



Shawnee Skogen 5-689



Hilsen fra Presidenten Wendy Winkelman

NEXT MTG:

**October 16,
2022,
2:00 p.m.
Giant City
Park, #1**

God dag Members!

Our Sept. meeting was enjoyed by all as we viewed the District 5 Immigrant Trunk. There were many goodies to see and pass around. The District asks that each lodge donate something to put back in the trunk, so we must come up with something to put into it before we send it onto the next lodge.

It was voted on to change our meeting weeks starting in 2023 from the 3rd Sunday to the 2nd Sunday. This will begin January 8, 2023.

Having occasional Zoom meetings was discussed as well. We will try and do a few Zoom meetings in the colder months when people are wanting to stay indoors.

We also voted to pause our Shawnee Skogen Facebook group and only have the Southern Illinois Sons of Nor-

way page. This page is primarily for anyone interested in Sons of Norway in and around Southern Illinois. Members should all be signed up to see all the lodge happenings on our website: www.shawnee-skogen.com.

Our next meeting will be October 16, again at Giant City State Park in Shelter #1.

Officers need to be nominated at our next meeting for 2023. If you are interested in a position, please let one of the current board members know. We need a VP for sure. Please volunteer your time.

See you all on the 16th!

President, Wendy

PS If you would like a calendar this year (for 2023), see page 10.



Inside this issue:

Birthdays	2
Meeting Info	2
Programs/Officers	3
Cultural	5-8
Recipe	9
Book Club Info	11-13

Happy Birthday to our Members ! “Gratulerer med dagen”



Elizabeth Oleson	10	1
Melody Johnsen	10	15
Kelly Bliss	10	22

What is the Longest Word in Norwegian?

Menneskerettighetsorganisasjonene

Definition: The human rights organizations

Let Us Celebrate —
Oct. 16, Sunday, 2 p.m.— Giant City Park
Shelter 1

Sons of Norway Book Club

All Sons of Norway members are invited to join this virtual book club, regardless of where they live. The popular club is rapidly growing around the U.S.



For October, members will be reading: “Madhouse at the End of the Earth” by Julian Sancton and “The Darkness” by Ragnar Jonasson. At the end of the month, will be a Zoom call to discuss the 2 books. You do not need to read both books.

In Sept, Wendy read one of the books: “The Land of Dreams” by Vidar Sundstol. This was a murder mystery written by a Norwegian who lived for 2 years in Duluth, MN where the story took place. The book was so good, that I had to order book #2 and #3

For bookclub: send an email to SonsOfNorwayBookClub@gmail.com and see the back 3 pages of this newsletter.



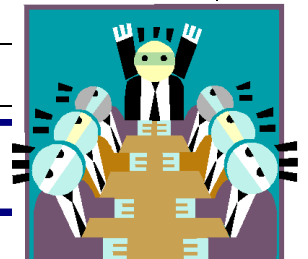
Lodge Programs for 2022

Programs need to be set up for our meetings in 2022. Please send your ideas to the Program Director, Heather Kjellesvik at hkjellesvik@gmail.com.

January 17	2022	Lodge Participation	Zoom Cultural Skills Music #1
February 20	2022	Giant City Park	Girl Scout Troop Presentation on Norway
March 20	2022	Zoom	Zoom Cultural Skills Music #2
April 17	2022	No Mtg	No Meeting as this is Easter Sunday
May 15	2022	Giant City, #1 Mother's Day	Syttende Celebration— Potluck
June 5	2022	Carpooling or Meeting there	AROUND THE WORLD” Field Trip to: 2849 Laclede Station Road, Maplewood, MO 7:00 pm (members Nancy & Ann performing)
July 17	2022		Open to Ideas for Summer Meeting
August 20 (Saturday)	2022	Mike/Jeannell	Centralia Balloon Fest at the Charman's home
September 18	2022	Giant City, #3	Immigrant Trunk
October 16	2022	Giant City, #1	The Stavig Letters
November 20	2022	Bill/Wendy	Lefse Making3
December 11	2022	Ron/Todd	5th Annual Julebörd at Todd Brown's home

2022 Officers

President:	Wendy Winkelman	wendyathadeland@yahoo.com
Vice President:	Open	
Secretary:	Nancy Schick	nancyrschick@gmail.com
Treasurer:	Kelly Bliss	kellybliss13@hotmail.com
Publicity Dir.:	Nathan Nutter	n@nutter.xyz
Editor:	Wendy Winkelman	
Counselor:	Bill Bultinck	billb763@msn.com
Sunshine:	Bill Bultinck	
Sports Medal Dir.:	Ron Naversen	rnaversen@gmail.com
Program Dir.:	Heather Kjellesvik	hkjellesvik@gmail.com





Sports Medal News!

