

# **Sons of Norway District 5 - Friendly Fifth Friday News**

## **April 12, 2024**

### **A District Weekly Newsletter to Keep Us Up to Date!**

#### **It's time for photos!**

Well, all, summer is on its way. The nightcrawlers have made it out of the ground. A sure sign!

I am excited for a great idea that came from our board meeting in Stoughton last week. I reported that I don't receive very many pictures to send up for the Viking. We discussed the possible reluctance might be the Photo Submission Form. It really is not as complicated as some might think. And, it is necessary! Can you imagine the people in Minneapolis getting a bunch of pictures that don't identify who, what and where they were taken? That would be daunting!

With less issues each year, the pictures from each district that make it to the Viking are limited. Remember, they still might be included in the Sons of Norway website area called "Happenings". Look for them there!

ANYWAY, a great option was given to me! BESIDES sending the pictures to the Viking, I can send them ALSO to the District 5 webmaster. Even if they don't make it to the pages of the magazine, they could show up on the website. See? That way you can STILL share your great pictures of people and activities with all of us in District 5!

The requirement for the Photo Submission Form still stands. It is much more interesting to know the participants and facts about a photo than to just admire it with no idea what was going on.

I really enjoy seeing the pictures. It warms my heart to see that our lodges are actively doing fun things, and your lodge is alive and well!

So, how about it? Those of you who haven't been submitting pictures to me - I miss you! I would love to see more pictures. Instead of being bummed because your pictures never seem to make it to the Viking, you can be excited that they can still be shared and published on our website!

Hoping your spring is going well as you rev up for summer activities at your lodge. I also look forward to seeing many of you at the District 5 convention in Indianapolis in June.

Here's the Photo Submission Form- [https://sonsofnorway5.com/publicity\\_director\\_messages/](https://sonsofnorway5.com/publicity_director_messages/)  
. Please send your wonderful pictures to me by the 20th.

Fraternally, LaVonne Wier, D5 Publicity

#### **Viking Chest Rotation Alert**

The regular rotation for the cultural "trunks" has been altered for transportation reasons. The Viking Chest remains with zone 6 until the convention.

The Immigrant Trunk (blue) is with zone 2 until the convention.

Notice of the new method of sharing the cultural trunks is being sent to local lodges. Officers, please share that information with members and other officers.

Please be sure to fill out the request form and email it to be sure the Cultural Committee knows which trunk you would like and when you hope to use it.

The new route for sharing the cultural collection will be announced at the convention. We will all need to pitch in to transport the collection. Your help is appreciated.

Judy Ghaslin  
D5 Cultural Director

## **Celebrate Norwegian Culture**

“Sons of Norway is your destination for discovering and celebrating the rich tapestry of Norwegian culture . . . we have something for everyone.” Sons of Norway website.

### **Nordic Trunk Information and Guidelines:**

The District 5 Cultural Committee would like to encourage all Lodges to enhance their Norwegian culture experience by taking advantage of an opportunity for your lodge members. District 5 has a Norwegian Culture Collection in the form of three different containers (trunks), to assist you in discussing our heritage at your Lodge meetings. The trunks were created and made by Owen Christianson and contain examples of our Nordic heritage that have been donated over many years to these collections. The three trunks are identified as:

1. Viking Chest
2. Immigrant Trunk
3. Mini-Family Immigrant Trunk

The Viking Chest was the first trunk. In addition to the cultural items, it contains a written history of the creation of the collection and includes information about the Viking House located at the University of Wisconsin, Green Bay.

Each trunk contains different items representing Norwegian culture such as rosemaling, Hardanger embroidery, books, recipes, tools, cooking utensils, and much more. Included in each trunk is a list and description of each item, a list of suggested activities for sharing the items, and a space to document and describe new contributions.

### **Change in Trunk Rotation:**

Due to the changes in our By-laws regarding Zone Directors, the Committee is looking at a different process to deliver the trunks to our Lodges. The Cultural Committee plans to track the containers and be a clearinghouse for arranging their routing throughout the district. Members are asked to assist in moving the trunks from one lodge to another. Communication will be important between lodges. Our goal is to keep the travel distance as short as possible. This will be a challenge for the eastern and southern part of the district where lodges are quite far apart, but if several people who can drive can find meeting places, a trunk could be transferred with 3 or 4 drivers cooperating.

The Cultural Committee will do our best to provide all three trunks to your lodge over a period of time. The trunks will be reviewed and updated by members of the Cultural Committee at the Spring and Fall Board meetings.

### **Donating to the Nordic Container Collection:**

- Lodges are encouraged to donate to the collection, write a description of their donation on the sheet in the trunk, and email a copy to the District 5 Cultural Director.

