

# Sons of Norway District 5 - Friendly Fifth Friday News

## April 17, 2026

### A District Weekly Newsletter to Keep Us Up to Date!

-----

2

#### Examples of Books Completed

Blackout by Ragnar Jonasson  
Nansen by Roland Huntford  
Death Deserved by Jon Lier Horst & Thomas Enger  
Night Falls on Norway by CW Browning  
The White Lioness by Henning Mankell  
Giants in the Earth by O. E. Rolvaag  
Ice Princess by Camilla Lackberg  
White Shadow by Roy Jacobsen  
Forty Days Without Shadow: An Arctic Thriller by Olivier Truc  
River Kings: A New History of the Vikings by Cat Jarman  
Silent Patriot by Astrid Karlsen Scott  
The Axe by Sigrid Undset  
The Last Viking: The Life of Roald Amundsen by Stephen Bowen

#### Monetary Donations

accepted by this non-profit organization

Make check payable to "Sons of Norway Book Club".

Mail to: Sons of Norway Book Club  
 Treasurer, P.O. Box 3168, West Chester, PA 19381.



### Sons of Norway Book Club for all members of Sons of Norway



Who We Are

What We Offer

Why You Should Join



*"A room without books is like a body without a soul."*

-Cicero

#### Who We Are

#### Sons of Norway

Sons of Norway was organized as a fraternal benefit society by 18 Norwegian immigrants in Minneapolis, Minnesota, on January 16, 1895.

#### Sons of Norway Book Club

The Sons of Norway Book Club was founded in 2018 and has expanded to include all Sons of Norway members in all Sons of Norway Districts.



#### Sons of Norway Book Club Mission Statement

*The mission of the Sons of Norway Book Club is to promote understanding and knowledge of Norwegian culture, heritage, and history through reading and discussing non-fiction and fiction books about the people and life-ways of Norway and its Nordic neighbors.*

#### What We Offer

The Sons of Norway Book Club offers a lot to do. There is something for everyone.

#### Book Club activities:

- Monthly meetings (on Zoom) for Sons of Norway members on the last Thursday of each month and the last Saturday of the month.
- Monday Evening Author Talks (Zoom) on the second Monday of various months.
- A newsletter for updates.
- A chance to meet and interact with other Sons of Norway members.
- The opportunity to complete the Sons of Norway Literature Cultural Skills Medal.
- Children's and Teen's book clubs (coming/in planning stage).
- Online writing classes (coming/in planning stage).

Reading is good for your health!

**God lesing!**  
(Happy Reading!)

#### Why You Should Join

The Sons of Norway is open to all Sons of Norway members of any background or ethnicity. All you need is a love of reading and a desire to explore Norwegian culture and its rich literary history.

The Sons of Norway Book Club connects you to your Norwegian heritage and provides opportunities to learn about Norway, its history, culture and people through reading.



To learn more about the Sons of Norway Book Club or to join, send an email to [SonsofNorwayBookClub@gmail.com](mailto:SonsofNorwayBookClub@gmail.com).

If you want to join the Sons of Norway Book Club, please include your lodge name and District number in your email. [SonsofNorwayBookClub@gmail.com](mailto:SonsofNorwayBookClub@gmail.com).

Local lodge information:

# Sons of Norway Book Club

## Reading Schedule

May 2026 - May 2027

Meetings: On the last Monday of each month at 6:30 PM Pacific time and  
the last Thursday of each month at 8:00 PM Eastern time

Page 1

---

	<b>Mystery Selection</b>	<b>Main Title Selection</b>
May 2026	<b>The Bell in the Lake</b> by Lars Mytting (The Sister Bells Trilogy #1)	<b>The Burnt-out Town of Miracles</b> by Roy Jacobsen
June 2026	<b>The Ice Beneath Her</b> by Camilla Grebe <b>Viking World</b> (Hanne Wilhelmsen #9)	<b>Valkyrie:</b> <b>the Women of the</b> by Johanna Katrin Fridriksdottir
July 2026	<b>The Girl in the Woods</b> by Camilla Lackberg (Patrik Hedstrom #10)	<b>The Birds</b> by Terjei Vesaas
Aug. 2026	<b>Odd Numbers</b> by Anne Holt <b>Beginning to End</b> (Hanne Wilhelmsen #9)	<b>The Swedish Empire: A History</b> <b>from</b> by Hourly History
Sep. 2026	<b>Voices</b> by Arnaldur Indridason (Reykjavik Murder Mysteries #3)	<b>Norway to America: A History</b> <b>of the Migration</b> Ingrid Semmingsen
Oct. 2026	<b>We Shall Inherit the Wind</b> by Gunnar Staalesen (Varg Veum #1)	<b>Return to the Future:</b> <b>An Escape to the Future</b> by Sigrid Undset
Nov. 2026	<b>Cinderella Girl</b> H.A. Foss	<b>Norwegian Wood</b> by <a href="#">Lars</a> Mytting
Dec. 2026	<b>The Girl Without Skin</b> by Mads Peder Nordbo (Matthew Cave #1)	<b>The Troll with No Heart in His</b> <b>Body and Other Tales of</b> <b>Trolls from Norway</b>

---

# Sons of Norway Book Club

## Reading Schedule

May 2026 - May 2027

Meetings: On the last Monday of each month at 6:30 PM Pacific time and  
the last Thursday of each month at 8:00 PM Eastern time

Page 2

---

	<b>Mystery Selection</b>	<b>Main Title Selection</b>
Jan. 2027	<b>Into Thin Air</b> by Orjan Karlsson	<b>The Last Viking: The True Story of King Harald Hadrada</b> by Don Hollway
Feb. 2027	<b>The Reindeer Hunters</b> by <a href="#">Lars</a> Mytting	<b>Northern Lights: The Positive Policy Example of Sweden, Finland, Denmark &amp; Norway</b> by Andrew Scott
Mar. 2027	<b>The Ice Star</b> (Greenland Trilogy, #1)	<b>Leaf-Huts and Snow-Houses</b> by Olav Hauge
Apr. 2027	<b>The Witch Hunter</b> by Max Seeck	<b>Norwegian Rose Painting: in America</b> by Nils Ellingsgard
May 2027	<b>The Girl with Ice in Her Veins</b> by Karin Smirnoff (Lisbeth Salander #8)	<b>The Man Who Left Too Soon: The Life and Works of Stieg Larsson</b> by Barry Forshaw

---

Zoom links for all book club meetings will be announced/emailed  
a month prior to their respective meetings.