Walk A Mile in Her Shoes!

Nancy Schick has been walking...and walking... and walking! Nancy has walked 918 miles in 2022 earning the Bronze, Silver, Gold, and Enamel Gangemerke Sports medals. She has only 125 more miles to go before she qualifies for the Sports Hero pin (which she earned last year)! At the rate she is going she should easily walk these last few miles by the end of October.



Hiking in Giant City !



Amelia and Hazel enjoying a special puppet



Hazel with her Sports Medal Pins

Trolling the Internet

Through the magic portal of Netflix, an ancient Nordic creature is scheduled to awaken and wreak havoc on our screens and imaginations. Director Roar Uthaug's much anticipated film, "Troll" is set to stream into homes sometime in 2022.

Born in Lørenskog, about 11 miles west of Oslo, Uthaug is known as the director of 2018's "Tomb Raider" and the Norwegian thriller "Bølgen" - "The Wave" inspired by the real life Talfjord tsunami of 1934. Of his newest cinematic venture, Uthaug muses, "Troll is an idea that has been developing in the back of my mind for over 20 years. To finally realize it with the enthusiastic and ambitious people at Netflix and Motion Blur is truly a dream come true. I can't wait to unleash this Norwegian monster on the world." According to Variety magazine, the film's eponymous creature is awakened from a deep sleep under the mountains of Dovre. Understandably crabby, it explodes



out of the earth and pounds its way towards Oslo, destroying everything in its path.

You can watch the teaser here: <https://www.youtube.com/watch?v=u8XFIfjkm1s>

Per Pettersen Picked a Peck of Pickled Pumpkins

As autumn winds down into winter, Norwegians stock up their pantries with the final harvests of vegetables and fruits in the form of canned preserves.

Though an uncommon vegetable in Norway, Pickled Pumpkin is a traditional treat featured on "koldtbord" tables, the menus of fine hotels, and on mom's dinner table.

Get out your canning jars and try this recipe for "Syltet Gresskar" found on page 8.

Norway's Response to the Death of Queen Elizabeth



The King of Norway and leading Norwegian politicians are among those to pay tribute to Queen Elizabeth II following the death of the British monarch. The British Embassy in Oslo has opened a book of condolence.

Queen Elizabeth II, the UK's longest-serving monarch, died at age 96. She passed away at Balmoral Castle after reigning for 70 years. The news was announced by the BBC.

Queen Elizabeth II shared close ties with Norway. Her first foreign visit after becoming Queen was to Norway in 1955. There are close family ties between the British and Scandinavian Royals.

There are more than 10,000 British citizens living and working in Norway.

“The Royal Family is deeply saddened to receive the news that Her Majesty Queen Elizabeth II has passed away. “Our thoughts are with His Majesty The King and the members of the Royal Family on the loss of Queen Elizabeth,” said King Harald. “For nearly a century, Her Majesty devoted her life to the service of the Commonwealth, following the British people through good days and bad, in times of happiness and sorrow. We also send our condolences to the British people,” he added.

VG and Aftenposten were among the newspapers to feature a full-page image.



Remembering Kris Juul—Coming to America

Ron Naversen

After Germany surrendered Kris Juul returned home to Norway to attend Oslo University part time and finish his degree. When his teachers had been sent to concentration camps, Kris had taken over teaching several of the lower grade classes and that is when he decided he wanted to be an English teacher. The U.S. government arranged for five hundred students from the University of Oslo to come to the US. to study at different universities and colleges.

