

Sons of Norway District 5 - Friendly Fifth Friday News

April 10, 2026

A District Weekly Newsletter to Keep Us Up to Date!

Financial Update

Treasurer Update

At our Spring 2026 Board meeting, the Budget and Finance Committee suggested to the Board to share summary budget data in the FFFN in addition to the prior year end financial statements. We are sharing the combined summary 2025 financial statements and 2026 Budget of District 5 (“District”) and the Nordic Legacy Foundation (“NLF”).

2025 DISTRICT 5 FINANCIAL STATEMENTS			
	Combined	Elim	Consolidated
BALANCE SHEET			
Assets			
Checking Account	\$ 109,605		\$ 109,605
SofN Investment Account	\$ 258,397		\$ 258,397
Accounts Receivable	\$ 250	\$ (250)	\$ -
Total	\$ 368,252	\$ (250)	\$ 368,002
Liabilities and Net Worth			
Liabilities	\$ 296	\$ (250)	\$ 46
Net Worth	\$ 367,956		\$ 367,956
Total	\$ 368,252	\$ (250)	\$ 368,002
INCOME STATEMENT			
Income			
District 5			
Membership Dues	\$ 40,004		\$ 40,004
Convention	\$ -		\$ -
Other D5 Income	\$ -		\$ -
D5 Income	\$ 40,004	\$ -	\$ 40,004
Nordic Legacy Foundation			
Masse Moro	\$ 57,103	\$ (7,403)	\$ 49,700
Other NLF Income	\$ 16,159	\$ (750)	\$ 15,409
NLF Income	\$ 73,262	\$ (8,153)	\$ 65,109
Income from Investment Accounts			
D5	\$ 6,012		\$ 6,012
NLF	\$ 1,409		\$ 1,409
Investment Account Income	\$ 7,421	\$ -	\$ 7,421
Total Combined Income	\$ 120,687	\$ (8,153)	\$ 112,534
Expenses			
District 5			
D5 Board meetings	\$ (18,837)		\$ (18,837)
D5 Convention	\$ -		\$ -
Other D5 Expenses	\$ (18,068)	\$ 8,153	\$ (9,915)
D5 Expenses	\$ (36,905)	\$ 8,153	\$ (28,752)
Nordic Legacy Foundation			
Masse Moro	\$ (49,414)		\$ (49,414)
Other NLF Expenses	\$ (6,698)		\$ (6,698)
NLF Expenses	\$ (56,112)	\$ -	\$ (56,112)
Total Combined Expenses	\$ (93,017)	\$ 8,153	\$ (84,864)
Combined Income/(Loss)	\$ 27,670	\$ -	\$ 27,670

2026 SUMMARY BUDGET			
Combined Budget of District 5 and Nordic Legacy Foundation			
	Combined	Elim	Consolidated
INCOME STATEMENT			
Income			
District 5			
Membership Dues	\$ 39,000		\$ 39,000
Convention	\$ -		\$ -
Other D5 Income	\$ -		\$ -
D5 Income	\$ 39,000	\$ -	\$ 39,000
Nordic Legacy Foundation			
Masse Moro	\$ 47,100	\$ (1,900)	\$ 45,200
Other NLF Income	\$ 8,650	\$ (750)	\$ 7,900
NLF Income	\$ 55,750	\$ (2,650)	\$ 53,100
Income from Investment Accounts			
D5	\$ 6,200		\$ 6,200
NLF	\$ 1,300		\$ 1,300
Investment Account Income	\$ 7,500	\$ -	\$ 7,500
Total Combined Income	\$ 102,250	\$ (2,650)	\$ 99,600
Expenses			
District 5			
D5 Board meetings	\$ (17,900)		\$ (17,900)
D5 Lodge meetings	\$ (19,700)		\$ (19,700)
D5 Convention	\$ -		\$ -
Other D5 Expenses	\$ (15,491)	\$ 2,650	\$ (12,841)
D5 Expenses	\$ (53,091)	\$ 2,650	\$ (50,441)
Nordic Legacy Foundation			
Masse Moro	\$ (46,950)		\$ (46,950)
Other NLF Expenses	\$ (6,880)		\$ (6,880)
NLF Expenses	\$ (53,830)	\$ -	\$ (53,830)
Total Combined Expenses	\$ (106,921)	\$ 2,650	\$ (104,271)
Combined Income/Loss	\$ (4,671)	\$ -	\$ (4,671)

2025 Financial Statement Comments

The “Elim” column is to eliminate transactions between the 2 legal entities so the Balance Sheet (“B/S”) and Income Statement (“I/S”) are not overstated on a combined basis. The B/S Elim is for a check meant for NLF that was written out to D5 and was deposited but the transfer to NLF was not made before year-end. The I/S Elim is to eliminate the D5 Donations made by D5 to the NLF – this is mostly the Q4 2024 D5 challenge and the donation of \$1/member of the dues increase to NLF for Camp Masse Moro.

2026 Budget Comments

Only the I/S is presented. The Elim amounts are the budgeted amount of \$1/member of the dues increase and D5 is donating \$750 to NLF to donate to the Sons of Norway International Foundation. 2026 is a convention year and as you can see there is nothing budgeted for the D5 Convention. In 2024, D5 hosted the convention and incurred expenses for that. Mandt Lodge is hosting the 2026 convention so there are only expenses budgeted for the D5 Lodge meeting. The combined budget is showing a small projected loss and this is due to the expenses of the D5 Lodge meeting.

