



**SONS of
NORWAY**

Budstikken

Wergeland Lodge #5/028 P.O. Box 3591, La Crosse, WI 54602-3591



Facebook page: [Sons of Norway Wergeland Lodge](#)

April 2021

Volume 56, Issue 4

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Wergeland Kalender

- ♦ Apr 1—NO
WERGELAND LODGE
MEETING
- ♦ Apr 13—5:30 Board
Meeting at Perkins
- ♦ Apr 19—Deadline for
Budstikken articles
- ♦ Apr 26—Banquet
reservations due!
- ♦ Apr 29—Budstikken
mailed to members
- ♦ May 6—Syttende Mai
Banquet!!

The Coronavirus (and actions being taken to limit its spread) continues to amend our plans. Please watch your email for any changes to upcoming events. If you do not have email, please call Ramona/Adrian at 608-788-7507 to check if an event will happen. Stay well, everyone!

Fra Presidenten



Dear members of Wergeland Lodge,

We are looking forward to **Syttende Mai!** AND we plan to meet! The event will be held at Drugans. There will be entertainment, we will honor Golden Members and it will be good to be together again.

Cost is \$23.00. **Reserve your ticket** by calling Marilyn Rudser Phone # 608-612-0219 or Char Vangen Phone # 608-788-0711. You can pay for your ticket at the door on May 6th.

You need to reserve your ticket **by April 26, 2021.**

I look forward to this gathering. Enjoy spring, Ramona— Ramona

SYTTENDE MAI BANQUET

Thursday, May 6, 2021

Social Hour 5:00 pm

Dinner 6:00 pm

Drugans Supper Club

W7665 Sylvester Rd, Holmen, WI

Reservations required by Apr 26 (see Ramona's note above)

\$23 per person at the door

Buffet style supper with baked chicken, meat balls and salad bar



No April Lodge Meeting

Meetings and Programs have been cancelled until the May banquet.



April Birthdays

- 1 Carol E Stekel
- 1 David S Tostrud
- 2 Lois A Betz
- 5 Wayne A Jacobson
- 5 Judith Ann Konop
- 7 Meg E Canepa
- 8 Alvin R Forde
- 11 Michelle Martinez
- 13 Rachel Trautmann
- 16 Garrett Simmons
- 19 Lydia Johnson
- 20 Keith L Briggs
- 20 Daniel P Green
- 20 John T Lillejord
- 21 Carla Burkhardt
- 22 Elaine M Nelson
- 23 Mark Everson
- 24 Ben Everson
- 25 Tilmer J Ofte
- 26 Mary E Borreson
- 28 Kerste Melby
- 29 Glenn L Borreson

REMEMBER TO SAVE CARDS!

Marilyn Rudser needs greeting cards and Christmas cards which she sends to the various Veterans homes as a good will gesture. They can be new or used. Call Marilyn (608-612-0219) if you have some and she will let you know how to get them to her.

Program for May

Syttende Mai Banquet at Drugans!!
See p.1 for reservations information

Sekretær Rotater...

Your Wergeland Board met via Zoom on March 9th at 5:30 PM. Members present were Carla Burkhardt, Karen Broadhead, Shirley Schoenfeld, Kathi Beane, Ramona and Adrian Johnson. Ramona welcomed everyone and stated she hoped we could meet in person the rest of the year. The Secretaries and Treasurers reports were given, approved and filed. The Treasurers report is printed elsewhere in this issue of the Budstikken.

We finalized plans for the Syttende Mai Banquet in May. It will be held at Drugan's restaurant on May 6th with social time at 5:00 and dinner at 6:00. Our newest Golden Members will be honored and we will have musical entertainment. We hope many of you will attend as it has been a long time since we have all met together. Meal cost will be \$23.00 and the special meals committee will handle reservations and you can pay when you come to the banquet. Reservations must be called in by April 26th so Drugans can place the order for food. If you make a reservation, you must come as we have to pay for the number of people we reserve.

Shirley reported we now will be receiving our dues reimbursement via direct deposit instead of by a monthly check.