**To join the Sons of Norway Book Club or put your name on our email list,  
please send your name, lodge name and District/Lodge number to**  
[\*\*SonsOfNorwayBookClub@gmail.com\*\*](mailto:SonsOfNorwayBookClub@gmail.com)

## It's that time again- Viking Photo Submission!



Got to wear my white shoes on Sunday. Yes, the old custom is to not wear white shoes until Easter. Even wore my Easter bonnet. It's about 4 inches across, has a barrette to attach it to my hair, and it fits every year! I usually wear something purple on Easter Sunday.

ANYWAY, it's time for me to look for photos from the lodges arriving in my inbox. Did your lodge have a special event or fun activity? Shoot the photos from them to me. I will send some to the Viking for consideration in a future edition. They can go in the Happenings on the website, and they will for sure be included on the D5 website for all to see and enjoy.

If you are still not confident about the Photo Submission Form, let me assure you, it really isn't that difficult. It IS necessary so the people at SON know who, what, etc. Have you ever picked up a photo album of a family you don't know? Not much fun to look at the pictures when you have no idea who the people are or what they are doing. The Photo Submission Form has a purpose, so please, give it a try! Send it with your photo in the same e-mail.

Please send your photos to me at this email by the 20th. I'm watching my mailbox for them!

The tulips are up, and the lilacs are budding. It's a great time of year when spring arrives. Have a delightful spring watching the plants and trees wake up after their long sleep. Enjoy!

Here's the Photo Submission Form-

[https://sonsofnorway5.com/library/original/docman/NewPhoto-submission-202159946\\_1.pdf](https://sonsofnorway5.com/library/original/docman/NewPhoto-submission-202159946_1.pdf)

LaVonne Wier

D5 Publicity Director

# Sons of Norway District 5 Convention 2026

## August 2-6, 2026 Stoughton, WI

### Registration Information and Details!

#### What registration form do you use?

- If you are a delegate from your lodge or a District 5 Board member, use the **Delegate Registration Form**
- If you are not a delegate but are a SN member, a spouse or family member, or others interested in attending the convention events, use the **Non-Delegate Form**.
- If you are a SN Mandt Lodge member who is volunteering at the convention and also want to attend parts of the convention, use the **Mandt Lodge Registration Form**.

#### Meals at the convention

- Delegate fees include the Wednesday and Thursday lunch at the SASD.
- Others can attend the Wednesday and Thursday delegate meals but need to register for them by July 1.
  - Wednesday- Brunch with fresh fruit, variety of quiches, 7-layer salad, au gratin potatoes with ham, and bakery items for \$17.
  - Thursday- Specialty sandwich trays with TAB (turkey, apple, bacon) on cracked wheat and Italian bread, Chicken croissant, Italian sandwiches on Italian and Cracked Wheat bread, and supreme veggie sandwiches on Tomato Basil Wraps and Cracked wheat, cabbage salad, potato salad, rotini salad for \$14. Note: Gluten free bread is available as an alternative to lettuce wraps.
- The Tuesday lunch at Sons of Norway is a closed luncheon for only the District 5 Board and spouses, District convention committees and their spouses, and SN Mandt volunteers who are helping at the lodge that day.
- Tuesday- the American Legion is offering a pulled pork, potato salad, carrots and dip, potato chips, cookie, and water/lemonade or coffee for \$10. If you are attending the Hardanger Class or going to any of the afternoon workshops, this is an option for you. No registration needed for the meal.
- Wednesday banquet at the VFW- Baked cod and roast beef, coleslaw, macaroni salad, baked potatoes, corn, baked beans, and Berries on a Cloud dessert for \$30.
- All meal reservations must be made by July 1.
- If you have dietary restrictions or prefer a vegetarian option, please note that on the registration form so we can work with the providers.

#### Classes the convention is offering

See separate file on class offerings. Rosemaling, woodcarving (at SN), and Hardanger classes register on the convention registration forms. Classes at Grand Inspired, Innovation Center Stoughton, and Spry Whimsy will use their direct links as they are handling their own registrations.

## Convention Pins and t-shirts



Pins- Should be available in May if you want them before the convention, can be delivered via a board member or other means, or picked up at the convention. Cost is \$5/pin.

T-shirts- Must be preordered and pick up will be at the convention. A very limited number of extras will be available for sale at the convention. The cost is \$20/shirt. Sizes: S, M, L, XL, 2X, and 3X.

## Day on the Prairie

Two options for a Day on the Prairie which is a day full of experiences on the Koshkonong Prairie.

1. **Bus Option**- Up to 54 people taking a coach bus for a guided tour with off the bus stops at West Koshkonong Lutheran Church, East Koshkonong Lutheran Church, Rockdale Beer Cellar, Cambridge Historic School Museum, and St. Paul's Liberty Church and drive-by many more historic places. The \$75 registration fee includes the bus, water on the bus, lunch at East Koshkonong, dinner at St Paul's Liberty Church, and a presentation by Dana Kelly on *The Norwegian-American Legacy in Wisconsin*: Descendants of Norwegian immigrants make up a relatively small percentage of Wisconsin's population. However, their impact can not be overstated. Join us to discover the history of Norwegian Americans in Wisconsin.
2. **Drive on your own**- We will provide a map and narrative of the stops we are going to but you will be on your own for them. If you are at a stop when the bus is there, you are welcome to join us. If you want lunch or supper, you must sign up for the meals by July 1. This option allows you to take a class in the morning or getting to Stoughton a bit later on Monday.

## **Meals for Day on the Prairie**

- Lunch – 11:30 AM at East Koshkonong Lutheran Church- \$10/person- This will consist of a sandwich, fruit cup, chips, pickles, and dessert. We will provide coffee and water.
- Supper- 4:30 PM at St. Paul's Liberty Prairie Church- \$20/person- Chicken Tetrazini, salad, bread and dessert with coffee, lemonade and water.
- Meal prices are part of the Bus Trip package. If others want to eat who are driving on their own, meals must be ordered by July 1.

## **Farm Tours for Sunday, August 2**

1:00 PM	Furseth Farms- 2157 County A, Stoughton	Farm tour- crop operation	Visit farm shop, grain storage, and equipment area
2:15 PM	Furseth Farms-1114 Starr School Road, Stoughton	Farm tour- dairy operation	It is milking time! The dairy set up with cows and calves!
3:30-5:00 PM	Fevolden Farms- 2454 E. Gaston Rd, Cottage Grove	Tour of studio and weaving demonstrations	Will also have items for sale- cash, check or credit card.

**Furseth Farms-** The grain operation encompasses 3,500 acres. We are into vertical integration, meaning we control the crop from seed to market. We have 775,000 bushels of grain storage and we are drying and processing the grain on our farm. You will see our farm shop along with a short video and the opportunity to see our grain complex. An additional 155 acres of alfalfa are used to support the dairy operation where 180 cows are milked 3 times a day (6am, 2pm, and 10pm) in a double 8 parallel milking parlor. We are proud of our Norwegian roots.

