



**SONS of
NORWAY**

Budstikken

Wergeland Lodge #5/028 P.O. Box 3591, La Crosse, WI 54602-3591



Facebook page: [Sons of Norway Wergeland Lodge](#)

May 2021

Volume 56, Issue 5

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Wergeland Kalender

- ♦ May 6—Syttende Mai Banquet at Drugans
- ♦ May 11—5:30 Board Meeting at Perkins
- ♦ May 17—Syttende Mai! 9:00 Flag-raising at La Crosse City Hall
- ♦ May 17—Deadline for Budstikken articles
- ♦ May 27—Budstikken mailed to members
- ♦ June 3—Wergeland Lodge Meeting

HAPPY



SYTTENDE MAI

The Coronavirus (and actions being taken to limit its spread) continues to modify our plans. Please watch your email for any changes to upcoming events. If you do not have email, please call Ramona/Adrian at 608-788-7507 to check if an event will happen. Stay well, everyone!

Fra Presidenten



Here we are again, celebrating spring and Syttende Mai. Such a wonderful time of the year! I have written a history of Syttende Mai. Most of the information was taken from the Viking Magazine, May 2009.

Norway Constitution Day—also known as Syttende Mai, is the nation's biggest celebration. Norwegians turn out in the finest clothes, many wearing regional costumes to march in parades, eat, drink and generally celebrate their nation's independence. However, the occasion didn't start out on such a happy note.

On May 17, 1814, in Eidsvoll, Norway, a group of Norwegian nationalists gathered to sign the country's first constitution. Though Norway retained a Swedish king, the constitution was the first step in making Norway an independent nation.

For years after the constitution was signed, Norway remained under Swedish rule and outward celebrations of independence were forbidden. In 1833, Henrik Wergeland, a poet and social activist and son of an original constitution signer, broke the mold by holding a public address in Christiania on May 17. After Wergeland's address, students paraded in the streets singing national songs of Norway. The first official children's parade wasn't held until 30 years later, but Wergeland, who was outspoken in his belief that children are a country's point of pride, is often credited for the docile, non-military nature of Syttende Mai parades.

The celebrations continue here in the USA. Local parades are held in Westby, Stoughton and Spring Grove and across the country.

This year, we celebrate with a banquet on May 6. This is a time of renewing friendships, honoring years of service and membership, and we welcome spring. Honoring our heritage, Ramona J.



May Banquet

Syttende Mai Banquet at Drugans on Thursday, May 6!!
Social Hour 5:00 pm, Dinner 6:00 pm
(reservations required by April 26)



Mai Birthdays

- 8 Claire Everson
- 11 Alex M Hagen
- 12 Ardelle M Ender
- 13 Emma Johnson
- 16 Adrian E Hagen
- 21 Howard M Johnsrud
- 22 Trygve A Mathison
- 22 Eric James Pederson
- 25 Rod Ofte
- 26 Jake D Rudser
- 28 Brian L Rainer
- 29 Gregory Buczynsky



Wergeland Scholarships are due July 1. 2nd-year college students who are children or grandchildren of a Wergeland member may apply. An application form has been included on p. 5 or is available from Kathi Beane.



Program for June

Program to be announced. June is traditionally our pie and ice cream social, but we are considering our options.

Sekretær Notater...

There were no Wergeland regular meetings in April so this report is from the Board meeting held April 13th at Perkins at 5:30 PM. President Ramona Johnson presided at the meeting and the following were in attendance: Shirley Schoenfeld, Karen Broadhead, Kathi Beane, Vivian Sacia, Carla Burkhardt, Ramona and Adrian Johnson.

We discussed the May Banquet at Drugans which will be held May 6th to celebrate Syttende Mai and to celebrate our lodge getting together again after a year without any regular meetings. Rachel Storlie will present our entertainment, we will honor the recent golden members with dinner and a certificate and a pin and also recognize 25 and 50 year members with a pin. We will order a cake from Festival Foods to serve for dessert. We will welcome Cheryl Wille-Schlesser, Vice President of District Five Board, who will be here to visit our get together. We will hand out certificates to our members who participated in our walk to Norway and back last year.

The March Secretary report was printed in the April Budstikken and the Treasurer report is printed elsewhere in this issue of the Budstikken.

We have received word that the American Legion Hall will reopen in May so we are hopeful that we will be able to conduct our pie and ice cream social on June 3rd at that location.

