# **Fra Presidenten**

Kjære Venner -

Summer is here, covid regulations have relaxed so we are planning a picnic. Yeah!

Idun is planning a picnic for our first meeting, post-pandemic. We will meet at Lakeview Park Outdoor Shelter in Middleton on July 7. Make sure to make reservations so we know how much food to provide. See picnic information elsewhere in this newsletter.

Monthly meetings at Trinity Lutheran Church will begin in August with meetings scheduled for August 4 and September 1.

Masse Moro (District 5's Norwegian Heritage Camp for children ages 9 - 15) will be held this summer. Idun is sponsoring two campers this year.

The Idun Board voted to donate \$1,000 to River Food Pantry to help with the lunch program for kids this summer. Donations to other non-profits will be made during the following months. If you have any suggestions for donations, contact a board member and the donation will be considered at the next board meeting.

It will be great to see you face-to-face again.

Hilsen, Mary B

#### In This Issue

### Page 2

2020-2021 Officer List Membership Update SofN Foundation Contact

#### Page 3

Meeting agenda

#### Page 4

**Schenk Donations** 

### Page 5

A Lit På Norske

## Page 6

Kalendar

## **Officer List**

## 2020 - 2021 Term

**Co-Presidents** Mary Zoroufy

Mary Bennett

Vice-President Hild Petre

**Secretary** Dee Grimsrud

Assistant Secretary Jane Grinde

**Treasurer** Kelsey Anderson

Counselor Jon Grinde

Marshall Tom Elert

Assistant Marshall Shirley Scriver

Cultural Director Open

Social Director

Publicity Director

Librarian

Lucy Ghastin

Dee Grimsrud

Carolyn Lyle

Newsletter Editors Nathan Anderson

Dee Grimsrud

Foundation Director Mary Bennett

Youth Director Open
Sports Director Open

Trustees - Through 2020 Bob Anderson

Through 2021 Jerry Paulson
Through 2022 Jon Grinde

GreeterShirley ScriverMusicianMary ZoroufyPhotographerShirley ScriverSunshineKaren Smiley

# **Membership Update**

Gratulerer to Richard L Olson, who achieved Golden Membership on June 10th (for being over 65 and a member for 30 years)!

# **Norwegian Idioms**

Det er aldri så galt at det ikke er godt for noe!

Translation: It's never so bad that it's not good

for something.

**Meaning:** The Norwegian version of "When God

closes a door, he opens a window

*Idun News* is published six times a year starting with the Jan.-Feb. issue and ending with the Nov.-Dec. issue. The DEADLINE for content submission is the 10th of the month prior to publication. Email articles and photos to news@sonsofnorwaymadison.com. Send address changes to Dee Grimsrud.

## **Contact**

Idun Lodge 5-74

c/o Mary Bennett, 6414 Irving Drive, Sun Prairie, WI 53590

www.sonsofnorwaymadison.com

news@sonsofnorwaymadison.com

608-249-6329

# **Idun Lodge Picnic July 7**

After a long time of not gathering in person, Idun lodge members and their families are invited to a picnic at Lakeview Park Outdoor Shelter! Located in Middleton on Allen Blvd, Wednesday, July 7, beginning at 4, where the popular game of kubb will be set up. Other activities, including playing cards and board games, and cornhole will be available throughout the evening.

Food and beverages will be provided, with serving starting at 5:30. We will eat at the tables under the building roof on the outside. Feel free to bring lawn chairs. Use your own discretion for wearing a mask. We have the outdoor shelter which is open to the air on 3 sides.

To make sure we have enough food, please RSVP to Jane Grinde at janegrinde@gmail.com or 608-513-7565 ASAP

We can't wait to see you all in person again!

# **August 4th Meeting**

We will view the video, "The Norwegian Immigrant Journey to America" by the adventurer-author-speaker Dave Ellingson. He tells of his journeys within the U.S. and the fjords of Norway via kayak. He takes us to the area of Norway his ancestors emigrated from. This will remind us of where our Norwegian ancestors left. Dave has written the following books:

## Paddle Pilgrim Books:

- Kayaking the Fjords of Norway
- Kayaking the Erie Canal & Hudson River to the Statue of Liberty
- An Adventure of Spirit and Learning Kayaking the Mississippi River

For our August meeting we are not having our usual potluck meal before the program. We will serve dessert and beverages (coffee, lemonade, ice water) for you to enjoy while watching the program. We will gather at 6:30 pm to get refreshments and then start the program shortly after that.

# **Schenk Elementary Donations**

It's time to support our elementary school again!! In August, we will be collecting school supplies to donate to Schenk Elementary School. Below is a list of suggestions for items you can purchase. Starred items are especially in need. If you wish to donate money instead, we will gladly accept your donation and purchase supplies for you. If you are unable to make it to the August meeting, we will still accept the donations at the September meeting or you can arrange drop off/pick up with Kelsey by calling or texting 608-445-3447. Thank you!!

\*Backpacks (no wheels)

**Folders** 

\*Composition notebooks

\*Spiral notebooks (wide-ruled preferred, solid colors only)

Wide-ruled loose leaf paper

Colored paper

Page protectors

Transparent tape (Scotch preferred)

Masking tape

\*Glue sticks (Elmer's preferred)

Slide/zip close snack, quart, or gallon bag

\*#2 pencils (Ticonderoga preferred)

\*Crayons (Crayola preferred)

\*Colored pencils (Crayola preferred)

Washable markers (thin and thick, Crayola preferred)

\*Dry erase markers (thin or thick, black and colors, Expo preferred)

Black Sharpies (ultra-fine point or fine)

Pens

Highlighters

Chalk

## A Lit På Norske

# Hei! Hurra! Au! Voff! (Hva er interjeksjoner, og hvordan bruker vi dem?)

Alle ordene i språket kan deles inn i ti ordklasser. Handlinger er verb. Navn på ting og personer er substantiver. Smaker, lukter og farger er adjektiver.