### **Fevolden Farms-**

Plan now to attend an open house with Tom & Ginny Olson at Fevolden Farm Alpaca Products in Cottage Grove, WI on Sunday August 2, 2026 from 3:30 – 5:00 pm. See displays of alpaca fiber from their herd in various stages of processing from raw fleece to finished goods. Ginny will explain how she sets up one of the many looms for weaving that will be on display in her studio. Learn how the Viking Twill pattern came about and see examples of her handiwork. Tom will demonstrate some of the other equipment they work with. The Olsons co-own a small herd of alpacas and manage the fiber end of the business. Alpaca clothing from head to toe are available for sale year-round at their studio in Cottage Grove, a shop in Black River Falls and on-line. They specialize in socks, carrying over 50 different socks including compression, loose top and traditional in lengths from ankle to knee socks. For those interested, alpaca clothing and gifts will be available for sale during the open house event. Fevolden Farm Alpaca Products, 2454 E. Gaston Rd, Cottage Grove, WI 53527 608-839-4610

### **Foundation Fun Night**

Tuesday night at Sons of Norway- Mandt Lodge will be presentations on the Sons of Norway Foundation and the Sons of Norway District 5 Nordic Legacy Foundation (SN D5 NLF). Then we will have some fun raising money as we play bingo, board games, Heads n Tails (benefitting Masse Moro), and socializing! Proceeds will be divided between the SN Foundation and SN D5 NLF.

### **Hotels**

The hotel block is through the **Tru Hilton in Stoughton**. If we fill their hotel, we have a convention rate at their partner hotels in Madison. Rooms must be booked by July 4.

- **Tru Hilton in Stoughton-** \$125/night for Sunday through Thursday. All rates are net, non-commissionable, and do not include any applicable taxes unless otherwise noted and agreed upon. **Booking Link:** [Sons of Norway-Tru by Hilton Stoughton](#).

- Courtyard East in Madison- \$125/night for Sunday through Thursday. All rates are net, non-commissionable, and do not include any applicable taxes unless otherwise noted and agreed upon. [Book your group rate for Sons of Norway](#)
- Fairfield Inn & Suites- Madison East- \$125/night for Sunday through Thursday. All rates are net, non-commissionable, and do not include any applicable taxes unless otherwise noted and agreed upon. [Book your group rate for Sons of Norway](#)
- Hampton Inn Madison East- \$125/night for Sunday through Thursday. All rates are net, non-commissionable, and do not include any applicable taxes unless otherwise noted and agreed upon. Here is the booking link for **Hampton Inn Madison East**:  
[Sons of Norway](#) The group code is NOR.

## **Our area has other options for lodging (not a block- on your own)!**

Quality Inn and Suites (in Stoughton)- <https://www.choicehotels.com/wisconsin/stoughton/quality-inn-hotels/wi075>

Air BnB's- we have a number of properties in the area- <https://www.airbnb.com/>

Sleep Inn and Suites- Oregon, WI (8 miles away)-  
<https://www.choicehotels.com/wisconsin/oregon/sleep-inn-hotels/wi288>

Comfort Inn and Suites- Monona- (12 miles away)  
<https://www.choicehotels.com/wisconsin/madison/comfort-inn-hotels/wi205>

Quality Inn- Edgerton (Newville – 13 miles) - <https://www.choicehotels.com/wisconsin/edgerton/quality-inn-hotels/wi072>

New Bed and Breakfast opening this summer- (3 blocks from the meetings)- The Goose Crown Inn-  
[thegoosecrowninn.com](http://thegoosecrowninn.com)

### **President's Reception- Sunday, August 2 at 5-9 PM**

Join President Cheryl Wille-Schlesser for an evening of fun at the Arneson farm. Address: 2056 Skaalen Road, Stoughton. We will be playing kubb, games, and have other activities for you to do. There will be light appetizers, beverages and a chance to socialize, meet new friends and see friends you've met before. No reservations needed!

### **Workshops- Tuesday, August 3 at the American Legion- 803 North Page St, Stoughton**

The American Legion is offering a pulled pork, potato salad, carrots and dip, potato chips, cookie, and water/lemonade or coffee for \$10. If you are attending the Hardanger Class or going to any of the afternoon workshops, this is an option for you. No registration needed for the meal.

## **Workshops**

**12:15-** Those darn SN required reports!- District Secretary Darlene Arneson will review the reports that lodges are asked or required to submit. They include D63 Officer Election, D17 Audit, 990 IRS form, Lodge Achievement/Family Lodge of the Year, AFA Volunteer Hour reporting and others that come up!

**1:00-** SN Foundation Grant Writing- Amy Tuchenhausen- Will cover how to submit grant applications to the SN Foundation and what criteria they are judged on.

**1:50-** District 5 Roundtable- Your questions and needs! District SN Board members and leaders will ask and answer questions that lodges have. Sharing of how lodges address membership, publicity, officer elections and other topics will likely be covered!

**2:30-** Youth Activities and Masse Moro- Highlighting our District 5 Youth Heritage Camp, how to promote camp, volunteer and staff needs, and other details related to Masse Moro. Also discussion of what lodges do for youth activities and attracting families.

**3:10-** Dana Kelly and NAGC & NL- The Norwegian American Genealogical Center is the premier genealogical organization for Norwegian and Norwegian-American genealogy. Join Executive Director Dana Kelly to learn about resources available at the center as well as some common pitfalls to avoid when embarking on your Norwegian genealogy journey.

**4:10-** James Nelson on Yukon Relief Expedition- A Journal of the Yukon Relief Expedition of 1898

On February 4, 1898, the steamship *Manitoban* sailed from Alta, Norway, bound for New York City, with 48 Sami reindeer herders and their families, 20 Norwegian men and 538 reindeer. They were headed for Alaska territory, at the behest of the US government and Sheldon Jackson, the US General Agent of Education for Alaska. Their initial goal was to use the reindeer to help starving miners trapped in the mountains between Yukon territory and Alaska. America's transportation and communication networks were still developing, and in Alaska they were primitive and unreliable. Unpredictable events changed the expedition's goals several times, bringing people and reindeer into precarious and dangerous situations. Carl Johan Sakariassen, a young Finnish Norwegian member, kept a daily journal of the expedition's progress from start to demise, and continued his journal as he and other young men followed "gold rush fever" to the Nome gold rush. Carl Johan's descriptions of his experiences and impressions are memorable and often exciting.

