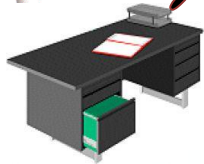


The Samhold Utsikten

Auburn Hills, Michigan | Celebrating our 55th Year



From the desk of the Utsikten Editor

This month, Norway celebrates their Constitution Day or National Day. It is the biggest celebration of the year and is more commonly referred to as Syttende Mai (the day on which it is celebrated). Norway celebrates the Syttende Mai in a similar fashion to other countries' Independence Days, although Norway's actual Independence Day is June 7. Syttende Mai observes the day that their Constitution was signed at Eidsvoll on May 17, 1814.

May 17 in Norway is a federal holiday which means most businesses and shops are closed in observance.



The most integral part of the May 17 celebrations is the children's parade, Barnetoget. Every city, town, or village center has its own children's parade in the morning, and most also host a people's parade, Folkeltog, in the afternoon. In the children's parade, the School brass bands march at the front and the students, waiving little Norwegian flags, follow class by class, dressed in their best outfits or the national costume, bunad. In Oslo, children from all the city's schools parade past the Royal Palace, where the Royal Family waves and gives their greetings from the balcony.

Kathie Injerd, Editor

Our MAY 5th Meeting

Because of Mother's Day, we will be meeting on the **first Sunday, May 5th at 4:00pm** in the Fellowship Hall, **King of Kings Evangelical Lutheran Church** (1715 S. Lapeer Rd.; Lake Orion, MI).

This month Sylvia is scheduled to bring a variety of salads as our main fare; we are asking you to bring food that will complement and add to her offering. Be generous, it is to be our dinner meal. **Please refrain from bringing anything which needs to be heated or micro-waved prior to serving.**

ALL ARE INVITED!



Editor Information

Please contact the editor regarding additions or corrections to the newsletter.

Editor: **Kathie Injerd 586-909-7609**

Kathie@samhold5-473.org



World's Tallest Wooden Building



The Mjøsa Tower (named after nearby Lake Mjøsa, which is Norway’s largest lake) was officially opened on 15 March 2019, taking over the title of the world's tallest wooden building. The 18-floor building, located in Brumunddal Norway, reaches up to a height of 85.4 metres. The building includes a hotel, private homes and office space.

<https://www.marketwatch.com/press-release/the-worlds-tallest-wooden-building-mjosa-tower-completed-in-norway-2019-03-18>

In Norwegian, Under [the restaurant’s name] has the dual meaning of “below” and “wonder.” Half sunken into the sea, the building’s 112-foot-long monolithic form breaks the surface to rest directly on the seabed below.



The structure is designed to fully integrate into its marine environment over time—

its rough concrete shell functions as an artificial reef, welcoming limpets and kelp to inhabit it. Lying against the craggy shoreline, the structure’s thick walls are built to withstand pressure from the rugged sea. Like a sunken periscope, a massive window offers a view of the seabed as it changes throughout different seasons and weather conditions.

<https://www.norwegianamerican.com/travel/under-restaurant-norway/>

Recipe Corner



The hot dog, or pølse, is the easiest and cheapest fast food you can find in Oslo. It’s also an icon of



Norwegian food culture. [But instead of being served in a hot dog bun as in the United States, it is placed in a small and thin version of lefse, called “lompe”.]

Norwegians love of pølse cannot be underestimated. On the National Day, the 17th of May, pølse keeps hungry kids fed and tipsy adults (mostly) upright. On average, each Norwegian eats about two pølser each in celebration of their country (not to mention loads of ice cream). Kids birthdays are practically fuelled by them. But it’s not just a treat; it’s an everyday food as well, frequently landing on dinner tables around the country.

<https://cheapskates.guide/oslo/eat/polse-norwegian-hot-dog>

Underwater Restaurant



Europe’s first underwater restaurant welcomed guests in Lindesnes, Norway, on March 20.

Located at the southernmost point of the Norwegian coast where sea storms from the north and south meet, the project is situated at a unique confluence. Marine species flourish here in the brackish waters. The Snøhetta-designed restaurant also functions as a research center for marine life. “One of our main criteria is that our guests will get to experience something unique in the sea,” declares owner Gaute Ubostad.

Cultural Events



2019

May 5: Syttende Mai will be celebrated with a skit, followed by a parade around King of Kings!

June 9: We will view Rick Steve's video on Oslo and his favorite Oslo landmark, Vigeland Park. After that we will study some of the Park's lovely statues and learn about Gustav Vigeland, the man who created them.

July: NO MEETING

August 11: Samhold's Annual Picnic!

September 8: Since September marks the beginning of the colorful fall season, we will learn the colors in Norwegian and play a little "I Spy."

October 13: We will learn about Norway's Swedish-born Crown Princess Marthe and her ties to American President Franklin Roosevelt during the years of the Nazi Occupation of Norway.

November 10: Rick Steves will take us on the "Norway in a Nutshell" trip to the Sogne Fjord and the land of many of Norway's magnificent stave churches. We will then learn more about the stave churches and their significance.

December 8: Christmas Party



PRESIDENT:

Bill Injerd (586) 909-7604

VICE PRESIDENT:

Barbara Klein (248) 736-5102

SECRETARY:

Sherry Rose (248) 828-1798

TREASURER:

Dave Pederson (248) 698-9380

FINANCIAL SECRETARY:

Sylvia Haikio (586) 630-0760

CULTURAL DIRECTOR:

Becky Medina (248) 693-6544

SOCIAL DIR. / NEWSLETTER EDITOR:

Kathie Injerd (586) 909-7609

COUNSELOR & RECREATION DIRECTOR:

Gene Steensma (248) 332-9647

TRUSTEES:

Nancy Redilla

Don Eickholdt

Marie Eickholdt

MAY



birthdays

- 7 Donald Wang
- 13 Jan Persson
- 15 James Lafnear
- 18 Nancy Redilla
- 19 Carrie Sills
- 25 Lynn Rose



Ole, Sven and Lars are in jail for stealing Lutefisk when they decide to break out. To their amazement, their plan works and they find themselves free and on the run.

Ole sees a barn. "Let's hide in da hayloft of dat barn, dey'll never find us in dere!"

After sleeping the night in the barn, Ole hears police officers outside. One of the officers yells, "Come out with your hands in the air you lousy Lutefisk lifters!"

Ole says to Sven and Lars, "Hide in dose baskets over dere. Dey'll never find us in dose!"

So Ole gets in the first basket, Sven gets in the second basket and the Lars gets in the third basket.

Meanwhile, the officers get a ladder set up and are climbing up to the loft. Once they get up, one officer starts kicking the baskets.

He kicks the first basket. Ole's inside and shouts, "RUFF-RUFF!"

"It's just a dog in this one!" yells the officer.

He kicks the second basket. Sven's inside and shouts, "MEOW!"

"It's just a cat in this basket!" yells the officer.

He kicks the third basket and the Lars yells out, "POTATOES!"



Sons of Norway, Samhold 5-473 Lodge

c/o Kathie Injerd, editor
11200 29 Mile Rd.
Washington, MI 48094



Happy Mother's Day