



**SONS of  
NORWAY**

# Budstikken

Wergeland Lodge #5/028 P.O. Box 3591, La Crosse, WI 54602-3591



Facebook: [Sons of Norway La Crosse Wergeland Lodge](#)

September 2022

Volume 57, Issue 9

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## Wergeland Kalender

- ♦ Sept 1—6:00  
Wergeland Lodge Meeting, Radisson Center, 300 Front St. S.
- ♦ Sept 13—5:30 Board Meeting at Perkins
- ♦ Sept 19—Deadline for Budstikken articles
- ♦ Sept 29—Budstikken mailed to members
- ♦ Oct 6—6:00  
Wergeland Lodge Meeting, Radisson Center, 300 Front St S.

**2023 Norway calendars will be available for sale at our September meeting.**

## Fra Presidenten



September--what comes to mind? I think of autumn, back to school, September harvest, fall, football season, and Indian summer. And then, the first Monday in September is Labor Day.

Be sure to check the August Budstikken and consider attending the Dist. 5 Adult Heritage weekend. The schedule of events is WOW! This is all taking place in Spring Grove, just a beautiful drive from La Crosse, beginning on Friday October 7.

In September, we start to think about officers for Wergeland Lodge to serve in 2023. **Please review this list of officers and committee members on page 5 in this issue.** About 65 people are needed to make our lodge function from month to month, and in between. If you served last year and are willing for another year, thank you. If you would like to do something different, let me know. If you want a year off, let me know.

Thank you for giving this your consideration. The office of Vice President has been open for 3 years. **The Lodge needs a Vice President!** This position will have to be filled this year.

Call me with your thoughts, Ramona J. 608-788-7507

## Treasurer's Report:

July 31, 2022 checking balance*	\$3,840.44
(which includes \$159.91 for Dancers)	
June 30, 2022 scholarship balance	\$1388.50
June 30, 2022 savings balance	\$15,535.97
June 30, 2022 Wergeland has	\$20,764.91
*Balance includes \$1000 grant received for Trolls.	

**Sept 15 is the deadline to register for the District 5 Sons of Norway Adult Heritage Weekend—see p. 7 for the form. See [sonsofnorway5.com](http://sonsofnorway5.com) (events) for more info.**



## PROGRAM FOR SEPTEMBER

**Larry Scheckel: Country Schools**

### Lunch providers for September 1 meeting

**Sandwiches (2½ dozen):** Ramona Johnson, Kathy Anderson, Bev Ranis, Ann Sprain  
**Cakes or bars (18 pcs):** Carol Stekel, Dee Johnson, Carla Burkhardt, Elaine Olson  
**Pickles (1 jar ea):** Pam Knudtson (sweet), \_\_\_\_ (dill) **Relish/Fruit:** Lynn Curtis

**Members are asked to donate \$3-5 per person at the lunch table for lodge expenses**



## September Birthdays

- 1 Barbara J Anderson
- 3 Carol A Pestel
- 4 Stanley M Berg
- 5 Florence L Overgard
- 6 Paul Delbert Larson
- 9 Teresa J Sacia
- 10 Cole M Newell
- 14 Joseph M Stekel
- 16 Donald H Fox
- 17 Waylon G Stokke
- 19 Annika K Mathison
- 22 Stanton M Jorgens
- 22 Soren Miner
- 23 Doris J Hagen
- 23 Morgan A Jostad
- 24 Maureen A Tostrud
- 25 Ruth J Jostad
- 26 Alfred L Johnson
- 27 Lois A Preeshl
- 28 Charles E Reimer IV

## Program for October

Brian and Karen Rude: Their 2017 experience as Festmaster and Frau

### Sekretær Notater...

Wergeland Lodge Meeting, August 4, 2022

Ramona called the meeting to order at 6:40.

A note on Lee Grippen - He fell and broke 9 ribs, at Mayo hospital. We wish him a speedy recovery.

The three national anthems were sung and guests were introduced. "Happy Birthday" was sung to the August Birthdays!