Vivian stated the Holmen Corn Fest will return this August and we will once again be able to march in their parade on August 21st.

Board meeting adjourned at 7:20 PM.

—Adrian Johnson, Wergeland Lodge Secretary

Treasurer's Report:

March 31, 2021 checking balance	\$4,762.16 (which includes \$2,420.12 for Memorials and Dancers)
March 31, 2021 scholarship balance	\$1,506.50
March 31, 2021 savings balance	\$19,038.65
March 31, 2021 Wergeland has	\$25,307.31

DIRECTORY INFORMATION

The June 2021 issue of the Budstikken will include a **membership listing** of Wergeland Lodge members. If you would like to **NOT** have your name and/or address/email/phone information printed, please let Carla Burkhardt know by May 17. You may call or text 608-317-3262 or email carla.burkhardt8696@gmail.com.

TUESDAYS at 6:20 pm: Nordic News Program

Every Tuesday night, tune in at 6:20 p.m. by computer: <https://gotomeet.me/SofN-D5> By phone: 646-749-3112 (access code: 509-077-557); by iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

You also can access previous Nordic News programs archived at: http://www.sonsofnorway5.com/programs/speakers_bureau.php.



Til minner om...

...**Frieda E. Nowland**, 87, of La Crosse, who passed away Friday, April 2, 2021, at her home. A memorial service was held on April 10 at Our Redeemer Lutheran Church.

She was a Wergeland Golden Member, actually 43 years now. She was active on many committees, taught lessons in Norwegian, and served as a Board member of Wergeland. Our sympathy to her husband Ron and their family.



Tusen takk...

...til **Karen Broadhead** and **Carla Burkhardt** for the memorials to Wergeland in memory of Frieda Nowland.

God Bedring til...

...til **Wergeland Members** who may be dealing with health issues, some related to Covid.

To be recognized at the Syttende Mai Banquet:

Congratulations to the five (5) newest **Golden Members** (member over 30 years and 65+ years of age): **Shelley Jerviss, John Monson, Thomas Monson, Elaine Nelson, and Lois Preeshl.**

Congratulations to six (6) members who have reached **25 years**: **Barb Hegge, Douglas Johnson, Eugene Johnson, Marion and Bob Mickelson, and Sally Louise Olson.**

Congratulations to **Sandra Kawatski** on being a Wergeland Sons of Norway member for **50 years!**

We will honor Sandra at the Syttende Mai Dinner. As you know, she has worked with the Sons of Norway Dancers for over 40 years, and she has had a DVD video produced of their history, which we will show at a meeting soon. Thanks Sandra.

This picture below of the Dancers was taken in 1991.



May Program: Syttende Mai Banquet at Drugan's

Following the dinner portion of our Syttende Mai Banquet, we will have a celebration of long-time members followed by a musical program "Melodies of the Heart," presented by Rachel Storlie.



Rachel Storlie, soprano, hails from Spring Grove, MN. She holds a Master of Music degree from the University of Northern Iowa, and currently teaches voice at her undergraduate Alma Mater, Luther College.

Storlie was published in Vesterheim Norwegian-American Museum's summer, 2019 magazine for her article "Beyond Grieg: A Legacy of Women in Norwegian Music History." She also presented with graduate colleagues at the 2016 Midwest Regional National Association of Teachers of Singing (NATS) conference on "Redefining Success: A Singer and Teacher's Guide." An avid art song researcher and collector, Storlie was awarded grants from both UNI and Luther College to study obscure or underappreciated composers from Belgium and Croatia. Her singing adventures have taken her from the midwest to Europe, but a surprising Russian-Italian connection led to her Weill Recital (Carnegie) Hall debut in 2018.

When not teaching or singing, you can find Storlie at home in the loft of Trinity Lutheran Church (Spring Grove, MN) where she serves as organist, or relaxing in her Victorian home with husband David. Each June, Storlie co-leads the Norwegian Ridge Language and Culture Camp for area youth, before collapsing for a few days of rest! The Storlies enjoy travelling, cooking, and staying active with the town's Nordic heritage and theater scene at Ye Olde Opera House. Storlie bids you "Velkommen til Spring Grove" for our upcoming Syttende Mai Fest and the summer musical "Spamalot" from July 15-19!

Norwegian Camp is Back in Spring Grove, MN!

