

5-689

Shawnee Skogen 5-689 Tidskrift



Special points of interest:

- Dec. 31, 2018—33 members
- Apr. 30, 2019—35 members!

It has "HAPPENED!"

Continue to :

Recruit, Recruit, Recruit

If everyone could sign up one more active member, we would be set to have our lodge instituted. Please see Bill / Wendy for Business Cards to leave around Southern Illinois!

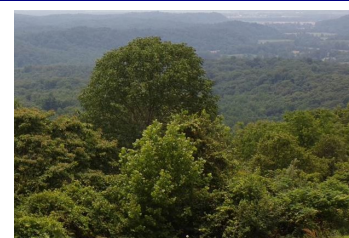
April 14, 2019 — Loki & Thor

Thank you goes out to Tim Fink for securing our April 14th meeting place at Epiphany Lutheran. Our meeting was quick with two new faces back from the beach—David and Elaine Melby and also KC Campbell and Julie Chrismer.

Our program "Loki & Thor" was presented by Carola Daffner, In-

structor at SIU. Her presentation was two different stories about Norse legendary characters, Loki and Thor. It was fun and educational to hear about the myths that existed way back then and all still exist today.

Syttende Mai (17 May) is this month! As many of us are Norwegian, we need to cele-



The Shawnee Forest

brate! We will be having a potluck picnic at Giant City State Park, Picnic Site #3 on May 19. The site is located along Giant City

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Words of the Month

Ja - yes

Takk - thank you

Nei - no

Tusen takk - thank you very much

Calling All Cooks

Do you have a delicious Norwegian recipe you'd like to share – perhaps one that's a favorite among those in your lodge? We'd love to hear about it! Sons of Norway invites all members to submit their favorite Norwegian or Nordic inspired recipes to be considered for inclusion in our Recipe Box located on the homepage at sonsofnorway.com. For a chance to be featured, simply email your recipe to jkohlhofer@sofn.com. Feel free to include a high-quality photo of your dish or dessert if you have one, as well as a brief description explaining its history or family connection. We'll make sure all entries receive full credit if posted.

Syttende Mai 2019

Let the Celebrations Begin! It's time to strike up the band, wave the flag and display Norwegian pride as Syttende Mai festivities take place on May 17 in hundreds of cities in Norway, North America and the world. Parades will be organized and draw thousands of participants; copious amounts of ice cream will be consumed; and bunads will abound in a swirl of color and activity.



Children figure prominently in the events, especially in leading the parades. Initially, dating back to 1869, only boys were allowed to march. The girls' participation was not far behind – within 20 years they, too, enjoyed waving their flags as the parades wove through the streets of Norway and beyond. Grilled sausage, Wienerpølser (wiener sausage) and regular hot dogs are so popular on May 17 that retail grocers have reported a huge bump in sales on the holiday. "Eat what you like" is the mantra for the day, and indulging in that manner is a big part of the celebrations. Enjoy the day, no matter how you choose to celebrate. Happy Syttende Mai to all!

St. Patrick's Day in Ireland

The reason the Irish celebrate St. Patrick's Day is because this is when St. Patrick drove the Norwegians out of Ireland.

It seems that some centuries ago, many Norwegians came to Ireland to escape the bitterness of the Norwegian winter. Ireland was having a famine at the time, and food was scarce. The Norwegians were eating almost all the fish caught in the area, leaving the Irish with nothing to eat but potatoes. St. Patrick, taking matters into his own hands, as most Irishmen do, decided the Norwegians had to go.

Secretly, he organized the Irish IRATRION. (Irish Republican Army to Rid Ireland of Norwegians.) Irish members of IRATRION passed a law in Ireland that prohibited merchants from selling ice boxes, or ice, to the Norwegians.... in hopes that their fish would spoil. This would force the Norwegians to flee to a colder climate where their fish would keep.

Well, the fish spoiled all right, but the Norwegians, as everyone knows today, thrive on spoiled fish. So, faced with failure, the desperate Irishmen sneaked into the Norwegian fish storage caves in the dead of night and sprinkled the rotten fish with lye, hoping to poison the Norwegian invaders.

