

BOARD/Business Meetings

May 11, 2022-Skål Pub

June 8, 2022-Skål Pub

LODGE Meetings

***May 26, 2022**- Syttende Mai Celebration, please wear bunader or other Norsk attire. President Watrud will quickly address business items! Vennelag Lodge will provide a light meal catered for your enjoyment: sandwiches, salads, desserts, and beverages.

Please plan to attend! Hurra, Hurra, Hurra for Syttende Mai!

***June 30, 2022**- Midtsommer picnic celebration, Brigham Park

Prize raffle
drawing
May 17, 2022

LOOKING AHEAD

July-The Kaffe Stue returns! (7/16/2022) Let us do what we do best-share the heritage and the culture of Norway thru this great food event! **Set this date aside to help Vennelag display its culinary talents!**



We received great news from the SofN Foundation...a grant in the amount of \$1,500 to help offset the Kaffe Stue expenses was awarded.

August-Brats in the Lot 8/6.

One day road trip to Norsk sites in Geneva and/or Marseilles, Illinois 8/13.

****If you have additional ideas or suggestions, please direct them to President Watrud.**

Happy Syttende Mai, Members!

May is the month that signals the start of summer! I usually write and forward these pearls of wisdom 4-6 weeks before they appear in the newsletter, so I hope that they are still accurate and relevant. It is my fervent desire that by the time you read this, the tragic invasion of Ukraine is over, inflation and gas prices are in decline, the Covid-19 pandemic has become an endemic, and that life, once again, is striving towards normalcy.

With normalcy in mind, the board has good stuff planned for you over the summer months! Our May 26th Lodge meeting will include a catered dinner for Syttende Mai. The Lodge picnic on June 30 will provide the usual picnic fare. Both events are free to our members *and guests*.

The *S.S. Vennelag* will soon make her appearance in area parades, and we are planning a road trip in August to Geneva, Illinois where we will view a "Viking ship" that is drydocked in Good Templar Park.

We are looking forward to having a fully-loaded Kaffe Stue event in July after Covid - 19 forced recent cancellations.

****Please plan to attend and participate in the events as you are able.**

Stay tuned to the newsletters and e-blasts for specific details.

Takk så mye!

Allen



Remembering those who came before us and learning the traditions of our ancestors keeps their memory alive and allows family traditions to continue to the next generation.



Nordlyset (Racine) Lodge member, Connie Aiello, joined our members at our March lodge meeting. She shared tips and tricks in making rosettes and krumkake. You may have seen Connie previously on District 5's culinary cooking and holiday baking series.

A goal of our lodge is to standardize our food event recipes. The recipe selected for lefse provides a consistent product. It is what our customers expect from the Sons of Norway-quality products that they are proud to serve to their families.

PARADE SEASON IS JUST AROUND THE CORNER, SO MARK YOUR CALENDARS!



JOIN US AS WE CRUISE DOWN SOUTHERN WISCONSIN'S MAIN STREETS IN OUR BEAUTIFUL VIKING SHIP PARADE FLOAT. SEE THE NEW ADDITIONS...STREET-LEGAL WHEELS, UPGRADED SMOKE FEATURE, AND DECORATIVE FRINGE.

Thank you, District 5, for funding a grant request that allowed us to make these float improvements more affordable!

INTERACT WITH THE CROWDS AS WE DAZZLE THEM WITH OUR SMOKE-BREATHING DRAGON!

STOUGHTON SYTTENDE MAI FESTIVAL PARADE

SUNDAY, MAY 15TH, the parade BEGINS AT 1:30 PM.

MOUNT HOREB SUMMER FROLIC PARADE

SUNDAY, JUNE 12TH, the parade BEGINS AT NOON.

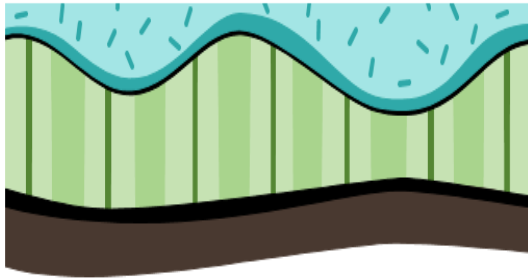
LINE-UP TIMES AND LOCATIONS WILL BE SENT VIA E-MAIL WHEN THEY BECOME AVAILABLE.

SANDWICHES, CHIPS, COOKIES, AND WATER WILL BE PROVIDED.

*DRESS IN NORWEGIAN ATTIRE AS APPROPRIATE FOR THE WEATHER.

IMPORTANT PREP: FLOAT CLEAN-UP DAY IS SCHEDULED FOR FRIDAY, MAY 13TH AT THE MOUNT HOREB COMMUNITY CENTER, FROM 2:00-4:00 PM. PLEASE JOIN US IF YOU CAN.

