



5-689

Shawnee Skogen 5-689 Tidskrift



Nov. 17, 2019 — Institution Day!

Special points of interest:

- Dec. 31, 2018—33 members
- Dec. 3, 2019—50 members!

It has "HAPPENED!"

PLEASE Continue to :

Recruit, Recruit, Recruit

Please see Bill / Wendy for Business Cards to leave around Southern Illinois!

Do you have Children who you could buy gift memberships for? It is Christmas Time!



What a day we had November 17th! It was a well attended celebration with many new members attending.

along with our District 5 Treasurer, Mike Palecek and District 5 Secretary, Darlene Arneson. Mike and Darlene drove from Racine and Stoughton, WI and Ron flew

from Vancouver, Canada. It meant so much to our new lodge for their attendance! We thank you all!



The Shawnee Forest

started on our way to growing into a large lodge here in Southern Illinois. Sons of Norway started with 18 people and today, we have 50 members as well as 8 heritage members. Congratulations to us all! We have done a great job!

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The International President of Sons of Norway, Ron Stubbings attended

Our lodge is now official. We even have a bank account to get us

Our annual Julebörd is Sunday, Dec. 8th, 2 pm. Please email

Welcome to our New Members!

Brad McCulloch, Anna, IL	Colby Bowman, Anna, IL
Nathan Nutter, Troy, IL`	Christina Nutter, Troy, IL
Paul Sevik, Ft. Montgomery, NY	Kirsten Sevik, Ft. Montgomery, NY
Tarryn Sevik, Ft. Montgomery, NY	

Lodge Meeting Minutes—November 17, 2019

Hedman Orchard and Winery, Alto Pass, Illinois

Meeting opened at 2:00 by Acting President Bill Bultinck, with 29 in attendance. The group recited the Pledge of Allegiance.

ROLL CALL OF EXECUTIVE OFFICERS: omitted today, as the officers are still to be formally installed.

INTRODUCTION OF GUESTS AND MEMBERS

Nathan Nutter of Troy, IL. He is here to learn more about his heritage.

Amy McCulloch, member. She was an exchange student in Sweden when she was in school.

Ruth Tweeten and Paul Tweeten. They are here from the Norwegian Society of St. Louis.

Darlene Arneson, District 5 Secretary, from Stoughton WI.

Mike Palacek, District 5 Treasurer, from Racine WI.

International President Ron Stubbings, from Vancouver Canada.



HEADS OR TAILS – winner was Amy McCulloch

APPROVAL OF BOARD AND SOCIAL MEETING MINUTES: omitted today.

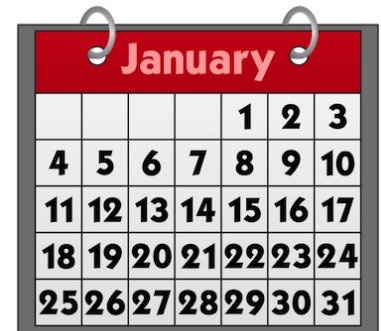
TREASURER’S REPORT

Kelly Bliss: We currently have \$18, and we will be receiving an additional amount from the District as a new Lodge. District 5 Treasurer Mike Palacek reports that the lodge will be receiving a rebate of membership dues collected, in order to get the Lodge on a firm fi-

Continued on page 4

Norwegian in 5 Minutes a Month (on SOFN Website for all members)

Januar	<u>Pronunciation:</u> yah-new-ahr
Februar	<u>Pronunciation:</u> feh-brew-ahr
Mars	<u>Pronunciation:</u> mahsh
April	<u>Pronunciation:</u> ah-preel
Mai	<u>Pronunciation:</u> mah-ee
Juni	<u>Pronunciation:</u> yew-nee
Juli	<u>Pronunciation:</u> yew-lee
August	<u>Pronunciation:</u> ow-guhst
September	<u>Pronunciation:</u> seh-p-tehm-behr
Oktober	<u>Pronunciation:</u> ook-too-behr
November	<u>Pronunciation:</u> noo-vehm-behr
Desember	<u>Pronunciation:</u> deh-sehm-behr