Due to the pandemic and the ongoing construction at the Giants of the Earth Heritage Center, we will have to wait a little longer to hold camp in person, but we are excited to announce that this year we will be holding our first ever virtual Norwegian Camp! Camp will be held June 14-18, 2021. A materials pack will be provided for at-home activities, and lessons with all your favorite camp instructors will be hosted on Zoom.

This year's theme is daily life in the Nordic Bronze Age, and we'll be discussing what things were really like for people living in the Viking Age--looking much deeper than the clichéd image of horned helmet-wearing raiders!

(continued on p. 6)



Dis og Dat



Celebrate Syttende Mai

Syttende Mai (May 17th) is usually celebrated in public with massive parades of school kids, russ (high school seniors) wearing blue and red coveralls, adults donning bunader (folk costumes) and marching bands. It's a day for expressing cultural pride, excitement for spring and for appreciating the founding of an independent Norway. There are plenty of ways to have a festive occasion, even when social distancing:

Décor: One thing that you see everywhere on Grunlovsdagen or Constitution Day are Norwegian flags and red, white and blue decorations. Incorporate these colors into your food, or if that's not possible, decorate with flag toothpicks and red, white and blue napkins.

Attire: Typical dress for all ages is a bunad, or national folk costume, but don't stress if you don't have one; people without costumes tend to dress nicely and pin red, white and blue ribbons onto their lapel, or wear the Norwegian colors in another way.

Music: Put on some Norwegian tunes or sing a few your-

selves. The national anthem, Ja, Vi Elsker Dette Landet is a favorite, along with Norge I Rødt, Hvitt og Blått. Search on YouTube for SonsofNorwayHQ playlists of Norwegian music—both traditional and modern.

Gratulerer med dagen! A typical activity on Syttende Mai is saying "Gratulerer med dagen!" (Congratulations on this day!) or "Hurra for Syttende Mai!" (Hooray for May 17th!). Repeat this to everyone you see throughout the day.

Food: Syttende Mai is a banner day for kids in Norway, as they are usually allowed to consume as much soda, hot dogs and ice cream as they want. Some Norwegians make a fancy brunch before heading to the local parade. For the koldtbord (smorgasbord), favorites include smoked salmon, trout, cured meats, scrambled eggs, porridge, salads and champagne. Later in the day, enjoy coffee with bløtkake, a layered cream cake with fresh fruit—often using blueberries and strawberries to make a flag on top. Heart-shaped waffles and kransekake (a tiered almond ring cake made of ground almonds, sugar and egg whites) may be decorated with Norwegian flag toothpicks.



Hurra for Syttende Mai!

Looking Back

Fem år siden (5 years ago) 2016

Bill Musser will present "Waltzing in the Garden: Playing Heirloom Tunes, Planting Heirloom Seeds" on Sunday, May 1 at 2 pm as part of Norskedalen's Sometimes on a Sunday series at the Thrune Visitor's Center. Bill will share Norwegian-American music, images and individual seed stories from Seed Savers Exchange as he relates how different forms of folk traditions — old time Norwegian-American dance music and heirloom or historic garden varieties are passed down from one generation to the next.

Ti år siden (10 years ago) 2011

Ron, Frieda and Tami Nowland, Zachary Johnson and his parents, Naomi and Scott from Clear Lake IA spent four days in Chicago recently. They were visiting the Sao Dang

family who immigrated from Viet Nam 32 years ago. "The ten children in the family have grown up to become doctors, dentists, pharmacists, chemists, chefs and more. They are a remarkable family and a great asset to our country."

Kent Sween, Membership Chairman, reported on the Membership Breakfast. We have 15 new members.

Femten år siden (15 years ago) 2006

Meet our New Members — Kathy Eirschele of LaCrosse, Jeff and Diane Gunvalson of Onalaska, Marilyn Rudser of Onalaska, Orlando and Carole Wadel of Mindoro and Laura Gonias of Stoddard.

Norway will build a "doomsday vault" close to the North Pole containing seeds that represent all the world's crops in order to ensure the continuation of global crop species.

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Sons of Norway
Wergeland Lodge # 5/028
P.O. Box 3591
La Crosse, WI 54601-3591

Wergeland Scholarship Application

Name: _____ Date of Birth: _____

Address: _____ Phone Number: _____

Your E-Mail _____

Wergeland SON Family Member: _____ Relationship: _____

Name of Accredited College or University: _____

Major: _____ Anticipated Graduation Year _____

Briefly, what are your future plans? _____

Why are you interested in this scholarship? _____

- Return completed application and proof of registration for the Fall 2021 semester (your 2nd year of college) to Laura Ira, 113 Meadow Ln, West Salem, WI 54669-9261 or email to Inira@live.com.
- Send a photo of yourself (.jpg file) for the Lodge newsletter to Carla Burkhardt at cburkhardt@uwlax.edu.
- The application file must be submitted by July 1st.

