



**SONS of
NORWAY**

Budstikken

Wergeland Lodge #5/028 P.O. Box 3591, La Crosse, WI 54602-3591

February 2019

Volume 54, Issue 2

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Wergeland Kalender

- ◆ February 7, 6:30 pm,
General Meeting,
American Legion
- ◆ February 12, 5:30 pm,
Board meeting at
Perkins on Hwy 16
- ◆ February 19, Deadline
for Budstikken articles
- ◆ February 28, Budstikken
mailed to members
- ◆ March 7, 6:30 General
Meeting

WANTED



COOKIES

for the

Barnebirkie



Fra Presidenten

The holidays are behind us, life has slowed down again and we are in what is considered the longest part of winter. Except here's the thing, winter hasn't seemed to show up yet. Don't get me wrong, I'm not challenging Mother Nature to dump 20 inches on us this weekend, but a little snow for skiing and snowshoeing wouldn't be all bad. In fact, just last week my wife and I were out for a Saturday morning walk and we were passed by a group of skiers on roller skis. I know those types of skis work well when you have good pavement but it's hard to replace real snow for skiing. [Editor's note: Dave jinxed us! It started snowing after he submitted this....]

On the topic of skiing, we have a volunteer to deliver cookies for the Barnebirke ski race in Hayward which will be held on Thursday, February 21. Wergeland is one of many Sons of Norway lodges that provide cookies at the finish line for the children's ski race and our involvement goes back to the dawn of the event so it is great that we can continue this tradition. If you would like to donate cookies, please bring them to the February meeting or contact me and we can arrange to get them where they need to be. Remember that the cookies need to be free of nuts because of potential allergies among the skiers.

Also in February we will be participating in the La Crosse Family Fest at the La Crosse Center on Sunday the 24th. We didn't participate in this event last year because of convention planning but we were there in 2017. This is another great way to present ourselves to the La Crosse area and let them know we are here. Our booth was very popular two years ago because of the lure of Norwegian treats. If you would like to contribute a small sample let me know and we can give La Crosse a taste of Sons of Norway.

Enjoy the winter as the days begin to lengthen (I hope I haven't provoked any major snow storms) and I will see you at the next meeting. -Dave

**Next meeting: Thursday, February 7, 2019, 6:30 PM at the
American Legion, 711 6th Street, La Crosse, WI**



Program for February

SWEATER NIGHT! Wear your Norwegian Sweater – for "style" AND for warmth!!

Program: Natalie Kostman and Terry Benson: Hillview Agricultural Garden

Lunch providers for February 7 meeting

Sandwiches (2½ dozen): Karen Saegrove, Eugene Johnson, Pam Knudtson, Vivian Sacia
Cakes (18 pcs): Carolyn Sorenson, Mary Yerhot, Freda Nowland
Pickles (1 jar ea): Corrine Abeggien, Marilyn Rudder

Members are asked to donate \$3 per person at the lunch table for lodge expenses.



Februar Birthdays

3 JoAnn B Wittchow
 4 Anne M Farning
 5 Monte J Hanson
 8 Ronald A Nowland
 10 Anne Marie Fleischman
 13 Lorraine J Glanzer
 14 Barbara Christianson
 14 Willow Stokke Howe
 14 Samantha McCabe
 15 Frances Bateman
 15 Kennedy Lane Larson
 15 Marilyn J Rudser
 16 Justin H Sanders
 21 Charlene E Juen
 23 Darlene S Bankes
 24 Tana Star Bondy
 25 Jill A Nelson
 26 Jamie Maxwell-Basye
 26 Sigurd Ray Rudser



Wear your **Norwegian Sweaters** to the meeting on February 7 for "Sweater Night" - we'll get a photo in our finery.



Sekretær Notater...

Minutes January 3, 2019 General Lodge Meeting

The meeting was called to order at 6:55 pm by President David Glomstad. The Pledge of Allegiance was recited and the three national anthems were sung.

Guests were introduced: Linda Schneider, a former member, Debbie Bartel, whose parents were Grace and Ernie Hansen. The minutes of the November Board meeting were approved tonight, as the December meeting had been cancelled.

