with the registration form.
- Drop off items Thursday, June 16, from 1pm to 6pm and reclaim items Saturday, June 18, from 2 to 4 pm.
- If you are not attending the convention, you may send your craft item with someone else.

We look forward to displaying cultural projects from throughout the district for everyone to enjoy.

Judy Ghastin
District 5 Cultural Director

**Sons of Norway District 5 Cultural Arts Display 2022
Pre-registration Form**

**Madison Marriott West
1313 John Q. Hammons Dr.
Middleton, WI 53562**

Artist Name _____ **email** _____

Address _____

Phone _____ **Lodge name/#** _____

Category & description

Item # 1

Item # 2

Item # 3

Item # 4

Item # 5

Total number of pieces _____

Mail registration to Judy Ghastin, 718 Bruce Ct., Madison, WI 53705.

Bring items to Madison Marriott West on June 16, 1-6pm.

Pick up items on June 18, 2-4pm

Sons of Norway D5 Convention 2022
Cultural Arts Display ID Tag # _____
Number will be assigned at the show.

Description of item

Artist _____

Sons of Norway D5 Convention 2022
Cultural Arts Display ID Tag # _____
Number will be assigned at the show.

Description of item

~~Artist~~ _____

Sons of Norway D5 Convention 2022
Cultural Arts Display ID Tag # _____
Number will be assigned at the show.

Description of item

Artist _____

Sons of Norway D5 Convention 2022
Cultural Arts Display ID Tag # _____
Number will be assigned at the show.

Description of item

~~Artist~~ _____

Claim Ticket This half retained by docents at show.

Category _____

Number assigned _____

Artist _____

Claim Ticket Show this half to pick up item.

~~Category~~ _____

Number assigned _____

~~Artist~~ _____

Claim Ticket This half retained by docents at show.

Category _____

Number assigned _____

Artist _____

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Artist _____

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Number assigned _____

~~Artist~~ _____

Deadlines and Dates! Changes in red!

May 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

May 15, 2022

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

June 10, 2022

- Photos due for The Viking – send to Karen Eberhardt, District 5 Publicity and Zone 3 Director at eber01dj@gmail.com

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting on June 15-19, 2022 at the Madison Marriott West in Middleton, Wisconsin.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting ~~will be held in 2022 in Minneapolis, MN.~~ The convention will be held August 31st to Sept 1st 2022, ~~with first time delegates arriving on the 30th of August for the First Timers Training. Delegates will depart the 2nd of September.~~

~~(<https://youtu.be/S7TjcinVCU>— Omni Hotels and Resorts, Omni Viking lakes Hotel, 2611 Nordic Way, Eagan, MN 55124~~

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if

you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com