Lodge Programs for 2019

January 20	2019	Bonnie Juul	Norwegian Language (was cancelled due to weather)
February 17	2019	Ron Naversen	Julebukking & Related Scand. Masking traditions (Hedmans)
March 17	2019	Randy Moe	The Baltic's (Hedmans)
April 14	2019	Loki & Thor	Carola Daffner (Epiphany Lutheran)
May 19	2019	Potluck at Local Park	Syttende Mai Picnic (Giant City State Park)
June	2019	The Full Monty Play	McLeon Summer Playhouse SIU
July	2019	Wendy & Bill	Norway Trip Photos
August	2019		No Meeting
September 22	2019	Wendy Winkelman	King Olaf of Norway Movie (Epiphany Lutheran)
October 20	2019	Wendy Winkelman	Genealogy Cultural Skill Workshop (Hedman's)
November 17	2019	District 5 Officer	Lodge Institution and Installation of new officers
December 8	2019	Bill & Wendy's home	2nd Annual Julebörd

2020 Officers

President: Bonnie Juul bonniejuul@gmail.com
 Vice President: Wendy Winkelman wendyathadeland@yahoo.com
 Secretary: Nancy Schick nancyrschick@gmail.com
 Asst. Secy: Wendy Winkelman
 Treasurer: Kelly Bliss kellybliss13@hotmail.com
 Cultural Dir.: Ron Gulbrandsen gulbrandsend41@gmail.com
 Publicity Dir.: Kelly Bliss
 Editor: Wendy Winkelman
 Counselor: Bill Bultinck billb763@msn.com
 Program Committee: Bill B., Kitty J, Ron N.



Happy Birthday to our Members !

Hazel Bliss	12	15
Joan Juul	12	17
Tarryn Sevik	12	17
Roy N Johnsen	12	19
Judith A Ray	12	23
David J Melby	12	28
Bonnie J Juul	12	30
Ann Dolan	12	31

Lodge Meeting Minutes—November 17, 2019 (continued)

nancial footing.

SUNSHINE REPORT (nothing this month)

Paul Tweeten is here from the Norwegian Society of St Louis. He gave some short remarks on the new group and congratulations. These remarks are attached to these minutes.

Wendy Winkelman reports that, as of this morning, we had 49 members. We have an additional three from this morning, for a total of 52.

The being a new Lodge institution ceremony, the remainder of the order of business will be passed over.

Institution Ceremony:

President Ron Stubbings, Secretary Darlene Arneson, and Treasurer Mike Palacek.

Darlene presents a gift from her lodge to ours, Mandt Lodge of Stoughton, WI. This is the King Harald Medallion, and the Lodge President wears this as a symbol of office. The King's face is on the medallion and should be worn facing the body because King Harald is still alive.

Pres. Ron Stubbings read a letter of welcome from Robin Fossum, International Rep of District 5, who was unable to attend today. This letter is attached to these minutes.

Shawnee Skogen Lodge President Juul is presented to the membership by District 5 Secretary Arneson. She briefly addresses the membership. We will get a lot of help from the District and International as we get to know this organization better.

International President Ron Stubbings notes that the Sons of Norway is a fraternal mutual benefit society. The "3F" goals are Financial, Fraternal, and the Foundation. In addition, Food, Fun, and Fellowship are very important. The Sons of Norway is also a community based organization.

Secretary Arneson provides more info on structure to the new Lodge members and guests. Members of Sons of Norway with insurance are called benefit members, and have voting rights on insurance and other financial issues that affect them. 2 year terms for district officers.

Sons of Norway offers various awards, such as for cooking, sports of all types, literature, stamp collecting, rosemaling, knitting, etc.

We are members of District 5, and the website for District 5 is sonsofnorway5.org/

Mike Palacek and Darlene Arneson speak a bit about the Nordic Legacy Foundation. This Foundation has several programs to preserve and promote Norwegian heritage, This is done through several avenues, such as grants, student study scholarships, cultural exchange programs, and lodge assistance.