Our Wergeland directories will be updated and changes are notated in this issue of the Budstikken.

Our next Board meeting will be held at Perkins restaurant on April 13th and the second Tuesday of each month from then on at 5:30 PM. Remember all officers should attend and all members are invited to join us and help make decisions for our lodge as we use the Board time to conduct business instead of taking up regular meeting time for those decisions.

The meeting was adjourned at 6:25 PM.

—Adrian Johnson, lodge secretary

Treasurer's Report:

February 28, 2021 checking balance	\$5,234.91 (which includes \$2,355.12 for Memorials* and Dancers)
February 28, 2021 scholarship balance	\$1,506.50
February 28, 2021 savings balance	\$19,038.65
February 28, 2021 Wergeland has	\$25,780.06
*\$80 Sig Rudser memorials	

TUESDAYS at 6:20 pm: Nordic News Program

Every Tuesday night, tune in at 6:20 p.m. by computer: <https://gotomeet.me/SofN-D5> By phone: 646-749-3112 (access code: 509-077-557); by iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

You also can access previous Nordic News programs archived at: http://www.sonsofnorway5.com/programs/speakers_bureau.php.



Tusen takk...

...til Bruce and Marilyn Corning, Gary and Nancy Olds, Carla Burkhardt, Joan Everson, Viv Sacia, and Jean Davis for the memorials to Wergeland in memory of Sig Rudser.

Vesterheim Museum Reopens Main Building and Museum Store!

From Vesterheim's Facebook page: "We are open! Our Main Building and Museum Store are now open onsite with modified hours! Open hours will be 10:00 a.m. to 4:00 p.m., Thursdays through Mondays, and closed on Tuesdays and Wednesdays. "Vesterheim staff are happy to welcome the public back into the Main Building and Museum Store," Vesterheim President/CEO Chris Johnson said. "We are instituting a number of protocols to promote the health of staff, volunteers, and visitors," he continued. Vesterheim will evaluate the status of COVID-19 cases regionally and make changes to policies regarding opening and capacity as time goes on. Visit vesterheim.org for any changes. Vesterheim is implementing this reopening strategy with the guidance of county, state, and national public health recommendations and guidelines.

Vesterheim: vesterheim.org, (563) 382-9681, 502 W. Water St., Decorah, IA.

Nordic Fest

From the Nordic Fest Facebook page: "The Nordic Fest Board is excited to announce that Nordic Fest 2021 will be held this summer, July 22-24. This year's theme is Skål Nordic Fest: The Festival with Heart.

After reviewing the projections for the pandemic and Nordic Fest's economic impact on the area, the Nordic Fest Board voted to move forward with this summer's Fest plans. The Board will work with a variety of local partners to collaborate on best practices and safety protocols to have in place for volunteers and visitors alike. All involved continue to look ahead with optimism and creativity to make Nordic Fest 2021 a great and safe community celebration.

This summer will celebrate Nordic Fest's 54th year. We hope you will join as we toast (skål) our community, the visitors who travel to join us and the Fest tradition that allows us to celebrate together. Nordic Fest is made possible thanks to the generous support of members and sponsors, as well as the hard work of numerous volunteers, organizations, entertainers, and businesses. It truly is a festival that showcases the heart of our community, as well as the greater Driftless region." nordicfest.com



DIRECTORY INFORMATION

The June 2021 Issue of the Budstikken will include a membership listing of Wergeland Lodge members. If you would like to **NOT** have your name and/or address/email/phone information printed, please let Carla

Burkhardt know by May 17. You may call or text 608-317-3262 or email carla.burkhardt8696@gmail.com.

Norway House Exhibit through Sunday, Aug 8, 2021:

Red River Girl: The Thortvedt Family's Journey to America

From norwayhouse.org/calendar/2021/gallery/red-river-girl

This exhibit, in partnership with the Vest-Telemark Museum in Norway and the Historical and Cultural Society of Clay County, MN, tells a story of emigration from Norway to the United States by some of the earliest settlers in Clay County, MN. Unique to this story is Orabel—the daughter of Levi, son of Olav Gunnarson and Tone Leivsdotter Songedal who founded the Thortvedt family farm in Clay County when they all emigrated in the mid-19th century. Orabel, along with her father, becomes among the first established historians in Clay County, Minnesota. They recorded the history of the community and the story of their family's immigration to the United States through their own drawings, photographs, letters, and journals—in addition to an illustrated history through the sketches and paintings of Orabel Thortvedt.