## **Sons of Norway-District 5 Convention Schedule of Events** (April 10, 2026 update)

### **Sunday, August 2**

<b>Time</b>	<b>Location</b>	<b>Event</b>	<b>Details</b>
9:00 AM	Schusters Round Barn- 1326 Hwy 12 & 18, Deerfield	St. Paul's Liberty Prairie Communion Worship- 175 <sup>th</sup> anniversary	9 AM worship and food trucks there at 10 AM

12:00 – 2:00 PM	Sons of Norway- 317 South Page St., Stoughton	Convention registration	Also offered at other times!
1:00 PM	Furseth Farms- 2157 County A, Stoughton	Farm tour- crop operation	Visit farm shop, grain storage, and equipment area
2:15 PM	Furseth Farms-1114 Starr School Road, Stoughton	Farm tour- dairy operation	It is milking time! The dairy set up with cows and calves!
3:30-5:00 PM	Fevolden Farms- 2454 E. Gaston Rd, Cottage Grove	Tour of studio and weaving demonstrations	Will also have items for sale- cash, check or credit card.
5:00 PM – 9:00 PM	Arneson Farm- 2056 Skaalen Road, Stoughton	President's Reception	Social time, kubb, yard games, light refreshments, and social time

## Monday, August 3

Time	Location	Event	Details
8:00 – 9:00 AM	Sons of Norway- 317 South Page St., Stoughton-downstairs	Convention registration	Also offered at other times!
9 AM- 6:30 PM	Day on the Prairie	See detailed schedule	Bus group and some driving on their own.
9 AM- 1:00 PM	Sons of Norway- 317 South Page St, Stoughton-downstairs	Rosemaling class with Nancy Odalen	Register on convention registration forms
9:00 AM- 1:00 PM	Sons of Norway- 317 South Page St, Stoughton-upstairs	Carving class with Roger Odalen	Register on convention registration forms
9:00 – 4:00 PM	Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison	Appointments are recommended and can be made by phone (608-255-2224) or email ( <a href="mailto:genealogy@nagcni.org">genealogy@nagcni.org</a> ).	
6:30-8:00 PM	Sons of Norway- 317 South Page St, Stoughton	Setting up Cultural Arts Display on the stage	Register on convention registration forms
6:30- 8:00 PM	Sons of Norway- 317 South Page St., Stoughton	Convention registration	Also offered at other times!

## Tuesday, August 4

Time	Location	Event	Details
------	----------	-------	---------

8:00 AM- 7:00 PM	Sons of Norway- 317 South Page St., Stoughton	Convention registration	Also offered at other times!
9 AM – 12 noon	American Legion- 803 North Page St, Stoughton	Hardanger Class and product sales	Check it out for your Hardanger supply needs!
9:00 AM- 11:00 AM	Spry Whimsy Fiber Arts, 168 W Main St, Stoughton	Wet Felted Flowers	Register for the class using the link on the information.
9:00 AM- 11:30 AM	Sons of Norway- 317 South Page St, Stoughton	District 5 Board Meeting	
9:00 AM – 12 noon	Innovation Center Stoughton, 421 W. Main Street, Stoughton	D5 Laser Engraved Rolling Pin Class	Register for the class using the link on the information.
9:00 – 4:00 PM	Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison	Appointments are recommended and can be made by phone (608-255-2224) or email ( <a href="mailto:genealogy@nagcni.org">genealogy@nagcni.org</a> ).	
9:30 AM-12:00 PM and 12:30 PM-5:00 PM	Livsreise- 277 West Main Street, Stoughton	Livsreise includes interpretations of the journey from Norway, features the cultural heritage brought to Stoughton and shares stories of individual immigrants.	
10am – 4:00 PM with a break for lunch	Grand Inspired, 501 E Main St, Stoughton	Hnefatafl (Viking Chess) Board & Players	Register for the class using the link on the information.
11:45 AM	Sons of Norway- 317 South Page St, Stoughton	Invited luncheon for District 5 Board, convention committee, and convention volunteers	
12 Noon- 4:00 PM	Grand Inspired, 501 E Main St, Stoughton	Spoon Carving	Register for the class using the link on the information.
1:00 PM	Sons of Norway- 317 South Page St, Stoughton	Convention Committees	Meeting if needed- most do virtual meetings prior to the convention
12:15 – 5:00	American Legion- 803 North Page St, Stoughton	Workshops and presentations in 25-minute or 50-minute increments. We are finalizing the details on the sessions.	12:15- Those darn SN required reports! 1:00- SN Foundation Grant Writing- Amy Tuchenhagen

		Legion is offering lunch to those interested.	1:50- District 5 Roundtable- Your questions and needs! 2:30- Youth Activities and Masse Moro 3:10- Dana Kelly and NAGC & NL 4:10- James Nelson on Yukon Relief Expedition
1:00 PM – 3:00 PM	Spry Whimsy Fiber Arts, 168 W Main St, Stoughton	Wet Felted Flowers	Register for the class using the link on the information.
1:00 PM – 4:00 PM	Stoughton Historical Society Museum, 324 S. Page Street	Free-will donation to visit Stoughton's museum. Right across from Sons of Norway!	
1:00 PM – 4:00 PM	Innovation Center Stoughton, 421 W. Main Street, Stoughton	D5 Nordic Cookie Stamp Workshop	Register for the class using the link on the information.
5:00 PM – 6:30 PM	Stoughton restaurants	Supper on your own	
6:30 – 9:30 PM	Sons of Norway- 317 South Page St, Stoughton	Foundation Fun Night	Bingo, interactive games, socializing, SN Foundation and SN D5 NLF Presentations

## Wednesday, August 5

Time	Location	Event	Details
8:00 – 9:30 AM	SASD Administration Building-320 North St, Stoughton	Registration and setting up silent auction, banners, and newsletter displays	New location for registration!
9:00 – 4:00 PM	Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison	Appointments are recommended and can be made by phone (608-255-2224) or email ( <a href="mailto:genealogy@nagcnl.org">genealogy@nagcnl.org</a> ).	
9:30 AM- 4:00 PM	SASD Administration Building-320 North St, Stoughton	District 5 Lodge Meeting	Opening Ceremonies and start of meeting
9:00 AM- 11:00 AM	Spry Whimsy Fiber Arts, 168 W Main St, Stoughton	Wet Felted Soaps	Register for the class using the link on the information.