There is also a raffle today, and several items are up for grabs.

The International Lodge is also kicking in \$5/person today for the meal, plus the tip, and tax. This is most appreciated!

President Ron Stubbings is wearing a special medallion. He was knighted by the King of Norway in the 1990s. Royal Norwegian Order of Merit, Knight First Class.

Christmas in Norway

by Thelma Naversen

My memories of Christmas in Norway goes back to the 1920's. We always had snow all winter long and enjoyed skiing, skating and sledding. I even remember riding in an open sleigh drawn by horses with jingle bells when grandfather was alive. But most of all, I remember the Christmas festivities which began on Christmas Eve (Holy Night), and lasted well into January for 12 days and beyond. However, preparations for the Christmas season started in the fall when the best apples and pears were carefully picked and stored away in the attic. Cherries, plums and berries were made into jams and juices and kept on shelves in the storage cellar underneath our house together with potatoes and other vegetables that were stored in bins and lasted most of the winter. These were all grown on our property or on grandmother's adjacent farm. We also saved sheaves of plump oats or wheat and tied them together to be placed on a pole or fence post for the birds to feed on during the holidays.

Mother and father spent long winter evenings when we children were asleep, making toys. Father, who was a carpenter, made row boats with small oars, sail boats and doll furniture, Mother sewed bodies for new dolls. and stuffed them and attached a porcelain head bought in town. She also made doll clothes, bedding for the cradles, and sails for the boats. Most of our toys were homemade, even my first skis were made from barrel staves by my bachelor uncle. The first store-bought doll I ever had was given to me for Christmas by sister Aagoth when I was about 7 and she was old enough to make some money babysitting for our younger cousins. This doll was beautiful with dark curly hair, a wine colored taffeta dress with ruffles like a ballerina, and eyes with real lashes that could open and close as you tilted it back and forth. Grandmother always knitted socks, mittens, caps and scarves for all of us. Much baking was done well in advance to last through the holiday season. At least one trip was made before Christmas into town for shopping for things we could only get at Christmas time, such as oranges, nuts, figs and dates and some ornaments were added to our tree each year. The tree had been picked out from grandfather's forest long before it was cut just before Christmas. It was kept in the wood shed while father made a stand for it and later brought into our dining room which was kept locked up until Christmas eve. We didn't see the decorated tree until then, but helped make decorations for it from shiny, glazed paper made into long chains, baskets and cones. These were filled with candy and nuts.

By late afternoon on Christmas Eve all work ceased and the family including grandmother and uncle joined us for dinner. Father read the Christmas Gospel and grandmother said Grace which usually became very lengthy. She prayed for all the world and gave thanks for our abundant blessings until father would interrupt with a loud "Amen". This meal usually consisted of several courses. First, boiled cod fish that father had fished through a hole in the ice early that morning, served with melted butter, boiled potatoes and vegetables. Then we had pork



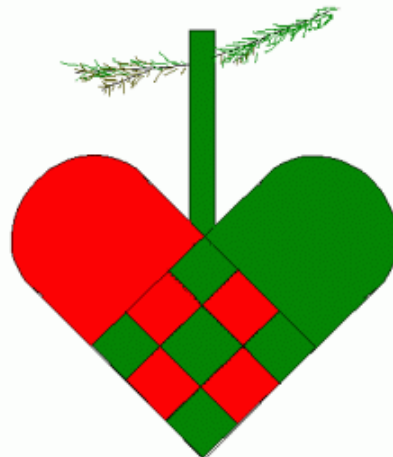
Christmas in Norway (continued)