-All donations to the trunks will become the property of District 5, therefore

**NOTHING IS TO BE REMOVED FROM THE COLLECTION.**

The Cultural Committee will distribute the donations among the trunks, so your donation may be found in one of the trunks other than the one in which it was originally donated.



**Nordic Trunk Request Form:**

To determine the routing proposal for the trunks, please complete the attached request form and email it to District 5 Cultural Director, Judith Ghastin at [judy62ghastin@gmail.com](mailto:judy62ghastin@gmail.com). The Committee and or Director will then determine the best route to distribute the trunks. The Contact Person from your Lodge will be contacted to determine the best time and place to receive and transfer the trunk. Please contact Judith Ghastin, District 5 Cultural Director, if you have any questions or suggestions or comments.

# Celebrate Norwegian Culture Nordic Trunk Request Form

To enhance our Norwegian Culture and Heritage, our Lodge would like to request a Nordic Trunk. We have read and understand the attached Nordic Trunk Information and Guidelines. The contents of the trunk will be on display and the descriptions will be presented to members at our Lodge meeting. We realize that the District 5 Cultural Committee will do their best to provide our lodge with the trunk of our preference and help arrange the transfer in a timely manner. We ask that the Cultural Director contact the person indicated below:

Contact's Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Name of Lodge: \_\_\_\_\_

Lodge Meeting Dates: \_\_\_\_\_ Time: \_\_\_\_\_

Indicate trunk preference: 1st Choice, 2nd Choice, 3rd Choice:

\_\_\_\_\_ Viking Chest \_\_\_\_\_ Immigrant Trunk \_\_\_\_\_ Mini-Family Immigrant Trunk

Indicate date preference: 1<sup>st</sup> Choice, 2<sup>nd</sup> Choice, 3<sup>rd</sup> Choice:

2024 \_\_\_\_\_

2025 \_\_\_\_\_

Please email or send your request to: D5 Cultural Director, Judith Ghastin at [judy62ghastin@gmail.com](mailto:judy62ghastin@gmail.com)

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## For Office Use Only:

Name of Trunk to be transferred: \_\_\_\_\_

Name of Member responsible for the trunk (if not the same as above): \_\_\_\_\_

Location, Time, and Address to Transfer Trunk \_\_\_\_\_

\_\_\_\_\_  
To Receive:

\_\_\_\_\_  
To Return or Send on:

# Schedule of Speakers (updated from last week)

## Sons of Norway District 5 Convention 2024

June 19-22

Indianapolis Crowne Plaza Airport Hotel

We are proud to present an impressive group of speakers at the District 5 Sons of Norway Convention. Speaker presentations begin Wednesday morning and continue until Saturday afternoon.

### Wednesday, June 19

#### **Corlene Bartels: Stave Churches in America 10:45 am**

Corlene Bartels is the President of the Norsemen of the Lakes of Walworth County, WI. She is the daughter of a 100% Norwegian mother descending from the area northeast of Stavanger. She grew up in northern MN and lived in the northwest of that state near Bemidji that has many families of Norwegian descent. In 1997 she and her sister traveled to Norway to visit their ancestral country.

Having visited a Stave church in Wisconsin before one in Norway, she found out why they were called "Stave". Returning home, she created a Power Point to inform others of Stave churches in America and why they were built in our country. She loves to show you each of them.

#### **James Nelson: Norwegian Folk Beliefs 1:00 pm**

Jim Nelson has a music education degree from Augustana College, Rock Island; and graduate degrees in Scandinavian Studies from the University of Wisconsin (Madison); and the University of Washington (Seattle). He has taught Scandinavian courses at the University of Wisconsin, Camrose Lutheran College (now the Augustana campus of the Univ. of Alberta), Concordia College (Moorhead, Minnesota), the University of Washington and the University of Oslo. He taught public school music in the US and for 15 years in Norway. He also created and taught courses in Nordic and Norwegian folklore and traditional beliefs at Concordia College and the University of Oslo.

Jim has been a featured performer at folk music festivals and sung with or directed three Norwegian male choruses. He is a member of Duo Scandinavica and Lingonberry Jam. Jim and his wife, Irene, are members of Scandiana lodge in Chesterton. He is past president of the lodge.

He will give a presentation on Norwegian folk beliefs and superstitions based on classes he has taught.

#### **Rivojen Jørn Magnus Langseth 2:30 pm**

Rivojen Jørn Magnus Langseth will present insight into Sami art in his four presentations which will all center around the topics:

From old ornaments till today's bit data: How do we communicate?

Shapes and context within Umesami ornaments.