Kris's goal was to study for one year in the U.S. and return to Norway to teach English. In 1947. Kris was offered a scholarship to Western Michigan College (now University), but he only had two weeks before he had to leave for America. He rushed down to Oslo to get his academic records and to apply for a passport and visa. The process of getting a passport and visa usually took weeks or even months, but Kris was in luck. "I went to the police headquarters and, lo and behold, the man at the counter I knew very well because he was my next-door neighbor. So, all it took was about 15 minutes instead of months and that's a very remarkable thing." Kris boarded a ship with several hundred other Norwegian students and sailed to the United States. "When I woke up, the ship was in the harbor in New York and there was the Statue of Liberty about 5:00 in the morning" related Kris. At Ellis Island the immigration officer asked Kris where he was going, and Kris replied "Kalamazoo." The officer said, "I've got a gal in Kalamazoo" (for younger readers this is the title of a song made famous by Glenn Miller and his orchestra.) The officer really had a female friend in Kalamazoo and gave Kris her phone number, but Kris lost it in his travels.

While studying at Western Michigan, Kris also spent summers at Bear Mountain Camp in New York where he supervised a cabin of 8 African American students. His faculty advised him against working with disadvantaged minorities, but Kris really wanted this experience. He had never seen a Black person before this! Kris made a special connection with each boy speaking with them individually at night asking each if they had anything positive happen to them that day. Kris noted that the other counselors would shame the boys who wet their beds at night and force them to clean their bedding in the morning missing their breakfast. Kris did not approve of this approach and would help the boys clean their sheets so they wouldn't miss their meals. He then spoke to the camp administrators and helped change the practice of shaming.

Kris graduated from Western Michigan in 1948 with a bachelor's degree in psychology and moved to Detroit, Michigan, where he worked with disadvantaged and at-risk youth in centers and hospitals. At that time, Kris also attended Wayne State University where he completed his doctorate in educational psychology in 1953. In 1960 Kris was hired as the Director of Special Education at Western Michigan University.

It was here that Kris met Joan Chapman. Joan was a student who was developing a model classroom to teach special needs students. Kris was on her steering committee and advised her on setting up the classroom to tutor her students more effectively. Their friends noticed their passion for educating special needs students and soon conspired to get them together. They always suggested that Kris drive Joan home after school events. On April 9, 1965, Kris and Joan were married. She was a German, the love of his life, and they married exactly 25 years after the Nazi invasion of Norway. Kris would often declare their marriage signaled Norway's "counterattack." In 1970 Kris accepted a position as Professor of Special Education at Southern Illinois University in Carbondale where he taught until his retirement in 1993. While teaching at SIU Kris was invited to give lectures in

Remembering Kris Juul (continued)

numerous countries and share his experience and with educating children and adults with special needs. After his retirement, Kris continued writing for national and international journals, sharing his ideas and wisdom about how various institutions, in the U.S. and Europe, dealt effectively with children and adults with learning differences. Kris was also active in national and international educational and humanitarian organizations, including the International Council for Exceptional Children and the United Nations Association, where he was instrumental in bringing the U.S. into the United Nations Educational, Scientific and Cultural Organization. Just weeks before his passing he received recognition from the United Nations Association of Southern Illinois for his efforts to improve the lives around him, locally and globally.

In his career, Kris received many awards and recognitions, but one of the most meaningful to him was when, in 2018, he was recognized by the Veterans Honor Flight Network of Southern Illinois for his service as an Allied soldier. The Honor Flight Network is a not-for-profit organization created to honor America's veterans with an all-expenses paid flight to visit war memorials in Washington, D.C. Nancy Brown, retired Vice Admiral, U.S. Navy, and Vice Chair of the Board of Directors for the Southern Illinois Veterans Honor Flight said "It's an honor to have Kris on our flight. We hadn't expected it, but he is most definitely a WWII veteran who fought alongside the U.S., and he has very much earned the right to go on one of the honor flights." Unfortunately, Kris became ill and was not able to travel with his fellow veterans.

During his illness, his beloved Joan would sing "Se Ilden Lyse" (Fire in Your Heart) to him every day. Kris died peacefully in his sleep on March 19, 2020, at home surrounded by Joan and his daughters Bonnie and Katherine (Kitty).

You can listen to Norwegian soprano Sissel Kyrkjebø sing "Fire In Your Heart" on YouTube <https://www.youtube.com/watch?v=5WgIAMbJuAI>).