--Your Parade Coordinator, Mark Hanson



District 5 Merchandise Table

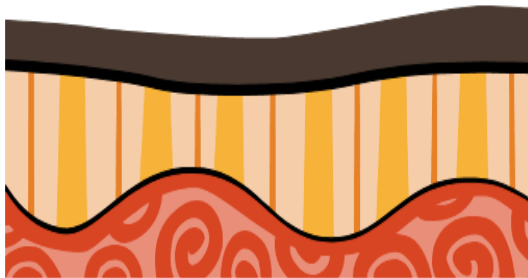
District 5 Convention – Middleton, WI

Volunteers Needed

Fri, June 17 & Sat, June 18, 2022

Must be a member of Sons of Norway District 5
Crafting experience is preferred

Please Contact **Connie Aiello**
cdaiello31@gmail.com 623-252-8861



If you can assist Connie at the merchandise table during the convention, contact her:

cdaiello@31@gmail.com. Helpers will be demonstrating the use of the new stamp sets and will sell any remaining district merchandise. Compensation provided.

NEW DISTRICT MERCHANDISE--

STAMP SETS



Do you have ideas for new stamp sets?
Send them to **Connie Aiello**,
cdaiello@31@gmail.com.



Shown are sample items but they are not in production.

AVAILABLE FOR PURCHASE AT THE DISTRICT CONVENTION IN MIDDLETON

Are you interested in a stamping class, virtual or in-person? Let cultural director Tiffany Schwoerer know your wishes. She can look ahead to the fall or winter seasons for a date. Connie will provide training.



Push me on the Spark!

Martin Amundsen pushes his mother Jean Bower across the snow during Vennelag's annual friluftsliv event at the home of Karen and John Eberhardt.

Let us Get the Bike Trail Ready for the Season!

As a young man's fancy turns to spring, it is also worthy to turn his attention to one of our lodge's community service projects-the Military Ridge State Recreational Trail and the need for cleaning it!

Please mark your calendar for Wednesday, May 18th. We will meet at 9 AM in the parking lot just south of the Grumpy Troll Brew Pub. Please dress for the weather and bring gloves.



UFF!

Ole was hired to paint the yellow stripe down the highway. The first day he painted ten miles. The second day he only painted five miles. His boss, thinking that he was getting slower because he had started off too hard on the first day, decided to give him a day off to rest.

When Ole came back to work the next day, he barely painted one half mile. His boss asked, "Excuse me, Ole, but why have you been painting less and less each day, even after I gave you a day off?"

"Simple," Ole answered. "I've been getting furrder away from da paint can!"

There was a big fire in the shipyards at Duluth, and all the city fire crews came to help put it out. Alas, the fire kept blazing.

A Finnish fire department from the Iron Range offered to put out the fire. As they came roaring down the highway, they turned off into the shipyard...not only up to the fire, but right INTO IT.

The Finnish firefighters jumped out of the fire truck and began to frantically thrash at the fire with their jackets. Miraculously, the Finns extinguished the fire!

As the shipyard director reacted with amazement, he led Ole, the fire chief, into his office and made out a check for \$50,000 dollars. "Congratulations, Ole! What do you intend to do with the money?" the superintendent asked.

Ole replied, "Vell, first of all ve vill haff to get da brakes fixed on our fire truck."

Velkommen New Members!

Dawn Dalberg-Muscoda

Laura Londo-Verona

Kenneth and Theresa Rue-Barneveld



Litt søtt

Meltaways

1 c. flour
1/3 c. powdered sugar
2 T cocoa
1/2 c. butter
salt to taste

Mix all ingredients together until dough is moist. This takes a while but do not give up!

Once the dough is moist form into a small ball, roll in sugar, and then press down with a glass to flatten it. Bake at 350 degrees for 8 minutes or so. When cool, frost with powdered sugar frosting. Makes about 2 dozen.

Ann Walser



Mint Meringue Cookies

Heat oven to 375. Turn oven off.

Put cookies in and leave overnight.

Blend two egg whites with 1 tsp. cream of tartar. Then add 3/4 cup white sugar. Beat until very stiff. Add 1 tsp. mint flavoring and 1/2 to 3/4 c. of mini chocolate chips.

To darken, add additional green food coloring.

Ann Walser

Something Lighter for Your Summer Table

Sugar Free Fresh Berry Pie

1/2 c. Splenda
2 tbsp. corn starch
1 1/2 c. cold water
1-3 oz. pkg. sugar-free strawberry or raspberry Jell-O
4 c. fresh strawberries, blueberries, or raspberries
1-9 in. baked pie shell

Cool Whip (optional). Regular Cool Whip has less sugar (2 g) than low fat (4 g)

In small saucepan, stir together Splenda, cornstarch, and cold water. Cook and stir until thickened and bubbly; Continue to cook and stir for 2 minutes more, then add gelatin; stir until dissolved. Remove from heat; cool slightly. Pour gelatin mixture over the berries. Chill for 4-24 hours. (After the gelatin mixture has totally cooled, cover the pie.) Serve with Cool Whip. Keeps well.