Kathi Beane and Carol Pestel gave an overview of the District 5 convention.

Kornfest in Holmen—Wergeland Lodge will be represented in the parade on Aug. 20. Meet on Johnson Street at 10:00-10:15. Bring your friends!

Officers - Need Vice President now so Ramona can work with that person until January. The list of officers will be printed in the Budstikken—please consider keeping your post and/or taking on a new role.

Raffle - \$25.00 - Winners - Kathy Anderson and Fred Johnson

Song - "A Sailors Greeting" sung in both English and Norwegian.

Motion to adjourn at 7:10 pm. 38 members present

Program - "History Alive," presented by Dave and Ruth Amundson, Westby

Secretary, Kathy Anderson

### August 30 program in Westby! All are welcome!

Solvang Lodge through the efforts of Brian Rude, have arranged for Chris Johnson, Vesterheim President/CEO, to give a presentation on **Vesterheim's Strong Roots and Bold Future**. The Solvang Lodge meeting will be held Tuesday, August 30th at the **Bekkum Library basement in Westby. Social time 5:30, program at 6:00.**

There are always exciting things happening at Vesterheim Norwegian-American Museum. Learn about Vesterheim's history and strong roots, and find out the latest news about exhibitions, events, and programs at Vesterheim. Finally, you'll hear about Vesterheim's vision for a bold future.

**About the speaker:** Chris Johnson serves as President / CEO of Vesterheim, the National Norwegian-American Museum & Folk Art School. His ancestors emigrated from farms near Norway's Sognefjord in the 1860s and settled in parts of Wisconsin, Iowa, and South Dakota. Born and raised in northeast Iowa, Chris remembers visiting Vesterheim as a child on school field trips. Chris holds a bachelor's degree in History from Luther College, and a master's degree in Museum Studies from the University of Nebraska. He has worked in the museum field for more than 30 years, holding positions at places such as Living History Farms, Arbor Lodge State Historic Site, and the State Historical Society of North Dakota. Chris is excited to provide you with this presentation about Vesterheim's strong roots and bold future.

**Vesterheim, the National Norwegian-American Museum and Folk Art School**, welcomes people of all ages and backgrounds to engage in the conversation of the American immigrant journey through the lens of the Norwegian-American experience, and to participate in the continual evolution of traditional folk art as it meets new influences. Vesterheim offers innovative and interactive exhibits, classes, and programs, both at the dynamic campus and park in scenic Decorah, Iowa, and online at [vesterheim.org](http://vesterheim.org) and Vesterheim social media. For more information on exhibits, classes, programs, tours, membership opportunities, and ways to donate and volunteer, connect at [vesterheim.org](http://vesterheim.org).

## God Bedring...

...til **Lee Grippen** as he continues to recover from his injuries. He reports that he is slowly making progress but it is still painful to move around! Take care, Lee!

### From the August Program: The History Alive Project

Dave and Ruth Amundson founders of the History Alive Project, described their journey in educating youth about the Norwegian history of the area. They present a series of lessons to Westby High School 9th graders. The lessons are hands-on, such as re-



searching settlers and local figures and visiting the Westby Coon Prairie cemetery. They also present to groups of all ages. Their collection of over 6000 historic photos can be viewed at the Westby History Hus at 218 N Main Street. The photo on the left is a reproduction of a women's basketball uniform.

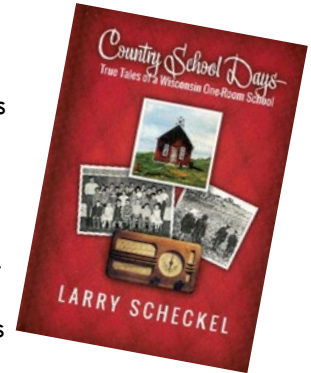


### September Program:

Oak Grove School was one of 115 one-room country schools in Crawford County and typical of the 6,000 in Wisconsin. In Country School Days, Larry Scheckel takes us back to his boyhood days, growing up with eight siblings on the family farm in the hill country of southwestern Wisconsin and attending the one-room country school out on Oak Grove Ridge.