## Thursday, June 20

### **James Nelson: Norwegian Music and Dance 9:00 am**

Jim Nelson has a wide range of things Norwegian to share. His interests range from music to language, to cultural customs, and beyond. He will present a program on Norwegian music, with a couple of traditional dance steps: the reinlender and the medieval "songdans" or Færøydans. In the songdans, one person leads the dance and the singing. In Norway and the Faroe Islands, the dance-and-song leader sings on the verses (which tell a story) and the other participants sing the refrain. The step is always identical - two steps to the left, then one to the right, over and over, while forming a circle or a large "S".

### **Mike Charman 10:30 am**

I have had a very varied and wonderful life starting in Liverpool England in 1944 and taking me to Norway in 1970. I have spent 40 years in Norway or working on Norwegian ships. I have sons and grandchildren in Norway. We visit every year and yes, I have been a Norwegian citizen since 1984. I will talk about the early years of my life and come quickly to my time in Norway.

**1:00 pm District 5 Presentations** to be announced

**1:50 pm District 5 Presentations** to be announced

**3:45 pm Delegate Orientation** for delegates and interested members

### **Rivojen Jørn Magnus Langseth 7:00 pm**

Rivojen Jørn Magnus will continue to discuss symbols of the Umesami culture used on drums and other objects and discuss communication with these symbols.

### **John Arneson 8:00 pm**

John Arneson packed up the family vehicle, persuaded his wife to be the navigator, and followed the trail of his great-grandfather's Civil War experience. He will talk about that trip and share genealogy resources he found helpful.

## Friday, June 21

### **Amy Beyer: The Salt Story 9:00 am**

Amy Beyer and her husband took a trip to Norway and became interested in Norwegian salt. That adventure turned out to be the motivation for starting Salty Provisions. Enjoy her story and visit her booth featuring salt of many flavors from Norway.

### **Adolf Hansen, PhD. : A Boy in Brooklyn,**

**Growing Up in a Norwegian Colony in the 1940s and 50s 10:45 am**

Adolf Hansen grew up in a community of Norwegian immigrants in New York City. He wrote a book about the culture of this group of immigrant families and how he was deeply influenced by meaningful relationships with peers which continue to the present. His story is a wonderful counterpoint to the immigrant stories we usually hear which most often are about growing up on a farm.

**Annegrete Langseth 1:00 pm**

Annegrete Langseth works to preserve Sami culture and art. She constructed the traditional dress outfit for her husband, an example of only one of her talents. She will speak on a topic of her choice.

**Daron W. Olson, PhD.: Vikings 3:45 pm**

Daron Olson is Associate Professor of History at Indiana University East. He will present information on Vikings from his extensive research. He is author of Vikings Across the Atlantic, Emigration and the Building of a Greater Norway, 1860-1945

**Sara and Rick Long: Fjord Horses 7:00 pm**

Sara and Rick Long love Fjord Horses. Learn about their work with these special horses. Check out the Facebook page for Steppin' Out Stables to see pictures of their fjord horses and other breeds they raise.

**Rivojen Jørn Magnus Langseth 8:00pm**

Rivojen Jørn Magnus Langseth continues his series of talks about communication with symbols featuring Sami culture examples.

**Saturday, June 22**

**David Ostrem: Carving in Wood 9:00 am**

David Ostrem will share information about working with wood to transform a simple block of wood into things ranging from useful utensils to whimsical figures. He has been wood carving for 45 years, has taught the craft for many of those years, and has been a judge at several wood carving shows. David has studied with many outstanding carvers in the United States, Switzerland, Austria, and Canada. He has taught classes at Vesterheim and at the Clearing in Door County.

**Rivojen Jørn Magnus Langseth 1:00 pm**

Rivojen Jørn Magnus Langseth presents his last program of Sami art and cultural connection to communicating with traditional Sami figures and designs.

## **Calendar of Events, Deadlines, and Other Dates to Note (changes in red)**

**April 15- Sarah Paulsen Scholarships due to Scandiana Lodge**

**April 20- Viking photos due to LaVonne Wier**

**May 1**

- Deadlines for convention vendor applications, sponsorships, Well Wishers, and ads.

**May 15**

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

\*Insurance membership with Sons of Norway required

\*\*Membership with Sons of Norway required (social or insurance)

**May 17- Masse Moro Lodge Supporting Grants Due**

**May 19- District Sports Challenge Ends**

**May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates**

**May 20- Viking photos due to LaVonne Wier**

**June 19-22- District Five Lodge Meeting and Convention in Indianapolis**

**June 20- Viking photos due to LaVonne Wier**

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### **Who to contact at the home office when you need help**

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- For anything fraternal- Connie O'Brien ([COBrien@sofn.com](mailto:COBrien@sofn.com)) or Amy Tuchenhagen ([ATuchenhagen@sofn.com](mailto:ATuchenhagen@sofn.com)).
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use [sales@sofn.com](mailto:sales@sofn.com)



## **Viking Chest / Immigrant Trunk Schedule**

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)