Guidelines for scholarship applicants:

- As of May 31st, applicant must be under age 24, a child or grandchild of a member of Wergeland Lodge, attending college, registered for the 2nd Year. Applications are available from Kathi Beane, beane.kath@eagle.uwlax.edu.
- Any previous scholarship recipient will not qualify.
- Applicant must be a full-time student, completed one year of college, and accepted and entering the second year or later year at an accredited college or university.
- Each qualifying applicant will receive a \$300 scholarship award and check at the following August meeting.

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Wergeland Lodge is proud of our emphasis on family lodge, and a scholarship is available to all members' families meeting the criteria above.

Scholarship Committee Marilyn Rudser, Kathi Beane, and Laura Ira.

Signature of Applicant _____

Dear Lodge Leaders,

I am pleased to announce that the International Board has approved the dates and location for the 2022 Sons of Norway International Convention.

The convention will be held August 31 - September 1, 2022. First-time delegates arrive for training on August 30. Delegates will depart September 2.

Here is the information about the venue—be sure and take the virtual tour of the site!

Omni Viking Lakes Hotel
2611 Nordic Way, Eagan, MN 55121

More information will be forthcoming.
Sincerely, Ron Stubbings
President, International Board

(Norwegian Camp, continued from p. 3)

And since the camp this year is virtual, you can participate from anywhere. Have a friend who's always wanted to join in on the fun but who lives too far away? Let them know they can come this year too!

Since camp is virtual this year, registration is just \$55 and includes your materials kit and full access to the course. Visit norwegianridge.org to learn more and reserve your spot today!

If you prefer to pay by check, please address your registration to Norwegian Ridge Language and Culture Camp and mail it to PO Box 241, Spring Grove, Minnesota. We are so excited to have camp with you again this summer!!

Watch this video featuring some of our instructors and made by our very own Rachel Storlie to find out more, and get excited for camp with us! <https://www.youtube.com/watch?v=aucT0xioeJU>

Here is the camp website--with great information and registration info: <http://www.norwegianridge.org/>



Syttende Mai celebrations!

La Crosse: We will again be raising the Norwegian flag at City Hall this year. The flag raising and program are scheduled to begin at 9:00 on May 17 on the steps of City Hall in La Crosse so if you are available, stop by.

Westby: see their facebook Events page for May 15 happenings: https://www.facebook.com/WestbySyttendeMai/events/?ref=page_internal

Spring Grove: see the website for May 14-16 celebrations: <http://sgsyttendemai.com/schedule/>



Above, from May 17, 2020: Grandchildren of former Wergeland members, Curt and Cheryl Brye, celebrate Syttende Mai. The Bryes' daughter lives near Hønefoss, Norway.

Stoughton, WI, Viking Brew Pub:

VIKING BREW PUB

BRING THE TASTE OF SYTTENDE MAI HOME

CELEBRATE WITH US MAY 15 - 17

FRIDAY FISH FRY • CHEESE CURDS • JUMBO PRETZEL • LEFSE • CORN • WALKING TACOS • MEATBALLS • BRATS • CREAM PUFFS • BEER SPECIALS

FRIDAY 12-8, SATURDAY 11-8, SUNDAY 11-7

PLEASE CALL: 608-719-5041

CARRY OUT ONLY

Thank you for your continued support!

A portion of these sales will be donated to FFA & Norwegian Dancers

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A little in English...

Working to make sports more equitable

Girls should have the same conditions in sports as boys. That is the aim of a new project. Star athletes Amalie Luel, Maren Lundby and Grace Bullen are will be ambassadors for the project.

Grace Bullen is a wrestler. Amalie Luel is a hurdler. And Maren Lundby is a ski jumper. Now they hope to contribute to there being fewer differences between men's and women's sports in Norway.

"We are proud to be ambassadors for Like Muligheter [Equal Opportunities]. This is a good, vital initiative. And it is a positive thing that several players are coming together to reduce inequities in sports," the three state in a press release.