Quirky Laws in Norway

It seems that in all countries in the world, if you dig into the rule books, you can find some strange and sometimes downright funny laws. Norway is no exception! Here are a few lesser-known infractions to avoid committing on your next Norwegian vacation:

1. No peeking at your partner's phone! Reading someone else's texts is considered a violation of their privacy and is punishable by up to two years in jail!
2. Should you happen to find a ship that is more than 100 years old, make sure to inform the police immediately. No keeping it for yourself!
3. Don't pick other people's cloudberries. While foraging for berries on public land is acceptable, cloudberries are so rare that they are sometimes called "Arctic Gold." If you want to avoid a hefty fine or even jail time, leave them alone!
4. If you are in Norway for Halloween, resist the urge to dress up like a policeman. Unauthorized use of a uniform can land you in jail for up to 6 months!

Sons of Norway Shawnee Skogen 5-689
Bultinck/Winkelman
6525 Water Valley Road
Cobden, IL 62920

Phone: 618-534-0318
E-mail: wendyathadeland@yahoo.com

To JOIN, go to www.sofn.com

We're at:
<http://shawnee-skogen.com>

We are also apart of SON District 5—
Check out their website at:
<http://sonsofnorway5.com/>



We're on Facebook
<http://facebook/southillinois/>



**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*

Per Pettersen Picked a Peck of Pickled Pumpkins

2 pounds of pumpkin – cleaned, peeled and diced into cubes
2 cups apple cider vinegar
1 cup water
3 cups sugar

1 tsp. salt
3 Tbsp. fresh ginger, chopped
15 whole cloves
10 whole allspice berries
2 cinnamon sticks
1 – 2 bay leaves
1 vanilla bean pod (optional)
1 whole chili pepper (optional)

Bring the vinegar, sugar, water, ginger and spices to a boil in a large pot. Add the diced pumpkin. Bring down to a simmer and cook until the pumpkin pieces are clear and tender, which should take 3-4 minutes. Using a slotted spoon, scoop out the pumpkin bits and place into the prepared canning jars.

Continue boiling the liquid until it thickens, about 15 minutes. Pour the liquid over the pumpkin in the canning jars, screw on the lids, and let sit in room temperature overnight. Keep the jars in a cool and dark spot until ready to use!

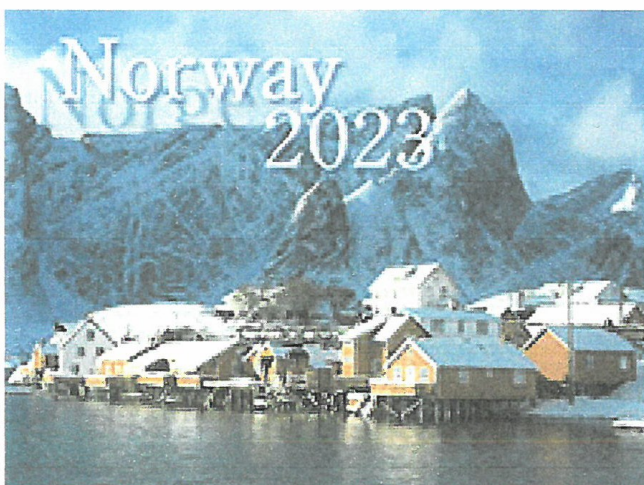
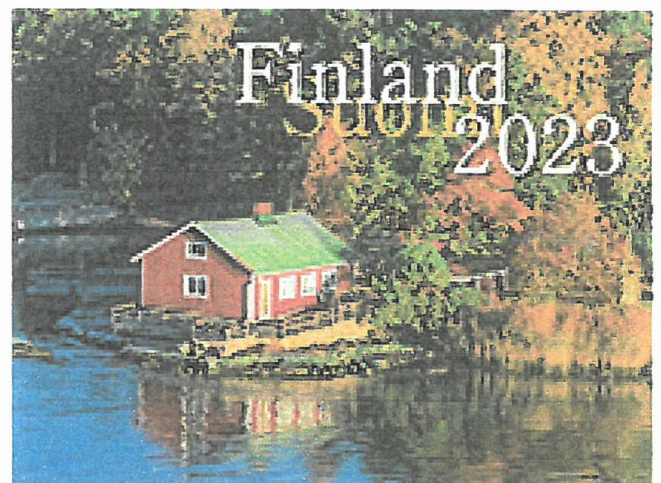
2023 CALENDARS FOR SALE
\$10 EACH

Please rsvp to Wendy with your order. Checks can be mailed or handed to Wendy at our next meeting.