by Norma Naversen

roast with gravy and mashed potatoes and more vegetables. Finally came the rice pudding with a nut in it. Whoever got the dish with the buried nut would have good luck the following year, and also a prize, usually a marzipan pig. The rice pudding was served with "tytteber" (lingon berries) and also a glass of red juice made from cherries or black currants. There was always a lot of rice pudding left over (and no wonder!) and this was placed in a black cauldron outside by the wood shed for the Julenisser. We never saw them, but the pudding was always gone the next morning. Come to think of it, we always seemed to have cold rice pudding mixed with whipped cream on Christmas Day for dessert, with a dab of tytteber, of course. While the table was cleared and dishes washed, father would slip into the locked room and start a fire in the tall black oven. He also lighted the candles on the tree which were attached with clip-on cups and had to be watched carefully throughout the evening. We didn't have electricity in those days. Finally he opened the door for us to enter and we stood in amazement looking at the lighted tree in the middle of the room with presents underneath. We joined hands and walked around the tree singing all the familiar Christmas carols until we were exhausted. Then the presents were given out and later another table was set with all kinds of cakes and cookies, coffee and hot chocolate, nuts and candy. I never remember when we went to bed and I always wonder where we put all this food in one evening.

From then on there were festivities going on almost every day. The Sunday school "fest" was held in our school house and we walked around the tree singing carols and we had two or three circles going in different directions since there were so many of us. Each child was given a paper bag with nuts and candy and an orange. Other organizations held parties, one after the other, and we also had skating parties with a bonfire on the shore to keep us warm after skating in the cold night air. Another custom we enjoyed was "going julebukk", same as begging on Halloween. Between Christmas and New Year we were allowed to dress up in ragged clothes and blackened faces and go

from neighbor to neighbor singing carols. The occupants would then invite us in for refreshments and try to guess who we were. "Julebukk" refers to a pagan rite when an effigy of a goat's head on a stick was carried by the revelers to ward off Yuletide exorcism. Christmas as I remember it is certainly very different from what it is today and I cherish the memories.



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Program Ideas Needed for 2020

Programs need to be set up for our meetings in 2020. Please send your ideas to the Program Committee, Bill Bultinck, Ron Naversen and Kitty Juul. Last Jan. our meeting was cancelled due to weather, so perhaps Bonnie can do her scheduled Norwegian Language program this Jan.

January 19	2020	Bonnie Juul	Norwegian Language
February 16	2020		
March 15	2020		
April 19	2020		
May 17	2020		Syttende Mai Picnic (Giant City State Park)
June	2020		
July	2020		
August	2020		
September 20	2020		
October 18	2020		
November 15	2020		Lefse Making
December 6	2020	Bill & Wendy's home	3rd Annual Julebörd

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Sons of Norway
Shawnee Skogen 5-689

To JOIN, go to www.sofn.com



We're on Facebook
<http://facebook/southillinois/>



**SONS of
NORWAY**

Mission Statement
*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*

Continued from page 1

Wendy with what you will be bringing to the potluck meal. It will be another day to celebrate our new lodge and also to celebrate the joy of the holiday season. See you on the 8th!

Søt Suppe / Fruit Soup

Wendy Winkelman

1 c. prunes
½ c. minute tapioca
¼ tsp. salt
Lemon
½ c. currants
1 stick cinnamon
1 c. chopped apples
2 c. grape juice
1 c. sugar
1 c. seedless raisins
3 c. water

Combine all ingredients except grape juice and cook until fruit is tender. Then add grape juice and ½ lemon sliced. (I just squeeze a lemon). Serve hot with rusks. May be served cold as a desert with whipped cream and chopped nuts. Makes about 30 4 oz. services.

I LOVE THIS WARM AT CHRISTMAS TIME!!! I COOK IT IN MY CROCKPOT.

JUST FOR KIDS

COLOR THE REINDEER



WINTER FUN CHECKLIST

- ✿ GO SLEDDING
- ✿ BAKE COOKIES
- ✿ MAKE A SNOWMAN
- ✿ READ A BOOK
- ✿ DO A CRAFT

DID YOU KNOW?



National Sámi Day is Feb. 6. The Sámi are an Indigenous people who have been living in northern Norway, Sweden, Finland and Russia for thousands of years. They are known for their colorful clothes and reindeer herding.

For more Just for Kids pages from previous issues, go to softu.com/justforkids. The 'Family Matters' archive is available on the Just for Kids webpage.

WINTER WORD SEARCH

Read the words in the list below, then find and circle them in the puzzle. They could be diagonal and backwards, too!