Norway House wants to include YOUR immigration stories—and family artifacts!

Our family's stories help tell the history of who we are and who we might become. Norway House was built by a community of Norwegian immigrants who thrived in Minneapolis. We are now part of an ever-growing community of immigrants and Native peoples living together on the same soil.

A key part of this new exhibit at Norway House will be the integration of your immigration stories. So, we're seeking stories from your family history. They can be old or more recent; happy or difficult; emigration to another country or immigration to America. If your ancestors are native to this area and have stories about immigration, share them! All stories, whether coming from Norway and the Nordics or around the world, will be selected and shared.

To sign up for this - click on the link at the beginning of the article to find the fillable form. Norway House is at 913 East Franklin Ave, Minneapolis.



Dis og Dat



What's in YOUR cup?



Norway: 21.82 Lbs Per Capita

Like most European countries, coffee in [Norway](#) was first made popular among the wealthy in the early 18th century. Even though Norway was a relatively developing country, being ruled by Denmark at the

time had its benefits; in this case, lots of cheap java.

Kaffe is typically served black at breakfast, and with dessert after dinner. Norwegians also commonly invite people over specifically for coffee, served with cakes and pastries. 80% of the roughly 5 million people of the nation drink coffee, many at a rate of four to five a day. If you are ever in rural Norway, don't forget to try "karsk," a cocktail made with weakly brewed coffee, sugar, and a hefty helping of moonshine. Don't worry, if it's too strong you can always light it aflame to burn off some of the alcohol!

Norwegian Egg Coffee

Scandinavian immigrants popularized this distinctive brewing method in certain parts of the United States, and it remains a regional favorite to this day. The egg does not flavor the coffee, but instead clarifies it by filtering out bitterness and impurities. The result is an unusually smooth and mild brew.

Ingredients 5 Tbsp. coffee (medium grind best) and 1 egg

Instructions Beat egg in a small bowl with a fork. Add coffee grounds and mix until you have a sludge. Bring 7 cups of water to a boil in a large coffee pot or saucepan. Add coffee/egg mixture. Continue boiling until the foam disappears – about 3 minutes. Remove from heat. Add 1 cup of cold water to the coffee pot. This will help settle the grounds. Pour coffee through a strainer to catch any loose grounds. Serve.

A note from Shirley Schoenfeld, who shared the coffee articles: "Our neighbor had a glass percolator, and she put the "sludge" in the basket, and perked the coffee - always nice and clear."

Looking Back

Fem år siden (5 years ago) 2016

TNorskedalen's annual Spring Fund Raising Celebration will be held Sunday, April 24 from 11 a.m. to 1:30 p.m. at the Radisson Hotel. There will be a good meal, "Chinese" auction and "Squares" raffle, a speaker on the importance of curators in museums, musical entertainment and the awarding of the prestigious Norskedalen Award. Receiving the award this year are two people who have been active Sons of Norway members, one in Westby and Shirley Schoenfeld at our own Wergeland Lodge.

The April program, "Shadows of Time, Minnesota's Surviving Depots," will be presented by Bill Schrankler. Based on his new book, this presentation will compliment the depot stories he has gathered in traveling and researching over 200 some existing depots in Minnesota.

Ti år siden (10 years ago) 2010

Mange takkk to Wergeland cookie bakers. Florence and Eugene delivered 75 dozen cookies to hungry Barnebirkie skiers. The total amount donated this year was 1597 dozen or 19,064 cookies. There were over 110 young skiers so that was more than 1 dozen for each.

Femten år siden (15 years ago) 2005

A recent article in the La Crosse Tribune featured the La Crosse County Jail Ministry Storybook Project, which member Jean Marck started in 1999. Volunteers record jailed mothers as they read for their children. Each cassette tape is then mailed to the home so that the children might hear the mother's voice as she reads. A picture accompanying the story showed Jean, a project director, with a mother and her book.