The Treasurer's report for December was presented by assistance treasurer Kathi Beane: The checking account had income of \$946.30 with expenses of \$982.52, leaving a balance of \$5618.83. The scholarship account balance is had no income or expenses with a balance of \$2519.50. The memorial account had income of \$.95 and no expenses with a balance of \$2036.17. The savings account had income of \$72.22, with no expenses, leaving a balance of \$18,354.10. Foundation Cans were passed.

Shirley Schoenfeld installed 2019 officers with the help of her assistants Pam Knudtson and Karen.

Those officers present were President David Glomstad, Counselor Shirley Schoenfeld, Membership Secretary and Assistant Secretary – Kathi Beane, Cultural Committee Director Frieda Nowland, Cultural Committee members – Mark Quade, John Erikson, Florence Overgard, Budstikken Editor and Sports Director Carla Burkhardt, Lead Marshall Richard Marking, Marshals Gary Knudtson, Fred Johnson, Auditors – Lee Johnson and Marilyn Rudser, Trustees – Dennis Sprain, and Dan Hammes, Publicity and Pictures – Carol Stekel, Librarian – Pam Knudtson, Stamps Chair – Marilyn Rudser, Scholarship Committee – Marilyn Rudser, Kathi Beane, Laura Ira, Social Committee - Florence Overgard, Linda Sherwood and Ann Sprain, Co-Musician Karan Mathison, and Dan Hammes, Social Committee – Linda Sherwood, Ann Sprain, Nominating Committee – Frieda Nowland, David Glomstad, Kathi Beane.

President Dave announced that we are in need of a driver to take cookies to the Barnebirke in February. Elaine Nelson explained that Wergeland Lodge was influential in starting this tradition and she praised Gene Johnson and his family for their years of delivering the cookies and helping on site of the race. She encouraged members to step up and continue this tradition.

Marilyn Rudser congratulated the lodge on their participation in the Christmas Cards for Veterans program, with over 3000 cards delivered. She also reported that she had just sent out another box of stamps contributed by our members for the TUBFRIM program.

January birthdays were recognized in song. The Raffle Drawing was held: \$90.00 was collected, \$30.00 went to Skip Tempte for the 1st correct number, Skip contributed the proceeds to the Foundation; \$30.00 went to Mark Quade for the 2nd correct number; and \$30.00 goes into the general account.

Officers were thanked and the business meeting was adjourned at 8:00 pm.

The program about the history of the Sons of Norway was postponed to a later date because of technical difficulties but the extended time for socializing and lunch were welcomed by all present.

There were 43 adults in attendance. \$38.30 was collected for the Foundation and \$188.00 for the table collection.

Pam Knudtson, Secretary

Wergeland Membership Directories are available from Shirley Schoenfeld for \$4 (free for officers).

Til minner om...

...the family of **Donald Woxland**, who passed away on Friday, January 25, 2019.

Don joined our lodge August 3, 1995 - over 23 years ago. Our sympathy to his wife Laurine, who also joined our lodge with him. Don enjoyed helping out the lodge many times. Cards can be sent to Laurine at P.O. Box 536, Rushford, MN, 55971-0536.



Condolences til...

...**Karen Broadhead** and **Bev Ranis**, whose uncle **Waldo Tangen (100)** died December 21, 2018. Waldo and his wife Tina were members of our lodge awhile back. They joined in 1989, and went on a trip to Norway with Sons of Norway members. Tina passed away in 2004, and Waldo kept his membership until 2008. (19 years) They also enjoyed other SON bus tours.

Tusen Takk...

...to **Linda Schneider**, our Cookie Connection! She has volunteered to transport our cookies to the Barnebirkie in February!

...fra **Marilyn Rudser**: "Thank you! Thank you! Donating your new and used Christmas cards made it possible to deliver 1500 cards for the veterans in Tomah and Madison VA hospitals.

1600 cards with envelopes were sent overseas with Operation Homefront. I'll collect cards all year long, so if you see a bargain, pick them up."

God Bedring til...