COLD
DOG SLED
FEBRUARY
MITTENS
NORTHERN LIGHTS
SKI
SNOWSHOE
WINTER

L	E	C	V	D	Z	D	D	Q	N	S	D	U	N	
F	G	L	Y	R	O	C	L	V	A	N	O	H	I	D
T	E	W	G	G	E	A	O	B	I	O	Y	K	W	X
X	E	B	S	R	J	T	C	E	R	W	S	L	L	Y
R	W	L	R	E	X	N	N	F	X	S	V	R	I	Y
P	E	X	H	U	J	W	T	I	U	H	Z	X	F	E
D	W	J	R	N	A	U	U	D	W	O	D	C	Z	T
Z	R	V	J	V	O	R	J	S	N	E	T	T	I	M
N	D	E	X	V	S	L	Y	R	E	B	O	O	N	N
N	O	R	T	H	E	R	N	L	I	G	H	T	S	W

Sons of Norway Shawnee Skogen 11-17-2019

Thank you Wendy Winkelman and Shawnee Skogen 5-689 for your invitation to me to be present on this formal day of beginning for you as Shawnee Skogen, Sons of Norway Lodge in Southern Illinois. Ruth and I bring greetings to you from the Norwegian Society of St. Louis – and hearty congratulations on the successful efforts you have made in meeting all the criteria required in forming and fashioning a newly operating lodge with the Sons of Norway where once there was none. This is a feat deserving high praise and congratulations. And what name could ever be more beautiful and inviting than the name **Shawnee Skogan!** Congratulations for this treasure, as well!

As the current president of the NSSL (Norwegian Society of St. Louis), I am envious of your new positioning with the Sons of Norway organization. Before moving to St. Louis 4 years ago, we were members of the Sons of Norway Store Elva Lodge – the Big River Lodge in the Quad Cities (Davenport and Bettendorf, Iowa; Rock Island and Moline, Illinois), across the Mississippi. It was a privilege to be able to function under the umbrella of a national/international organization with its vast accumulated historical and cultural resources – and which are now available to you in fulfilling your aims of sharing, promoting, and preserving the heritage and culture of our immigrant past – from Norway. That is an amazing resource!

In St. Louis – without the benefits of the Sons of Norway, we're always on our own for programming ideas & materials, and, as time takes its toll on the original founders of the Norwegian Society, we scramble to find those in younger generations who seem to know or even care about things Norwegian – except to run away from this thing called LUTEFISK, or who may wonder if the VIKINGS are playing football today! We do our best.

But, Shawnee Skogen – you've got a good thing going – and a wonderful time ahead of you. Congratulations, and all the best to you!

Paul N. Tveeten NSSL



November 2019

Sons of Norway
Shawnee Skogen Lodge 5-689
Carbondale, Illinois

Dear President Bultinck and Members of Shawnee Skogen Lodge:

A hearty congratulations on the celebration for the dedication of Sons of Norway Shawnee Skogen Lodge 5-689. As a member of District 5, we wish you many prosperous years sharing Norwegian and Scandinavian heritage with your members and members of your Southern Illinois community. The dedication by you, Wendy, and your founding members illustrate the ideals and fraternity of a successful lodge.

I'm sorry that I am unable to participate in your celebration, but I do want to share...
Gratulerer med dagen!

Fraternally yours,

A handwritten signature in cursive script that reads "Robin Fossum".

Robin Fossum
International Director – District 5
Dovre Lodge 5-353, president

630 28th Street
Chetek WI 54728
715-642-2414
rkfossum@gmail.com



Pledge of Allegiance
The meeting begins...



Guest Introductions



New Member Introductions **Gerd Hedman,**
our Host





**Ron Stubbings,
Sons of Norway Inter-
national President**

**Mike Palecek and
Darlene Arneson
giving away door
prizes**



Heads or Tails

and

All Joining hands as new
lodge members





Bonnie receiving a King Harald Medallion

A Happy 1st Shawnee Skogen President—Bonnie



New Lodge Officers !!