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

NORWEGIAN EASTER ORANGE CAKE

From <http://thanksforthefood.com/norwegian-easter-orange-cake/>

Author Whitney Love: “Less than a week until Easter in Norway means a lot of cake eating (and recipe testing) has been going on around here! Easter is such a wonderful time for celebrating renewal and fresh starts in Norway, and enjoying all things orange flavored. I found this lovely cake recipe on the LA Times web-site...and thought I might recreate it, but without the candied orange and chocolate chips in it. While this cake is lovely with both kept in, I really appreciate how much my recreation resembles American-style pound cake with an orange twist. It's light and airy, but also buttery and goes great with the strong dark coffee served in Norway.”



NORWEGIAN EASTER ORANGE CAKE

PREP TIME: 1 hour 20 mins

COOK TIME: 50 mins

TOTAL TIME: 2 hours 10 mins

Serves: 10 to 16

INGREDIENTS

- 160g (1⅓ cups) flour
- 1½ teaspoons baking powder
- 180g (¾ cup) butter, softened
- 200g (1 cup) sugar
- 3 eggs, at room temperature
- Grated zest of 1 orange
- 1 teaspoon orange extract (ie Organic Orange Extract from Flavorganics)
- 75ml (⅓ cup) orange juice

INSTRUCTIONS

Heat the oven to 175C/350F degrees. In a medium bowl, sift together the flour and baking powder. Set aside. In a separate bowl, beat the butter and sugar until light and fluffy. Using a standing or hand mixer, this should take 3 to 5 minutes. One at a time, making sure they are each incorporated before you add the next, add the eggs to the mixture.

Next, beat in the orange zest, orange extract and orange juice to the butter mixture. The mixture might look a little odd once you add the orange juice, but it will all come together once you mix in the dry ingredients.

Fold the flour mixture into the butter mixture and combine until the cake batter is even and without streaks.

Pour the batter into a greased and floured bundt pan, then bake for 45 to 55 minutes, or until a toothpick inserted in the center comes out clean. Allow the cake to cool into the pan for 45-60 minutes on a cooling rack, then remove from the mold.

Dust with powdered sugar and serve.

Clean, Quiet Construction Sites? In Oslo, Yes

In 2019, Oslo adopted a new “zero emission” policy to curb the pollution traditionally belched out by big construction machinery at the city’s many work sites. Electric excavators, saws and other plug-in equipment is now on the job, alongside traditional machinery designed to use diesel but now refitted with batteries. Fossil-fueled equipment is allowed only when a low-emission alternative is not available. The initiative has inspired manufacturers to develop new designs, ensuring that an increasing variety of electric-based construction vehicles will be available in the future.

Previously, construction equipment created 30% of Oslo’s traffic emissions. Officials say the new initiative saves 35,000 liters of diesel fuel and reduces green house gases by 99% per construction site. Because Norway generates nearly all its electricity from hydropower, even the electricity used to power the equipment comes from a ‘green’ source. The electric trucks and other equipment are much quieter than their diesel counterparts, reducing noise pollution and increasing the quality of life for anyone living or working near by.

Currently, four kindergartens and two sports arenas are being built as “zero emission” work sites. Not all projects in Oslo must follow the new policy: the guidelines for private or state-owned sites are much less stringent, and only one in five construction projects is city owned. However, city leaders believe controlling emissions at those sites is an important step toward keeping their city, and the world, green.



Norway to Introduce New Passports

On October 19, 2020, Norway issued its first new passports to the Minister of Foreign Affairs, Ine Eriksen Søreide, and the Minister of Justice and Public Security, Monica Mæland. The decision to create a new version of the passport was mainly to increase its security elements, making it more difficult to forge. The new passport features aspects of Norway's natural scenery as a pleasant background on the pages, but it also doubles as a security feature; when placed under UV lighting, the Norwegian landscape background will switch from day to night.

