


Sons of Norway District 5 - Friendly Fifth Friday News

April 11, 2025

A District Weekly Newsletter to Keep Us Up to Date!

Update from Sisters of the Holy Cross and what they want for stamps



Join our Stamp Ministry


The canceled stamps on your incoming mail can help the Sisters of the Holy Cross Ministry With the Poor.

To donate stamps, send to:
Stamp Ministry, 200 Rosary Hall, Notre Dame, IN 46556-5053
Questions? Call 574-284-5675 or email : stamproom@cscsisters.org


Examples

Here are examples of the types of stamps that are the most beneficial.
Thank you for helping our Ministry With the Poor by saving your stamps.


U.S. off or on paper, especially commemorative stamps




Foreign mint stamp sheets and blocks




U.S. mint strips and plate blocks




Foreign off or on paper



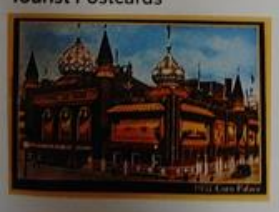
U.S. mint stamp sheets




Album collections



Tourist Postcards



First-day covers



Guidelines

DO:

Send stamps that:

- Have perforations intact,
- Are not too heavily canceled
- Are not torn, cut or stained.

Leave at least 1/4-inch on each side of the stamp when cutting it from the envelope-- it will save you money when you send them

If you require a receipt for your stamp donation, enclose an inventory and we will confirm that we received it. *We cannot assign a dollar value to your inkind donation.*

DON'T:

Waste your time, effort or money by sending stamps that are plentiful and have little or no resale value such as:

- U.S. small flags, star ribbon, liberty bell
- U.S. nonprofit and first class presort
- Recent low-denomination stamps from fundraising appeals

The options that we explored and recommend lodges consider:

- **Sisters at St. Mary's College in Nortre Dame, South Bend, Indiana**

<https://www.cscsisters.org/big-dividends-little-stamp/>

If you have any questions about buying or donating stamps, please address them to: stamproom@cscsisters.org. **Mail stamps to: Mail stamps to:** Sisters of the Holy Cross Stamp Room, 200 Rosary Hall, Notre Dame, IN 46556-5053

- **Stamps for the Wounded**

<https://www.stampsforthewounded.org/>

Stamps for the Wounded (SFTW) is a service organization dedicated to providing comfort and stimulating activity to U.S. veterans through stamp collecting. SFTW sends donated postage stamps and other philatelic material and supplies to wounded, ill, and isolated veterans.

If you have any questions, please feel free to Contact Us through the web form, by email, or via postal mail. The following kinds of donations are needed: Used postage stamps saved from the mail; Stamps, covers and other items from stamp collections; New and gently used philatelic supplies (album pages, mounts, hinges, stock books, perforation gauges, tongs, etc.); Philatelic literature (catalogues and reference books but not philatelic magazines or newspapers); and cash donations to help with operating costs.

How To Send Donations to Us by U.S. Postal Service: Stamps for the Wounded, P.O. Box 297, Dunn Loring, VA 22027-0297

#3- Another Option in Norway

STAMP COLLECTION FOR CHILDREN AND YOUNG PEOPLE CONTINUES. 😊

After 01/01/2023. everything will be sent directly to:

Skanfil Auctions AS, Postbox 2030, 5504 Haugesund. Take note of the package with "TUBFRIM".

We hope that everyone will continue the good fundraising work that is made as income for the TUBFRIM Fund and the National Association for Public Health.

Skanfil Auksjoner AS is part of the Skanfil group, with headquarters in Haugesund and branch offices in, among other things, Oslo, Bergen, Sarpsborg and Trondheim. Skanfil is the country's largest collector's company with stamps as their main product. But not only that - the company also turns coins, banknotes, postcards, art and most of the items worth taking care of. This also allows for donations of such objects for income for the TUBFRIM fund.

<https://skanfil.no/tubfrim/>

- **TUBFRIM and Skanfil Auction**

<https://skanfil.no/tubfrim/>

Send stamps to: Skanfil Auctions AS, TUBFRIM-fondet, P.O. Box 2030, 5504 Haugesund, Norway. Feel free to contact us by tubfrim@skanfil.no or call us on tel. [52 70 39 40](tel:52703940) / [924 90 761](tel:92490761) if you have any questions.