Oak Grove School was the social heart of the community, from the basket social in the fall, to the Christmas program, to the end-of-the-year school picnic. Learn of the joys and challenges faced by students in the country school. Join Scheckel on his nostalgic and evocative journey as he shares his memories of friendships forged and lessons learned during his eight years in a one-room country school with 28 kids and one teacher in a building the size of a garage.

Scheckel will use a PowerPoint presentation to illustrate why the one-room school was described as the best possible education for over 150 years and how the lessons learned could be applied to today's schools.



Wergeland members marched in the Holmen Kornfest parade on August 20: Adrian Johnson, Gloria Rainer, Vivian Saccia, Karan Mathison, Carla Burkhardt, Trygve Mathison, and Ramona Johnson.





## Dis og Dat



**Marlene McCabe** and her husband, John, attended his 71st Holmen Class Reunion in early August. John and **Kent Sween** and **Richard Granum** were classmates all those years ago. Sons of Norway came up in the discussion...of the 9 people present, 4 were SON members.

From **Ann Sprain**: "My daughter, Kathryn Schmidt, and I visited Norway with a 12-day tour group leaving July 24 and returning on Aug 4.

We were so fortunate to visit the Sør-Fron Kirke (church), also known as the Gudbrandsdalen cathedral. This church was attended by my paternal grandmother's side of the family (Kirkeengs) years ago. It was built of stone, in octagon shape with room for 750 people, in 1792. It was one of the few churches in the 1700's in Norway constructed out of stone. In 1956, the church was careful-

ly repaired and restored.

We were met by distant Kirkeeng family members and were guided through the cemetery to visit gravesites and spent some time seeing the Kirkeeng homestead (or what's left of it – the buildings are now gone but foundations remain). The Custodian opened the church and gave us an informational history of the church. We were gifted with a

book on the history of the church (in Norwegian) and a Christmas ornament with a photo of Sør-Fron Kirke on it.

It was such a great trip, one that will remain close at heart forever!"



## Looking Back

### Fem år siden (5 years ago) 2017

Mary Sween introduced our program for the evening. Bonnie and Michael Jorgensen shared their second presentation about the Norwegian-American composer Theodora Cor-montan (1840-1922). Through music and lecture, we were given an insight to the composer and singer of earlier times.

Condolences to Chuck and Cheryl Hanson. Cheryl's father, Lew Fiero, Jr. (97) died on July 16, 2017 at the Bluffs in Red Wing, MN. He was in WWII, and later retired after 21 years as a Lieutenant Colonel. Our sympathy to the family.

### Ti år siden (10 years ago) 2012

On Sunday July 29, 2012 Youth Director, Moriah Harter, Montaya Harter and President Eugene Johnson, visited Masse Moro Norwegian Heritage Camp at Beaver Creek Nature Reserve in Fall Creek, Wi. Masse Moro was started in 1979. The purpose of the camp is to share the history, arts, and rich culture of Norway with our youth. This is the 34th year of the camp.

At the August District 5 Convention in Appleton, it was reported that Wergeland Lodge had won the GOLD Award for 2010 Lodge of the Year, and Shirley Schoenfeld had won a GOLD President's Award for that year. For the past year of 2011 we won the SILVER Award for the Lodge of the Year and Adrian Johnson won the SILVER President's Award.

### Femten år siden (15 years ago) 2007

Congratulations to Pauline Abel who recently celebrated her 90th birthday.

Arne Halvorsen, President of Sons of Norway Birkebeiner Lodge of Lillehammer, Norway will be our September 6, 2007 lodge meeting speaker. He will talk about Simon Benson, a young boy from one of the poorest families in Gausdal, Norway, who immigrated to the United States and became one of the richest men in Oregon. He will also tell us about Civil War soldiers from Gausdal. At least 50 young men from this small Norwegian community fought in this terrible war. He has just finished writing the story about these brave young men.

## Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

**Below are the 2022 officers and directors—as Ramona mentioned in her President’s note, consider how you are able to serve next year. And please help find us a VP (aka President-Elect)!**

President: Ramona Johnson  
 Vice president: \_\_\_\_\_  
 Counselor: Dave Glomstad  
 Secretary: Kathy Anderson  
 Assistant Secretary: Carol Pestel  
 Volunteer coordinator: Adrian Johnson  
 Membership Secretary: Kathi Beane  
 Treasurer: Adrian Johnson  
 Assistant Treasurer: Kathi Beane  
 Social Director Chair: Marilyn Rudser  
 Social Comm. special meals: Dee Johnson  
 Social Comm. special meals: Elsie Olson  
 Social Comm. Jan-Apr: Darlene Erickson  
 Social Comm. Jan-Apr: Linda Sherwood  
 Social Comm. Jan-Apr: Pam Knudtson  
 Social Comm. Aug-Nov: Ann Sprain  
 Social Comm. Aug-Nov: Lynn Curtis  
 Co-Foundation director: Ilene Pavelko  
 Co-Foundation director: Karen Saegrove  
 Sports Director: Carla Burkhardt  
 Cultural Program: Dave Glomstad  
 Cultural Program: Lee Grippen  
 Cultural Program: Mark Quade  
 Co-Cultural Skills Director: Susan Corbisier  
 Co-Cultural Skills Director: Sandra Kawatski  
 Musician: Karan Mathison  
 Musician: Mary Larson  
 Historian: Marlene McCabe  
 Greeter and Raffle Sales: Kathi Beane

Greeter Assistant: Lee Grippen  
 Greeter Assistant: Ron Nowland  
 Raffle Chairperson: Adrian Johnson  
 Lead Marshall: Richard Marking  
 Marshall: Arlen Henderson  
 Marshall: Gary Knudtson  
 Marshall: Mark Dregne  
 Marshall: Fred Johnson  
 Auditor 1st year: Sharon Smith  
 Auditor 2nd year: Mark Dregne  
 Auditor 3rd year: Linda Sherwood  
 Trustee 1st year: Beverly Nelson  
 Trustee 2nd year: Adrian Hagen  
 Trustee 3rd year chair: Dennis Sprain  
 Budstikken Editor: Carla Burkhardt  
 Picture Editor: \_\_\_\_\_  
 Librarian: Pam Knudtson  
 Stamps Chairperson: Marilyn Rudser  
 Goodwill-Fliptops Vivian Sacia  
 Wergeland Dancers Chair Sandra Kawatski  
 Community Theatre usher chair: Kathi Beane  
 Salvation Army Bell Ringing Chair: Carla Burkhardt  
 Rotary Lights: David Glomstad  
 Scholarship committee: Carla Burkhardt  
 Scholarship committee: Laura Ira  
 Scholarship committee Chair: Kathi Beane  
 Installing Officer: David Glomstad  
 Installing Marshall: Karen Broadhead  
 Installing Marshall: Pam Knudtson  
 Nominating Committee 2022: Shirley Schoenfeld

### **Velkommen, Baby Boom!**

A pandemic-related baby boom has sent Norwegian families scrambling to find perfect names for their new additions. 2021 saw over 3,000 more births in Norway than in 2020. Thankfully, help has come from an entity with a long history flaunting imaginative naming skills: IKEA.

Employees at the Norwegian branch of the Swedish retail giant combed through its catalogs, curating a “name bank” overflowing with over 800 monikers inspired by over 70 years of flat-pack tables, chairs, chandeliers, desks, and a mish-mash of other household staples.

While many IKEA product labels are inspired by Swedish place names, several others have appellations associated with humans. They range from the more typical, such as Billy, a strikingly modern black and white chair from 1970, to the more exotic such as Ulrika, a dainty side table available in 1958. The names are accompanied on the website by a picture of the item, the year it was introduced, and a description in Norwegian. The descriptions can apply to both the furniture item and to your newest family member. Experience it yourself here! <https://www.ikea.com/no/no/campaigns/navnekatalogen-pub419139a0>

## A little in English...

### Norwegians Cancel Trips Due to Hot Weather

An insurance company says that Norwegians are considering canceling their vacation trips. Many people are afraid that it will be too hot where they are planning to travel.