Please share with Lodge and Club members

Nordiskal – 22st Anniversary

Scandinavian Picture Calendars for 2023



Denmark, Finland, Norway and Sweden (Mix and Match)

To Join the Sons of Norway Book Club, send an email with your name, lodge name and contact information (phone number and email address) to:

SonsofNorwayBookClub@gmail.com

Note: The Zoom sign on/link information will be available at the beginning of each month for that month's reads. It will be emailed to all current book club members on or around the beginning of each month.

Sons of Norway Book Club Selections July 2022 - April 2023

Page 2 of 4
Revised 06/06/22

September 2022 Book Club Selections

Main Read: *The Far Traveler: Voyages of a Viking Woman*
by Nancy Marie Brown. Published: 2007

Mystery Read: *The Land of Dreams* (#1 in The Minnesota Trilogy)
by Vidar Sundstol. Published: 2008 (Norwegian original)

Zoom Meeting/Discussion Date & Time: September 29
7:00 – 9:00 p.m. Eastern Time
7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



October 2022 Book Club Selections

Main Read: *Madhouse at the End of the Earth*
by Julian Sancton. Published: 2021

Mystery Read: *The Darkness* (Detective Inspector Hulda Hermannsdóttir #1)
by Ragnar Jonasson. Published: 2015 (Icelandic original)

Zoom Meeting/Discussion Date & Time: October 27
7:00 – 9:00 p.m. Eastern Time
7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



November 2022 Book Club Selections

Main Read: *Giants in the Earth*
by Ole Edvart Rolvaag. Published: 1927

Mystery Read: *My First Murder* (Maria Kalio #1)
by Leena Lehtolainen. Published: 1993 (Finnish original)

Zoom Meeting/Discussion Date & Time: November 24
7:00 – 9:00 p.m. Eastern Time
7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time

Sons of Norway Book Club Selections

July 2022 - April 2023

Page 3 of 4
Revised 06/06/22

December 2022 Book Club Selections

Main Read: *For the Love of Cod*

by Eric Dregni. Published: 2021

Mystery Read: *The Redbreast* (Harry Hole #3)

by Jo Nesbo. Published: 2000 (Norwegian original)

Zoom Meeting/Discussion Date & Time: December 29

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



January 2023 Book Club Selections

Main Read: *We Die Alone*

by David Howarth. Published: 1955

Mystery Read: *Eva's Eye* (Inspector Sejer #1)

by Karin Fossum. Published: 1995 (Norwegian original)

Zoom Meeting/Discussion Date & Time: January 26

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



February 2023 Book Club Selections

(a special two mystery month)

Main Read: *A Doll's House*

by Henrik Ibsen. Published: 1879

Mystery Read: *The Heirloom Murders* (a light mystery)

by Kathleen Ernst. Published: 2011

and

Mystery Read II: *The Man Who Smiled* (Kurt Wallander #4)

by Henning Mankell. Published: 1994 (Swedish original)

Zoom Meeting/Discussion Date & Time: February 23

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time

Sons of Norway Book Club Selections

July 2022 - April 2023

Page 4 of 4
Revised 06/06/22

March 2023 Book Club Selections

Main Read: *A Doll's House, Part 2*

by Lucas Hnath. Published: 2017

Mystery Read: *The Man Who Died*

by Antti Tuomainen. Published: 2017 (Finnish original)

Zoom Meeting/Discussion Date & Time: March 30

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time



April 2023 Book Club Selections

Main Read: *The Viking Heart: How Scandinavians Conquered the World*

by Arthur Herman. Published: 2021

Mystery Read: *The Laughing Policeman* (Martin Beck #4)

by Maj Sjöwall and Per Wahloo. Published: 1968

Zoom Meeting/Discussion Date & Time: April 27

7:00 – 9:00 p.m. Eastern Time

7:00 – 9:00 p.m. Eastern Time and 7:30 p.m. - 9:30 p.m. Mountain Time