Other Comments

Report filings:

- 2025 WI sales and use tax – file and paid
- 2025 D-17: filed for both entities with SofN Int'l
- 2025 990-EZ: filed for both entities with the IRS
- IL Annual Report for D5: Not filed yet-Due June 1st
- WI Non-Stock Report for NLF: Not filed yet-Due June 30th

I would like to thank Bill Bultinck and LaVonne Wier for serving on the Audit Committee. I provide them the financial statements, bank account reconciliation and bank statements in advance of our meetings and they are prepared with questions when we meet. I would also like to thank Curtis Cleveland for serving on the Budget and Finance Committee. Curtis provides good suggestions for the Board to consider as well as asking good questions about the financial reports.

Please let me know if you have any questions.

Respectfully submitted by Corey Olson-D5 Treasurer



Norwegian Language Class via Askeladden

*****TWO CLASSES AVAILABLE*****

Wednesday, April 15th at 10:30 am EST

Askeladden Lodge warmly thanks all who participated to date in the language classes. It's a pleasure to enjoy this opportunity with all!

Class will continue with chapter 3 on Wednesday, April 15th via Zoom. Once again, the class uses the 3rd edition of *Sett i gang* textbook by Kari Lie Dorer and Nancy Aarsvold. The book's subtitle is, "An Introductory Norwegian Curriculum". The class will pick up on page 43.

Of note: the textbook is available for purchase in both print (\$62.99) and an electronic (\$32.99) editions from Settigang.com.

The Zoom link will be sent to you either the day of or the day before the class.

Please RSVP you interest to askeladden.lodge@gmail.com . For questions, please email astutekaren@gmail.com. Giddy already!

Thursdays at 7:30 p.m. EST via Zoom, twice monthly

In tandem to the Nordkap Lodge, Askeladden will be hosting a Norwegian Language Class twice monthly at 7:30 pm., EST via Zoom.

Det er gøy å snakke Norsk!

The Zoom link will be sent to you either the day of or the day before the class.

Please RSVP you interest to astutekaren@gmail.com. Giddy already!

Sons of Norway District 5 Leadership Call Sunday, April 12, 6:00 PM CST

Any District 5 Lodge officers, leaders or members are welcome to join us on a Leadership Call on Sunday, April 12, at 6:00 PM CST. The SN District 5 Board will share updates in their respective areas, discuss current topics the board covered at the spring board meeting, and discuss questions that participants have. We will have a convention update, discuss the nominating committee process and District board elections, and other convention/District Lodge Meeting related items.

Fresh off this spring's D5 Board meeting in Rockford, IL, is an information-sharing session provided by the board's directors and officers. Join us this coming Sunday evening, April 12th at 6 PM. The link to this meeting was in last week's *Friendly Fifth Friday News*. If you have questions, please bring them.

We have been asked by local lodge leadership to keep the meeting brief and concise. If you need a more elaborate answer to a question, it is best to contact the specific officer or director for assistance.

AGENDA

1. International Director Report
2. District President's Report
3. Treasurer's Report-financial status of the district, investments, Required Reporting
4. Important updates from the District 5 Secretary and District Convention information
5. Vice President-Membership Losses and New Member Recruitment
6. Youth Director Report-Masse Moro status and District 5 Grant and Scholarships
7. Publicity outreach and convention project for lodges
8. Recreation Throwing Challenge, Barnebirkie Ski Report
9. D5 Cultural Grant availability, Cultural Chest Rotation
10. Supporting Charter or Golden Member Dues
11. Do you have the need for an at-large director to visit your lodge?
12. Your Questions

Call-in information:

Darlene Arneson is inviting you to a scheduled Zoom meeting.

Topic: SN District 5 Leadership Meeting Call

Time: Apr 12, 2026 06:00 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88976156464>

Meeting ID: 889 7615 6464

One tap mobile

+13092053325,,88976156464# US

+13126266799,,88976156464# US (Chicago)

Join instructions

https://us02web.zoom.us/join/88976156464/invitations?signature=pkpx1OJf_9LBcLMeJDEZ-dfkjukt0eB6K9BVODd83o

2026 Calendar

April 12- 6 PM CST- District Leadership Call via ZOOM

April 20- Viking Photo submissions due to LaVonne Wier

May 1, 2025 – May 1, 2026- Cultural Challenge

May 15- 990 IRS forms due; D-18 Audit Reports due for lodges that own property

May 17- Deadline for Masse Moro Local Lodge Supporting Funds (Matching Grants)

May 20- Viking Photo submissions due to LaVonne Wier

May 31- Submit Throwing Challenge Activities to Clara Solak

June 20- Viking Photo submissions due to LaVonne Wier

June 30- 2nd cycle deadline for D5 Nordic Legacy Foundation Cultural and Matching Grant applications

July 12-25- Masse Moro

July 20- Viking Photo submissions due to LaVonne Wier

August 2-6- District 5 Convention in Stoughton

November 1- Lodge Liability Insurance due

December 31- Lodge Officer Updates (D63) due

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- **Foundation, Scholarships & Grants- Amy Tuchenhagen**
foundation@sofn.com, atuchenhagen@sofn.com, (612) 821-4655
- **Fraternal & Membership- Connie O'Brien and Kirsten Lehman**
fraternal@sofn.com, (612) 821-4643
- **Culture, Viking & Language: Jana Velo**
jvelo@sofn.com
- **Insurance Sales:**
SonsofNorwaySales@sofn.com, (833) 707-0012 – option 2
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851

- Note:**
- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
 - Additional deadlines for the District 5 Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have,

but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com
With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar. If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.