...**Julia Forde**, who broke her foot the night Wergeland singers were at Rotary Lights. She fell while crossing the icy snow piles between the road and sidewalk. Julia and Al came to support the Lodge even though they felt they can't sing. She went to the clinic in Sparta the next day and they put a boot on her foot, and made an appointment for a week later at La Crosse, where they put a cast on it. Julia goes back on the 23rd to see how it is healing. She has to be very careful for 8 weeks, and I'm sure she would appreciate notes and cards. Her address is: 608 Goodman St., Sparta, WI, 54656-1015

...**Frieda and Ron Nowland**, who both took a spill on that icy Tuesday and who both broke something (Frieda-wrist, Ron-ankle). Hoping for speedy recovery for both of them!

February Program:

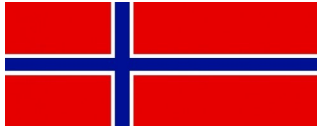
Presenters Natalie Kostman and Terry Benson from the Hillview Urban Agriculture Center want to introduce as many community members to their mission and programs as possible. They believe in a holistic and regenerative approach to fighting food insecurity in our community. The growing facilities are a community hub for resources and practice for growing food, while they also host Market Basket classes that demonstrate how to prepare the food for production. They come full circle and divert thousands of pounds of food waste per year from the La Crosse area to create healthy soil in order to grow the most nutritious food. They do all of this and more while creating a strong and interconnected community.

From the January Program: The installation of 2019 officers was held. Shirley Schoenfeld, Installation Officer, was assisted by marshals Karen Broadhead and Pam Knudtson, as President Dave Glomstad was installed as well as the rest of the team. More photos on p. 5.



Family Fest

Wergeland Lodge will have a booth at the 15th Annual Family Fest at the La Crosse Center held Sunday, February 24 from 11-3. Admission is free & they are accepting non-perishable donations to the Hunger Task Force. We hope to spread the word about Sons of Norway and perhaps gain some new members. As Dave mentioned in his greeting on page 1, we would welcome some goodies to attract potential members to our booth - talk to Dave for more information.



Dis og Dat



From **Mary Cary**: I was pleased to discover a documentary on the life of Magnus Carlsen, the world champion in chess, who is from Norway. "Magnus," DVD, NR, 76 minutes is available through the public library system in DVD. If your local library doesn't have it, see if it can be borrowed from another library. As the story unfolds, it's never short of drama and insight into Carlsen's personality, upbringing, and the traits that made him a champion. The narration is in English, and subtitles are provided for the parts in Norwegian.

Marilyn Rudser, Ann Fleischman, and Karen Allness took a 6-day trip to Nashville. Staying at the Opryland Hotel was quite an experience. The lights inside and outside were spectacular. Trace Adkins entertained over 1000 guests in the hotel after we enjoyed a seven-course meal. We spent a few hours on the General Jackson riverboat. The ice palace was very cold but we enjoyed the sculptures with the theme "The Grinch who Stole Christmas."

Kent and Mary Sween spent Christmas in Menomonee Falls, WI, with their daughter and family.

Sally Olson spent the holidays with relatives in cedar Falls, IA, and Janesville, WI.

Gary and Pam Knudtson spent the holidays with their children and grandchildren in Denver. They enjoyed getting to know their new grandson, Austin, born in March and listening to their two-year-old granddaughter's caroling.

Wergeland member **Kristin Krug**, having lost her home in the Sayre Fire of 2008, shared information about an organization that she discovered this summer as the Woolsey Fire in California also came dangerously close to her home: www.RV4CampFireFamily.org. The organizer, James "Woody" Faircloth, donated an RV to a family who had lost their homes in the Camp Fire in Paradise, CA. This has grown into a larger movement. Kristin encourages anyone who might be interested to look into the organization which is helping families pick up the pieces after devastating loss.

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

NEEDED! Cookies for Barnebirkie

Wergeland lodge will be sending cookies to Hayward, WI, for the annual ski race (Feb 22). The skiers love our cookies! **Bake or purchase some cookies and bring to the Feb. 7 meeting.** Remember, **NO NUTS**. Please put them in sturdy non-returnable containers such as ice cream pails or shoe boxes. About 1000 skiers will be looking for our cookies.. Contact Dave Glomstad with questions. Tusen takk!