Men en ting vi ikke snakker så mye om, er **interjeksjoner**. **Uffda!** Det burde vi kanskje gjøre.

### Hva er interjeksjoner?

En interjeksjon kan være et ord som gir uttrykk for en følelse eller en fysisk reaksjon. Det er også ord som skal forestille lyder. Og det er ord som brukes for å svare eller hilse på noen. Vi kan derfor dele denne ordklassen i fire grupper.

**Lydhermingsord**, som er en beskrivelse av hvordan en lyd høres ut, ofte dyrelyder og naturlyder.

- Voff, voff, sa hunden.
- Pling, plong lød det fra pianoet.

Andre lydhermingsord: mø, mjau, pang, poff, klask ...

**Utropsord**, som gir uttrykk for en følelse eller fysisk reaksjon.

- Jippi, nå er det helg!
- Au, det gjorde vondt!

Andre utropsord: uff, æsj, hehe, hurra, grr ...

**Svarord**, som er en positiv eller negativ reaksjon på et spørsmål.

- Ja, jeg er helt enig.
- Tja, du har kanskje rett.

Andre svarord: nei, jo, mja, nja, jo visst, neida, niks ...

**Hilseord**, som vi bruker for å hilse på eller ta avskjed med personer.

- Hei!
- Adjø, og ha en god reise!

Andre hilseord: hallo, heisann, ha det, farvel, på gjensyn ...

# Interjeksjoner brukes også når folk prater med hverandre. Se bare på denne dialogen:

Elisabeth: Hei, William!

William: Hallo, Elisabeth! Fint vær i dag, ikke sant? Elisabeth: Pøh, det er jo iskaldt. Brr, jeg fryser! William: Ja, men i morgen er det meldt 15 grader.

Elisabeth: Hurra, da kan jeg endelig sitte på verandaen. William: Haha, det er jo så mye vind på verandaen din. Elisabeth: Æsj, det er sant. Men nå må jeg videre. Ha det!

William: Farvel!

# Hi! Hooray! Ow! Wow! (What are interjections, and how do we use them?)

All of the words in our language can be divided into ten word classes. Actions are verbs. Names of things and persons are nouns. Tastes, smells and colors are adjectives.

But one thing we do not talk much about is interjections. Oh, dear! Maybe we should do that.

#### What are interjections?

An interjection can be a word that expresses an emotion or a physical reaction. There are also words to represent sounds. And there are words used to answer or greet someone. We can therefore divide this word class into four groups.

**Onomatopoeia**, which is a description of how something sounds, often animal sounds and nature sounds.

"Bow wow," says the dog.

"Plink, plank," went the piano.

Other onomatopoeia: moo, meow, bang, poof, smack...

**Exclamations**, which express a feeling or physical reaction.

"Yippee, it's the weekend!"

"Ow, that hurt!"

Other exclamations: oof, yuck, hee hee, hooray, grr...

**Answer words**, which are positive or negative reactions to a question.

"Yes, I totally agree."

"Well, you may be right."

Other answer words: no, uh-huh, nah, well, for sure, uhuh, nope

**Greetings**, which we use to greet or say goodbye to people.

"Hi!"

"Goodbye, and have a good trip!"

Other greetings: hello, hey, bye-bye, farewell, see you later

# Interjections are also used when people talk to each other. Just look at this dialogue:

Elisabeth: Hey, William!

William: Hello, Elisabeth! Nice weather today, isn't it?

Elisabeth: Oof, it's really cold. Brr, I'm freezing!

William: Yes, but tomorrow its going to be 15 degrees.

[59 degrees F]

Elisabeth: Hooray, then I can finally sit on the porch.

William: Haha, it's so windy on your porch.

Elisabeth: Oh, that's true. But, now I have to move on.

Bye!

William: Goodbye

#### **IDUN LODGE**

c/o Dee Grimsrud 107 Sutherland Ct Unit 108 Madison WI 3704-6817

### ADDRESS SERVICE REQUESTED



# Kalendar

July

7 - Picnic

**August** 

**4** – Regular Member Meeting at Trinity Resume

September

1 - Member Meeting

October

6 - Member Meeting

All events are free and held at Trinity Lutheran Church in Madison, at First & Winnebago Streets, unless indicated otherwise. Please use the entrance closest to the parking lot on Atwood Ave (or the accessible entrance on Winnebago St) and proceed to the Fellowship Hall in the basement.

Sons of Norway offers some excellent financial benefits, including life insurance, long term care insurance, and annuities. For more information, go to <a href="www.sofn.com">www.sofn.com</a> and click on "Financial Products" in the blue strip near the top of the page, or contact our area's Financial Benefits Counselor:

Greg W. Ragan, FIC Phone: 1-815-623-8817 (Office)
7042 Kinnikinnick Dr 1-815-988-5975 (Mobile)
Roscoe IL 61073 Email: gragan51@gmail.com

The Mission of Sons of Norway is to promote, preserve, and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic countries while growing soundly as a fraternal benefit society and offering maximum benefits to its members.