The three will visit clubs and attend seminars. They will also help to make people aware of this subject via PR campaigns and on social media. Specific goals have also been set for women to have equally favorable conditions for training and competition.

"It takes a lot of energy and time to be at the forefront of this. But it also gives me a little boost and motivation when I see that things are progressing," Lundby tells the newspaper VG. She has not jumped in competition in several weeks. The reason is that women's ski jumping is on a break.

Men's ski jumping has had its own programs and several competitions during the same period, writes VG. The difference is due to the fact that more money is spent on men's ski jumping. Also because there is more money to be made from it, according to the International Ski Federation (FIS).

The Norwegian Ski Association, the Norwegian Athletics Association and the Norwegian Wrestling Association have received support from business partners. And they get support from Abid Raja. He is the Minister of Culture and Sports. He thanks those who stand behind the project.

"We are one of the countries with the most gender equality in the world. Then there must also be equal opportunities in sports, both for women and men. I have strong expectations for sports. I want them to be equitable. It also means that sponsors are motivated and that they agree to sponsor women as much as they sponsor men, says Raja.



Litt på Norsk...

De skal jobbe for at idretten skal bli mer likestilt

Jenter skal få like gode betingelser i idretten som det gutta får. Det er målet til et nytt prosjekt. Idrettsstjernene Amalie Luel, Maren Lundby og Grace Bullen skal bli ambassadører for prosjektet.

Grace Bullen driver med bryting. Amalie Luel er hekkeløper. Og Maren Lundby hopper på ski. Nå håper de å bidra til at det blir mindre forskjell på menn og kvinner i idretten i Norge.

– Vi er stolte over å være ambassadører for Like Muligheter. Dette er et godt og viktig initiativ. Og det er positivt at flere aktører går sammen for å lage mindre forskjeller i idretten, sier de tre i en pressemelding.

De tre vil besøke klubber og være med på seminarer. De skal også bidra til å få folk til å merke seg temaet. Det skal de gjøre med kampanjer og i sosiale medier. Det er også laget konkrete mål om at kvinner skal få like gode betingelser for trening og konkurranse.

– Det tar mye energi og tid å være i front for dette. Men det gir også litt energi og motivasjon når jeg ser at det går litt framover, sier Lundby til avisa VG. Hun har ikke hoppet i konkurranse på flere uker. Årsaken er at hopp for kvinner har tatt pause.

Hopp for menn har hatt egne tiltak og flere konkurranser i den samme perioden, skriver VG. Forskjellen er en følge av at det blir brukt mer penger på hopp for menn. Og at det er mer penger å tjene på det, ifølge Det internasjonale skiforbundet (FIS).

Norges Skiforbund, Norges Friidrettsforbund og Norges Bryteforbund har fått med seg støtte fra samarbeidspartnere i næringslivet. Og de får støtte fra Abid Raja. Han er kultur- og idrettsminister. Han takker de som står bak prosjektet.

– Vi er et av landene med mest likestilling i verden. Da må det også være like muligheter innen idretten. Både for kvinner og menn. Jeg har sterke forventninger til idretten. Jeg vil at de skal være gode på likestilling. Det innebærer også at sponsorer blir motivert og at de blir med på å sponse kvinner like mye som de sponser menn, sier Raja.

Sons of Norway
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MAY 2021



OFFICERS TO CONTACT BETWEEN MEETINGS

President- Ramona Johnson 608-788-7507
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Vice President-

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e-mail address: beane.kath@eagle.uwlax.edu
Send notices of deaths or address changes to the Membership Secretary

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e-mail: hevestnes@gmail.com
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Norskedalen Activities

Throne Visitors Center

Hours From May - Sept:
Monday-Saturday from 9am--5pm
Sunday from 11pm--4pm



Admission rates for all programs with the exception of Heritage classes is \$6.00 for adults, \$3.00 for children, \$15.00 for families, and free for members of "Friends of Norskedalen."

All visitors, including Norskedalen organization members, should check in at the Throne Visitors' Center for your admissions, wristband, maps and information.

Norskedalen Members may use the Norskedalen grounds 365 days a year from sunrise to sunset. Member parking pass must be clearly displayed in front windshield while using Norskedalen grounds.

Non-members may only use Norskedalen grounds during regular business hours and must check-in with office staff to pay admissions and receive a wristband.

Norskedalen phone: 608-452-3424

Web site: www.norskedalen.org

E-mail Address: info@norskedalen.org