But, as everyone knows, the Norwegians thought this only added to the flavor of the fish, and they liked it so much they decided to call it 'lutefisk,' which is Norwegian for 'luscious fish.'

Matters became even worse for the Irishmen when the Norwegians started taking over the Irish potato crop and making something called 'lefse.' Poor St. Patrick was at his wit's end.... and finally on March 17th, he blew his top and told all the Norwegians to 'GO TO HELL!'

So they all got in their boats and emigrated to Minnesota, the only other place on earth where smelly fish, old potatoes, and plenty of cold weather can be found in abundance.

Lodge Programs for 2019



| | | | |
|--------------|------|-----------------------|---|
| January 20 | 2019 | Bonnie Juul | Norwegian Language (was cancelled due to weather) |
| February 17 | 2019 | Ron Naversen | Julebukking & Related Scandinavian Masking traditions |
| March 17 | 2019 | Randy Moe | The Baltic's |
| April 14 | 2019 | Loki & Thor | Carola Daffner |
| May 19 | 2019 | Potluck at Local Park | Syttende Mai Picnic & Parade |
| June | 2019 | The Full Monty Play | McLeon Summer Playhouse SIU |
| July | 2019 | | |
| August | 2019 | | Suggestions Please? |
| September 22 | 2019 | Wendy Winkelman | Hopefully, Institution of Lodge |
| October 20 | 2019 | Marion Mitchell | Traditional Bentwood Boxes (asking and hoping) |
| November 17 | 2019 | Bill Bultinck | Lefse Making |
| December 8 | 2019 | Open | Tentative Julebörd |

Welcome to our Two New Members!

Elaine H Melby

David J Melby



P.S. Have you earned a limited edition, 2019 Recruiter Pin yet? →

Now you can get a new membership started quickly AND get the recognition you deserve by signing up new members **ONLINE** at sofn.com. It's easy to [sign up members](#) with a tablet or cell phone. Have your member number handy for the "Referring member number" area at the bottom of the form. An online sign up also helps the member avoid unexpected delays due to mail delivery issues and missing or hard to read information on a paper join form.

Happy Birthday to our Members ! "Gratulerer med dagen"



| | | |
|--------------------|---|--------------------|
| William G Bultinck | 5 | 10 |
| Julie A Chrismer | 5 | 21 |
| Paula A Mann | 5 | 24 |
| Katharine Juul | 5 | 25 |
| Molly Engen | 5 | 16 Heritage Member |

The Bokmål Dictionary and the Nynorsk Dictionary are Now an “App”

These two dictionaries are definition and spelling dictionaries that show the current official spellings for Bokmål and Nynorsk. The dictionary app is called the Ordbøkene [The Dictionaries], and it can be downloaded both for Android through the Play Store and for iOS through the App Store. Since 2016, the two dictionaries have been owned and developed jointly by the University of Bergen and The Language Council of Norway. “The Bokmål Dictionary and Nynorsk Dictionary are the most important sources of official information about how Norwegian words should be written, how they can be used, and what they mean. They have long been readily available as digital and regularly updated dictionaries. The app can be used without internet access. The dictionaries are updated continuously with current spelling conventions. When you look up a word, you’ll find definitions, usage examples, inflection and etymology. “It is crucial for us that information about good and correct Norwegian is easily accessible to all users of Norwegian in Norway and elsewhere in the world.

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Lodge Rd. We will be under a shelter in case of rain which also includes a playground and electricity. We will get started as normal at 2 pm. As well as your wonderful food, we will try and have some activities for us to enjoy, i.e., Kubb, making heart baskets.



Bill and Wendy will provide the hotdogs & buns (see Page 2) and bottled water. It is up to you what you would like to bring—try and make sure there is enough food for approximately 10 people. If you would like to bring other beverages, that is totally up to you.

If you have a bunad - we all would love to see it! This is a celebration of our heritage! Please bring your family and friends and let's wave our flags! If you are bringing a large group, let us know so we make sure we have enough food. See you soon!