Skanfil Auctions AS is part of the Skanfil Group, with headquarters in Haugesund and branch offices in Oslo, Bergen, Sarpsborg and Trondheim, among others. Skanfil is the country's largest collector's company with stamps as its main product. But not only that – the company also sells coins, banknotes, postcards, art, and most items worth preserving.

AmeriCorp Volunteer Possibilities

AmeriCorps might be of interest to Sons of Norway lodges. Perhaps a lodge or district has a project for these volunteers. This could be an opportunity for project support if your lodge building, or lodge or district camp needs repairs or project support. The message below provides a little more information.

Here is the link to find the project Concept Form, the application instructions and more information on this opportunity <https://americorps.gov/funding-opportunity/americorps-nccc-traditional>.

If you would, please send this to your Zone Directors to share with the lodges and camps in their zones.

Tusen takk!
Claudia

Claudia Berg
International Board of Directors
Foundation Board of Governors
701-400-5286

It's time for Kubb!

Stoughton will be the host of the 2025 Stoughton Kubb Invitational which will take place on May 10th, at Virgin Lake Park at in Stoughton. The Stoughton Kubb Club along with Sons of Norway Mandt Lodge 5-314 will team up to provide a full day of Kubb learning and play for any whom may be interested. Our tournament sponsors are King Oscar Seafood and Stoughton Recreation Department. Stop and get samples of King Oscar sardines and mackerel, and a variety of King Oscar swag. Registration for the event will take place on the day of the event starting at 8:00 a.m. until 8:45 a.m. or online at the link below.

Team Registration fee is \$40.00/team

Register Online at: <https://www.signupgenius.com/.../409054CA5A72C7-55191166...>

Two payment options; pay online or pay the day of the event. Come participate and help spread the fellowship of Kubb. All proceeds will go to local charities. There will be a couple raffle opportunities for fund raising. You can find out more about the Stoughton Kubb Club or the upcoming Kubb Invitational by looking for the flyers posted all over town, or by finding them on Facebook at: <https://www.facebook.com/stoughtonkubbclub/>.

Kubb (which rhymes with "tube") also known as "Viking Chess", is a Scandinavian game rumored to have been started over a 1,000 years ago by the Vikings who used the skull and femur bones of their enemies as game pieces. The more probable explanation is that the game of Kubb began using scraps of firewood since the word "kubb" is derived from the Swedish word tråkubbe which literally means "block of wood". We appreciate your support of the tournament and hope that we have a fun day of playing, socializing and some friendly competition!

For more information about the tournament, contact Todd Fossum at todd.r.fossum@gmail.com or 608-695-1336.

Stoughton Kubb Invitational



visit us on Facebook at <https://www.facebook.com/stoughtonkubbclub> or send an email to StoughtonKubb@gmail.com



Kubb Like A Viking!!

Everyone is Welcome!

Saturday, May 10, 2025

**@ 9 a.m.
"Rain-or-Shine"**

Virgin Lake Park, 1901 Roby Road

Stoughton, WI 53589



The Stoughton Kubb Club is hosting the *Stoughton Kubb Invitational* at Virgin Lake Park on May 10th. Open to all ages and groups. A fun family event for people with all skill levels.



- Scan code to sign up and for details.
- Play starts promptly at 9:00 a.m.
- Entry fee is \$40 per team (2-6 players)
- Pay online, in person (cash or check made out to Sons of Norway)
- Kid teams 12 and younger play free!
- Non-Profit event with proceeds going to local charities.
- Trophies and cash prizes
- Grab your friends, grab your family, it promises to be a great time!

Upcoming Area Tournaments

- WI State Kubb Champ. 5/3/25
- Kettle Moraine (Sand) 6/21/25
- Beloit 8/9/25
- Cottage Grove (TBD)
- Batavia 8/30/25
- Kettle Moraine (Grass) 9/13/25

Sponsored by:

King Oscar Seafoods
Stoughton Parks & Recreation
Sons of Norway – Mandt Lodge
Stoughton Kubb Club



STOUGHTON KUBB CLUB

Stoughton, WI 53589

(608) 695-1336 | StoughtonKubb@gmail.com | Join Us on Facebook: <https://www.facebook.com/events/1570027859977959/>



**SONS OF
NORWAY**

Mandt Lodge 5-314

Sons of Norway Leadership Academy and the Younger Member Focus

International SofN Board Chair, Luella Grangaard, has called for participation in two new ventures, the Sons of Norway Leadership Academy and the Younger Member Focus group. If you are a lodge leader and would like to attend on behalf of your lodge, please make me aware. I need to confirm your attendance and willingness to participate in all sessions.