This clever feature came to fruition through a design competition for the new Norwegian passport. Neue Design Studio won for its emphasis on Norwegian identity, functionality, and preservation of traditions. One of their main intentions was to convey the variances in Norway's climate and landscape—elements that have shaped the people and country. Neue's senior designer Benjamin Stenmarck adds "The design had to create a sense of belonging and connection across age, gender and regions in Norway." What better way to do this than through Norwegian nature.



Iceland Offers Long-Term Visas for Remote Workers

With tourism taking a major downturn during the Covid era, and many more people working from home, some countries have tried to recoup their losses by offering temporary visas for remote workers. Tropical destinations like Barbados and Bermuda were among the first to make headlines with this creative approach to tourism, and now there is a new option for those who prefer a cooler climate: Iceland.

Under the newly expanded Work in Iceland program, certain remote workers will be able to stay in Iceland for up to six months at a time. The long-term telework visas are only available to people who are employed by non-Icelandic companies and plan to work remotely while living temporarily in Iceland. It is also open to self-employed individuals who meet income requirements.

Remote workers who meet eligibility guidelines can apply to bring their families with them for their stay. However, the program is not available to those seeking employment in Iceland or planning to relocate there permanently.



Sons of Norway Trivia

How much do you know about Sons of Norway and our members? Test your knowledge with these questions.

1. Where is the largest Sons of Norway local lodge located?

- A. Fargo, North Dakota
- B. Seattle, Washington
- C. Anchorage, Alaska
- D. Minneapolis, Minnesota

2. True or False: Canada's first Sons of Norway lodge was Sleipner Lodge, founded in 1910.

3. Our members find unique ways to support their communities. Which of the following community service projects have members taken part in?

- A. Adopt-a-Cow
- B. Soda can tab collection
- C. Knitting baby hats
- D. All of the above

Answers:

1. **B** – Leif Erikson lodge in Seattle has more than 1,300 members.
2. **True.** Sleipner Lodge is located in Vancouver, BC.
3. **D** – All of the above.

Adopt-a-Cow: This Second Harvest program donates milk for hungry families. Members at Mandt Lodge 5-314 in Stoughton, WI adopted two weeks of Penny the Cow's milk production.

Soda can tabs: At Fridtjof Nansen Lodge #6-009 in Long Beach, CA, members collect soda can tabs for their local Ronald McDonald House and make meals for families staying at the house.

Baby hats: Members of Edvard Grieg Lodge 5-657 in Cincinnati, OH, knit 24 baby hats for the Cincinnati American Heart Association's "Red Hats for Red Hearts" program.

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A little in English...

It's Not Easy Being a Foreigner, Is It?

At least not when Norwegians are like coconuts: **soft inside, but hard on the outside**—and almost impossible to open when you do not know how.

You can learn a lot about yourself by moving to a new country. And one of the things I learned in Peru was that I was very Norwegian. Here are three examples of situations where I experienced a small cultural clash between myself and the locals:

1. Greeting new people

When you meet friends of friends in Peru, you tend to kiss them on the cheek. This was strange to me and I always just gave them a hug in return. As a Norwegian, I think it's quite strange to kiss strangers. In Norway, it is most common to shake hands, and perhaps a hug in certain situations.

2. To enter a door

As a Norwegian woman with functioning arms, I am used to opening doors all by myself. But even though I know that it is common for men to open doors for women in Peru, I forgot it in front of every door. Every time my boyfriend opened a door for me, I stood there and waited for him to enter first.

3. The need to be alone

My in-laws in Peru are very nice, and I felt lucky to get to know them, especially my mother-in-law. Still, one day my boyfriend asked me, "Don't you like my family?" That was a surprising question, because I actually liked them very much! So why would he ask about it?

Well. The question was a result of me often saying no to going to visit. Yes, I like to go to parties and dinner visits, but in small doses, and preferably not several times a week. My need to be alone or just with my boyfriend is often greater than the need to be social, and so it goes for many others, I think. Maybe especially for Norwegians.

But I know that it is not as easy to be a foreigner in Norway. I have often heard that Norwegians are "cold and rude," and I understand well that we can be perceived as such by foreigners!