June 23, 2019 Meeting Info

At our last meeting, it was decided we would attend the play “The Full Monty” as a group on June 23rd, 2 pm. The play is at the McLeod Theater (SIU) in Carbondale and our member, Ron Naversen, works behind-the-scenes, on the stage set-up. Ron will give us a back-stage tour after the play ends. Tickets can be purchased at: <https://playhouse.siu.edu/shows-and-events/>. Please purchase your tickets individually and we will talk before the date about where to gather so we can all sit together. Thank you Ron for suggesting this fun outing for our lodge!



Life Happens in a Heartbeat

While nothing can replace you, having life insurance could help make sure your family is okay if something happened to you. Ensure you have the proper coverage in place. Contact your Financial Benefits Counselor today, or call Sons of Norway at 800-945-8851.

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SMARTNEWS Keeping you current

By Brigit Katz, SMITHSONIAN.COM, APRIL 12, 2019

A minor planet that lies beyond Neptune's orbit has no name—much like a certain *Game of Thrones* character, if you will. In 2007, astronomers discovered the minor planet in the Kuiper belt, a “donut-shaped” region of icy objects, and the newly found world was designated 2007 OR10. Astronomers are now hoping to give OR10 a snazzier name. And, as Julia Jacobs reports for the *New York Times*, they are asking the public to help choose one.

International Astronomical Union (IAU) guidelines stipulate that all minor planets in the Kuiper belt with similar orbits must be given names associated with mythological creation figures. Accordingly, the astronomers who located OR10 have come up with three possible names for it: “Gonggong,” a Chinese water god who, in addition to creating chaos and causing floods, is known for tilting the Earth; “Holle,” a Germanic spirit of fertility and rebirth; and “Vili,” a Norse god who, along with his brothers Odin and Vé, conquers the giant Ymir and uses the body to create the universe. You can vote for your favorite selection until May 10.

Scientists behind the discovery of minor planets are usually given the opportunity to name them. But Meg Schwamb, an astronomer at Gemini Observatory in Hawaii who discovered OR10 along with Mike Brown and David Rabinowitz, tells Jacobs that she wanted to share the honor “with the rest of the world.”

In the 12 years since its discovery, scientists have been able to piece together a more precise picture of OR10. It spans about 775 miles in diameter—about half the size of Pluto—and its body is likely made up of ice and rock. Its surface is covered with large amounts of pure water ice and possibly traces of methane ice, which may give OR10 its reddish hue; as Crane explains, sunlight turns red when it hits methane ice. The water ice on OR10's surface is believed to stem from earlier activity by cryovolcanoes, which erupt with volatile compounds like ammonia, methane and water instead of lava.

In light of these attributes, the astronomers who discovered OR10 say they tried to choose possible names with links to the color red, ice and snow, or “a theme of inside turning outside.” Gonggong, for instance, has red hair. Holle is linked to the winter solstice and evergreen plants with red berries, and Vili is associated with Ymir, who was created from drops of water that formed when ice from the realm of Niflheim met heat from the realm of Muspelheim.

“We think there's a good chance that the naming suggestion with the most votes will become the official name for 2007 OR10,” the astronomers write on the voting website.

Read more: <https://www.smithsonianmag.com/smart-news/astronomers-want-your-help-naming-minor-planet-180971953/#LLUfZqIXZCUXuBF2.99>

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We're on Facebook
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**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*

To JOIN, go to www.sofn.com

Norwegian Waffles

For best results, use a traditional Norwegian waffle iron.

- 6 large eggs
- 1/2 cup sugar
- 1 teaspoon vanilla extract
- 1 1/2 cups all-purpose flour
- 1 teaspoon baking powder
- 1/8 teaspoon salt
- 1 cup sour cream
- 1/2 cup melted butter

Recipe

1. In a large mixing bowl, use a hand mixer to beat together eggs, sugar and vanilla extract until creamy.
2. Mix in flour, baking powder and salt until just combined.
3. Add in sour cream and melted butter and mix until the batter is smooth. Let it rest for 20 minutes before making the waffles.
4. Heat a heart-shaped waffle iron and spray it with nonstick cooking spray or brush with melted butter.
5. Pour 1/4 cup of the batter onto the waffle iron, close, and cook until light brown. Serve with butter and brown cheese, or whipped cream topped with jam.