9:00 AM- 1:00 PM	Sons of Norway- 317 South Page St, Stoughton	Rosemaling class with Nancy Odalen	Register on convention registration forms
9 AM- 12 Noon	Innovation Center Stoughton, 421 W. Main Street, Stoughton	Nordic Cookie Stamp Workshop	Register for the class using the link on the information.
9:30 AM-12:00 PM and 12:30 PM-5:00 PM	Livsreise- 277 West Main Street, Stoughton	Livsreise includes interpretations of the journey from Norway, features the cultural heritage brought to Stoughton and shares stories of individual immigrants.	
9:00 AM – 4:30 PM	Sons of Norway- 317 South Page St, Stoughton	Cultural Arts Display on the stage. Time to socialize and network! Watch videos.	
11:30- 12:30	SASD Administration Building-320 North St, Stoughton	Lunch for delegates and those paying for the lunch	
1:00 PM – 3:00 PM	Spry Whimsy Fiber Arts, 168 W Main St, Stoughton	Yarn Spinning Demonstrations	Register for the class using the link on the information.
1:00 PM – 4:00 PM	Stoughton Historical Society Museum, 324 S. Page Street	Free-will donation to visit Stoughton’s museum. Right across from Sons of Norway!	
1:00 PM- 4:00 PM	Innovation Center Stoughton, 421 W. Main Street, Stoughton	Laser Engraved Rolling Pin Class	Register for the class using the link on the information.
5:30 PM	VFW- 200 Veterans Rd, Stoughton	Banquet	5:00 PM Social Hour 6:00 PM Dinner  Program: Stoughton High School Norwegian Dancer Presentation, Installation of new D5 Board, and awards.

## Thursday, August 6

Time	Location	Event	Details
------	----------	-------	---------

8:30 AM	SASD Administration Building-320 North St, Stoughton	Registration for any changes	
9:00 AM- until business is done in the afternoon!	SASD Administration Building-320 North St, Stoughton	District 5 Lodge Meeting	
9:00 – 4:00 PM	Norwegian American Genealogy Center & Naeseth Library, 415 W. Main St., Madison	Appointments are recommended and can be made by phone (608-255-2224) or email ( <a href="mailto:genealogy@nagcni.org">genealogy@nagcni.org</a> ).	
9 AM- 1 PM	Innovation Center Stoughton, 421 W. Main Street, Stoughton	Laser Cut Rubber Stamp Class	Register for the class using the link on the information.
9:00 AM- 1:30 PM	Sons of Norway, 317 South Page St., Stoughton	Time to visit Cultural Art Displays, watch videos, and pick up entries between 12:00- 1:30 PM.	
9:30 AM-12:00 PM and 12:30 PM-5:00 PM	Livsreise- 277 West Main Street, Stoughton	Livsreise includes interpretations of the journey from Norway, features the cultural heritage brought to Stoughton and shares stories of individual immigrants.	
10:00 -10:30 AM	SASD Administration Building-320 North St, Stoughton	Coffee Break and Silent Auction ends at 10:30 AM	
10 AM – 11:30 AM	Spry Whimsy Fiber Arts, 168 W Main St, Stoughton	Tatting Demonstration	Register for the class using the link on the information.
11:30 AM-12:30 PM	SASD Administration Building-320 North St, Stoughton	Lunch for delegates and those paying. Pick up silent auction items.	Resume meeting after 12:30 PM.
After Business Meeting Adjourns	Sons of Norway- 317 South Page St, Stoughton	Reorganization Meeting of the District 5 Board	

## Sons of Norway 2026 Convention Classes

Innovation Center Stoughton Classes: (register via this link- <https://www.innovationcenterstoughton.org/workshops> - not on the convention registration form)

421 E. Main Street, Stoughton, WI 53589

<https://www.innovationcenterstoughton.org/>

**August 4, 2026, Sons of Norway D5 Laser Engraved Rolling Pin Class, 9 AM to Noon. Fee: \$35**



In this workshop, you will create a custom laser-engraved rolling pin which you can use to emboss homemade cookies. Feel free to bring digital or hand drawn ideas of your own.

Depending on the size of the class, participants may be asked to return to ICS to pick up their rolling pin. Class size of 10 max.

Programs: Adobe Illustrator Machines: Laser Cutter (Epilog Laser Helix 24 C02) Watch this video for a sneak preview: [Laser Engraved Rolling Pin](#)

**August 4, 2026, Sons of Norway D5 Nordic Cookie Stamp Workshop,**

**1 to 4 PM. Fee: \$10**



Did you know that stamped cookies originated in the 14th century? They were popular with German, Dutch and Scandinavian bakers that would use carved wood or clay stamps to press

into the dough. Our workshop will teach you how to personalize your own stamp for cookies using Adobe Illustrator to design and the Epilog Laser to engrave. **Feel free to bring digital or hand drawn ideas of your own.**

Watch the video to see how the Nordic Kitchen uses stamps on their cookies. You will create a wooden stamp with a handle in our workshop. [Rycroft Stamps](https://www.youtube.com/watch?v=VjUUvXRq0Dk)

<https://www.youtube.com/watch?v=VjUUvXRq0Dk>



**August 5, 2026, Sons of Norway D5  
Nordic Cookie Stamp Workshop,  
9 AM-Noon. Fee: \$10**

Did you know that stamped cookies originated in the 14th century? They were popular with

German, Dutch and Scandinavian bakers that would use carved wood or clay stamps to press into the dough. Our workshop will teach you how to personalize your own stamp for cookies using Adobe Illustrator to design and the Epilog Laser to engrave. **Feel free to bring digital or hand drawn ideas of your own.**

Watch the video to see how the Nordic Kitchen uses stamps on their cookies. You will create a wooden stamp with a handle in our workshop.

<https://www.youtube.com/watch?v=VjUUvXRq0Dk>

[Rycroft Stamps](https://www.youtube.com/watch?v=VjUUvXRq0Dk)

**August 5, 2026, Sons of Norway D5 Laser Engraved Rolling Pin Class, 1 to 4 PM  
Fee: \$35**



In this workshop, you will create a custom laser-engraved rolling pin which you can use to emboss homemade cookies. Feel free to bring digital or hand drawn ideas of your own.

Depending on the size of the class, participants may be asked to return to ICS to pick up their rolling pin. Class size of 10 max.

Programs: Adobe Illustrator Machines: Laser Cutter (Epilog Laser Helix 24 C02) Watch this video for a sneak preview: [Laser Engraved Rolling Pin](https://www.youtube.com/watch?v=VjUUvXRq0Dk)

## August 6, 2025, Sons of Norway D5 Laser Cut Rubber Stamp Class,

9 AM to 11 AM Fee: \$5



Customize a rubber stamp, secured to a block of wood. Whether you are a scrapbooker, want to personalize stationery or place your mark on the back of your art, these customized stamps are fun and easy to make. **Feel free to bring digital or hand drawn ideas of your own.**

**Programs:** Adobe Illustrator **Machines:** Laser Cutter (Epilog Laser Helix 24 CO2)

---

## **Grand Inspired-** <https://grandinspired.com/>

Grand Inspired Gallery & Makerspace

501 E Main St., Stoughton, WI

**(register via this links - not on the convention registration form)**

## **Spoon Carving-** <https://grandinspired.com/shop/woodworking-class/spoon-carving-class/>

Tuesday, August 4th: Noon – 4pm

\$75.00

Learn the art of hand-carving a wooden spoon in this beginner-friendly workshop. All tools and materials provided — create a functional, food-safe utensil and leave with a handmade piece you'll be proud to use or gift.