Litt på Norsk...

Det er ikke alltid så lett å være utlending, er det?

I hvert fall ikke når nordmenn er som kokosnøtter: **myke inni, men harde på utsida** - og nesten umulig å åpne når du ikke vet hvordan.

Man kan lære mye om seg selv ved å flytte til et nytt land. Og en av de tingene jeg lærte i Peru, var at jeg var veldig norsk. Her er tre eksempler på situasjoner hvor jeg opplevde en liten kulturkrasj mellom meg selv og lokalbefolkningen:

1. Å hilse på nye mennesker

Når man møter venner av venner i Peru, pleier man å kysse dem på kinnet. Dette var rart for meg, og jeg ga alltid bare en klem i retur. Som norsk synes jeg det er ganske rart å kysse fremmede. I Norge er det vanligst med et håndtrykk, og kanskje en klem i spesielle tilfeller.

2. Å gå inn en dør

Som norsk kvinne med armer som fungerer, er jeg vant til å åpne alle dører selv. Men selv om jeg vet at det er vanlig at menn åpner dørene for kvinner i Peru, glemte jeg det foran hver dør. Hver gang kjæresten min åpnet en dør for meg, ble jeg stående og vente på at han skulle gå inn først.

3. Behov for å være alene

Svigerfamilien min i Peru er veldig flott, og jeg følte meg heldig som fikk bli kjent med dem, særlig svigermor. Likevel spurte kjæresten min meg en dag: "Liker du ikke familien min?" Det var et overraskende spørsmål, for jeg likte dem faktisk veldig godt! Så hvordan kunne han spørre om det?

Vel. Spørsmålet var et resultat av at jeg ofte sa nei til å bli med på besøk. Joda, jeg liker å gå på fester og middagsbesøk, men i små doser, og helst ikke mange ganger i uka. Mitt behov for å være alene eller bare sammen med kjæresten er ofte større enn behovet for å være sosial, og slik er det for mange andre også, tror jeg. Kanskje særlig for nordmenn.

Men jeg vet at det ikke er like lett å være utlending i Norge. Jeg har ofte hørt at nordmenn er "kalde og uhøflige", og jeg forstår godt at vi kan bli oppfattet slik av en utlending!

Nordmenn er som kokosnøtter



Vaffelposten

Sons of Norway
Wergeland Lodge #5/028
P.O. Box 3591
La Crosse, WI 54602-3591

APRIL 2021



OFFICERS TO CONTACT BETWEEN MEETINGS

President- Ramona Johnson 608-788-7507
e-mail address: ajrjathome@msn.com

Vice President-

Membership Secretary - Kathi Beane 608-783-3037
e-mail address: beane.kath@eagle.uwlax.edu
Send notices of deaths or address changes to the Membership Secretary

Secretary- Adrian Johnson 608-788-7507
e-mail: ajrjathome@msn.com

Editor- Carla Burkhardt 608-317-3262
e-mail: carla.burkhardt8696@gmail.com

Sons of Norway Fraternal Benefit Counselor-
Helge Enok Vestnes 715-878-9646
W1741 Easterson Rd. Eleva, WI 54738
e-mail: hevestnes@gmail.com
Cell: 715-797-6414

Norskedalen Activities

Throne Visitors Center

Hours From Oct - Apr:

Monday-Saturday from 9am--4pm
Sunday from 11pm--4pm



Admission rates for all programs with the exception of Heritage classes is \$6.00 for adults, \$3.00 for children, \$15.00 for families, and free for members of "Friends of Norskedalen."

All visitors, including Norskedalen organization members, should check in at the Throne Visitors' Center for your admissions, wristband, maps and information.

Norskedalen Members may use the Norskedalen grounds 365 days a year from sunrise to sunset. Member parking pass must be clearly displayed in front windshield while using Norskedalen grounds.

Non-members may only use Norskedalen grounds during regular business hours and must check-in with office staff to pay admissions and receive a wristband.

Norskedalen phone: 608-452-3424

Web site: www.norskedalen.org

E-mail Address: info@norskedalen.org