Skiing the Barnebirkie

If you are a youth, or know someone who might want to ski: The Barnebirkie is scheduled for Thursday, February 21st, beginning at

11:30 AM. The NEW start location this year is behind Hayward Primary and Intermediate Schools. This race is a noncompetitive race for children. The goal is to promote the Nordic lifestyle and welcome young skiers to the sport of cross country skiing. Parking is available on the streets nearby and possibly in the former Armory site parking lot. Hundreds of young skiers usually participate!

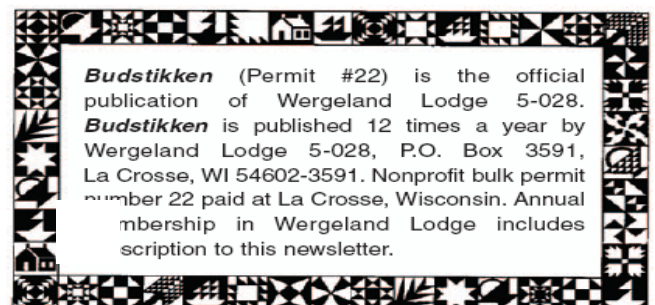
Scholarship Time! District 5 Scholarship Applications Due March 15

Please direct any students to the District 5 webpage (sonsofnorway5.com) for more information on scholarship offerings.

Please Note: Prerequisites may apply.

- Two books scholarships are offered each year.
- An application for Oslo Summer School is available.
- One Norwegian folk high school application is provided.

The Sons of Norway Foundation provides numerous scholarships to our member families. Click the Foundation ribbon at the top of the Sonsofnorway.com page to begin.



Barneløpet Children's Ski/Walk Event at Decorah Prairie

Get outside and enjoy the winter at the 20th annual *Barneløpet*, a non-competitive ski or walk event for the community's youngest skiers, ages 3-13. This collaborative Vesterheim Museum and Sons of Norway event will be held at the Decorah Community Prairie on Saturday, February 2, at 10:00 a.m., with registration beginning at 9:30 a.m. Skiers must provide their own skis.

Barneløpet is open to children of all skill levels and is a great event for the entire family. "When you complete the course, you'll be awarded a medal and served hot chocolate and homemade cookies as you warm yourself by the fire," Darlene Fossum-Martin, event organizer, said.

Barneløpet is free thanks to the sponsorship of Jon and Mary Hart of Decorah in memory of Kjell Arne Berntsen, and three Sons of Norway Lodges—Valdres #503 in Decorah, Iowa, Heimbygda #376 in Lanesboro, Minnesota, and Valheim #364 in Spring Grove, Minnesota.

No snow or skis? "Then join in the fun with a walk through the tall prairie grasses," Fossum-Martin encouraged. If in doubt about weather conditions, listen to local radio stations for cancellations.

Barneløpet, (pronounced BAR-nuh-lop-it) is Norwegian for "kids race" and Sons of Norway lodges all over the country sponsor *Barneløpet* events. It is modeled after the *Barnebirke*, a children's cross-country ski race held each year as a part of the world-famous American *Birkebeiner* in Hayward, Wisconsin.

Barneløpet, here in Decorah, is held annually to encourage kids and families to enjoy our winter snow season.

The Decorah Community Prairie is accessed by car at the south end of Ohio Street, near Aase Haugen Homes. The trail will be in a loop, with the start and finish at the site of the butterfly garden. For more information about *Barneløpet* contact Vesterheim at vesterheim.org or (563) 382-9681.

Installation Photos from January Meeting

Installation of Support Directors (at right, from left): Carla Burkhardt, Ron Nowland, Pam Knudtson, Frieda Nowland, Gary Knudtson, Dick Marking, Carol Pestel, Carol Stekel, Marilyn Rudser, Laura Ira, Karan Mathison, Dan Hammes, Vivian Sacia, Dennis Sprain, Kathi Beane.



Installation of Program Directors: From left - Linda Sherwood, Darlene and John Erickson, Carol Stekel, Frieda Nowland, Carla Burkhardt, Ann Sprain, Karen Saegrove, Mark Quade, Florence Overgaard, Installing Officer Shirley Schoenfeld.