Sugar Free Apple Salad

one can sugar-free apple pie filling (with, or without cinnamon)

1-3 oz package sugar-free lemon Jell-O

1 C. water

1 or 2 tsp bottled lemon juice

Regular Cool Whip

Chopped pecans

Heat water until just boiling. Add lemon Jell-O and lemon juice. Stir until dissolved. Stir into pie filling and put into a salad bowl. Chill. Add Cool Whip, and garnish with pecans.

Doris Hayes

Adult Heritage Weekend

Celebrate your Norski-ness with other like-minded individuals! Enjoy the music and merriment of Uff-da Fest, too! This event would make for a great fall outing along the highways and byways of the *Driftless Area*. Secure you lodging now! Inside tip-Check [Decorah High Point Cabins.com](https://www.decorahhighpointcabins.com) with room to sleep multiple people.

See the latest edition of the "Friendly Fifth" Friday News, found on the District 5 website-[sonsofnorway5.com](https://www.sonsofnorway5.com) for updates. Our menu is set.

We are working to solidify workshops, breakout sessions, and presenters.

October 7-8, 2022
Spring Grove, MN



VENNELAG polo or V-neck knit SHIRTS

VENNELAG LODGE SHIRTS WILL BE ORDERED PRIOR TO THE KAFFE STUE FOR OUR MEMBERS. IF YOU NEED A NEW SHIRT, CONTACT **MARY GULLICKSON-KRANTZ** TO PLACE YOUR ORDER (laffalot@mhtc.net or 608.576.5054)

Unisex short sleeve polos and V-neck ¾ inch sleeve shirts for women are available.

Color options navy blue and red

Takk for Hjelpen Oss!

We need a full ship of sailors working together to make this summer's Kaffe Stue a success. Save Friday, July 15 and Saturday, July 16 for this project! Vennelag Lodge plans to serve a full, albeit it trimmed down, summer luncheon.

Lodge President Allen Watrud is inviting you to a scheduled Zoom meeting on April 27 at 7 PM to join the conversation.

Copy and paste this link into your browser. Add the meeting ID and passcode shown below.

Join Zoom Meeting

<https://us02web.zoom.us/j/7259610366?pwd=SEFXS0dtS1BvL2dlS0w2RjllQ201QT09>

Meeting ID: 725 961 0366

Passcode: 3rsB3q

One tap mobile

(Chicago) Dial 1 301 715 8592 Meeting ID: 725 961 0366 Passcode: 846590



Standard Logo

The Sons of Norway Foundation

The Sons of Norway Foundation has a variety of duties and responsibilities. A major responsibility of the Foundation is to provide post-secondary scholarships. It awards grants to local lodges and helps to fund youth camperships which promote and preserve Nordic culture and support Nordic focused educational opportunities.

In 2021, the Foundation distributed over \$147,000 in awards. Included in this distribution were:

- *\$111,000 in scholarships for students to study in the United States, Canada, and Norway.*
- *\$23,000 in Grants for Norwegian culture and heritage programs.*
- *\$13,000 for kids across the United States to attend Norwegian cultural camps.*

In supporting the Sons of Norway Foundation through Vennelag Lodge, we are preserving our Nordic heritage for all ages now and into the future.

*Harley Skjervem
Vennelag Foundation Director*

**Save
★ The ★
Date**

Tuesday, July 26th, 2022

Sons of Norway
Night at the Duck Pond!

Gates Open: 5:35 PM | First Pitch: 6:35 PM

More Info to Follow!

Volunteer Hours in 2021: 2,615 hours—tallied and provided by Rita Schraepfer-Derke

This covers everything from preparations for various meetings, cleaning and repairing the Viking ship, riding in parades, demonstrating how to make various desserts at Nordic Fest, peeling potatoes, making & selling lefse, taking and distributing meeting minutes, participating in the Mallards baseball game outing, repairing a barn where the Viking ship is stored, and finalizing arrangements for our 50th Anniversary Celebration.

In addition, our members planned and lead the fall Norwegian baking workshop, made food items for bake sales, grilled and sold brats and hot dogs for a fundraiser and for Syttende Mai. They worked at a food stand for the Harvest Festival, attended various board and committee meetings, wrote grants, and attended training meetings.

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Do you have a change of **phone number** or **address**? Please navigate to www.sofn.com to update your personal contacts. Sign in with your **username** and **password**. Select your profile to make changes.

In addition, please notify Duane Kittleson of any mailing address or email changes.

***You have the option of discontinuing the printed newsletter to receive the full-color email version. Find the newsletter: sonsofnorway5.com or Vennelag's website-sonsofnorwaymthoreb.org**



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