Discover the relaxing and rewarding art of hand-carving your own wooden spoon in this beginner-friendly workshop. In this class, participants will learn traditional spoon-carving techniques using simple hand tools to transform a small block of wood into a functional and beautiful kitchen utensil.

You'll be guided step-by-step through the entire process — from choosing the grain direction and sketching your design, to rough shaping, hollowing the bowl, refining the handle, and finishing the surface for food-safe use. Along the way, you'll learn safe knife and gouge handling and tips that make carving smoother and more enjoyable.

No prior carving experience is needed. This class focuses on creativity, patience, and the satisfaction of making something entirely by hand. Each participant will leave with a completed spoon (or close to it), the knowledge to continue carving at home, and an appreciation for the craftsmanship behind handmade wooden utensils.

Suitable for ages 16+

\$75 includes all materials, tools, and instruction to make a practice spreader and one spoon.

**Hnefatafl- <https://grandinspired.com/shop/woodworking-class/hnefatafl-board-players/>**

Tuesday, August 4th. 10am – 4pm with a break for lunch

\$120 includes all materials & instruction

**Hnefatafl**, also known as **The Viking Game**, **The King's Table** or simply **Tafl**, is one of those two-player games where the opposing sides are not equal in number. There is a host of information on the Internet about **Hnefatafl**, including many rule variations that are worth experimenting with.



**Spry Whimsy Classes (register via this links- not on the convention registration form)**



Spry Whimsy  
FIBER ARTS

Spry Whimsy Fiber Arts welcomes you to Stoughton!

We are a local yarn shop with a large variety of selections.

We also have supplies for felting and spinning. Come check out our unique gifts that will give you a giggle.

We are thrilled to offer a 10% discount on purchases (excluding sale items and spinning wheels) to the Sons of Norway District 5 Convention visitors.



Wet Felted Flowers with Kim Overton

Tuesday August 4<sup>th</sup>, 9am-11am or 1pm-3pm

Learn to make a wet felted flower. Students will leave with two flowers each. Materials included.

\$30 per person [Register Here](#)



Wet Felted Soaps with Kim Overton

Wednesday August 5<sup>th</sup>, 9am-11am

Learn to decorate a hand-made bar of soap with wet felting. Students will go to Soap and Flame (store across the street) together at the beginning of class and purchase soap for the class (not included in class fee). Time is included for felting three bars of soap.

\$30 per person [Register Here](#)



Yarn Spinning Demonstration with Ingrid McMasters

August 5<sup>th</sup>, 1pm-3pm

no charge

Tatting Demonstration with Kerra Springgay

August 6<sup>th</sup>, 10am-11:30am

no charge

168 W Main Street  
Stoughton, WI  
608-239-0809  
[www.sprywhimsy.com](http://www.sprywhimsy.com)

**WE ARE OPEN 7 DAYS A WEEK!**

Monday, Tuesday, Thursday, Friday 10 - 6  
Wednesday 10 - 7  
Saturday 10 - 5, Sunday 12 - 4

## **Classes that you use the Convention Registration Forms for!**

### **Rosemaling – Christmas Ornament**

**Date:** Offered two times! Monday morning, August 3 and Wednesday morning, August 5

**Time:** 9AM-1PM - this is a 4-hour class

**Location:** Sons of Norway Lodge- Mandt – downstairs

**Level of Instruction:** This class will be geared towards beginning rosemaling students, but all levels of experience are well to join in the fun.

**This class will be taught in acrylic paint.**

**Who may attend:** ALL Rosemalers are welcome to join this class.

#### **Class size limited for Beginning Rosemalers 10-12**

Nancy Odalen, Vesterheim Gold Medalist (VGM) will be teaching this class. This will be an interesting, fun, and informative class that will provide you with an opportunity to try your hand at rosemaling an ornament.

#### **Class Fee \$25.00 per person**

The class fee will include the use of acrylic paint, brushes and other supplies as well as the design for the ornament. You will receive one (1) ornament that has already been backgrounded and is ready for you to add your special touch. If the student wishes to work on another ornament, then there will be an additional fee for these. The fee for each additional ornament will be \$5.00

Contact information: Nancy Odalen, 608-513-1837, Naodalen@charter.net

---

### **Wood Carving Class** – Traditional Scandinavian Flat Plane

**Date:** Monday August 3, 2026

**Time:** 9AM-1PM - this is a 4 hour class

**Location:** Sons of Norway Lodge- Mandt – upstairs.

**Level of Instruction:** This is a beginning wood carving class.

**Who may attend:** ALL carvers are welcome to join this class.

**Class size limited to 6-8 beginning carvers. Any number of experienced carvers are welcome.**

Roger Odalen will be teaching this class and has over 20 years of experience in figure carving.

#### **Beginning Carver: Class Fee \$25.00 per person**

The class fee will include the use of a carving knife, gloves, sharpening stones. Two pieces of wood for project are also included in the class fee.

If the student wishes more blank wood piece to work on, then there will be an additional fee for these.

**Experienced Carvers:** There is no class fee for experienced carvers that bring their own supplies, knives, gloves, etc. Come and join in in the conversation as we spend time talking about all things wood carving.

Wooden Blanks will be available for sale at the class.

This will be an interesting, fun, and informative class that will provide you with a foundation in the art of figure carving.

Contact information: Roger Odalen, 608-513-1838 [Rogerodalen@yahoo.com](mailto:Rogerodalen@yahoo.com)

### **Hardanger Class-**

Tuesday, August 4<sup>th</sup>, 2026 at the American Legion 9:00 a.m. to Noon

CLASS: Learn Hardanger Embroidery Basics

Taught by Donna Olson

INCLUDED:

Monogram Bookmark A,B,C Kit

Includes: Pattern, Instructions, Material, Thread, Needles

Cost of Class-Decide by SONS Committee

Instructor Fees & Kit: \$50

Contact for more information: [LindaBradleyTravel@att.net](mailto:LindaBradleyTravel@att.net)

**Note: Throughout the day (9:00 AM- 4:30 PM)-** Some of our Hardanger presenters will have finished Hardanger items and supplies for sale!