Looking Back

Fem år siden (5 years ago) 2014

The January program featured Marv and Louise Lang of Stevens Point presenting information about "George Sinclair, The Scottish Invasion of Norway and the Battle of Kringen:"

In 1672 a force of 300 to 400 Scottish Highlanders organized by Captain Alexander Ramsay landed in Romsdalfjord on the central coast of Norway. It was their intent to march south and east to join Swedish forces fighting the "Calmar War." The Scots were organized into three units – one of which was headed by the flamboyant Lord George Sinclair.

After a grueling six-day march through the parishes of Lesja, Dovre and Vaga – a hastily organized group of aged men and women along with children ambushed the main Scottish force. This momentous event occurred near a farm along the River Logen in northern Gudbrandsdalen.

Youth member Annie Skogen takes the stage in evening gown during Saturday's fifth annual Miss Seven Rivers Outstanding Teen Pageant at Holmen High School. Annie got pretty emotional when she was crowned winner of this

year's Miss Seven Rivers Outstanding Teen title on Saturday, January 18th by last year's winner Morgan Wetzel. Annie is the granddaughter of Carolyn Skogen (Scott and Deb's daughter).

Ti år siden (10 years ago) 2009

Brian Rude was promoted by Dairyland Power to the position of Vice President, External and Member Relations, effective January 1, 2009. Brian will lead efforts in government relations, community relations and communications for the 25 distribution cooperatives that make up the Dairyland System.

Femten år siden (15 years ago) 2004

According to our President Viv Sacia, Wergeland Lodge was surprised by inclement winter weather with unpredictable road conditions. Therefore, our speaker, Mary Bennett, was unable to come. In spite of the uncertain weather, we were surprised that 72 hardy souls made it to the meeting. Thanks to Elaine Nelson, we had a program on the topic of skiing. She walked us through the history of the Barnebirke and told us about how the hundreds of cookies that we and other Lodges supply for the wonderful Norwegian event are distributed and appreciated.

Masse Moro Heritage Camp: Registration information and Scholarship Opportunities

Masse Moro, the District 5 Heritage Youth Camp, is a Norwegian heritage camp for youth ages 9-15 years old sponsored by the Sons of Norway Fifth District, located in Fall Creek, WI, near Eau Claire. The two-week camp includes learning Norwegian skills and crafts and hearing about history and traditions. Information and registration forms are available at <https://www.massemoro.org>.

To help offset the Camp Tuition of \$800, below are THREE scholarship opportunities.

The Sarah Paulsen Memorial Scholarships for Masse Moro

The Sarah Paulsen Memorial Scholarship Committee announces that there will be 2 scholarships made available for the year 2019, each in the amount of \$200 to cover 25% of the total fee for year 2019 District 5 Heritage Youth Camp.

The completed Application must be postmarked by April 15th. Information about the camp is at http://www.sonsofnorway5.com/programs/masse_moro_heritage_camp.php.

Application forms are available from Karen Broadhead or Carla Burkhardt, or can be requested from the Scandiana Treasurer, Oleif Olsaker, 114 Maplewood Trail, Michigan City, IN 46360, 219-874-7457, olsaker@comcast.net.

Wergeland Masse Moro Scholarship

An award of \$150 will be awarded to a Masse Moro camper. More information will be available later this spring.

District 5 Match of Wergeland Scholarship

District 5 will provide a Local Lodge Supporting Grant match up to \$150.00 per camper. The application form is due May 17 and is available from Karen Broadhead or Carla Burkhardt.



Masse Moro
Norwegian Heritage Youth Camp

A little in English...

Researchers Find Large Amounts of Coins, Hairpins and Pearls Under the Floors of Old Churches

Small treasures tell a dark story about Norway's medieval culture

Archaeologists have found more than 20,000 coins, beads and hairpins under the floorboards of old Norwegian stave churches. A total of 10,286 of the coins are from between 1180 and 1320 A.D. In the Middle Ages, there were likely thousands of stave churches in Norway. Today, 28 stave churches remain standing. In addition, Norway probably has a few hundred other churches with roots in the Middle Ages. The coin findings in these churches reveal how widely coins were being used in Norwegian settlements 800 years ago.