Thank you,

Cheryl

Dear District President,

I would appreciate your assistance with identifying two members from your district to participant in the beta trial of our Sons of Norway Leadership Academy. We are going to focus first on lodge leaders; president, vice-president, secretary and treasurers. We would like seasoned leaders who have walked the walk and talked the talk that can help other leaders in the order to participate in this first set of classes.

Please identify 2 leaders that fit the criteria above. Please share the course content with the leader and assure that they can commit to the program 3 dates. See the curriculum outline. All meetings will be by Teams.

Submit their names by Wednesday April 16. Slots not filled will be open to officers at large. We would like to have 20 participants.

Luella Grangaard, International Chair

Sons of Norway Leadership academy—Beta group dates May 8, 22 and June 5, 2:00 pm, Central Time. Meeting will be by Teams.

Course foundation

- 60-90 minute sessions
- 20 limit attendees.
- Pre-meeting recommended videos from SON website. Pre-test.
- Need participates to commit to the 3 sessions.

Session format

- Pre-test
- Presentation on session topic
- Current resources that relate to the topic, on website
- Round table discussion facilitator
- Post-test

Foundation courses

May 8, How to Make Your Lodge Great

- Organization of meetings
- Communications—positive, welcoming, interesting, engaging
- Have a plan for the lodge: programs, socials, community outreach
- Understand governance
- Mentoring

May 22, Best Practices for Lodge Officers

- Succession planning
- Know your responsibilities
- Be competent with electronic communication, form submissions
- Know compliance responsibilities
- Know how to read a P&L
- Know how to read and access reports on your profile
- Know governance

June 5, Marketing your lodge and Sons of Norway

- How to promote your lodge in your community
- Programs & community outreach
- succession planning
- identifying future leaders in your lodge



It's almost the 20th!

**Send your Viking photos to LaVonne Wier
(2nor1rus@gmail.com) so you can see them
in the Viking or the District 5 website!**

**[https://sonsofnorway5.com/galleries/details
/51-2025-Viking-Magazine-Photo-
Submissions](https://sonsofnorway5.com/galleries/details/51-2025-Viking-Magazine-Photo-Submissions)**

2025 Calendar

April 20- Viking Photos due to LaVonne Wier

April 25-26- District 5 Board Meeting in Chicago

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

May 17- Masse Moro Lodge Supporting Grants Due

May 17- Masse Moro Registrations Due

May 20- Viking Photos due to LaVonne Wier

June 20- Viking Photos due to LaVonne Wier

June 30- SN District 5 NLF Project Grants Cycle 2 application deadline **June 30**; Grants awarded by mid-July

July 13-26- Masse Moro- Youth Heritage Camp in Fall Creek, WI

July 20- Viking Photos due to LaVonne Wier

August 20- Viking Photos due to LaVonne Wier

September 20- Viking Photos due to LaVonne Wier

October 3-5- Adult Camp Heritage Weekend in Norway, IL

October 20- Viking Photos due to LaVonne Wier

November 20- Viking Photos due to LaVonne Wier

December 20- Viking Photos due to LaVonne Wier

December 31- SN District 5 NLF Project Grants Cycle 1 application deadline **December 31** ; Grants awarded by mid-January

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- **Foundation, Scholarships & Grants- Amy Tuchenhausen**
foundation@sofn.com, atuchenhausen@sofn.com, (612) 821-4655
- **Fraternal & Membership- Connie O'Brien and Kirsten Lehman**
fraternal@sofn.com, (612) 821-4643
- **Culture, Viking & Language: Jana Velo**
jvelo@sofn.com
- **Insurance Sales:**
SonsofNorwaySales@sofn.com, (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.

- The 800 number to call in for member support is 800-945-8851

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.