Spain is a country Norwegians love to travel to. This summer it has been extra hot. On Sunday it was close to 43 degrees [Celsius - 109° F].

This makes people consider canceling their vacations. This is according to insurance company IF. They have already been asked if it is possible to receive refunds through insurance.

IF says that heat is not covered by insurance.

"If you are worried about the heat, then there is no reason to cancel. But if you go on the trip and something happens, you will get all the help we can offer," Bjarne Aani Rysstad told tv and radio channel NRK. He works in insurance for Gjensidige.

Andreas Handeland says the same thing. He works for IF. He also says that a statement from a doctor is required to receive the insurance coverage.



## Litt på Norsk...

### Nordmenn vil avlyse ferieturen sin som følge av varmt vær

Forsikrings-selskap sier at nordmenn vurderer å avlyse ferieturen sin. Mange er redd for at det blir for varmt dit de skal reise.

Spania er et land nordmenn elsker å reise til. Denne sommeren er det ekstra varmt. På søndag var det nær 43 grader varmt.

Det gjør at folk vurderer å avlyse ferien sin. Det sier forsikrings-selskapet If. De har allerede fått spørsmål om det er mulig å få igjen på forsikringen.

If sier at varme ikke dekkes av forsikring.

– Er du bekymret for varmen, så er det ikke noe som gir grunn til å avbestille. Men er du først på turen og det skjer noe, så vil du få all den hjelp vi kan bidra med. Det sier Bjarne Aani Rysstad til kanalen NRK. Han jobber med forsikring for Gjensidige.

Andreas Handeland sier det samme. Han jobber for If. Han sier også at det kreves erklæring fra lege for å få igjen på forsikringen.

I byene Sevilla, Cordoba og Badajoz er det meldt at det kan bli så varmt som 43 grader. Alle de tre byene er sør i landet.

Det er også meldt at det kan bli så mye som 38 grader varmt i hovedstaden Madrid. Det er langt mer enn hva som er vanlig i starten av juni.

Ifølge forskere er det ventet at slik hete vil skje oftere i framtiden. Den vil også bli varmere som følge av tørke og et endret klima.

### Norwegian Cinnamon Thumbs

These delicious shortbread cookies rolled in cinnamon sugar are a perfect little treat with a cup of coffee!

#### Cookie Ingredients:

5 Tbsp. sugar  
1 cup butter  
2 cups flour  
1 tsp. vanilla

#### Ingredients for rolling:

1 tsp. cinnamon  
1/4 cup sugar



#### Directions:

Preheat the oven to 350°F.

To make the cookies, beat the sugar and butter together until fluffy. Add the flour and vanilla, and beat until the dough comes together.

Take a small amount of dough (about the size of a tennis ball), and roll it gently into a long, skinny rope 1/2" in diameter (about the width of your pinky). Using a sharp knife, cut the dough into 2" pieces, making sure to cut on the diagonal instead of straight across.

Place cookies a few inches apart on a lined baking sheet, and bake 8-10 minutes, until just beginning to turn golden on the bottom edges. Remove cookies from oven and allow to cool slightly.

While cookies are cooling, combine the cinnamon and sugar for rolling in a small bowl. When cookies are cool enough to handle, roll each one gently in the cinnamon sugar, and place on a cooling rack to finish cooling.