Sons of Norway District 5 Convention 2026  
 August 2-6, 2026, Stoughton, WI  
 Pin Order Form  
 Deadline: May 17, 2026



Support the District 5 Convention by purchasing these high-quality pins! Possible uses for convention pins:

- Have your lodge purchase them and have them available for members to buy at meetings and activities.
- Give to your delegates and any members submitting items for Cultural Arts Display, taking classes, or that sign up to be well-wishers!
- Use for door prizes at meetings and events.
- Give to your officers as a thank you gift and incorporate the theme into your lodge's activities.
- Give to your Heritage members.
- Send as a thank you gift to local businesses and encourage them to be advertisers in the convention booklet, sponsors of the convention, or a vendor at the convention!
- Present to your new members as they join your lodge.

Three options for getting pins to you:

1. We can mail you the pins and then you send in the check for the pins and the amount the postage is on the package. In this case, do not send money with your order. Just send one check once you receive your order.
2. Send in the form and payment and we will get the pins to you via a board member or some other way. This option will work if you live close to a board member and if you don't need the pins right away. Or pick up at the convention.
3. You can pick up the pins at the convention.

Item	Cost per item	# wanted	Total due
District 5 Convention Pin	\$5		

Option for getting pins and payment- check one

- Option 1- send me the pins and I will send a check for the pins and postage when they arrive.
- Option 2- I have enclosed payment for the pins and will get the pins via a board member or other ways . I am not in a rush to get the pins.
- Option 3- We will pick up the pins at the convention.

Send form to: Sons of Norway Mandt Lodge ATTN: Pin Order to 317 S Page St, Stoughton, WI 53589. Questions: calliejo06@gmail.com

Checks made to: Sons of Norway – Mandt Lodge

Name \_\_\_\_\_ Lodge \_\_\_\_\_

Cell number \_\_\_\_\_ Email \_\_\_\_\_

Send pins to: Street address (no PO Box Numbers) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

For office use only: Order received by \_\_\_\_\_ on \_\_\_\_\_ (date)

Order filled by \_\_\_\_\_ Sent on \_\_\_\_\_ . Payment received on \_\_\_\_\_



Sons of Norway District 5 Convention 2026  
 August 2-6, 2026, Stoughton, WI  
 Sponsor Form  
 Deadline: May 17, 2026



Booklet Ad Size	Price	#	Cost
Front inside, Back Inside, or Back outside Cover 5.5" x 8.5" with .125" bleed (circle preferred)	\$150		\$
Full Page Interior 5.25" x 8.25"	\$125		\$
Half Page : 5.25" x 4.125"	\$75		\$
Quarter Page (horizontal or vertical) 2.625" x 4.125"	\$35		\$
Well Wishes	\$2		\$
Total Ad			\$
Sponsorships	Price	#	Cost
All 4 levels includes signage to be displayed on the coffee table, recognition on the daily schedule and in the booklet			
MANGE TUSEN TAKK(many thousand thanks) Includes opportunity to speak to delegates and have signage in delegate hall	\$500+		\$
MANGE TAKK (MANY THANKS) Includes opportunity to have signage in delegate hall.	\$250		\$
PRESENTER/COFFEE BREAK	\$200		
TAKK (THANK YOU)	\$100		\$
Total Sponsorship		Total	\$

Name of Sponsor:\_\_\_\_\_

Name of Contact:\_\_\_\_\_

Phone:\_\_\_\_\_

Email:\_\_\_\_\_

When mailing your check, please include a copy of this form. Make checks payable to:

**SONS OF NORWAY – MANDT LODGE**

Send to: Sons of Norway - Mandt Lodge Attn: Jane Conner, 317 S Page St, Stoughton, WI 53589

If there are any questions or concerns, please contact Callie LaPoint at (952)380-7851 (call/text) or email [calliejo06@gmail.com](mailto:calliejo06@gmail.com) . Sponsor information should be submitted electronically in final format via email. If this is an issue, please contact Callie to make other arrangements.





Sons of Norway District 5 Convention 2026  
 August 2-6, 2026 Stoughton, WI  
 Deadline: July 1, 2026



### Delegate Registration Form- One Form Per Person Please

NAME:

ADDRESS:

PHONE:

EMAIL:

LODGE NAME/#:

Item	Cost	#	Amount
<b>Delegate Registration Fee:</b> (includes Wednesday & Thursday lunches, coffee breaks, and bag)	\$90		
<b>Monday:</b> A Day on the Prairie Tour with bus transportation and meals. Please indicate if you have any mobility issues as there will be walking.	\$75		
<b>Monday:</b> A Day on the Prairie Tour, self-guided* Lunch at East Koshkonong	\$10		
<b>Monday:</b> A Day on the Prairie Tour, self-guided* Supper at St. Paul's Liberty	\$20		
<b>Monday:</b> Rosemaling class with Nancy Odalen, VGM at Mandt Lodge	\$25		
<b>Monday:</b> Flat Plane Wood Carving with Roger Odalen at Mandt Lodge	\$25		
<b>Tuesday:</b> Hardanger Embroidery Class at American Legion	\$50		
<b>Wednesday Evening:</b> Convention Banquet Buffet includes Roast Beef, Baked Cod, Baked Potato, vegetables and salads.	\$30		
<b>Merchandise:</b> Convention Pins (indicate # of pins ordered)	\$5		
<b>Merchandise:</b> T-shirts (indicate qty of each size) _ S _ M _ L _ XL _ 2X _ 3X	\$20		
<b>Late Registration Fee</b> (if postmarked* if received after July 1)	\$20		
<b>Dietary Restrictions:</b> Please note any restrictions here:			
<b>Or if you prefer a vegetarian option:</b>			

When mailing your check, please include a copy of this form. Make checks payable to: SONS OF NORWAY – MANDT LODGE

Send to: Sons of Norway - Mandt Lodge Attn: Jane Conner, 317 S Page St, Stoughton, WI 53589

To help us plan, do you think you are attending any of the following events? Circle those you are considering attending!