One gender on either side

In the Middle Ages people stood during church. Only the old and infirm got to sit on benches along the sides. Presumably there was also a clear division between the sexes. Women stood on the north side of the sanctuary and men on the south side.

"When we investigated where in the church rooms hairpins, beads and other objects associated with women were located under the floorboards, we found that more than 95 percent were below the north side of the sanctuary," says Svein Harald Gullbekk, an archaeology researcher at the University of Oslo.

Thus, Gullbekk confirmed the strict division of medieval churches, where women had to stand on the side that people connected with the dark and cold forces in nature. The men stood on the south side.

Litt på Norsk...

Forskere har funnet store mengder mynter, nåler og perler under gulvet i gamle kirker

De små skattene forteller en mørk historie om middelalderkulturen i Norge

Arkeologer har funnet flere enn 20 000 mynter, perler og nåler under gulvet i de gamle norske stavkirker. Hele 10 286 av myntene er fra årene 1180 til 1320. I middelalderen fantes det antakelig over tusen stavkirker i Norge. I dag er 28 stavkirker bevart. I tillegg har Norge antakelig et par hundre andre kirker med røtter i middelalderen. Myntfunnene i kirkene avslører hvor utbredt minter var på bygda i Norge allerede 800 år tilbake.

Kjønnene på hver sin side

I middelalderen sto folk oppreist i kirken. Bare gamle og syke fikk plass på benker langs sidene. Antakelig var det også en klar inndeling mellom kjønnene. Kvinner på nordsiden av kirkerommet og menn på sørsiden.

– Da vi undersøkte hvor i kirkerommene det var funnet nåler, perler og andre kvinnerelaterte gjenstander under gulvet, så fant vi at mer enn 95 prosent lå under nordsiden av kirkeskipet, sier Svein Harald Gullbekk, forsker i arkeologi ved Universitet i Oslo.

Slik fikk Gullbekk til fulle bekreftet den strenge inndelingen i middelalderkirkene, der kvinnene måtte stå på den siden folk forbandt med de mørke og kalde kreftene i naturen. Mennene hadde plass på sørsiden.

Oslo Plans to go Carbon Neutral by 2030

Norway has plans to stop the sales of gas and diesel-fueled cars in the next four years, and the city of Oslo is working toward an ambitious goal of being carbon neutral by 2030. Here are a few of the initiatives currently underway in Oslo that will help the city meet its impressive goal.

Since transportation makes up the largest part of the city's carbon footprint, Oslo is promoting electric cars by creating new "low-emissions zones" where only electric cars can drive. The city is also removing parking spaces to add 40 miles of bike lanes. To promote biking even more, the city is providing grants for electric cargo bikes.

Businesses are also working diligently to support this initiative. Construction companies are purchasing new electric-powered equipment, and will have to comply with a zero emissions standard for new building construction sites. A computer data center in Oslo pumps heat from servers into a heating system that heats approximately 5,000 apartments in the city. A newly built office space is encouraging their employees to go carbon neutral by including space for 500 bikes and 10 electric car charging stations. If all goes according to plan, Oslo will be leading the way for other cities striving toward a carbonneutral environment.

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FEBRUARY 2019



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Norskedalen Activities

Throne Visitors Center

Hours From Nov - Mar:
Monday-Friday from 8am--4pm
Saturdays 10am--3pm
Sunday from 11pm--3pm



Guided homestead tours, when a guide is available, will be at 10 am, 1 pm and 3 pm Monday through Saturday, and 1 and 3 pm on Sundays. Self guided audio tours will be available in any event.

Admission rates for all programs with the exception of Heritage classes is \$6.00 for adults, \$3.00 for children, \$15.00 for families, and free for members of "Friends of Norskedalen."

Norskedalen Members may use the Norskedalen grounds 365 days a year from sunrise to sunset. Member parking pass must be clearly displayed in front windshield while using Norskedalen grounds.

Non-members may only use Norskedalen grounds during regular business hours and must check-in with office staff to pay admissions and receive a wristband.

Norskedalen phone: 608-452-3424

Web site: www.norskedalen.org

E-mail Address: info@norskedalen.org