*District 5 Sons of Norway Adult Heritage Weekend Registration Form*

October 7, 8, and 9,  
2022 Spring Grove, MN



Print Name(s) for badges \_\_\_\_\_

Phone \_\_\_\_\_ ( ) Cell ( ) Landline Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Adult Heritage Weekend Registration** (covers space rental, speakers, entertainment, genealogy, hospitality, printing, and advertising costs)

**\$35/person x \_\_\_\_\_ = \_\_\_\_\_**

*We recommend you take advantage of the catered meals below, as there are limited options in the area.*

**Friday Evening** –Meatballs/Ham dinner, Mashed Potatoes, Mixed Vegetable, Tossed Salad, Bars, and Beverage by Rosie's Catering

**\$16/person x \_\_\_\_\_ = \_\_\_\_\_**

**Saturday Breakfast** –Continental Breakfast: Yogurt, Fruit, Juices, Coffee, O&H Kringle

**\$7/person x \_\_\_\_\_ = \_\_\_\_\_**

**Saturday Lunch** –DIY Open-Faced Sandwich Smorgasbord including Lefse, Salads, Chips, Breads, Meats, Cheeses, Fresh and Pickled Veggies and Herring, Spreads, and Beverage

**\$14/person x \_\_\_\_\_ = \_\_\_\_\_**

**Saturday Evening** –Texas Style Bar-BQ catered by Fat Pat's Restaurant and Red's Hometown Market, including Pulled Pork, Beef Brisket, Smoked Pinto Beans, Mac & Cheese, Cornbread.

**\$18/person x \_\_\_\_\_ = \_\_\_\_\_**

**Sunday Breakfast** –Continental breakfast at Blackhammer Church: Yogurt, Fruit, Coffee, Water plus O&H Kringle

**\$7/person x \_\_\_\_\_ = \_\_\_\_\_**

**Total Amount Enclosed \$ \_\_\_\_\_**

**Please indicate the name of your local lodge and how many years you have been involved:**

**Have you or a family member done DNA testing?** \_\_\_\_\_ **Company(ies) used:** \_\_\_\_\_

**Other sites where you have uploaded your data:** \_\_\_\_\_

*There is no admission charge for the Houston County Historical Society to see the Red River Girl Exhibit, or to tour the museum. The Society does, however, welcome your donations at the door.*

**Hotel reservations are on your own.** A list of places to stay in the area can be found in the information packet, on the Giants of the Earth website, and online at [www.springgrovemn.com/lodging-dining-shopping](http://www.springgrovemn.com/lodging-dining-shopping).

**Mail this completed form along with your check not later than  
Sept. 15 to:** Giants of the Earth Heritage Center, PO Box 223, Spring  
Grove, MN, 55974

You can also register online and pay via PayPal at our website [www.giantsoftheearth.org](http://www.giantsoftheearth.org).

There is an additional fee of \$3 per registration to cover PayPal transaction fees.

Sons of Norway  
Wergeland Lodge #5/028  
P.O. Box 3591  
La Crosse, WI 54602-3591

## SEPTEMBER



### OFFICERS TO CONTACT BETWEEN MEETINGS

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**Vice President**-

**Membership Secretary** - Kathi Beane 608-783-3037  
e-mail address: [beane.kath@eagle.uwlax.edu](mailto:beane.kath@eagle.uwlax.edu)  
*Send notices of deaths or address changes to the Membership Secretary*

**Secretary**- Kathy Anderson      608-269-6193  
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Cell: 715-797-6414

### Norskedalen Activities

Throne Visitors Center

Hours From May - Oct:

Monday-Saturday from 9am--5pm  
Sunday from 11am--5pm



Admission rates for all programs with the exception of Heritage classes is \$6.00 for adults, \$3.00 for children, \$15.00 for families, and free for members of "Friends of Norskedalen."

All visitors, including Norskedalen organization members, should check in at the Throne Visitors' Center for your admissions, wristband, maps and information.

Norskedalen Members may use the Norskedalen grounds 365 days a year from sunrise to sunset. Member parking pass must be clearly displayed in front windshield while using Norskedalen grounds.

Non-members may only use Norskedalen grounds during regular business hours and must check-in with office staff to pay admissions and receive a wristband.

Norskedalen phone: 608-452-3424

Web site: [www.norskedalen.org](http://www.norskedalen.org)

E-mail Address: [info@norskedalen.org](mailto:info@norskedalen.org)