Sunday- Furseth Grain Farm	Sunday- Furseth Dairy Farm	Sunday- Fevolden Alpaca Store
Sunday- President's Reception	Monday- Day on the Prairie-driving on your own for part/all	Tuesday- attending workshops in the afternoon
Tuesday – Foundation Fun Night		



Sons of Norway District 5 Convention 2026  
 August 2-6, 2026 Stoughton, WI  
 Deadline: July 1, 2026



**Non-Delegate Registration Form- One Form Per Person Please**

NAME:

ADDRESS:

PHONE:

EMAIL:

LODGE NAME/#:

Item	Cost	#	Amount
<b>Non-Delegate Registration Fee:</b> (includes coffee breaks, and bag)	\$20		
<b>Monday:</b> A Day on the Prairie Tour with bus transportation and meals. Please indicate if you have any mobility issues as there will be walking.	\$75		
<b>Monday:</b> A Day on the Prairie Tour, self-guided* Lunch at East Koshkonong	\$10		
<b>Monday:</b> A Day on the Prairie Tour, self-guided* Supper at St. Paul's Liberty	\$20		
<b>Monday:</b> Rosemaling class with Nancy Odalen, VGM at Mandt Lodge	\$25		
<b>Monday:</b> Flat Plane Wood Carving with Roger Odalen at Mandt Lodge	\$25		
<b>Tuesday:</b> Hardanger Embroidery Class at American Legion	\$50		
<b>Wednesday:</b> Rosemaling class with Nancy Odalen, VGM at Mandt Lodge	\$25		
<b>Wednesday:</b> Lunch with the delegates at the SASD Building	\$17		
<b>Wednesday Evening:</b> Convention Banquet Buffet includes Roast Beef, Baked Cod, Baked Potato, vegetables and salads.	\$30		
<b>Thursday:</b> Lunch with the delegates at the SASD Building	\$14		
<b>Merchandise:</b> Convention Pins (indicate # of pins ordered)	\$5		
<b>Merchandise:</b> T-shirts (indicate qty of each size) _ S _ M _ L _ XL _ 2X _ 3X	\$20		
<b>Late Registration Fee</b> (if postmarked* if received after July 1)	\$20		
<b>Dietary Restrictions:</b> Please note any restrictions here:			
<b>Or if you prefer a vegetarian option:</b>			

When mailing your check, please include a copy of this form. Make checks payable to: SONS OF NORWAY – MANDT LODGE

Send to: Sons of Norway - Mandt Lodge Attn: Jane Conner, 317 S Page St, Stoughton, WI 53589

To help us plan, do you think you are attending any of the following events? Circle those you are considering attending!

Sunday- Furseth Grain Farm	Sunday- Furseth Dairy Farm	Sunday- Fevolden Alpaca Store
Sunday- President's Reception	Monday- Day on the Prairie- driving on your own for part/all	Tuesday- attending workshops in the afternoon
Tuesday – Foundation Fun Night		



Sons of Norway District 5 Convention 2026  
 August 2-6, 2026 Stoughton, WI  
 Deadline: July 1, 2026



## Mandt Lodge Member/Volunteer Registration Form

One Form Per Person Please

This form is for Mandt Lodge members who are volunteering to help with the convention and we are waiving the registration fee in appreciation of your help and support!

NAME:

ADDRESS:

PHONE:

EMAIL:

LODGE NAME/#: Mandt 5-314

I am helping with:

Item	Cost	#	Amount
<b>Monday:</b> A Day on the Prairie Tour with bus transportation and meals. Please indicate if you have any mobility issues as there will be walking.	\$75		
<b>Monday:</b> A Day on the Prairie Tour, self-guided* Lunch at East Koshkonong	\$10		
<b>Monday:</b> A Day on the Prairie Tour, self-guided* Supper at St. Paul's Liberty	\$20		
<b>Monday:</b> Rosemaling class with Nancy Odalen, VGM at Mandt Lodge	\$25		
<b>Monday:</b> Flat Plane Wood Carving with Roger Odalen at Mandt Lodge	\$25		
<b>Tuesday:</b> Hardanger Embroidery Class at American Legion	\$50		
<b>Wednesday:</b> Rosemaling class with Nancy Odalen, VGM at Mandt Lodge	\$25		
<b>Wednesday:</b> Lunch with the delegates at the SASD Building	\$17		
<b>Wednesday Evening:</b> Convention Banquet Buffet includes Roast Beef, Baked Cod, Baked Potato, vegetables and salads.	\$30		
<b>Thursday:</b> Lunch with the delegates at the SASD Building	\$14		
<b>Merchandise:</b> Convention Pins (indicate # of pins ordered)	\$5		
<b>Merchandise:</b> T-shirts (indicate qty of each size) S M L XL 2X 3X	\$20		
<b>Late Registration Fee</b> (if postmarked* if received after July 1)	\$20		
<b>Dietary Restrictions:</b> Please note any restrictions here:			
<b>Or if you prefer a vegetarian option:</b>			

When mailing your check, please include a copy of this form. Make checks payable to: SONS OF NORWAY – MANDT LODGE. Send to: Sons of Norway - Mandt Lodge Attn: Jane Conner, 317 S Page St, Stoughton, WI 53589

To help us plan, do you think you are attending any of the following events? Circle those you are considering attending!

Sunday- Furseth Grain Farm	Sunday- Furseth Dairy Farm	Sunday- Fevolden Alpaca Store
Sunday- President's Reception	Monday- Day on the Prairie- driving on your own for part/all	Tuesday- attending workshops in the afternoon
Tuesday – Foundation Fun Night		

## 2026 Calendar

April 20- Viking Photo submissions due to LaVonne Wier

May 1, 2025 – May 1, 2026- Cultural Challenge

May 15- 990 IRS forms due; D-18 Audit Reports due for lodges that own property

May 17- Deadline for Masse Moro Local Lodge Supporting Funds (Matching Grants)

May 20- Viking Photo submissions due to LaVonne Wier

May 31- Submit Throwing Challenge Activities to Clara Solak

June 20- Viking Photo submissions due to LaVonne Wier

June 30- 2<sup>nd</sup> cycle deadline for D5 Nordic Legacy Foundation Cultural and Matching Grant applications

July 12-25- Masse Moro

July 20- Viking Photo submissions due to LaVonne Wier

August 2-6- District 5 Convention in Stoughton

November 1- Lodge Liability Insurance due

December 31- Lodge Officer Updates (D63) due

---

### Who to contact at the home office when you need help

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- **Foundation, Scholarships & Grants- Amy Tuchenhagen**  
[foundation@sofn.com](mailto:foundation@sofn.com), [atuchenhagen@sofn.com](mailto:atuchenhagen@sofn.com), (612) 821-4655
- **Fraternal & Membership- Connie O'Brien and Kirsten Lehman**  
[fraternal@sofn.com](mailto:fraternal@sofn.com), (612) 821-4643
- **Culture, Viking & Language: Jana Velo**  
[jvelo@sofn.com](mailto:jvelo@sofn.com)
- **Insurance Sales:**  
[SonsofNorwaySales@sofn.com](mailto:SonsofNorwaySales@sofn.com), (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).
- The 800 number to call in for member support is 800-945-8851

#### Note:

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

---

#### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**  
With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar. If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.